



# Dartmouth Ski Patrol Newsletter 2013-2014



## Spring 2014

Volume 9, Issue 1

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## Upcoming DSP Events

- Recruitment BBQ  
*September 20, 2014*
- Information Session  
*September 30, 2014*
- Interviews  
*October 4, 2014*
- Fall Refresher (tentative date)  
*November 1-2, 2014*

Special thanks to Laine Higgins (sister of **Sutton Higgins '15**) for designing the DSP Newsletter.

## Annual Report from the Student Director



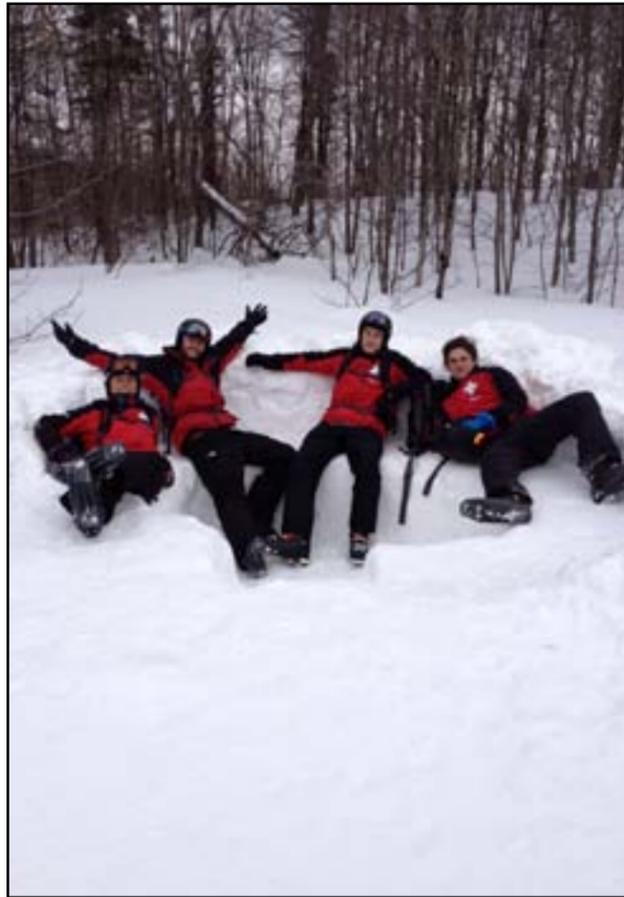
**Grace Benjamin '16** and **Noah Jennis '16** celebrate passing their vest test.

With one of the best winters in recent memory, the Dartmouth Ski Patrol was excited to get back out on the slopes. I would like to congratulate and thank everyone for another very impressive season at the Skiway. I especially want to thank the 2013-2014 board: Assistant Director **Kara Hedges '14**, Training Officer **Amy Couture '14**, Treasurer **Deirdre Lambert '15**, Equipment Officer **Tommy Wilson '14**, and Secretary **Sutton Higgins '15**. These five people all did a great job and made my life as director fun and easy.

As a board, we strove to improve the experience of apprenti, and ensure

the strong sense of community within patrol. In the fall, we introduced a new way to apprenti, which we all agree was highly successful and expect to continue in the future. As opposed to a single first round interview for 10 minutes, each potential candidate was seen by two teams of two patrollers. One interview focused on applying practical skills, while the second interview was a more traditional formal interview. The result was a more efficient process of selections and a strong overall apprenti class. The Fall group of apprenti was an enthusiastic and committed group. We

*continued on pg. 3*



## ALL IN A DAY'S WORK

Clockwise from top left: Bros enjoying the snow hot tub after a long afternoon of patrolling; Apprenti **Cannon Wille '17** smiles happily from the toboggan after being successfully "saved" and sledged down the mountain by fellow patrollers; **Brett Nicholas '15** and his skis; A quartet of '16s on Holt's hike during the Fall term.

## Annual Report from the Student Director

*continued from pg. 1*

furthermore continued to work closely with shift supervisors throughout the winter and received a tremendous amount of detailed feedback from them. Their feedback was invaluable to the process and to making the final selections.

