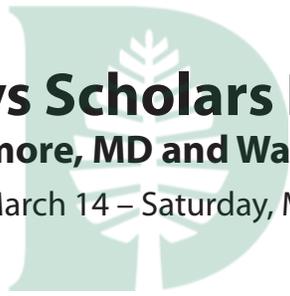


Pathways Scholars Program

Trip to Baltimore, MD and Washington, DC

Wednesday, March 14 – Saturday, March 17, 2018



Convened by:

Sarah Berger, Advisor, Health Professions Program, Dartmouth College

Valerie Orellana, Health Professions Program Coordinator, Dartmouth College

Marcus Gresham, Class of 2018, Pathways Intern

Niame Daffe, Class of 2018, Pathways Intern

Hanna Sheikh, Class of 2019, Pathways Intern

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ITINERARY & SCHEDULE OF EVENTS

Wednesday, March 14

- 5:00am Depart from Hanover
- 10:43am Flight from Boston Logan (Flight 0455)
- 12:17pm Arrive at Ronald Reagan Airport
- 3:15pm National Museum of African American History and Culture
- Dinner and Lodging HighRoad Hostel

Thursday, March 15

- 10am – 1:00pm Johns Hopkins Hospital
Robert Higgins '81, Surgeon-in-Chief
- 1:30pm Johns Hopkins Center for American Indian Health
Dr. Susan Karol '79
Centers for Medicare & Medicaid/Div. of Tribal Affairs
- 3:30pm Housing Authority of Baltimore City
Amy Wilkinson '78
Chief, Fair Housing and Equal Opportunity
- 5:00pm Holistic Life Foundation
- Dinner and Lodging

Friday, March 16

8:30am	United Nations Development Program, Trust for America's Health, Conference Room
9:00 – 10:00am	Trust for America's Health John Auerbach, President and CEO Dr. Nadine Gracia, Executive VP
10:15 – 11:15am	National Disaster Medical System Andy Garrett '98, Director
11:30am– 12:15pm	American Public Health Association Georges Benjamin, President and CEO
12:30– 1:30pm	Lunch Dr. Robert Wilkinson '50 Sarah Jackson Han '88, UNDP Communications, Partnerships, and Policy Advisor
2:00-4:00pm	La Clinica del Pueblo
4:30 – 5:30pm	Dartmouth Alumni Panel Presentation, University Club of Washington, DC Susan Dentzer '77, Moderator President and CEO, the Network for Excellence in Health Innovation, Dartmouth College Board of Trustees, Emeritus Chair

Panelists:

- Alison Barlow '86, Director, Johns Hopkins Center for American Indian Health
- Gregorio Millett '98, VP and Director of Public Policy, amfAR – The Foundation for AIDS Research
- Gerard Cox '79, Assistant Deputy Under Secretary for Health, US Department of Veterans Affairs

5:30 – 7:00pm Reception with Alumni, University Club, Washington, DC

Dinner and Lodging

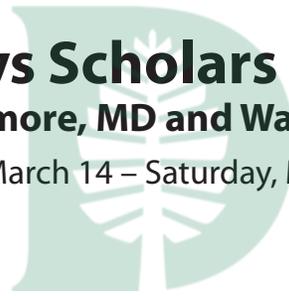
Saturday, March 17

8:30-12pm	Group Debrief
12:00pm	Free Time
4:02pm	Flight back to Logan (for students returning to Hanover)
8:55pm	Coach: Logan to Hanover
12am	Arrive in Hanover

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GUEST BIOGRAPHIES, PANELISTS, & SITE VISITS

GUEST BIOGRAPHIES



Dr. Robert Higgins '81 is the surgeon-in-chief of The Johns Hopkins Hospital. He is a leading authority in heart and lung transplantation, minimally invasive cardiac surgery, and mechanical circulatory support. His scientific interests are broad and far-ranging, including the mechanisms of cell injury in failing hearts, health economics and policy, racial disparities in post-transplant outcomes, access to care and improving outcomes among heart failure and cardiac surgery patients. Dr. Higgins is also the William Stewart Halstead Professor of Surgery and director of the Department of Surgery at the Johns Hopkins University School of Medicine.

