

2014 Dartmouth Health Survey



Dartmouth College
Office of Institutional Research

July 2014

Introduction

In 2005 and 2006, Dartmouth participated in the American College Health Association National College Health Assessment (ACHA-NCHA). “The ACHA-National College Health Assessment (NCHA) is a nationally recognized research survey that can assist you in collecting precise data about your students’ health habits, behaviors, and perceptions.”¹ In the spring of 2008, the Dartmouth Health Survey was developed, using many items from the NCHA, but also including more campus-specific questions to evaluate a broader array of health concerns and to be responsive to areas of interest and data requests from the Dean of the College division.

The Dartmouth Health Survey has been administered in the spring terms of 2008, 2010, 2012, and 2014 to a random sample of half of the enrolled Dartmouth undergraduates. The other half of undergraduates were invited to complete the Patient Satisfaction Survey, a survey developed in 2006 to assess the Dartmouth College Health Service. Over the years, response rates for the Dartmouth Health Survey have varied from 19% to 38%.

In the spring of 2014, the Dean of the College requested that all undergraduate students be invited to receive the questions about safety, sexual, physical, and relationship violence. Once those questions were answered, half of the undergraduates were routed to complete the Dartmouth Health Survey and the other half to complete the Patient Satisfaction Survey. See Appendix A for a complete description of the methods and samples.

The Dartmouth Health Survey results have been used to inform programs and services, monitor health trends, and provide information for benchmarking against other colleges and universities.

Content areas of the Dartmouth Health Survey include:

- General health
- Personal safety including sexual, physical and relationship violence
- Alcohol and other drugs
- Sexual health
- Weight, exercise and nutrition
- Mental health
- Health and academic performance
- Health and student life

This report presents key findings by section, including Dartmouth trends over time as well as national (NCHA) comparisons, where applicable. Appendix A provides an overview of the methodology and descriptive statistics for the 2014 administration. Appendix B provides year-by-year tables for the Dartmouth Health Survey.

¹ <http://www.acha-ncha.org/overview.html>

Key Findings

General Health

- The trends for students describing their general health as very good or excellent continue to hold at around 70%, as well as those with chronic health conditions, which remain steady at approximately 14%.

Personal safety including sexual, physical and relationship violence

- Over time, nearly 9 out of 10 students report feeling “safe” at Dartmouth with 2014 being no exception.
- Figure 1 and Tables 1a and 1b highlight trends over time for both Dartmouth and ACHA-NCHA.
 - Sexual touching without consent had been rising since 2005 with a peak of 14% in 2012. In 2014, the percentage decreased to 8% - a historic low for Dartmouth but still above the national average of 6% in 2013 (2014 NCHA data not yet available).
 - Both attempted and actual sexual penetration without consent decreased by 2% from the 2012 survey. Both are in line with national trends.
 - For 2014, 6% reported being in an emotionally abusive relationship, 1% in a sexually abusive relationship, and 1% in a physically abusive relationship. These patterns are consistent across time for Dartmouth, while being slightly lower than the national data.
- Students who reported violence disclosed to friends, family or a partner (80%), another Dartmouth student (28%), Counseling (16%), a Dartmouth College Dean (9%), Safety and Security (8%), Sexual Assault Awareness Coordinator (5%), Sexual Assault Peer Advisor (5%), Police (5%), and Undergraduate Advisor (5%).

Figure 1: Dartmouth Violence Trends over Time

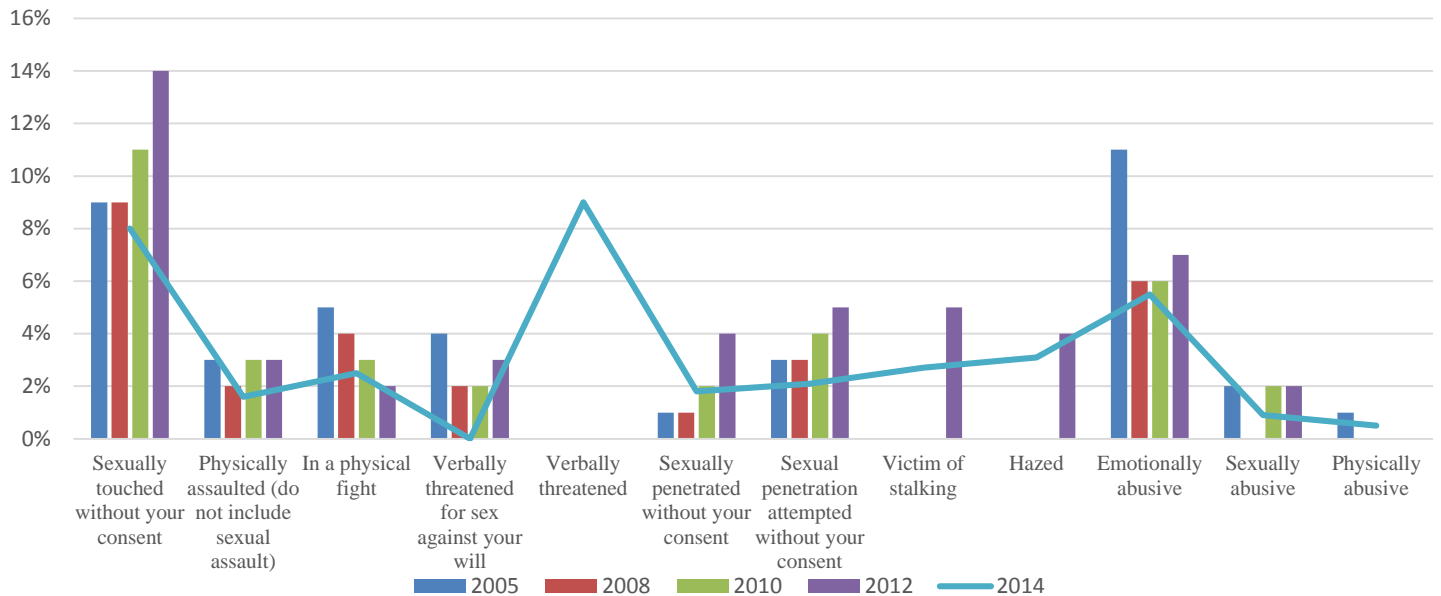


Table 1a: Dartmouth Trends

Dartmouth Sexual And Physical Violence Trends					
<i>Within the last 12 months, were you:</i>	Dartmouth ACHA-NCHA 2005	Dartmouth Health 2008	Dartmouth Health 2010	Dartmouth Health 2012	Dartmouth Health 2014
Sexually touched without your consent	9%	9%	11%	14%	8%
Physically assaulted (do not include sexual assault)	3%	2%	3%	3%	2%
In a physical fight	5%	4%	3%	2%	3%
Verbally threatened for sex against your will ¹	4%	2%	2%	3%	N/A
Verbally threatened	N/A	N/A	N/A	N/A	9%
Sexually penetrated (vaginal, anal, oral) without your consent	1%	1%	2%	4%	2%
Sexual penetration attempted (vaginal, anal, oral) without your consent	3%	3%	4%	5%	2%
Victim of stalking (e.g., waiting for you outside your classroom, residence, or office; repeated emails/phone calls)	N/A	N/A	N/A	5%	3%
Hazed (activity expected of someone joining a group that humiliates, degrades, abuses or endangers, regardless of the person's willingness to participate)	N/A	N/A	N/A	4%	3%
<i>Within the last 12 months, have you been in a relationship that was:</i>	Dartmouth ACHA-NCHA 2005	Dartmouth Health 2008	Dartmouth Health 2010	Dartmouth Health 2012	Dartmouth Health 2014
Emotionally abusive (e.g. called derogatory names, yelled at, ridiculed)	11%	6%	6%	7%	6%
Sexually abusive (e.g. forced to have sex when you didn't want it, forced to perform or have an unwanted sexual act performed on you)	2%	--	2%	2%	1%
Physically abusive (e.g. kicked, slapped, punched)	1%	--	--	--	1%

N/A = Did not ask question; -- Cell size less than 5

Response Rates over time: 2005 n=531, 39%; 2008-n=682, 31%; 2010 n=538, 25%; 2012 n=375, 19%; 2014 n=1,549, 38%

For 2014, margin of error ranges from .4% to 1.4%

¹ Verbal threats for sex against your will was changed in the Dartmouth Health Survey in 2014

Of note, in 2014, a larger number of students received sexual violence questions from the Dartmouth Health, a smaller sample received the remaining Dartmouth Health Survey items