In addition, the board worked to reduce expenses for patrollers by supplying a lunch money stipend. While talks are ongoing with the DOC for funding, the future looks promising in securing the necessary means to ensure that patrollers are not required to pay out of pocket for volunteering their time. The appreniti also did several fundraisers to reduce the cost of their packs and medical supplies. We additionally, introduced an aid program for the annual Tremblant trip that covered the costs of the trip to ensure that no patrollers were left behind because they could not afford the trip. Across the board we worked to maintain the strong sense of community within the Dartmouth Ski Patrol. I believe this is important to ensure all members remain dedicated to both the professional and social aspects of Dartmouth Ski Patrol. I believe we achieved this goal and attendance for shifts and social events was very high.

I want to give a special thanks to the appreniti liaison, **Connor Gibson '16**. Connor put in a tremendous amount of time and effort to ensure the entire appreniti process ran smoothly. We have a very strong group of appreniti this year and Connor's work as

appreniti liaison is a fundamental reason why. I also want to thank Amy for her countless hours of work as Training Officer. Amy successfully lead the 2016 class through OEC, making certain they all passed the written and practical tests in the spring. Amy furthermore organized an extraordinarily successful and efficient Fall Refresher. In addition to the board, I want to thank **Isabelle Magro '14**, **Nicole Swanson '14**, **Mackenzie Bronson '14**, **Brett Nicholas '15**, and **Brett Teplitz '15** for consistently helping teach OEC and helping with the final appreniti test. Finally, a big thank you to the assistant director, Kara for being my right hand (wo)man throughout the year.

This season was a great success and it was an honor and a pleasure to serve as director for the past year. With that I'll introduce next year's board: Director **Deirdre Lambert '15**, Assistant Director **Jake Marston '15**, Training Officer **Sutton Higgins '15**, Treasurer **Connor Gibson '16**, Equipment Officer **Andy Suslavich '15**, and Secretary **Christie Mayberry '16**. This is still the greatest organization and the largest family on campus. I have the utmost faith and confidence in this group and know we are leaving the organization in great hands. The future of patrol is as strong and bright as ever. Thank you for a fantastic year.

**Trevor Gulick-Stutz '14**

## DSP Board 2013-2014



**Trevor Gulick-Stutz '14**  
Student Director



**Kara Hedges '14**  
Assistant Student Director



**Amy Couture '14**  
Training Officer



**Sutton Higgins '15**  
Secretary



**Deirdre Lambert '15**  
Treasurer



**Thomas Wilson '14**  
Equipment Officer



**Connor Gibson '16**  
Appreniti Liaison



**Matt Fulton '96**  
Patrol Director

## Reflections on Four Years of Patrol

Kara Hedges '14



The Saturday afternoon shift on their last full day at the Skiway of the 2013-2014 season.

Spending my free time as a member of the Dartmouth Ski Patrol over the past four years has been, hands down, one of the most fulfilling, exciting, and enriching experiences of college. The group of sixty members that is the DSP covers unique ground at Dartmouth: we hail from 19 different states, cover six sororities and seven fraternities, study at least 18 unique majors, have collectively traveled or studied on all the continents in a number of countries that got too high for me to keep track, and carry an extremely eclectic array of passions and interests.

Sometimes I think of winter patrol shifts as a bizarre social experiment: What will happen when you put a handful of seemingly random people with the backgrounds like those listed above, only linked by membership to the DSP, into a shack on the top of the Dartmouth Skiway for the entire morning or afternoon? Through conversation, discussion, and saving lives, they form incredibly close connections and levels of trust and commitment, yielding arguably one of the most unique communities on Dartmouth's campus.

Dartmouth Ski Patrol embodies a "work hard, play hard" mentality quite unlike anything else been a part of or witnessed. We train together, learn together, and play together. During freshmen spring, the new cohort of DSPers voluntarily gives up every Tuesday and Thursday evening (not to mention the handful of Saturdays) to gain the medical certification necessary to patrol as a first responder. Early winter

we all return early from our relaxing winter breaks to get back to the grind with OEC skills spending hours lying in the snow reminding ourselves of SAMPLE / OPQRST and how to execute the perfect "rapid transport" scenario. Every winter we grin and bear it when alarms go off at 6:45am any day of the week to ensure we are at the Skiway ready to go for the lifts to open for the busting metropolis of Lyme, NH.