Dr. Higgins obtained his bachelor's degree from Dartmouth College and went on to earn his medical degree from the Yale School of Medicine, followed by a master's degree in health services administration at Virginia Commonwealth University. He completed a residency in general surgery and served as chief resident at the University Hospitals of Pittsburgh. He was a Winchester Scholar and fellow in cardiothoracic surgery at the Yale School of Medicine. He also served as a Major in the United States Army Reserve Medical Corps.

Dr. Higgins has held leadership positions at various organizations, including president of the United Network for Organ Sharing, president of the Society of Black Academic Surgeons and president and founding member of the Association of Black Cardiovascular and Thoracic Surgeons. He has also been appointed to the Advisory Committee on Organ Transplantation by the Secretary of the Department of Health and Human Services. He has authored over 100 scientific articles and book chapters.

<https://dartmouthalumnimagazine.com/articles/life-saver>

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Dr. Susan Karol '79 was the Chief Medical Officer of the Indian Health Service and presently a Captain in the United States Public Health Service (USPHS). She is a member of the Tuscarora Indian Nation, located near Niagara Falls, NY. Dr. Karol previously served in the IHS from 1988-1990 as a Lieutenant Commander in the USPHS while holding the position of Chief of Surgery and Anesthesia at the Shiprock Indian Hospital, Shiprock, New Mexico.

As Chief Medical Officer, Dr. Karol collaborates with the Office of the Director and staff on American Indian and Alaska Native health care policies and issues. She serves as the primary liaison and advocate for IHS field clinical, preventive and innovative programs and community-based health professionals.

Dr. Karol provides national and international health care leadership and representation for Indian Health Service, and she ensures that patient care and medical standards and concerns are represented in the decision-making process of the agency. Dr. Karol is Board Certified in General Surgery, a fellow of the American College of Surgeons and a fellow of the American College of Physician Executives.

Dr. Karol graduated from Dartmouth College with a Bachelor of Arts in biology. She received her medical degree from the Medical College of Wisconsin.

<http://america.aljazeera.com/multimedia/2016/2/white-earth-reservation-naloxone.html>



Amy Wilkinson '78 is the Chief of Fair Housing & Equal Opportunity at the Housing Authority of Baltimore City (HABC). She has been with HABC since 2001. In her position, she supervises the agency's compliance with Fair Housing laws and regulations, including affirmatively furthering fair housing and addressing reasonable accommodation requests made by persons with disabilities. She also supervises compliance with minority business enterprise goals, oversees Fair Housing initiatives and collaborates with Baltimore metropolitan area jurisdictions in addressing regional Fair Housing issues.

Before joining HABC, she served at the U.S. Department of Housing & Urban Development from July 1999 through January 2001, first as the Deputy General Counsel for Equal Opportunity and Administrative Law and then as the General Deputy Assistant Secretary for Fair Housing & Equal Opportunity. Ms. Wilkinson

also worked at the City of Philadelphia Law Department, first as a Chief Deputy City Solicitor and then as the First Deputy City Solicitor, and as an associate and then partner with the law firm, Duane Morris & Heckscher.

Ms. Wilkinson received a J.D. from the University of Pennsylvania Law School and Bachelor of Arts degree from Dartmouth College.

<http://www.baltimoresun.com/news/maryland/bs-md-housing-segregation-20151212-story.html>



Dr. J. Nadine Gracia is Executive Vice President and Chief Operating Officer at Trust for America's Health (TFAH), where she is a senior policy adviser to the president and manages TFAH's core business functions and internal operations. She has more than twenty years of leadership and management experience in federal government, advocacy organizations, academia, and clinical practice. Prior to joining TFAH, Dr. Gracia served in the Obama Administration as the Deputy Assistant Secretary for Minority Health at the U.S. Department of Health and Human Services (HHS). In that capacity, she directed departmental policies and programs to end health disparities and advance health equity and provided executive leadership on administration priorities including health reform. She also led the federal Office of Minority Health, where she oversaw a budget of \$57 million and pioneered innovative, multi-sectoral partnerships in the public

and private sectors. Previously, she served as Chief Medical Officer in the Office of the Assistant Secretary for Health, where her portfolio included adolescent health, emergency and disaster preparedness, environmental health and climate change, and global health. Prior to that role, she was appointed as a White House Fellow at HHS and worked in the Office of the First Lady on the development of the Let's Move! initiative to solve childhood obesity.