Table 1b: ACHA-NCHA Trends

National Sexual And Physical Violence Trends					
<i>Within the last 12 months</i>	ACHA-NCHA 2005	ACHA-NCHA 2008	ACHA-NCHA 2010	ACHA-NCHA 2012	ACHA-NCHA 2013
Were you sexually touched without your consent?	9%	7%	6%	7%	6%
Were you physically assaulted (do not include sexual assault)?	4%	4%	5%	4%	4%
Were you in a physical fight?	7%	7%	8%	6%	7%
Have you experienced verbal threats for sex against your will? ¹	4%	N/A	N/A	N/A	N/A
Were you verbally threatened?	N/A	22%	21%	19%	19%
Were you sexually penetrated (vaginal, anal, oral) without your consent?	2%	2%	2%	2%	2%
Was sexual penetration attempted (vaginal, anal, oral) without your consent?	3%	3%	2%	3%	3%
Were you a victim of stalking (e.g., waiting for you outside your classroom, residence, or office; repeated emails/phone calls)?	N/A	7%	7%	6%	6%
<i>Within the last 12 months, have you been in an intimate (coupled/partnered) relationship that was:</i>	ACHA-NCHA 2005	ACHA-NCHA 2008	ACHA-NCHA 2010	ACHA-NCHA 2012	ACHA-NCHA 2013
Emotionally abusive (e.g., called derogatory names, yelled at, ridiculed)	13%	10%	10%	10%	10%
Sexually abusive? (e.g., forced to have sex when you didn't want it, forced to perform or have an unwanted sexual act performed on you)	2%	2%	2%	2%	2%
Physically abusive? (e.g., kicked, slapped, punched)	2%	2%	3%	2%	3%

N/A = Did not ask question

Sample sizes over time: Spring 2005 n=54,111; Fall 2008-n=26,685; Spring 2010 n=95,712; Spring 2012 n= 76,481; Spring 2013 n= 96,661

¹ Verbal threats for sex against your will was changed in 2008 to verbally threatened

Alcohol and Other Drugs

- Generally, alcohol consumption among students remained consistent (approximately 73% used alcohol in the last 30 days), while marijuana use has decreased over time among Dartmouth students.
- Figure 2 highlights the 2014 Dartmouth results compared to the ACHA-NCHA figures for their 2013 survey.
 - Dartmouth students used alcohol in the last 30 days at higher rates compared to the national sample (73% vs. 63%).
 - Marijuana use decreased 7% from 2012 and is now lower than NCHA.
- Forty-nine percent of students reported binge/high-risk drinking (five or more drinks at a sitting) in the past two weeks, which is a marked increase from 37% in 2012 and outpaces the 2013 NCHA percentage by 15%. Dartmouth has trended higher than the national sample (Figure 3).
- Of those who drink alcohol, Dartmouth students reported doing something they later regretted (34%), blackouts (28%), physical injury (14%), unprotected sex (12%), thinking they may have a drinking problem (7%), and sex without giving consent (3%) when drinking. Students who binge drink are more likely to experience adverse events (Figure 4).
- Six percent of students used stimulants not prescribed to them in the last year.

Figure 2: 2014 Dartmouth Alcohol and Drug Use Compared to National

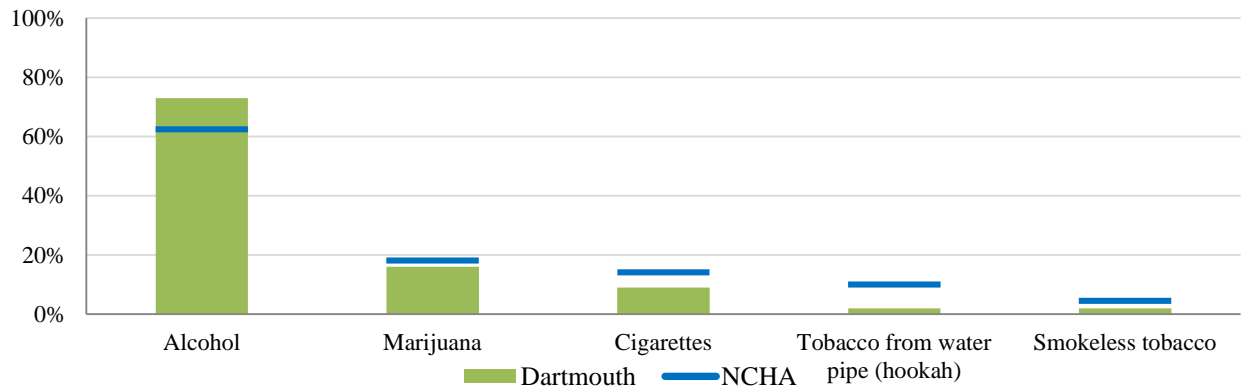


Figure 3: High-risk Drinking Trends - Dartmouth Compared to National

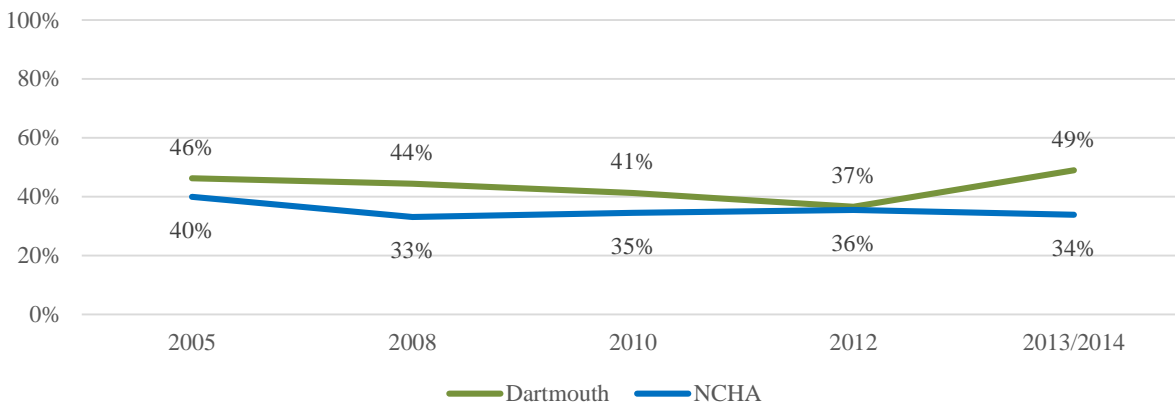
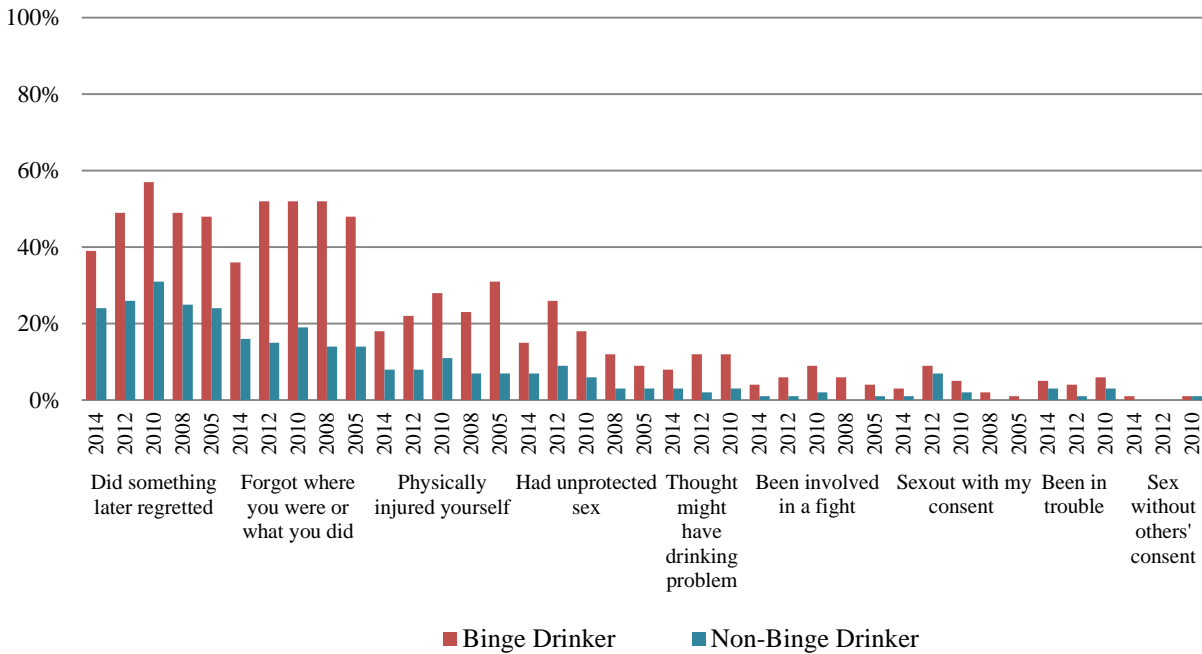


