Juniors Looking Ahead:
An Intentional Approach
(not simply a ✓)

ACADEMIC

DegreeWorks
- I have completed or have a plan for completing my distributive and world culture requirements.
- I have completed or have a plan for completing my language requirement.
- I have completed or have a plan for completing my PE credits.
  Aim to have this done by the end of this year and you will not have to worry about it next year.
- I have completed or have a plan to complete my swim test.
- I have a plan to complete at least 35 credits/classes.
  Pay special attention to credits applied and credits completed. These are two different numbers – don’t let them fool you!
  If you don’t know how to swim, think about taking a PE course!

Major Requirements
- I have declared my major.
- I have met with my major advisor.
  If you do not have one, find one (refer to Sophomore Book).
- I have double-checked the courses I have listed in my major against my D-Plan.
- I have revised my major courses in the Dartworks Planner (if necessary), submitted the plan via the Dashboard, and received approval from my department. (Any future revisions to your major plan need to be approved through the same process.)

Editing D-Plan
- My D-Plan reflects my plan for my remaining terms at Dartmouth.
- I have checked-in with financial aid (if necessary) because my D-Plan has changed.
- I will contact Undergraduate Housing if I plan to reside on campus.

CAREER

Leave Term Opportunities
- I will create a plan for my future leave terms. (Resources might include: the Center for Professional Development, professors, mentors, deans, etc.)
- I will participate in a non-credit opportunity: jobs/research/internships/volunteer work/networking.
  (Resources might include: Dickey, Rocky, Center for Service, UGAR.) If I need additional funds for my leave-term opportunity, I will budget accordingly.

Utilizing the December Break
- I will engage in and/or proactively plan for my future opportunities, which might include:
  job shadowing, internship, job, volunteering, networking, actively applying for leave term internships, studying for post-graduate exams or completing post-graduate applications, intentional self-care, rejuvenation, reflection... don’t forget to take care of YOU!
CAREER continued …

Center for Professional Development
- I have a resume and am able to write effective cover letters.
- I know how to network and have spoken to professionals/alumni in my field of interest.
- I know how to find potential career opportunities.
- I have participated in an actual interview or a mock interview.
- I have spoken with faculty and administrators associated with Tucker, Dickey, Rocky, CPD, UDO, UGAR, and other offices to further my knowledge about my field of interest.

Managing my Online Presence
- I have double-checked my online presence for appropriateness for future employers (Facebook, Blogs, Articles, Instagram, Twitter, LinkedIn).

Post-graduate Opportunities
- I have spoken with an advisor/mentor about my post-graduate plans.
- I know what graduate exams to complete and have identified an advisor to help me with this process.
- I have 3-5 professional references, all of whom know me well, to ask for references.
- I have spoken to UGAR (Undergraduate Research and Advising) should I wish to apply for Scholarships and Fellowships.

PERSONAL

Reflection
- I have thought about who I am.
- I have thought about who I want to be.
- I have thought about how I get there.
- I have identified people who can help me on this journey.

Goal Setting
- I have goals to accomplish before the end of this term.
- I have goals to accomplish before the end of junior year.
- I have goals to accomplish before I graduate.
- I have long term goals.

Mentors
- I have at least 3-5 mentors.
- I talk to my mentor(s) about my plans for the future.
- I ask my mentor(s) for guidance when appropriate.

Leadership
- I have attended a session or talked with someone about how to lead and/or follow effectively.
- I have made at least a two-term commitment to enhance my leadership skills through jobs, internships, athletics, student organizations, or off campus opportunities.

Slow down and make intentional plans. Please know your deans are here as resources who can consult with you as you make your decisions.