RIDE & SHINE!

BIKE FOR YOUR HEALTH!

- Biking is good for your mental and physical wellbeing.
- Sharpen your mind
- Brighten your mood
- Reduce stress
- Get that heart pumping
- Strengthen your core
- Develop leg strength

BIKE FOR THE EARTH!

Instead of purchasing a new bike, try one of these more eco-friendly alternatives.
- Purchase a bike and other goods at the Sustainable Move-In Sale. (Sept. 5th, 8am-1pm)
- Rent (or buy) refurbished bikes from Dartmouth Bikes (Shop at Dartmouthbikes.com or email Dartmouth.Bikes@dartmouth.edu)
- Get a used bike from your friends or graduating students.
- (re)Cycle your bike or consider donating it if you no longer use it.

BIKE FOR FUN!

- Become part of the Dartmouth Bikes Team
- Join Dartmouth Mountain Biking Club

KEEP IT GOING!

If it's broken, fix it!
- Need help with bike maintenance? Come to the Pop-Up Bike Shop (PUBS) by Fahey and have one of the friendly Dartmouth Bikes Mechanics fix it for you! We will also be happy to teach you about basic bike repair and maintenance skills (times are emailed to CampusEvents listserve Weekly)
- Use the green DERO self-serve bike stand between Robo and Collis.

KEEP IT SAFE!

- Put reflectors on your bike so that cars can see you at night
- Register your bike with the college in case it gets lost.
- Dartmouth Bikes can register bikes at each PUBS, and in Appointments.
- Safety & Security will also register bikes.
- Always lock up your bike.
- During cold Hanover winters, store it away!
- Imagine being left outside all winter long. Poor bike! In order to avoid rusty chains and maintain a healthy bike, store your bike away before the first snow (Contact ORL to store away your bike in Controlled Storage)
- Ride safely and with care, being sure to stay off sidewalks and to yield to pedestrians!
- Remember, don’t text and ride!