Each of these incredible learning and growth experiences is paired with DSP play that is wild and inexcusably fun. This "play" forges strong and special relationships within the organization, crossing all normal social boundaries. I owe it to DSP that as a freshman I felt like a part of a community that allowed me to be myself and feel like I had a home within the often-overwhelming Dartmouth student body. DSP provided me with people to look up to and upperclassmen mentors to go to with questions or when seeking advice.

Look back now as a senior, I certainly appreciate DSP for different reasons than I did as an eager freshman. However, the remaining constant over the past four years has been the incredible people and sense of community that DSP provides. For that, I (and undoubtedly all the other 14s) am thankful. It has been a wild ride, with bumps and detours, yet with unparalleled reward. So, thank you! And don't think you all have seen the last of me. I'm serious about starting to plan the Alumni Weekend during Student Patrol Tremblant...

## Annual Training Report

Amy Couture '14



From left: After four years on patrol, Amy earned a namesake run; Telemarking patrollers flaunt their skis on the ride up Winslow's.



Serving as Training Officer for Dartmouth Ski Patrol this past year has certainly been my most rewarding extracurricular experience at Dartmouth. In my opinion, no other area of DSP best expresses the organization's "pay it forward" culture than its training program does. Whether it's during OEC, at Fall Refresher, or during spontaneous training sessions on the top of Holts, older students, alumni, volunteers, and paid patrollers devote time and energy to passing on their knowledge to those younger than them. It's been a pleasure to direct this effort and I look back fondly on what we accomplished this year.

Last spring, the '16s excelled throughout the OEC program. Their enthusiasm for the material was contagious, bringing in plenty of upperclassmen and DSP volunteers to lecture and direct scenarios. It was one of my favorite Dartmouth experiences to watch them learn and love the material and have a blast doing so; all passed with flying colors and built new friendships. Organizationally, I focused on improving the program's assessment mechanisms, primarily by remaking quizzes and tests to better prepare for the OEC final.

This past fall, our primary focus was on revamping the appreni classes to make them more interesting and applicable to life after the DSP for those

who were not able to continue with the program. Classes turned to more broadly applicable first aid skills, and all appreni walked away obtaining American Heart Association First Aid and CPR certifications to be applied to future endeavors. Appreni were quite pleased with both the educational and social aspects of the program, and most indicated it as their favorite part of their freshman fall on an outgoing survey question.

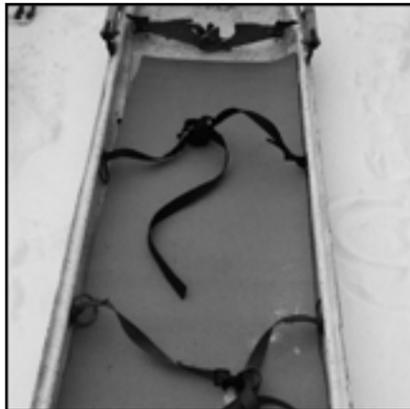
The winter started off with a bang during Candidate Training. Training shifted to focus much more on on-the-hill training, as candidates in the OEC portion of the program spent the entire day on the slopes. Despite the frigid sub-zero temperatures, the candidates persevered and made great strides in their pre-hospital care. Much thanks to Karen Keane, Mike Lauria, Mike Cather, Mike Baer, Katie Hammonds, and of course, Matt and Leanne for their support throughout the four days!

While it's tough to say goodbye to this rewarding position, **Sutton Higgins '15** has already done an amazing job leading the training program this year, particularly in bringing in a wide range of upperclassmen to support the teaching of each OEC class. I can't wait to see where she takes the program in the year to come!