Figure 4: Adverse Events Experienced When Drinking Alcohol: Dartmouth Students Who Binge/ High-risk Drink Compared to Those Who Do Not



Sexual Health

- Twenty-eight percent of students have not had sex in the past 12 months, which is the lowest rate reported over time. In 2014, 36% reported never having had vaginal intercourse.
- In general, there has been a decrease in the percentage of students using barriers as protection from sexually transmitted infection and/or pregnancy. Specifically, 63% used such barriers during vaginal intercourse, down from 70% and 71% in 2010 and 2012, while 38% used a barrier during anal intercourse, down from 47% in 2010 and 57% in 2012.
- Twenty-six percent of the respondents reported being tested for sexually transmitted infections in the last year and this rate has been steady over time. Over half of the respondents continue to report vaccination for human papillomavirus (HPV) which is consistently higher than national rates (4-year average = 39%).
- The percent of students reporting IUD use has increased from 1% in 2010 and 2012 to 3% in 2014, consistent with the Center for Disease Control (CDC) and the World Health Organization (WHO) recommending IUDs as a Tier 1 strategy for contraception.

Weight, Exercise, and Nutrition

- Sixty-nine percent of students think they are at about the right weight, compared to 55% in a national sample, and 41% of the students continue to try to lose weight. Over time, a higher percent of Dartmouth students report being at the right weight (above 60% over time compared to the mid-50s for the national sample).

- Half of the students (50%) reported using exercise to lose weight, a third (33%) using diet, and a small percentage (~4%) using other methods (e.g., vomiting, laxatives, diet pills, etc.). These rates are comparable to the NCHA rates over time as well.

Mental Health

- Anxiety and depression continue as the two mostly commonly reported mental health problems (see Table 2).
- Dartmouth students report similarly to a national sample regarding mental health problems such as anxiety, depression and panic attacks.
- Of respondents, 6% reported taking medication for a mental health concern and 28% reported that they had seen a mental health counselor in the last 12 months.

Table 2: Dartmouth Mental Health

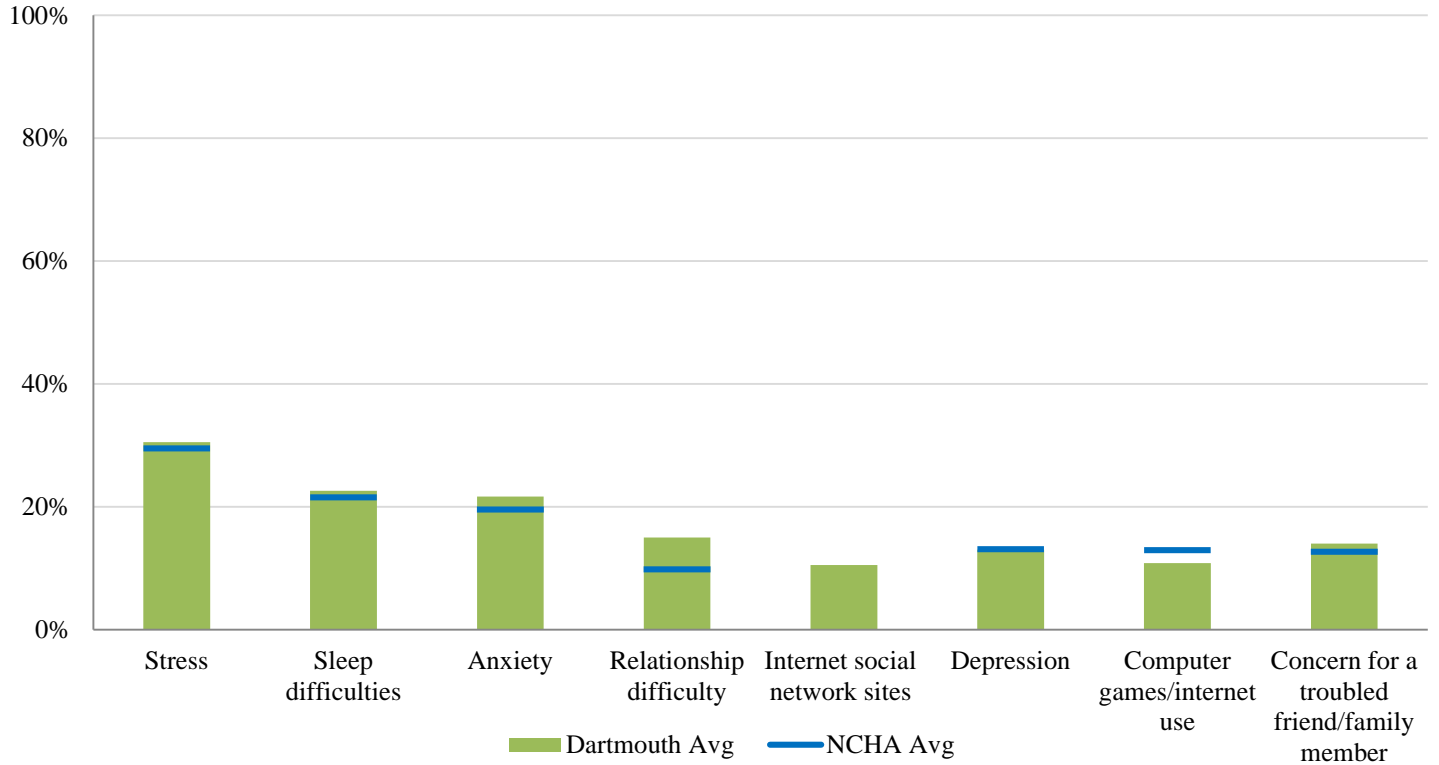
Within the last 12 months, have you been diagnosed or treated by a professional for...			
	2010	2012	2014
Anxiety	9%	9%	11%
Depression	9%	10%	8%
Panic attacks	3%	1%	5%
ADHD	2%	3%	5%
Disordered eating	2%	3%	3%
Insomnia	5%	4%	2%
Other mental health disorder	1%	1%	2%

Health and Academic Performance

- Stress continued as the most reported factor affecting students' academic performance, followed by sleep difficulties and anxiety.
- Dartmouth looks similar to the national sample in regards to the impact of mental health problems on academic performance including stress, sleep problems, anxiety, depression, and concern for a troubled friend/family member (see Figure 5). Dartmouth appears to have slightly higher numbers of students reporting academic impact related to assault (2% in 2010, 4% in 2012, 3% in 2014 versus 1% over this time frame for the national sample).

Figure 5: Average Health and Academic Performance: Dartmouth and National

Within the last 12 months, the following affected your academic performance:
 (including "received lower grade on exam or important project", or "received lower grade course",
 or "received incomplete or dropped course")



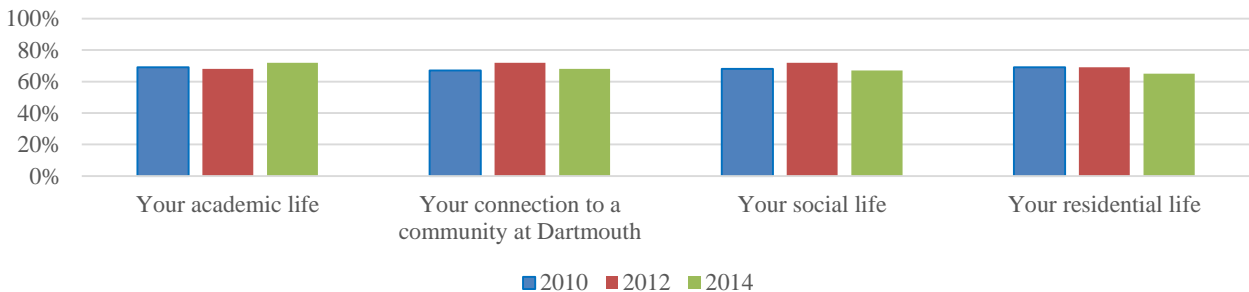
Note: The number of years included in the average varies due to changes in the surveys over time.

Student Life

- Students' satisfaction with their academic life increased slightly, while satisfaction with all other aspects decreased from most previous years (Figure 6).