A first-generation Haitian-American, Dr. Gracia received a Bachelor of Arts in French with honors from Stanford University, a medical degree from the University of Pittsburgh School of Medicine, and a Master of Science in Clinical Epidemiology from the University of Pennsylvania. She completed her training as a pediatrician at Children's Hospital of Pittsburgh and later was a clinical instructor and research fellow at The Children's Hospital of Philadelphia, where she conducted research on community risk factors for violence. Dr. Gracia is active in many civic and professional organizations.

<https://www.colorlines.com/articles/read-why-health-care-civil-right>



John Auerbach is president and CEO of Trust for America's Health (TFAH), where he oversees TFAH's work to promote sound public health policy and make disease prevention a national priority. Over the course of a thirty-year career he has held senior public health positions at the federal, state, and local levels. As Associate Director at the Centers for Disease Control and Prevention (CDC) he oversaw policy and the agency's collaborative efforts with CMS, commercial payers, and large health systems. During his six years as the Commissioner of Public Health for the Commonwealth of Massachusetts, he developed innovative programs to promote health equity, combat chronic and infectious disease, and support the successful implementation of the state's health care reform initiative. As Boston's health commissioner for nine years, he directed homeless, substance abuse, and emergency medical services for the city as well

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as a wide range of public health divisions. Mr. Auerbach was previously a professor of practice in health sciences and director of the Institute on Urban Health Research and Practice at Northeastern University; program director of one of the country's first community health centers; and director of a clinical training program at a tertiary care safety-net hospital.

<http://lakeconews.com/index.php/news/health/54811-new-report-funding-for-public-health-has-declined-significantly-since-the-great-recession>

<https://www.vox.com/science-and-health/2018/2/23/16974012/trump-pandemic-disease-response>



Andrew Garrett '98 is a physician, emergency manager, and public health specialist, with a broad background in public service that includes senior leadership roles in EMS, disaster response, medical intelligence, and policy development with the federal government—most recently at the White House and with the U.S. Department of Health and Human Services. Recent roles include serving as the Director of the 6000-person National Disaster Medical System, and a year-long detail as a Director with the White House National Security Council. He is a recent graduate of the White House Leadership Development Program in 2016.

He has designed a career of over 25 years that has given him extensive practical field experience as a provider in emergency and transport medicine, the fire service, federal and local law enforcement, tactical medicine, and prehospital care (EMS). Prior to entering federal service in 2010, he researched the social aspects of emergency preparedness for catastrophic disasters in an effort to improve the health security of the U.S., and was an advocate for ensuring that adequate systems were in place to ensure the protection of children during disasters. He is board certified in EMS and Pediatrics.



Dr. Robert Wilkinson '50 is a retired internal medicine physician. He received his medical degree in 1955 from New York University School of medicine. Dr. Wilkinson has held numerous positions at George Washington University Hospital, Group Health Association, Inc., and Mercy Health Clinic. He has also held faculty positions in Clinical Medicine at George Washington University School of Medicine. He is the recipient of many awards including the Outstanding Volunteer Clinical Teacher Award from the American College of Physicians, Dr. James A. Ronan Excellence in Medical Care Award, Dartmouth Class of 1950 Award, New York University School of Medicine, Alumni Leadership Award, Nation's Capital Affiliate Distinguished Achievement Award, and many more. He's the father to Amy Wilkinson '78, whom we'll be meeting in Baltimore the day before!



Sarah Jackson-Han '88 rejoined United Nations Development Programme (UNDP) Washington, D.C., in August 2016 as Adviser for Communications, Partnerships, & Policy. She has more than 20 years' experience in print, broadcast, online, and social media; strategic communications; partnerships; risk and reputation management; and speech- and op-ed-writing. A native Washingtonian, she served most recently as Senior Communications Officer in the Gender Cross-Cutting Solution Area at the World Bank Group from 2013-2016, after working with UNDP from 2010-2013. Her regional expertise is in Asia and she holds honors degrees from Dartmouth College (US) and Cambridge University (UK).



Dr. Georges Benjamin is executive director of American Public Health Association (APHA) since 2002, he is leading the Association's push to make America the healthiest nation in one generation. He came to APHA from his position as secretary of the Maryland Department of Health and Mental Hygiene. Benjamin became secretary of health in Maryland in April 1999, following four years as its deputy secretary for public health services. As secretary, Benjamin oversaw the expansion and improvement of the state's Medicaid program. Benjamin, of Gaithersburg, Maryland, is a graduate of the Illinois Institute of Technology and the University of Illinois College of Medicine. He is board-certified in internal medicine and a fellow of the American College of Physicians.