## Follow DSP on Instagram



The Dartmouth Ski Patrol is taking on new social media frontiers this year with its first-ever Instagram account. You can keep up with the DSP and the daily happenings at the #dartmouthskiway by following @dskipatrol. Paid patroller **Matt Fulton '96** mans the account, and he has fully embraced the #hashtag. Check out some of the DSP's 'grams below and help us take one step closer to becoming ~instafamous~



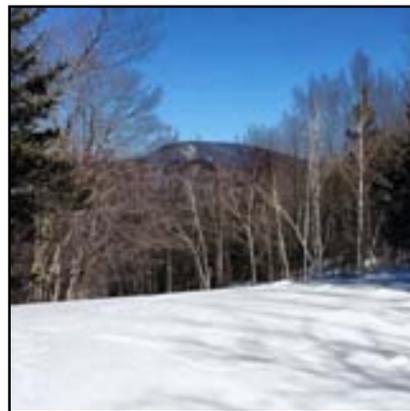
#youredoingitwrong #nicetry  
#thoughtthatcounts #actually-notinthiscase



@bigbrutt #onbelay #belayon  
#brakehandneverleavesthe-  
rope #skipatrol



#powderday #snowsnakes  
#dartmouthskiway



#birches #smarts #firetower  
#bluebird #dartmouthskiway  
#lymedrop #papoose #juicer  
#untracked #thursdaypms  
#studentsstudyingpaidpatrolski-  
ing #taketwo #enoughalready



M.D. #moguls #looseandfroz-  
engranular #stopthebrutal-  
rooming #cascadetoboggan



Bobby! #jbar #vested #nam-  
etag #propanedelivery #patrol

## Welcome to the Class of 2017

Connor Gibson '16



The DSP officially welcomed the 2014 appreniti class to patrol during wake ups this winter. We're thrilled to have them on board!

Dartmouth Ski Patrol is lucky enough to welcome a fantastic group of nine girls and seven boys to the 2017 OEC Class. After changing our interviewing tactics slightly this year, which allowed us to make more informed decisions on over 70 applicants, we settled on an Appreniti class of 35 Dartmouth students. Throughout the fall term, Training Instructor **Amy Couture '14** taught the Appreniti weekly classes on a variety of skills ranging from knot-tying to CPR to oxygen. Changes were made to the fall curriculum this year, including the addition of a First Aid certification for all Appreniti, reflecting our continuous commitment to improving the Appreniti program. The Appreniti were ultimately tested on their skills through a midterm and final, but their fall was not all work. From a high ropes course team-bonding activity to a Thursday Night Salsa excursion put together by **Bobby Muttillainen '16** and **Carly Kupersmid**

'16, Appreniti had the chance to bond with not only their classmates but the entire organization.

Candidate Training was a great success for the Appreniti, with over 20 coming back early from break to take part. Serving as patients for the week of training, this was their first exposure to the Winter medical side of the organization. For the first two weeks of the term, Appreniti experienced shifts for the first time, as well as the sled, mountain ops, and Skiway trainings that come along with them. This year's class was incredibly hard working, which made for a very tough selection process, but ultimately we are very pleased with the results of selections.

Following selections, the Appreniti continued their training on the mountain and were a joy to have on shift. Our new members have been enjoying to a spring full of OEC and we cannot wait to see how they tackle the next challenge of being candidates!