Figure 6: Dartmouth Overall Satisfaction

Overall, how satisfied have you been with each of the following at Dartmouth?
 (Satisfied + Very Satisfied)



Conclusions

- There were decreases in the rates of sexual touching without consent as well as attempted and actual sexual penetration without consent.
- Consistently, over two-thirds of Dartmouth students sampled indicate alcohol consumption within the past 30 days. This outpaces the national sample for 2014 by approximately 10%.
 - High-risk drinking at Dartmouth continued to trend higher than the national sample and there was a marked increase (12%) from 2012 levels.
- Anxiety and depression are the most commonly reported health problems with increases in students reporting panic attacks and ADHD between 2012 and 2014. The 2014 Dartmouth proportions were on par with the national sample.
- Satisfaction related to academic life, connection to a community at Dartmouth, social life, and residential life was relatively steady.

Appendix A:
Methodology and Descriptive Statistics

Methods and Sample

The 2014 Dartmouth Health Survey was designed and administered differently from previous years. In previous years, a random sample of half of the undergraduate population was invited to participate in the survey. In 2014, all undergraduate students were invited to participate in the first section of the survey (Questions 1-7). Once students had completed Section 1, half the students were taken to Section 2 which was the remainder of the Health Survey, and the other half were routed to the Patient Satisfaction Survey. The routing was not apparent to participating students. Given this approach, the sample sizes differed and are described separately below.

Section 1 (Questions 1-7):

- 4,068 Dartmouth undergraduate students were invited to participate via email.
- Survey format was electronic.
- Survey invitation and three email reminders were sent from Office of Institutional Research
- Eight hundred and five (805) responses were linked to institutional data.
- Data collection lasted three weeks.
- Response rate was 38% (1,549/ 4,068)

Section 2 (Remainder of the Dartmouth Health Survey):

- 1,603 Dartmouth undergraduate students were randomly selected and invited to participate via email.
- Survey format was electronic.
- Survey invitation and two email reminders were sent from Office of Institutional Research.
- Data collection lasted three weeks.
- Response rate was 18% (287/ 1,603).

Demographics of Respondents: Section 1²

Gender				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Female	441	54.78	441	54.78
Male	364	45.22	805	100.00

Race/Ethnicity/Citizenship				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
International	71	8.82	71	8.82
Minority	278	34.53	349	43.35
Unknown	83	10.31	432	53.66
White	373	46.34	805	100.00

Class Year				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
2014	193	23.98	193	23.98
2015	203	25.22	396	49.19
2016	177	21.99	573	71.18
2017	232	28.82	805	100.00

Athletes				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
No	637	79.13	637	79.13
Yes	168	20.87	805	100.00

² The demographic information for another 744 students was not available (responses were anonymous).

2014 Dartmouth Health Survey Results

Greek Member*				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
No	195	34.03	195	34.03
Yes	378	65.97	573	100.00

*First year students were excluded because they were not eligible for Greek membership

Housing Type				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Affinity	19	2.36	19	2.36
First Year	131	16.27	150	18.63
Greek	77	9.57	227	28.20
Mixed	185	22.98	412	51.18
Off campus	93	11.55	505	62.73
Upper-class	300	37.27	805	100.00

Demographics of Respondents: Section 2

Gender				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Female	153	53.31	153	53.31
Male	134	46.69	287	100.00

Race/Ethnicity/Citizenship				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
International	26	9.06	26	9.06
Minority	95	33.10	121	42.16
Unknown	28	9.76	149	51.92
White	138	48.08	287	100.00

Class Year				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
2014	62	21.60	62	21.60
2015	69	24.04	131	45.64
2016	68	23.69	199	69.34
2017	88	30.66	287	100.00

Athletes				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
No	233	81.18	233	81.18
Yes	54	18.82	287	100.00

2014 Dartmouth Health Survey Results

Greek Member*				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
No	67	33.67	67	33.67
Yes	132	66.33	199	100.00

*First year students were excluded because they were not eligible for Greek membership

Housing Type				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Affinity	8	2.79	8	2.79
First-Year	51	17.77	59	20.56
Greek	26	9.06	85	29.62
Mixed	69	24.04	154	53.66
Off campus	38	13.24	192	66.90
Upper-class	95	33.10	287	100.00

Overall Results

General Health

Q1. Considering your age, how would you describe your general health?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Poor	10	0.65	10	0.65
Fair	70	4.52	80	5.16
Average	380	24.53	460	29.70
Very good	706	45.58	1166	75.27
Excellent	383	24.73	1549	100.00

Health Information

Q2. Do you have a chronic health condition?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
No	1335	86.18	1335	86.18
Yes	214	13.82	1549	100.00

Personal Safety including Sexual, Physical and Relationship Violence

Q3. I feel safe at Dartmouth.				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Strongly disagree	21	1.42	21	1.42
Disagree	31	2.10	52	3.53
Neither agree nor disagree	102	6.92	154	10.45
Agree	622	42.20	776	52.65
Strongly agree	698	47.35	1474	100.00

Frequency Missing = 75

Q4. Within the <i>last 12 months</i>, were you...?			
	No	Yes	N
in a physical fight	97%	3%	1465
physically assaulted (do not include sexual assault)	98%	2%	1464
verbally threatened	91%	9%	1465
sexually touched without your consent	92%	8%	1463
sexually penetrated (vaginal, anal, oral) without your consent	98%	2%	1462
sexual penetration attempted (vaginal, anal, oral) without your consent	98%	2%	1462
a victim of stalking (e.g., waiting for you outside your classroom, residence, or office; repeated emails/phone calls)	97%	3%	1463
Hazed (activity expected of someone joining a group that humiliates, degrades, abuses or endangers, regardless of the person's willingness to participate)	97%	3%	1460

Q4a.1. In the previous question, you checked "yes" to one or more items. Did you disclose what happened to any of the following? Please check all that apply.			
	No	Yes	N
Friends, family, or partner	20%	80%	147
Another Dartmouth student	72%	28%	147
Counseling (Dick's House or other therapist)	84%	16%	147
Dartmouth College Dean	91%	9%	147
Safety and Security	92%	8%	147
Police (i.e. Hanover Police Department or other Police Department)	95%	5%	147
Sexual Assault Awareness Coordinator (SAAP)	95%	5%	147
Sexual Assault Peer Advisor (SAPA)	95%	5%	147
Undergraduate Advisor (UGA)	95%	5%	147
Community Director (CD)	97%	3%	147
Faculty member	97%	3%	147
Primary Care (Dick's House)	98%	2%	147
Coach	98%	2%	147

Q4a.1. In the previous question, you checked "yes" to one or more items. Did you disclose what happened to any of the following? Please check all that apply.			
	No	Yes	N
Other	98%	2%	147
Inpatient Department (Dick's House)	99%	1%	147
Hospital (i.e. DHMC or other hospital)	99%	1%	147
Crisis Center (i.e. WISE or other facility)	99%	1%	147
Other college staff member	99%	1%	147
Title IX Coordinator	99%	1%	147
Office of Judicial Affairs	99%	1%	147
Clergy	99%	1%	147
Attorney	100%	0%	147

Q4a.2. In the previous question, you checked "yes" to one or more items. Did you disclose what happened to any of the following? Please check all that apply. If other, please specify.
Professor
No one
One close friend.