He served as chief of emergency medicine at the Walter Reed Army Medical Center. After leaving the Army, he chaired the Department of Community Health and Ambulatory Care at the District of Columbia General Hospital. He was promoted to acting commissioner for public health for the District of Columbia and later directed one of the busiest ambulance services in the nation as interim director of the Emergency Ambulance Bureau of the District of Columbia Fire Department.

At APHA, Benjamin also serves as publisher of the nonprofit's monthly publication, *The Nation's Health*, the association's official newspaper, and the *American Journal of Public Health*, the profession's premier scientific publication. His recent book *The Quest for Health Reform: A Satirical History* is an exposé of the nearly 100-year quest to ensure quality affordable health coverage for all through the use of political cartoons.

In April 2016, President Obama appointed Benjamin to the National Infrastructure Advisory Council, a council that advises the president on how best to assure the security of the nation's critical infrastructure.

PANELISTS



Allison Barlow '86, PhD, MPH joined the Johns Hopkins Center for American Indian Health in 1991. In April, 2016, she was named Director of the Center. She also directs all behavioral and mental health promotion for the Center. Her health research and program portfolio focuses on child, adolescent and family health and youth development for reservation-based American Indian communities. Projects to date have spanned teen parenting outreach and early child development; suicide, depression and substance abuse prevention; diabetes and obesity prevention; and youth entrepreneurship and life skills training. All programs center on training and employing indigenous outreach workers who design, direct and evaluate the interventions for their tribal communities. She also co-founded the NativeVision program in 1997 with the NFL Players Association to promote Native American youth development

through the mobilization of professional athletes to participate in camps and afterschool activities promoting education and healthy lifestyles. She also played a key role in the development of the Johns Hopkins public health certificate in American Indian Health for Native scholars and allied health professionals.

Dr. Barlow's education includes a PhD from University of Amsterdam (2013); an MPH from Johns Hopkins (1997), an MA pursued through a Rotary International Graduate Scholarship Award from the University of Melbourne, Australia, focused in Aboriginal studies (1990), and a BA from Dartmouth College (1986). She has received the Martin Luther King Community Service/Social Justice Awards from Johns Hopkins Medical Institutions (2007) and Dartmouth College (2008), and the Indian Health Service Director's Award in 2013.



Gregorio Millett '98 is a well-published and nationally recognized epidemiologist/researcher with significant experience working at the highest levels of federal HIV policy development at both the White House and the Centers for Disease Control and Prevention (CDC). From 2009 to 2011, Mr. Millett served as a detailee in the White House Office of National AIDS Policy as a Senior Policy Advisor. In this role, he coordinated the Office's policy and research activities, including HIV prevention policy and the federal-level inter-agency process to develop the National AIDS Strategy. Gregorio Millett is one of three principal writers of President Obama's National HIV/AIDS Strategy. He served on the organizing committee for the Washington, DC, Conference, and was the federal lead in organizing the U.S. government and White House activities around the 2012 International AIDS Conference. Mr. Millett also worked on a

diverse array of policy issues during his tenure at the White House, including the elimination of the HIV entry

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ban that prohibited HIV-positive persons from travelling to or seeking residency in the United States; the temporary suspension of the ban prohibiting federal funding for domestic or global needle exchange programs; and the reallocation of HIV prevention resources by CDC to adopt a new funding formula for state and local health departments that better aligns funding with current disease burden.

Prior to joining amfAR in May 2014, Mr. Millett served as the HHS/CDC Liaison to the White House Office of National AIDS Policy. Mr. Millett has been credited with changing the underlying assumptions among researchers of observed HIV infection disparities among black men who have sex with men (MsM) and is widely recognized as one of the first researchers to show no protective effect associated with male circumcision for MSM. Highlighting these accomplishments, Mr. Millett was honored with a scientific profile in the prestigious medical journal *The Lancet* in 2012 and he published two well-cited studies in *The Lancet* that same year. Mr. Millett has published over 40 peer-reviewed research papers in leading, health policy and public health journals. Mr. Millett has a Bachelor of Arts degree from Dartmouth College and a Master of Public Health degree from the University of North Carolina at Chapel Hill.

https://www.washingtonpost.com/video/postlive/gregorio-millett-of-amfar-hiv-epidemic-in-america-is-a-tale-of-two-cities/2017/12/05/cc0ed4b8-d9d4-11e7-a241-0848315642d0_video.html?utm_term=.fecbb321a2a5



Gerard Cox '79, MD, MHA was detailed as the Acting Deputy Under Secretary of Health for the Office for Organizational Excellence on October 7, 2017.

