**2020 Group Lesson Descriptions**

**Playski (Age 3) (Ski Only)**

Introduces the sport of skiing to children of 3 years old in a fun, playful way while building a solid foundation of on snow skills.

1. 6 week program starts the week of Jan 6th, 2020  
   (classes will not be held on Jan 20th, Feb 17th)
2. Sessions are 1 hour in duration.
4. Lift access is included for each participant in the program.
5. Equipment is available to rent but is NOT included in the program cost.
6. Parents must remain on site during the program.
7. Some weeks the program may remain indoors. (boot work, exercises.)
8. Registration is limited.

**Kinder Program (Ages 4-6) (Ski Only)**

Young skiers learn the joys of snowsports in fun supportive small groups. The goal is to expose the students to the sport of skiing and teach them the skills they need to develop their skiing ability.

1. 8 week program starts the week of January 6th, 2020. (classes will not be held on Jan 20, Feb. 15,17,18,19,21,22)
2. Sessions are 1 ½ hours.
3. Schedule: Monday 1pm – 2:30pm, Tuesday 1pm-2:30pm Wednesday or Friday mornings 10:15am – 11:45am, Saturday afternoons 1:15pm-2:45pm.
4. Lift access is included for each participant in the program.
5. Equipment is available to rent but is NOT included in the program cost.
6. Registration is limited.
Gateway Program (Ages 5-12) (Ski and Snowboard)

Older children experience the excitement of skiing or snowboarding while learning how to safely handle a variety of terrain and conditions. This program has both Saturday and Sunday Sessions. **The student is required to have skied/snowboarded from the top of the Winslow quad chair unassisted the previous season.**

1. 8 week program starts January 4, 5th, 2020. (classes will not be held on Feb. 15,16)
2. Sessions are 2 hours.
3. Schedule: Saturday and Sunday Mornings 9:15am-11:15am, and Saturday and Sunday Afternoons 1:15pm-3:15pm. SNOWBOARD SESSIONS ONLY OFFERED SAT AM, SUN PM.
4. Lift access is **NOT** included for each participant in the program.
5. Equipment is available to rent but is **NOT** included in the program cost.
6. Registration is limited.
7. **The student is required to have skied/snowboarded from the top of the Winslow quad chair unassisted the previous season.**

Adult Midweek Group (Ages 18 +) (Ski and Snowboard)

Master new techniques and skills and increase your snowsports pleasure in small groups of other skiers and snowboarders of similar ability.

1. 8 week program starts the week of January 6th, 2020. (classes will not be held during Presidents week)
2. Sessions are 1 ½ hours.
3. Schedule: Tuesday 10:15am-11:45am or Friday mornings 10:15am – 11:45am.
4. Lift access is **NOT** included for each participant in the program.
5. Equipment is available to rent but is **NOT** included in the program cost.
6. Registration is limited.

Women’s Wednesdays Group (Ages 18 and over) (Ski and Snowboard)

Laugh and learn along with other women in small friendly groups, taught by our female instructors. A real skill builder.

1. 8 week program starts the week of January 6th, 2020. (classes will not be held during Presidents week)
2. Sessions are 1 ½ hours.
4. Lift access is **NOT** included for each participant in the program.
5. Equipment is available to rent but is **NOT** included in the program cost.
6. Registration is limited.
Dartmouth Graduate Students & Spouse Midweek group (Ski and Snowboard)

The midweek study break that will develop your snowsports skills! Open to grad students and their spouses.

1. 8 week program starts the week of January 6th, 2020. (classes will not be held during Presidents week)
2. Sessions are 1½ hours.
3. Schedule: Friday Afternoons 1:45pm-3:15pm.
4. Lift access is NOT included for each participant in the program.
5. Equipment is available to rent but is NOT included in the program cost.
6. Registration is limited.