Q5. Within the <i>last 12 months</i>, have you been in a relationship that was...?			
	No	Yes	N
Emotionally abusive (e.g. called derogatory names, yelled at, ridiculed)	94%	6%	1457
Physically abusive (e.g. kicked, slapped, punched)	99%	1%	1456
Sexually abusive (e.g. forced to have sex when you didn't want it, forced to perform or have an unwanted sexual act performed on you)	99%	1%	1454

Q6. Think back over the <i>last two weeks</i>.											
How many times, if any, have you had five or more alcoholic drinks at a sitting?											
-1=Non-Drinker, 0=0 times, 1=1, 2=2, 3=3, 4=4, 5=5, 6=6, 7=7, 8=8, 9=9+ times											
-1	0	1	2	3	4	5	6	7	8	9	N
16%	35%	19%	12%	7%	5%	2%	2%	1%	0%	1%	1238

Q7. Within the <i>last 12 months</i>, have you experienced any of the following when drinking alcohol? (Percent excludes 'NA/Don't drink')					
	No	Yes	N	N NA/Don't drink	N Total
Physically injured yourself	86%	14%	1157	280	1437
Been involved in a fight	97%	3%	1155	281	1436
Did something you later regretted	66%	34%	1156	281	1437
Forgot where you were or what you did	72%	28%	1159	279	1438
Someone had sex with me without my consent	97%	3%	1155	281	1436
Had sex with someone without their consent	99%	1%	1156	281	1437
Had unprotected sex	88%	12%	1153	282	1435
Been in trouble with the police, residence hall or other college authority	96%	4%	1157	281	1438
Thought you might have a drinking problem	93%	7%	1156	281	1437

Alcohol and Other Drugs

Q8. Within the <i>last 30 days</i>, on how many days did you use:									
-1=Never used, 0=Have used, but not in last 30 days, 1= 1-2 days, 2=3-5 days, 3=6-9 days, 4=10-19 days, 5=20-29 days, 6=All 30 days									
	-1	0	1	2	3	4	5	6	N
Cigarettes	80%	10%	3%	2%	1%	2%	1%	0%	287
Tobacco from water pipe (hookah)	77%	21%	2%	0%	0%	0%	0%	0%	287
Alcohol (beer, wine, liquor)	19%	8%	19%	26%	18%	8%	1%	0%	285
Marijuana (pot, weed, hashish)	65%	19%	6%	4%	2%	3%	0%	0%	284
Cocaine (crack, rock, freebase)	94%	5%	1%	0%	0%	0%	0%	0%	283

Q8. Within the <i>last 30 days</i>, on how many days did you use:									
-1=Never used, 0=Have used, but not in last 30 days, 1= 1-2 days, 2=3-5 days, 3=6-9 days, 4=10-19 days, 5=20-29 days, 6=All 30 days									
	-1	0	1	2	3	4	5	6	N
Methamphetamine (crystal meth, ice, crank)	99%	1%	0%	0%	0%	0%	0%	0%	285
Other amphetamines (diet pills, bennies)	98%	1%	0%	0%	0%	0%	0%	0%	286
Prescription stimulants (Adderall, Ritalin-not prescribed to you, or not used as prescribed)	91%	5%	3%	0%	0%	0%	0%	0%	286
Sedatives (downers, ludes)	99%	1%	0%	0%	0%	0%	0%	0%	286
Opiates (oxycodone, heroin, smack)	98%	1%	1%	0%	0%	0%	0%	0%	286
Inhalants (whippets, glue, solvents,)	95%	4%	1%	0%	0%	0%	0%	0%	284
Anabolic steroids (testosterone)	99%	1%	0%	0%	0%	0%	0%	0%	286
Hallucinogens (magic mushrooms, LSD, PCP)	95%	3%	1%	0%	0%	0%	0%	0%	286
MDMA (ecstasy)	95%	4%	0%	0%	0%	0%	0%	0%	286
Other drugs (special K, ketamine, GHB, rohypnol, peyote)	98%	2%	0%	0%	0%	0%	0%	0%	286
Smokeless tobacco	91%	7%	1%	0%	0%	0%	0%	0%	283

Q9. Within the <i>last 12 months</i>, have you taken any of the following prescription medications that were <i>not</i> prescribed to you?			
	No	Yes	N
Antidepressants (e.g. Prozac, Celexa)	99%	1%	287
Painkillers (e.g. Oxycontin, Percocet)	98%	2%	287
Sedatives (e.g. Klonopin, Xanax, Lorazepam)	98%	2%	285
Stimulants (e.g. Adderall, Ritalin)	94%	6%	285

Q10. Within the <i>last 12 months</i>, did you:				
-1=NA/Don't drink, 0=No, 1=Yes				
	-1	0	1	N
Drive after drinking any alcohol at all	31%	64%	5%	286
Drive after having 5 or more drinks	34%	66%	0%	286

Q11. The last time you 'partied'/socialized, how many alcoholic drinks did you have? State your best estimate. (Average excludes 'Non-Drinker')																
0=0, 1=1, ... 11=11, 12=12 or more																
Overall Average	0	1	2	3	4	5	6	7	8	9	10	11	12	N	N Non- Drinker	N Total
4.0	7%	7%	17%	16%	19%	10%	9%	4%	6%	0%	2%	0%	3%	230	56	286

Q12. The last time you 'partied'/socialized, over how many hours did you drink alcohol? (Average excludes 'Did not drink')												
1=1 ... 8=8												
Overall Average	1	2	3	4	5	6	7	8	N	N Non-Drinker	N Total	
3.2	9%	24%	25%	27%	9%	4%	1%	0%	213	72	285	

Q13. How many alcoholic drinks do you think the typical student at your school had the last time he/she 'partied'/socialized? (Average excludes 'Non-drinker')														
0=0, 1=1 ... 10=10														
Overall Average	0	1	2	3	4	5	6	7	8	9	10	N	N Non-Drinker	N Total
4.2	0%	3%	10%	24%	24%	24%	7%	3%	4%	0%	1%	272	11	283

Q14. Think about the last time you participated in pre-gaming prior to attending a later event or social activity. How many alcoholic drinks did you have while pre-gaming? (Average excludes 'Non-Drinker')																
0=0 1=1, ... 11=11, 12=12 or more																
Overall Average	0	1	2	3	4	5	6	7	8	9	10	11	12	N	N Non-Drinker	N Total
2.0	35%	9%	19%	17%	9%	5%	3%	1%	0%	0%	0%	0%	1%	232	52	284

Q15. How would you describe yourself as a drinker?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Abstainer or non-drinker	69	24.73	69	24.73
Light drinker	109	39.07	178	63.80
Moderate drinker	92	32.97	270	96.77
Heavy drinker	9	3.23	279	100.00

Q16. During the <u>last 12 months</u>, when you 'partied'/socialized, how often did you... (Average excludes 'NA/Don't drink')										
1=Never 2=Rarely 3=Sometimes 4=Most of the time 5=Always										
	Overall Average	1	2	3	4	5	N	N NA/Don't drink	N Total	
Eat before and/or during drinking	4.0	0%	5%	18%	44%	33%	216	62	278	
Keep track of how many drinks you were having	3.8	6%	6%	21%	37%	30%	216	62	278	
Determine in advance not to exceed a set number of drinks	3.1	15%	15%	29%	28%	13%	213	65	278	
Choose not to drink alcohol	2.9	4%	16%	63%	17%	1%	218	60	278	

Q16. During the <i>last 12 months</i>, when you 'partied'/socialized, how often did you... (Average excludes 'NA/Don't drink')									
1=Never 2=Rarely 3=Sometimes 4=Most of the time 5=Always									
	Overall Average	1	2	3	4	5	N	N NA/Don't drink	N Total
Alternate non-alcoholic with alcoholic beverages	2.8	14%	25%	35%	21%	6%	211	67	278
Pace your drinks to 1 or fewer per hour	2.6	18%	28%	34%	13%	7%	215	63	278
Avoid drinking games	2.6	17%	31%	31%	11%	8%	213	64	277
Have a friend let you know when you've had enough	2.5	30%	24%	21%	12%	13%	203	75	278
Drink an alcoholic look-alike (non-alcoholic beer, punch etc.)	1.9	49%	21%	25%	3%	1%	210	67	277

Q17. In the <i>last 12 months</i>, have any of the following ever happened to you as a result of <i>someone else's</i> drinking?					
	No	Yes, Once	Occasionally	Frequently	N
Had your studying interrupted	59%	16%	23%	2%	279
Had your property mistreated or damaged	76%	11%	13%	0%	279
Had to watch over someone who had been drinking	39%	23%	36%	2%	279

Sexual Health

Q18. In the <i>last 12 months</i>, with how many partners, if any, have you had sex (oral, vaginal, or anal)?												
-1=Have never been sexually active, 0=0, 1=1, ... 10=10												
-1	0	1	2	3	4	5	6	7	8	9	10	N
24%	4%	38%	9%	8%	5%	4%	3%	1%	2%	0%	2%	263

Q19. Within the <i>last 30 days</i>, how often did you or your partner(s) use a barrier (i.e., male condom, female condom, dental dam, glove) to protect from sexually transmitted infections &/or pregnancy during:								
-1=NA/Never did this sexual activity, 0=Have not done this sexual activity in the last 30 days, 1=Never, 2=Rarely, 3=Sometimes, 4=Most of the time, 5=Always								
	-1	0	1	2	3	4	5	N
Oral sex	32%	17%	44%	3%	2%	1%	2%	266
Vaginal intercourse	36%	17%	11%	2%	5%	8%	22%	266
Anal intercourse	76%	16%	4%	1%	0%	1%	2%	262

