

Contacts and Other Resources



Go to dartgo.org/enrollonline to:

- Enroll in health benefits
- Make changes to health plan coverages due to a qualified life event
- Enroll in retirement plan benefits
- Make changes anytime to your retirement plan funds



DARTMOUTH BENEFITS OFFICE

For questions on enrolling in your benefits.

Phone: 603.646.3588

Website: dartgo.org/benefits

Email: human.resources.benefits@dartmouth.edu

Fax: 603.646.1108

ALEX – Decision Support Tool

An easy-to-use online tool; by responding to questions ALEX will help you figure out what to choose, based on your responses. Learn more about your plan options or get help choosing your benefits.

Website: dartgo.org/ALEX21

HEALTH AND WELFARE BENEFITS

CIGNA – Medical

Phone: 855.869.8619

Website: Cigna.com

Account login: myCigna.com

CIGNA – Vision

Phone: 877.478.7557

CIGNA – Global Health Medical Benefits Abroad

Toll-free: + 1.800.243.1348

Direct (Collect calls accepted):

+ 1.302.797.3535

Website: cignaenvoy.com

EXPRESS SCRIPTS – Pharmacy

Phone: 877.788.5766

Website: www.express-scripts.com/DartmouthCollege

SENTINEL – Flexible Spending Accounts

Phone: 888.762.6088

Website: www.sentinelgroup.com

Claims fax: 781.213.7301

Claims address:

100 Quannapowitt Pkwy, Suite 300
Wakefield, MA 01880

DARTMOUTH HEALTH CONNECT – Primary Care

Phone: 603.738.1164

Website:

dartmouthhealthconnect.com

Email: info@dartmouthhealthconnect.com

dartmouthhealthconnect.com

NORTHEAST DELTA DENTAL – Dental

Phone: 800.832.5700

Website: www.nedelta.com

FIDELITY – Health Savings Account

Phone: 800.544.3716

Website: www.fidelity.com

Account login:

www.netbenefits.com

LINCOLN FINANCIAL GROUP – Short and Long Term Disability

Phone: 800.210.0268

Website: www.mylincolnportal.com

METLIFE – Life and Travel & Accident Plans

Phone: 800.638.6420

Website: www.metlife.com

METLIFE – Estate Resolution and Will Preparation

Phone: 800.821.6400

FACULTY/EMPLOYEE ASSISTANCE PROGRAM (F/EAP)

Phone: 844.216.8308

Website:

www.guidanceresources.com

Company ID: Dartmouth

WELLNESS AT DARTMOUTH

Phone: 603.646.3706

Website: dartmouth.edu/wellness

Email: wellness@dartmouth.edu

WINSTON BENEFITS

Supplemental benefits are managed through Winston Benefits and cannot be found in the FlexOnline system.

To learn more or to enroll, please call:

Phone: 855.805.5840

RETIREMENT BENEFITS

TIAA – Retirement

Phone: 800.842.2252

Website: www.tiaa.org/dartmouth

FIDELITY – Retirement

Phone: 800.343.0860

Website: www.netbenefits.com/dartmouth