# Congratulations to the Class of 2014!

Where they've been, where they're headed and what they love about DSP



## Jackson Berler '14

**Hometown:** San Francisco, CA

**Major:** Engineering modified with Economics

**Patrol Involvement:** Shift Super, "enthusiastic member of the organization and occasional visitor to Tremblant"

**Campus Involvement:** DSP, Lightweight Crew, COS Board, UGA, Dali Lab

**Post-Grad Plans:** Product Manager at One Medical Group

**Favorite Patrol Event:** Cabin Party and tangentially Stella's sandwiches



## Mackenzie Bronson '14

**Hometown:** Telluride, CO

**Major:** History

**Patrol Involvement:** More calls off the Skiway than on the 'way

**Campus Involvement:** KDE, Club Hockey, Trips

**Post-Grad Plans:** attending Telluride Bluegrass Festival

**Favorite Patrol Event:** Case Reviews



## Alex Brown '14

**Hometown:** Fairfield, CT

**Major:** Engineering Sciences modified with Studio Art

**Patrol Involvement:** Resident concussion expert

**Campus Involvement:** Bonesgate, TOAST

**Post-Grad Plans:** BE at Thayer - never leaving :(

**Favorite Patrol Event:** New Years



## Amy Couture '14

**Hometown:** Windham, NH

**Major:** Engineering

**Patrol Involvement:** Treasurer 2011-2012, Training Officer 2012-2013

**Campus Involvement:** DOC Trips, Policy Research Shop, Tridelt

**Post-Grad Plans:** Working in Boston at an investment firm

**Favorite Patrol Event:** Stargazing at Cabin Party



## Chris Gibson '14

**Hometown:** Princeton, NJ

**Major:** Cognitive Science

**Patrol Involvement:** Director, Paid Patrol, Apprenti Liaison

**Campus Involvement:** AXA, Lighting Designer for Theater Performances

**Post-Grad Plans:** Working for IGS in Boston

**Favorite Patrol Event:** Tremblant Speeches



## Trevor Gulick-Stutz '14

**Hometown:** Portland, OR

**Major:** Economics and English

**Patrol Involvement:** Director

**Campus Involvement:** Co-captain of Club Soccer

**Post-Grad Plans:** Working at Morgan Stanley

**Favorite Patrol Event:** Cabin Party



## Brett Harrison '14

**Hometown:** Whitefish, MT

**Major:** Economics

**Patrol Involvement:** Four year patroller

**Campus Involvement:** Dart Dorm

**Post-Grad Plans:** Working at Polaris Partners

**Favorite Patrol Event:** Seeing the look on people's faces when they know that they can trust me



## Kara Hedges '14

**Hometown:** Weston, MA

**Major:** Neuroscience

**Patrol Involvement:** Secretary, Assistant Director

**Campus Involvement:** DOC Trips Directorate and Lodj Croo Chief, Admissions Tour Guide, KDE

**Post-Grad Plans:** Snow, INC as a global health project coordinator and in my free time, planning the alumni party weekend during Tremblant