Since joining the VA in 2014, Dr. Cox has served as Assistant Deputy Under Secretary for Health for Policy and Services, Interim Medical Inspector, and Assistant Deputy Under Secretary for Health for Integrity. During his previous military career spanning more than 30 years as a U.S. Navy medical officer, he served in a series of hospital leadership roles with increasingly complex management responsibilities including service chief, service line leader, chief operating officer, and chief executive officer. He also held executive staff positions with the Navy Surgeon General, the Commandant of the Marine Corps, the Commander of U.S. Navy forces in the Middle East, and the Naval Inspector General. In addition, Dr. Cox served as a White House physician for Presidents

William J. Clinton and George W. Bush.

Dr. Cox graduated from Dartmouth College in 1979 and the University of Massachusetts Medical School in 1983 before completing a medical internship at the National Naval Medical Center and the combined residency program in emergency medicine at Georgetown University, George Washington University, and the University of Maryland. He later earned a Master of Health Administration degree from the Tulane University School of Public Health and Tropical Medicine in 1997. He is board-certified in emergency medicine, occupational medicine, and health care administration and is a Fellow of the American College

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of Emergency Physicians, the American College of Preventive Medicine, and the American College of Healthcare Executives.

In a recent interview, Dr. Cox reflected that: "As a Veteran with more than three decades in uniform, I'm especially passionate about our mission. Working at VA allows me to serve with those who also have worn the cloth of our Nation and to help ensure VHA delivers high quality health care services."



Susan Dentzer '77, a leading national expert in health care and health policy, is the President and Chief Executive Officer of the Network for Excellence in Health Innovation (NEHI). In her role as President and CEO, Dentzer drives the organization's strategic agenda and priorities, works closely with its members to identify key issues, promotes NEHI's research and policy recommendations, and serves as the organization's spokesperson, providing insightful analyses of the U.S. health care system.

Before coming to NEHI, Dentzer was Senior Policy Adviser to the Robert Wood Johnson Foundation. She previously served as editor-in-chief of Health Affairs, a leading journal of health policy, and as on-air health correspondent on the PBS NewsHour. She is a frequent speaker and commentator on the NewsHour, National Public Radio and other television and radio networks.

Dentzer is an elected member of the National Academy of Medicine and serves on its Board on Population Health and Public Health Practice. She is also an elected member of the Council on Foreign Relations; a fellow of the National Academy of Social Insurance; and a fellow of the Hastings Center, a nonpartisan bioethics research institute. She is a member of the Board of Directors of the International Rescue Committee, and also serves on the Board of Directors of Research!America; is a public member of the Board of Directors of the American Board of Medical Specialties; and is a member of the Board of Directors of the Public Health Institute. She is also a member of the RAND Health Board of Advisors and the Kaiser Commission on Medicaid and the Uninsured.

Dentzer is a graduate and trustee emerita of Dartmouth and formerly chaired the Dartmouth Board of Trustees. In 1973, she became one of the first women to attend Dartmouth. In 1993 she was the first alumna to be nominated to the board of trustees in an alumni election, and in 2001 she became the first alumna to chair the board of trustees. She also serves on the Board of Overseers of the Geisel School of Medicine at Dartmouth, earned the institution's Alumni Award, and holds an honorary Dartmouth master's degree.

SITE VISITS

The Holistic Life Foundation is a Baltimore-based 501(c) (3) nonprofit organization committed to nurturing the wellness of children and adults in underserved communities. Through a comprehensive approach which helps children develop their inner lives through yoga, mindfulness, and self-care HLF demonstrates deep commitment to learning, community, and stewardship of the environment. HLF is also committed to developing high-quality evidence based programs and curriculum to improve community well-being.