Q20. Within the <i>last 12 months</i>, have you ...			
	No	Yes	N
Been tested for sexually transmitted infections	74%	26%	267
Been pressured to be sexually active	90%	10%	268
Been pressured to NOT use protection/condoms	96%	4%	268
Been diagnosed with a sexually transmitted infection	99%	1%	268
Had a partner tamper with your method of protection/contraception	99%	1%	268

Q21. If you have had vaginal intercourse, what methods did you or your partner use to prevent pregnancy the last time? Check all that apply.			
	No	Yes	N
Condoms (male or female)	53%	47%	287
Birth control pills	64%	36%	287
Have not had vaginal intercourse	75%	25%	287
Withdrawal	88%	12%	287
Plan B/emergency contraception	95%	5%	287
IUD (Mirena or Paragard)	97%	3%	287
Fertility awareness (calendar, mucous, basal body temperature)	98%	2%	287
Nothing	99%	1%	287
Nexplanon	100%	0%	287

Q21. If you have had vaginal intercourse, what methods did you or your partner use to prevent pregnancy the last time? Check all that apply.			
	No	Yes	N
Other method	100%	0%	287
Depo Provera (shots)	100%	0%	287
Diaphragm/Cervical cap/Sponge	100%	0%	287
Spermicide (e.g. foam)	100%	0%	287
Vaginal ring	100%	0%	287

Q22. Have you had the human papillomavirus (HPV) vaccine partial or full series?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Not sure	40	14.98	40	14.98
No	78	29.21	118	44.19
Yes	149	55.81	267	100.00

Weight, Exercise, and Nutrition

Q23. How do you describe your weight?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Very underweight	1	0.37	1	0.37
Slightly underweight	26	9.70	27	10.07
About the right weight	184	68.66	211	78.73
Slightly overweight	52	19.40	263	98.13
Very overweight	5	1.87	268	100.00

Q24. Are you trying to do any of the following about your weight?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Not trying to do anything about my weight	65	24.34	65	24.34
Stay the same weight	67	25.09	132	49.44
Lose weight	110	41.20	242	90.64
Gain weight	25	9.36	267	100.00

Q25. Within the <u>last 30 days</u>, did you do any of the following? Check all that apply.			
	No	Yes	N
Exercise to lose weight	50%	50%	287
Diet to lose weight	67%	33%	287
I didn't do any of the above	67%	33%	287
Vomit or take laxatives to lose weight	98%	2%	287
Take diet pills to lose weight	99%	1%	287
Other method to lose weight	99%	1%	287

Q26. In the <u>past 7 days</u>, how often did you get cardio exercise for 20 minutes or more causing a noticeable increase in your heart rate?									
0=0 days, 1=1, ... 7= 7 days									
Overall Average	0	1	2	3	4	5	6	7	N
3.1	13%	10%	18%	21%	12%	10%	8%	8%	267

Q27. How many servings of fruits and vegetables do you usually have per day?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
0 servings per day	6	2.24	6	2.24
1-2 servings per day	113	42.16	119	44.40
3-4 servings per day	120	44.78	239	89.18
5 or more servings per day	29	10.82	268	100.00

Mental Health

Q28. Within the <u>last 12 months</u>, have you been diagnosed or treated by a professional for... (Check all that apply)			
	No	Yes	N
Anxiety	89%	11%	287
Depression	92%	8%	287
ADHD	95%	5%	287
Panic Attacks	95%	5%	287
Disordered eating	97%	3%	287
Insomnia or other sleep disorder	98%	2%	287
Obsessive compulsive disorder	98%	2%	287
Other mental health disorder	98%	2%	287
Bipolar illness	99%	1%	287
Substance abuse or addiction	99%	1%	287
Other addiction (gambling, internet, sexual, pornography)	100%	0%	287

Q29. Have you ever been diagnosed with depression?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
No	239	89.51	239	89.51
Yes	28	10.49	267	100.00

Q30. Are you currently taking a prescription medication for a mental health concern?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
No	250	93.98	250	93.98
Yes	16	6.02	266	100.00

Q31. Within the <i>last 12 months</i>, have you seen a mental health counselor?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
No	191	71.80	191	71.80
Yes	75	28.20	266	100.00

Q32. On <i>average</i>, how many hours of sleep do you get a <i>night</i>?							
4=4 hours, ... 9=9 hours							
Overall Average	4	5	6	7	8	9	N
6.8	2%	9%	21%	42%	24%	2%	266

Q33. In the <i>past seven days</i>, how much of a problem have you had with daytime sleepiness?						
1=No problem at all, 2=A little problem, 3=More than a little problem, 4=A big problem, 5=A very big problem						
Overall Average	1	2	3	4	5	N
2.3	12%	54%	23%	8%	3%	266

Your Health and Your Academic Performance

Q34. Within the <i>last 12 months</i>, have any of the following affected your academic performance? Please select the most serious outcome for each item.						
0=This did not happen to me/NA, 1=Experienced but my academics were not affected, 2=Received lower grade on exam or important project, 3=Received lower grade course, 4=Received incomplete or dropped course						
	0	1	2	3	4	N
Stress	26%	42%	20%	8%	3%	259
Internet social network sites (Facebook, MySpace, YouTube)	41%	48%	10%	2%	0%	258
Sleep difficulties	48%	29%	19%	3%	2%	258
Alcohol use	50%	47%	3%	0%	0%	258
Computer games/internet use	55%	34%	7%	4%	0%	256
Anxiety	60%	21%	13%	5%	2%	257
Relationship difficulty: romantic/roommate/family	60%	25%	9%	4%	1%	259
Concern for a troubled friend or family member	65%	25%	6%	3%	0%	257
Depression	77%	11%	5%	5%	2%	257
Financial concerns	78%	18%	3%	1%	0%	257
Drug use	91%	7%	1%	0%	0%	256
Eating disorder/concern	91%	8%	1%	0%	1%	255
ADHD	93%	3%	3%	1%	0%	257
Chronic illness	93%	5%	0%	0%	1%	255
Discrimination against sexual orientation, race, gender	93%	6%	0%	0%	0%	256
Assault (physical or sexual)	95%	2%	0%	1%	2%	256
Harassment	96%	3%	0%	0%	0%	256
Hazing	98%	2%	0%	0%	0%	253
Gambling	99%	1%	0%	0%	0%	257

Q34. Within the <i>last 12 months</i>, have any of the following affected your academic performance? Please select the most serious outcome for each item.							
0=This did not happen to me/NA, 1=Experienced but my academics were not affected, 2=Received lower grade on exam or important project, 3=Received lower grade course, 4=Received incomplete or dropped course							
	0	1	2	3	4	N	
Q35. My professors are accommodating and understanding of my ...							
0=NA/I have not had this health concern, 1=Strongly disagree, 2=Disagree, 3=Neutral, 4=Agree, 5=Strongly agree							
	0	1	2	3	4	5	N
Acute health concern	83%	1%	2%	4%	8%	2%	260
Chronic health concern	91%	1%	0%	4%	4%	0%	261
Physical disability	96%	1%	1%	2%	1%	0%	261
Learning disability	91%	1%	1%	3%	2%	2%	261

Dartmouth Student Life

Q36. Overall, how satisfied have you been with each of the following at Dartmouth?							
1=Very dissatisfied, 2=Dissatisfied, 3=Neutral, 4=Satisfied, 5=Very satisfied							
	Overall Average	1	2	3	4	5	N
Your academic life	3.9	1%	7%	20%	43%	29%	261
Your connection to a community at Dartmouth	3.8	3%	10%	20%	42%	26%	263
Your social life	3.8	1%	11%	21%	42%	24%	262
Your residential life	3.7	4%	10%	21%	41%	24%	262

Q37. Is your academic performance better or worse than you expected?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Worse	79	30.38	79	30.38
As good as expected	149	57.31	228	87.69
Better	32	12.31	260	100.00

Q38. I am working as hard as I can on my academics.						
1=Strongly disagree, 2=Disagree, 3=Neither Agree nor Disagree, 4=Agree, 5=Strongly agree						
Overall Average	1	2	3	4	5	N
3.7	3%	13%	17%	45%	22%	262

Q39. How old are you?												
16=16, 17=17, ... 25=25, 26=26 or older												
Overall Average	16	17	18	19	20	21	22	23	24	25	26	N
20.1	0%	0%	12%	24%	24%	26%	11%	2%	1%	0%	0%	263