**Favorite Patrol Event:** Girls only pizza and power hour



## Emily Hoffman '14

**Hometown:** Wilton, CT

**Major:** Government and Mathematics

**Patrol Involvement:** Member

**Campus Involvement:** AZD, Research, Relay for Life, War and Peace Fellow

**Post-Grad Plans:** Probably going to be in the DC area

**Favorite Patrol Event:** Cabin Party



## Graham Holt '14

**Hometown:** Boulder, CO

**Major:** Biomedical Engineering

**Patrol Involvement:** Director of Grillables

**Campus Involvement:** AXA

**Post-Grad Plans:** Working at a Protein Engineering lab, get Ph. D

**Favorite Patrol Event:** New Years. Duh.

## Class of 2014 Bios (cont.)



### Andi Liebowitz '14

**Hometown:** New York, NY

**Major:** Neuroscience

**Patrol Involvement:** Patrolling

**Campus Involvement:** DOC, Ledyard, DMC, EMS

**Post-Grad Plans:** Building the new bunkhouse at the lodge in the fall

**Favorite Patrol Event:** Hanging out in topshack during shift



### Isabelle Magro '14

**Hometown:** Larchmont, NY

**Major:** Neuroscience

**Patrol Involvement:** Shift Super

**Campus Involvement:** Tridelta and Cover the Globe

**Post-Grad Plans:** Applying to Medical School

**Favorite Patrol Event:** 99 cent Ski Day



### Chris Megrue '14

**Hometown:** Rowayton, CT

**Major:** Environmental Science

**Patrol Involvement:** The most involved

**Campus Involvement:** Keeping DSP relevant

**Post-Grad Plans:** Moving to Davenport, Iowa, to work with farmers

**Favorite Patrol Event:** Sitting in top shack with Fulton



### Nicole Swanson '14

**Hometown:** Los Gatos, CA

**Major:** Sociology modified with Economics

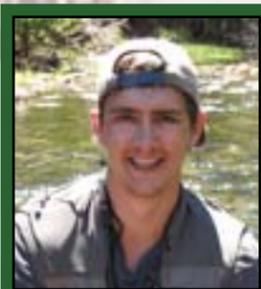
**Patrol Involvement:** Shift Super

**Campus Involvement:** Tridelta Sorority Treasurer

**Post-Grad Plans:** Still working on figuring this out, but hopefully

I'll be working in Boston starting in the fall

**Favorite Patrol Event:** Tremblant Weekend



### Thomas Wilson '14

**Hometown:** Anchorage, AK

**Major:** Engineering Sciences

**Patrol Involvement:** Former Equipment Officer

**Campus Involvement:** Ski Patrol

**Post-Grad Plans:** Returning to finish the B.E. at Thayer

**Favorite Patrol Event:** Tremblant to Ski

## Vision for Next Year



Sutton Higgins '15 and Deirdre Lambert '15 take a break from training exercises.

### Sutton Higgins '15 - Training Officer

After a term of hard work, on Saturday, May 24 the entire OEC class of 2014 passed their final exam - congratulations to the new class of candidates! OEC was an incredibly rewarding experience for both myself and the other board members and I am excited to see the candidates continue to grow as patrollers in the upcoming year. I'd like to thank all of the upperclassmen and community patrollers who came out to help instruct this spring - your help was invaluable and the OEC experience was made infinitely better by your presence. Looking forward to the next year of training, we have many exciting things in store! Apprenti classes will begin after the first round of selections in

the fall and the 18s will learn knots, CPR, basic first aid and other useful pre-OEC skills. Fall refresher and candidate training promise to be great training experiences, and I will be building on the amazing work done by last year's training officer, **Amy Couture '14**, to continue to improve the training exercises and enhance the experience of all who attend. I will also be working on a more structured senior training program for upperclassmen in the winter to enable the attainment of higher levels of certification for more patrollers - stay tuned for more information! Thank you again to all of patrol and especially the new candidate class for a wonderful OEC experience!



The DSP team practices rolling Cannon Wille '17 onto a backboard.

### Deirdre Lambert '15 - Director

After another successful season at the Skiway, the new board and I are looking forward to leading DSP for the next year. We will work to promote learning-friendly and positive environments during shifts and make sure that the student patrol provides coverage for as much of the season as possible. OEC this spring went great and we have an awesome new class of patrollers who are excited to use their skills next year. Additionally, we want to provide opportunities to facilitate interclass bonding and create lasting friendships to preserve our amazing community. Can't wait for the year ahead!

### Jake Marston '15 - Assistant Director

Patrol has largely defined my time at Dartmouth, and it has been an honor serving on the board this past Spring. Our new members each bring unique and valuable traits to the organization. It has been exciting to watch them progress from struggling through primary assessments to acing multi-rescuer trauma incidents during OEC, and ultimately come together to form a strong and cohesive class. Dartmouth Ski Patrol fosters a tight-knit community that genuinely contributes to our success as patrollers. My main goals as Assistant Director are to ensure universal dedication to the organization and to strengthen the bonds between classes. As a board we have some great ideas, and I can't wait for the upcoming year!

# The Year in Review

Matt Fulton '96



## SNOW

The theme for the winter was cold and snowy. Natural snowfall started with a solid 10" dose on opening weekend Dec 14/15. There was not quite enough base to open Hols for Christmas week - but the patrol and ski school tested it just to be sure! The snow continued to fall with about 6 significant storms and frequent dustings. Most importantly it remained unblemished for most of the season by any liquid precip, which had a lot to do with endless weeks of sub-zero temps. Yes, we had our usual thaw and melt after Candidate Training in early January, but February and March were some of the best snow months on record, with all trails open and even some patches of honest moguls sprouting on M.D., Upper John Meck, Lower Gauntlet, and the Face.

## SENIOR

**Sutton Higgins '15** passed the Senior OEC exam held this year at Mount Sunapee. The fact that Dartmouth patrollers consistently impress the evaluators at this advanced level is a testament to the effectiveness of our program, but the dedication, hard work, early mornings and long days required to get to that level attest to the character of the individual member. We thank Sutton for representing us so well with the NSP!

