Items Requested for the Upper Valley Haven

Please bring your new, unopened items to the Power of Community Event on Thursday, November 2, 11:30 a.m. – 1 p.m. (Grand Ballroom, Hanover Inn)

Most Needed Items
- Sliced bread (white/wheat)
- Eggs
- Canned chicken
- Peanut butter
- Oatmeal

Always Needed Items
- Tuna/Canned Chicken
- Pasta
- Canned Vegetables
- Pasta Sauce
- Soups or Broths
- Macaroni & Cheese
- Canned Fruit
- Peanut butter
- Rice

Personal Items
- Deodorant
- Shampoo
- Bar soap
- Diapers (sizes 5 and 6) and Pull-ups (sizes 3T-4T)
- Wash cloths

Learn more about the Upper Valley Haven.