Q40. What is your gender identity? Check all that apply.			
	No	Yes	N
Woman	52%	48%	287
Man	57%	43%	287
Queer	98%	2%	287
Transgender	100%	0%	287

Q40_text. What is your gender identity? Check all that apply.
Queer-TEXT
Winkte (Lakota two spirit)
Trans*, Transguy, Two-Spirit
Gender nonconforming

Q41. What is your sexual orientation?			
	No	Yes	N
Heterosexual	18%	82%	287
Bisexual	96%	4%	287
Queer	97%	3%	287
Gay	98%	2%	287
Unsure/questioning	98%	2%	287
Lesbian	100%	0%	287

2014 Dartmouth Health Survey Results

Q42. What is your height in inches?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
56 inches	2	0.77	2	0.77
57	3	1.15	5	1.92
58	1	0.38	6	2.31
59	3	1.15	9	3.46
60	6	2.31	15	5.77
61	7	2.69	22	8.46
62	20	7.69	42	16.15
63	20	7.69	62	23.85
64	20	7.69	82	31.54
65	22	8.46	104	40.00
66	14	5.38	118	45.38
67	20	7.69	138	53.08
68	23	8.85	161	61.92
69	16	6.15	177	68.08
70	19	7.31	196	75.38
71	16	6.15	212	81.54
72	13	5.00	225	86.54
73	12	4.62	237	91.15
74	12	4.62	249	95.77
75	4	1.54	253	97.31
76	4	1.54	257	98.85
77	1	0.38	258	99.23
78	1	0.38	259	99.62
80	1	0.38	260	100.00
Mean =67 inch				

2014 Dartmouth Health Survey Results

Q43. What is your weight in pounds?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
100	5	1.94	5	1.94
103	2	0.78	7	2.71
105	5	1.94	12	4.65
107	1	0.39	13	5.04
109	1	0.39	14	5.43
110	6	2.33	20	7.75
112	1	0.39	21	8.14
113	2	0.78	23	8.91
115	2	0.78	25	9.69
116	1	0.39	26	10.08
117	2	0.78	28	10.85
118	2	0.78	30	11.63
119	3	1.16	33	12.79
120	16	6.20	49	18.99
121	1	0.39	50	19.38
122	2	0.78	52	20.16
123	3	1.16	55	21.32
125	7	2.71	62	24.03
126	1	0.39	63	24.42
127	2	0.78	65	25.19
128	1	0.39	66	25.58
130	9	3.49	75	29.07
132	3	1.16	78	30.23
132.3	1	0.39	79	30.62
133	2	0.78	81	31.40
134	1	0.39	82	31.78
135	12	4.65	94	36.43
136	1	0.39	95	36.82

2014 Dartmouth Health Survey Results

Q43. What is your weight in pounds?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
138	2	0.78	97	37.60
140	12	4.65	109	42.25
141	1	0.39	110	42.64
142	1	0.39	111	43.02
143	2	0.78	113	43.80
145	15	5.81	128	49.61
148	1	0.39	129	50.00
149	1	0.39	130	50.39
150	19	7.36	149	57.75
150?	1	0.39	150	58.14
151	1	0.39	151	58.53
151.2	1	0.39	152	58.91
152	2	0.78	154	59.69
153	1	0.39	155	60.08
154	1	0.39	156	60.47
155	13	5.04	169	65.50
157	2	0.78	171	66.28
158	1	0.39	172	66.67
159	1	0.39	173	67.05
160	10	3.88	183	70.93
160-165	1	0.39	184	71.32
163	3	1.16	187	72.48
165	4	1.55	191	74.03
167	1	0.39	192	74.42
168	1	0.39	193	74.81
169	1	0.39	194	75.19
170	12	4.65	206	79.84
171	1	0.39	207	80.23

2014 Dartmouth Health Survey Results

Q43. What is your weight in pounds?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
172	1	0.39	208	80.62
173	1	0.39	209	81.01
175	7	2.71	216	83.72
177	1	0.39	217	84.11
178	2	0.78	219	84.88
180	7	2.71	226	87.60
181	1	0.39	227	87.98
184	1	0.39	228	88.37
185	8	3.10	236	91.47
187	1	0.39	237	91.86
188	2	0.78	239	92.64
190	4	1.55	243	94.19
195	1	0.39	244	94.57
198	1	0.39	245	94.96
199	1	0.39	246	95.35
200	2	0.78	248	96.12
206	1	0.39	249	96.51
208	2	0.78	251	97.29
210	1	0.39	252	97.67
215	1	0.39	253	98.06
230	2	0.78	255	98.84
240	1	0.39	256	99.22
245	1	0.39	257	99.61
~200	1	0.39	258	100.00
Average weight is about 149 pounds				

Q44. Do you have any of the following disabilities?			
	No	Yes	N
Learning disability	94%	6%	263
Other disability	97%	3%	262
Deaf/hard of hearing	98%	2%	263
Mobility/dexterity disability	98%	2%	262
Partially sighted/blind	98%	2%	263
Speech or language disorder	100%	0%	263

Q45. How many hours a week do you work for pay?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
0 hours	132	50.19	132	50.19
Less than 2 hours	8	3.04	140	53.23
2 to 4 hours	26	9.89	166	63.12
5 to 10 hours	68	25.86	234	88.97
11 to 15 hours	19	7.22	253	96.20
16 to 20 hours	6	2.28	259	98.48
More than 20 hours	4	1.52	263	100.00

Q46. How often do you volunteer or engage in community service?				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Never	22	8.43	22	8.43
Once a year	24	9.20	46	17.62
2-3 times a year	117	44.83	163	62.45
Monthly	38	14.56	201	77.01
Every other week	15	5.75	216	82.76
Weekly	36	13.79	252	96.55
More than once a week	9	3.45	261	100.00

Appendix B:
Year-by-Year Summary for Dartmouth Health Survey

General Health

Q1. Considering your age, how would you describe your general health?							
Survey Year	Overall Average	Poor	Fair	Average	Very good	Excellent	N
2014	3.9	1%	5%	25%	46%	25%	1549
2012	3.9	1%	4%	25%	49%	21%	362
2010	3.8	1%	5%	27%	47%	20%	520
2008	3.8	1%	5%	28%	43%	23%	678
2005	3.9	1%	5%	24%	46%	24%	530

Health Information

Q2. Do you have a chronic health condition?			
Survey Year	No	Yes	N
2014	86%	14%	1549
2012	86%	14%	362
2010	87%	13%	518
2008	87%	13%	679

Personal Safety including Sexual, Physical and Relationship Violence

Q3. I feel safe at Dartmouth.							
Survey Year	Overall Average	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree	N
2014	4.3	1%	2%	7%	42%	47%	1474
2012	4.3	1%	3%	5%	50%	41%	341
2010	4.4	2%	2%	2%	42%	52%	514

2014 Dartmouth Health Survey Results

Q4. Within the <i>last 12 months</i>, were you ...?				
	Survey Year	No	Yes	N
in a physical fight	2014	97%	3%	1465
	2012	98%	2%	370
	2010	97%	3%	536
	2008	96%	4%	681
	2005	95%	5%	528
physically assaulted (do not include sexual assault)	2014	98%	2%	1464
	2012	97%	3%	368
	2010	97%	3%	531
	2008	98%	2%	675
	2005	97%	3%	528
verbally threatened	2014	91%	9%	1465
verbally threatened for sex against your will	2012	97%	3%	370
	2010	98%	2%	534
	2008	98%	2%	680
	2005	96%	4%	529
sexually touched without your consent	2014	92%	8%	1463
	2012	86%	14%	370
	2010	89%	11%	534
	2008	91%	9%	680
	2005	91%	9%	528
sexually penetrated (vaginal, anal, oral) without your consent	2014	98%	2%	1462
	2012	96%	4%	365
	2010	98%	2%	529
	2008	99%	1%	673
	2005	99%	1%	527
sexual penetration attempted (vaginal, anal, oral) without your consent	2014	98%	2%	1462
	2012	95%	5%	369
	2010	96%	4%	532
	2008	97%	3%	678
	2005	97%	3%	529
a victim of stalking (e.g., waiting for you outside your classroom, residence)	2014	97%	3%	1463
	2012	95%	5%	368

2014 Dartmouth Health Survey Results

Q4. Within the <i>last 12 months</i>, were you ...?				
	Survey Year	No	Yes	N
Hazed (activity expected of someone joining a group that humiliates, degrades)	2014	97%	3%	1460
	2012	96%	4%	365