## SOCIAL MEDIA

Twitter: @dskipatrol  
Instagram: @dskipatrol  
facebook.com/dartmouthskipatrol

## STAFF

There were two new additions to the full-time patrol this year. Long-time volunteer **Andy Johnson** signed on, having recently retired from his real job at Timken Aerospace. Timken was formerly Split Ball Bearing Co., which manufactured Dartmouth's first J-Bar at Oak Hill in 1935, possibly the first overhead cable ski lift in the United States. Also new was **Katie Hammonds**. Katie is an instructor with the NOLS Wilderness Medicine Institute. She previously patrolled at Park City Mountain Resort and had supervised the mountain ambassador program there.

## ALUMS

An impromptu reunion sprang up on January 18. **Mike Bayer '01, Kiki Carlson '03, Erik Carlson '03, Ben Zabar '04, Caroline Engel '05, Alyson Guillet '08, Marki Grimsley '09, and Brandon Cohen '11** all showed up for the weekend. In accordance with tradition BCo left his pants at the Skiway. **Paul Feingold '06** also dropped in for a visit later in the season. We must have trained Paul well; he brought good beer.

## AWARDS

**Jim Geiling** was awarded the NSP's Patroller's Cross. The award is presented to a patroller injured in the line of duty. Jim badly injured his knee last year while transporting a significantly injured patient on ungroomed terrain; he safely brought the toboggan to a halt, transferred it to another patroller, and continued to care for the patient until the ambulance arrived. We wish him a successful recovery!

# DSP Patrollers 2013-2014

## Paid Patrollers

Matt Fulton '96  
Katie Hammonds  
Leanne Hatch  
Andy Johnson  
Deirdre Lambert '15

Noah Jennis '16  
Dylan Kavookjian '16  
Carly Kuperschmid '16  
Tierra Lynch '16  
Christie Mayberry '16  
Bobby Mutttilainen '16  
Olivia O'Hagan '16  
Becky Scanlon '16  
Allison Steele '16  
Sam Van Wetter '16

## Student Patrollers

Jackson Berler '14  
Mackenzie Bronson '14  
Alex Brown '14  
Amy Couture '14  
Chris Gibson '14  
Trevor Gulick-Stutz '14

## Community Patrol

Chris Buchanan  
Mike Cather  
Sam Colbeck  
Alec Crowell  
James (Dr. Jim) Geiling  
Karen Keane  
Bob Sweitzer

## Apprenti

Carly Amon '17  
Ally Benedict '17  
Katherine Bradley '17  
Meghan Christie '17  
Nick Deveau '16  
Andrew Dixon '17  
Liza Grainger '17  
Emily Greene '17  
Duncan Hurrelbrink '17  
Ryan Kase '17  
Jillian Katz '17  
John Mayberry '17  
Brian Niehaus '17  
Lexi Sonnenfeld '17  
Caroline Vanacore '17  
Cannon Wille '17

## Alumni Patrollers

Mike Adelman '10  
Mike Bayer '01  
Dave (G Shock) Gacioch '00  
Mike Lauria '05  
Ben Zabar '04



A team of patrollers "save" Jake Marston '15.

## Hello DSP Alumni and Parents!

Check out our webpage for donations, up-to-date calendar events, past newsletters and more!

<http://www.dartmouth.edu/~skipa>

We had a great turn out of alumni at Fall Refresher and hope to see you back next year! Please contact Alumni Coordinator Mike Bayer '01 (Michael.J.Bayer.01@alum.dartmouth.org) for more information on refresher, providing coverage next year and Alumni Ski Day during Winter Carnival.



**Sutton Higgins '15** ferries a toboggan down to the chalet during a training exercise.

The DSP's mission is to "create a safe and enjoyable environment for the students, community members, and visitors, who comprise our patrons, and to provide swift, efficient, and appropriate emergency medical care and rescue services to those who become our patients. The Dartmouth Ski Patrol is committed to meeting and exceeding the professional standards of the National Ski Patrol and fulfilling its role as a student organization of the Dartmouth Outing Club."