Brothers Ali and Atman Smith met Andres Gonzalez at the University of Maryland College Park. During their last semester there, the trio spent a lot of time reading books on spirituality, philosophy, modern history, religions, ancient history, politics, astronomy, and other related topics. They all saw some things wrong with the world, but it was not until Andres said, "So what are we going to do about it?", that they all knew they had to do something. What that something was, they had no idea. During this time they also began their journey on the path of yoga practice. They began learning more yoga and developing their practice under the guidance of Ali and Atman's godfather. As young children, Ali and Atman actually grew up with yoga in their home, with their father having them meditate every morning before school. As Atman says, "Our parents were big hippies. They were into yoga, vegetarianism, and all that kind of stuff." At the end of that summer, they moved back into the house that Ali and Atman grew up in, in West Baltimore. Ali and Atman immediately noticed that the sense of family that was present in the neighborhood when they grew up there was gone. The Smith brothers remembered when they were living there as children, the neighborhood was like one big family, and the "older guys" in the neighborhood served as mentors and big brothers to all of the younger kids. They saw that as important factor in their growth and development. They knew that they wanted to do something to help bring that feeling back to their neighborhood.

During this time they began the planning and development for the formation of a non-profit organization. They also began to delve deeper into their practice and study of yoga. After months of hard work, on December 19th, 2001, the Holistic Life Foundation was officially incorporated.

La Clínica del Pueblo is a 501(c)(3) non-profit organization and Federally Qualified Health Center with over 90 employees and 50 volunteers dedicated to its mission "to build a healthy Latino community through culturally appropriate health services, focusing on those most in need."

Founded in 1983 as a free health clinic for Latino immigrants recently displaced by conflict, today La Clínica is known throughout the Washington, D.C. metropolitan area as a dependable source of integrated health care and health education for over 8,000 men, women and children.

La Clínica provides culturally and linguistically appropriate services, such as:

- primary care and mental health and substance abuse services,

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- HIV/AIDS support, from testing and counseling, to linkages to medical care and social services
- support services including language services, entitlement and case management programs,
- and health education and outreach to its target population: low-income, uninsured or under insured men, women, children and adolescents in the Latino community.

Guided by their mission to build a healthy Latino community through culturally appropriate healthcare services, focusing on those most in need, they are continuously striving to provide holistic services of the highest quality.

For the last 33 years, they have increased access to linguistically and culturally appropriate health care services for low-income, uninsured or underinsured Latinos in the DC area. Providing over 35,000 services to over 3,300 individuals every year, they are committed to strengthen and improve the quality of existing services.

Likewise, with the help of their loyal supporters they have been able to expand access to quality services; increase patient participation in all aspects of clinic operations, services, and advocacy; and reached moderate growth in the size of the patient population and the types of services offered.

HOW DO THEY DO IT?

Through cultural competency:

- Bilingual and culturally competent staff/volunteers provide high-quality medical and social support services through its care and prevention education programs.

Through strong ties with collaborators:

- By reinforcing collaborations with members of La Clínica's extensive referral network, they are able to help their uninsured clients to receive free or reduced fee off-site specialty care.

By educating community stakeholders:

- Showing community stakeholders to view health care as both a human right and a responsibility and empower patients be their own advocates for improved access to health care.



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What is the Pathways to Medicine Scholars Program?

HPP's Pathways to Medicine initiative supports students of color, from backgrounds under-represented in medicine (URM), in their pre-health aspirations. Our Pathways Scholars Program was inaugurated last year to provide a structured, committed opportunity for deeper experiential and intellectual growth. This Program was specifically designed through an experiential model, to explore the social determinants of health, understand issues of equity and disparity, connect students with mentors, and foster community.

What is the goal of the Pathways Scholars Program?

- Gain greater depth of knowledge, inspiration, and tools to understand and tackle social determinants and equity in health care through exposure to expert facilitators and robust discussions
- Learn about innovative approaches for providing critical care to the most vulnerable in our society
- Develop their leadership skills, professionalism, ethical understanding, mindfulness and compassion, for a future in a health career
- Connect with inspiring mentors
- Connect with and reflect with peers in the community
- Deepen their motivation, growth, and success by exploring medicine in action

Student Testimonials

"The program was truly such a great experience. When I was a freshman I felt pretty lost being pre-med and felt very intimidated by people who were pre-med. This experience has made me more confident and found people that I can genuinely relate to. Programs like this are very important for the wellbeing of many students of color on campus and gives us an outlet to have important discussions, but also have fun and be there for each other."

"I LOVED THIS PROGRAM. IT GAVE ME A SENSE OF COMMUNITY AND BELONGING."

"Best program I've ever done at Dartmouth."