

2018 Group Lesson Descriptions

Playski (Age 3)

Our Playski groups introduce the sport of skiing to 3 year olds. The goal is to introduce and increase skills of young skiers taught by our professional instructors. The focus of this group is getting the feeling of skiing and FUN/PLAY.

- 6 week program starts the week of Jan 1st, 2018
(Monday class will start week of Jan 8th, classes will not be held on Jan 15th)
- Sessions are 1 hour in duration.
- Schedule: Mondays 10:15-11:15, Tuesdays 1-2 pm, Wednesdays 1-2 pm, Thursdays 12:30-1:30pm.
- Lift access is included for each participant in the program.
- Equipment is available to rent but is NOT included in the program cost.
- The rental fee for the 6 week program is \$60 in our rental shop.
- Parents must remain on site during the program.
- Some weeks the program may remain indoors. (boot work, exercises.)
- Registration is limited.

Kinder Program (Ages 4-6)

Young Skiers discover the joys of snowsports during an uncrowded time on the slopes.

The goal is to introduce and increase skills of young skiers in small groups taught by our professional ski instructors.

- 8 week program starts the week of January 1st, 2018.
(Classes will not be held January 14th,15th, February 18th, 19th, and 29th)
- Sessions are 1 ½ hours.
- Schedule: Monday 1 – 2:30, or Friday 10:15 – aa:45, or Sunday 10 – 11:30.
- Lift access is included for each participant in the program.
- Equipment is available to rent but is NOT included in the program cost.
- The rental fee for the 8 week program is \$80 in our rental shop.
- Registration is limited.

Gateway Program (Ages 6-12)

This program offers skiers the opportunity to discover the excitement of downhill skiing in a fun and safe environment. The program is recreational in nature, with a focus on improvement through increased skiing time and includes introduction to gates, brushes, and moguls along with other terrain features to build and reinforce skills. Skiers are grouped by age and ability. **The student is required to have skied from the top of the Winslow quad chair unassisted the previous season.**

- The program begins January 6th or 7th and continues through March 4th or 5th.
- Sessions are 2 ½ hours in duration.
- Schedule: Saturday 9-11:30 or 1-3:30, Sunday 9-11:30 or 1-3:30.
- Program does not include lift access, equipment, or lunch.
- Registration is limited.

All Terrain Teen Adventure (Ages 13+)

The program offers teen skiers to continue their learning of skiing to the next level. The program has a focus on improvement through increased skiing time on all terrain which includes an introduction to woods, moguls, and steps along with terrain features to build and reinforce skills. The program is designed to continue development into the students teens in a fun and safe learning environment. Skiers are grouped by age and ability.

The teen is required to be able to ski any trail at the Skiway.

- The program begins on January 6th, 2018 and runs through March 4th, 2018.
- Sessions are 2 ½ hours in duration.
- Schedule: Saturdays 9 – 11:30 or 1 – 3:30.
- **Participants must be able to ski any trail at the Skiway.**
- Program cost does **NOT** include lift access or lunch.
- Minimum number of registrants is required.

Adult Midweek Group (Ages 18 +)

This program offers adults the opportunity to discover the joys of snowsports during an uncrowded time on the slopes. The goal is to introduce and increase skills. Skiers are grouped by ability.

- 8 week program begins the week of January 1st, 2018. (Classes will not be held on February 20th and 23rd.)
- Sessions are 90 minutes in duration.
- Schedule: Tuesday or Fridays 10:15-11:45.
- Equipment is available to rent but is **NOT** included in the program cost.
- Program rentals are available for \$120 for the 8 week program.
- Lift access for the program is available for an additional \$75.

Women's Ski Group (Ages 18 and over)

This program gives women the opportunity to discover the joys of skiing during an uncrowded time on the slopes with other women. The goal of this program is to introduce and increase skills while having fun. This class is taught by our female instructors.

- 8 week program begins January 3rd, 2018. (Classes will not be held on February 21st)
- Sessions are 90 minutes in duration.
- Schedule: Wednesday 10:15 – 11:45.
- Equipment is available to rent but is **NOT** included in the program cost.
- Program rentals are available for \$120 for the 8 week program.
- Lift access for the program is available for an additional \$75.

Dartmouth Graduate Students & Spouse Midweek group

This program offers adults the opportunity to discover the joys of snowsports.. The goal is to introduce and increase skills. Skiers are grouped by ability.

- 8 week program begins January 5th, 2018. (Classes will not be held on February 23rd)
- Sessions are 90 minutes in duration.
- Schedule: Friday 1:45 – 3:15
- Equipment is available to rent but is **NOT** included in the program cost.
- Program rentals are available for \$120 for the 8 week program.
- Lift access for the program is **NOT** included.