Q5. Within the <i>last 12 months</i>, have you been in a relationship that was...?				
	Survey Year	No	Yes	N
Emotionally abusive (e.g. called derogatory names, yelled at, ridiculed)	2014	94%	6%	1457
	2012	93%	7%	370
	2010	95%	5%	535
	2008	94%	6%	679
	2005	89%	11%	530
Physically abusive (e.g. kicked, slapped, punched)	2014	99%	1%	1456
	2012	99%	1%	370
	2010	100%	0%	532
	2008	100%	0%	681
	2005	99%	1%	529
Sexually abusive (e.g. forced to have sex when you didn't want it, forced to perform or have an unwanted sexual act performed on you)	2014	99%	1%	1454
	2012	98%	2%	366
	2010	98%	2%	533
	2008	100%	0%	675
	2005	98%	2%	530

Q6. Think back over the <i>last two weeks</i>. How many times, if any, have you had five or more alcoholic drinks at a sitting?												
-1=Non-Drinker, 0=0 times, 1=1, ... 8=8, 9=9+ times												
Survey Year	-1	0	1	2	3	4	5	6	7	8	9	N
2014	16%	35%	19%	12%	7%	5%	2%	2%	1%	0%	1%	1238
2012	20%	44%	15%	10%	4%	2%	3%	1%	0%	0%	1%	364
2010	16%	43%	14%	11%	6%	3%	2%	2%	1%	0%	1%	527
2008	15%	40%	17%	10%	6%	6%	2%	2%	1%	0%	0%	673
2005		54%	15%	13%	6%	6%	2%	2%	1%	0%	0%	524

Q7. Within the <i>last 12 months</i>, have you experienced any of the following when drinking alcohol? (Percent excludes NA/Don't drink)				
	Survey Year	No	Yes	N
Physically injured yourself	2014	86%	14%	1157
	2012	86%	14%	285
	2010	81%	19%	428
	2008	84%	16%	548
	2005	81%	19%	443
Been involved in a fight	2014	97%	3%	1155
	2012	97%	3%	284
	2010	95%	5%	427
	2008	97%	3%	545
	2005	97%	3%	445
Did something you later regretted	2014	66%	34%	1156
	2012	64%	36%	286
	2010	56%	44%	429
	2008	62%	38%	550
	2005	62%	38%	445
Forgot where you were or what you did	2014	72%	28%	1159
	2012	67%	33%	285
	2010	64%	36%	428
	2008	66%	34%	543
	2005	67%	33%	443
Someone had sex with me without my consent	2014	97%	3%	1155
	2012	93%	7%	285
	2010	97%	3%	429
	2008	99%	1%	548
	2005	99%	1%	444
Had sex with someone without their consent	2014	99%	1%	1156
	2012	100%	0%	284
	2010	99%	1%	426
Had unprotected sex	2014	88%	12%	1153
	2012	83%	17%	284
	2010	88%	12%	427
	2008	92%	8%	546
	2005	94%	6%	442

Q7. Within the <i>last 12 months</i>, have you experienced any of the following when drinking alcohol? (Percent excludes NA/Don't drink)				
	Survey Year	No	Yes	N
Been in trouble with the police, residence hall or other college authority	2014	96%	4%	1157
	2012	98%	2%	286
	2010	96%	4%	425
Thought you might have a drinking problem	2014	93%	7%	1156
	2012	94%	6%	282
	2010	92%	8%	425

Alcohol and Other Drugs

Q8. Within the <i>last 30 days</i>, on how many days did you use:										
-1=Never used 0=Have used, but not in last 30 days 1= 1-2 days 2=3-5 days 3=6-9 days 4=10-19 days 5=20-29 days 6=All 30 days										
	Survey Year	-1	0	1	2	3	4	5	6	N
Cigarettes	2014	80%	10%	3%	2%	1%	2%	1%	0%	287
	2012	77%	15%	5%	1%	1%	0%	1%	0%	368
	2008	77%	13%	5%	2%	1%	2%	1%	1%	680
	2005	72%	14%	5%	2%	2%	1%	2%	2%	528
Tobacco from water pipe (hookah)	2014	77%	21%	2%	0%	0%	0%	0%	0%	287
	2012	74%	22%	4%	0%	0%	0%	0%	0%	366
Smokeless tobacco	2014	91%	7%	1%	0%	0%	0%	0%	0%	283
	2012	88%	5%	2%	1%	2%	1%	0%	0%	360
	2008	91%	3%	3%	1%	1%	1%	0%	0%	670
	2005	91%	5%	2%	1%	1%	0%	1%	0%	519
Alcohol (beer, wine, liquor)	2014	19%	8%	19%	26%	18%	8%	1%	0%	285
	2012	18%	8%	16%	20%	22%	13%	4%	0%	360
	2010	16%	8%	20%	20%	18%	15%	2%	0%	528
	2008	17%	8%	13%	22%	22%	15%	3%	0%	673
	2005	13%	10%	16%	23%	21%	16%	2%	0%	524

Q8. Within the <i>last 30 days</i>, on how many days did you use:										
-1=Never used 0=Have used, but not in last 30 days 1= 1-2 days 2=3-5 days 3=6-9 days 4=10-19 days 5=20-29 days 6=All 30 days										
	Survey Year	-1	0	1	2	3	4	5	6	N
Mana (pot, wearijud, hashish)	2014	65%	19%	6%	4%	2%	3%	0%	0%	284
	2012	59%	18%	14%	4%	2%	2%	0%	1%	367
	2010	62%	20%	8%	5%	2%	2%	1%	0%	531
	2008	65%	18%	8%	4%	3%	1%	1%	0%	672
	2005	62%	20%	9%	3%	2%	2%	2%	1%	525
Cocaine (crack, rock, freebase)	2014	94%	5%	1%	0%	0%	0%	0%	0%	283
	2012	96%	4%	1%	0%	0%	0%	0%	0%	367
	2010	95%	3%	0%	1%	0%	0%	0%	0%	531
	2008	95%	4%	1%	0%	0%	0%	0%	0%	676
	2005	96%	3%	0%	0%	1%	0%	0%	0%	526
Methamphetamine (crystal meth, ice, crank)	2014	99%	1%	0%	0%	0%	0%	0%	0%	285
	2012	99%	1%	0%	0%	0%	0%	0%	0%	368
Other amphetamines (diet pills, bennies)	2014	98%	1%	0%	0%	0%	0%	0%	0%	286
	2012	99%	1%	0%	0%	0%	0%	0%	0%	368
Prescription stimulants (Adderall, Ritalin-not prescribed to you,	2014	91%	5%	3%	0%	0%	0%	0%	0%	286
	2012	93%	4%	2%	0%	1%	0%	0%	0%	368
Sedatives (downers, ludes)	2014	99%	1%	0%	0%	0%	0%	0%	0%	286
	2012	98%	1%	1%	0%	0%	0%	0%	0%	368
Opiates (oxycodone, heroin, smack)	2014	98%	1%	1%	0%	0%	0%	0%	0%	286
	2012	98%	2%	0%	0%	0%	0%	0%	0%	368
Inhalants (whippets, glue, solvents,)	2014	95%	4%	1%	0%	0%	0%	0%	0%	284
	2012	92%	6%	2%	0%	0%	0%	0%	0%	367
Anabolic steroids (testosterone)	2014	99%	1%	0%	0%	0%	0%	0%	0%	286
	2012	99%	1%	0%	0%	0%	0%	0%	0%	366
	2010	100%	0%	0%	0%	0%	0%	0%	0%	527
Hallucinogens (magic mushrooms, LSD, PCP)	2014	95%	3%	1%	0%	0%	0%	0%	0%	286
	2012	94%	5%	1%	0%	0%	0%	0%	0%	366
	2010	95%	4%	1%	0%	0%	0%	0%	0%	531
MDMA (ecstasy)	2014	95%	4%	0%	0%	0%	0%	0%	0%	286
	2012	94%	5%	1%	0%	0%	0%	0%	0%	367

Q8. Within the <i>last 30 days</i>, on how many days did you use:										
-1=Never used 0=Have used, but not in last 30 days 1= 1-2 days 2=3-5 days 3=6-9 days 4=10-19 days 5=20-29 days 6=All 30 days										
	Survey Year	-1	0	1	2	3	4	5	6	N
Other drugs (special K, ketamine, GHB, rohypnol, peyote)	2014	98%	2%	0%	0%	0%	0%	0%	0%	286
	2012	99%	1%	0%	0%	0%	0%	0%	0%	364
	2008	93%	4%	2%	0%	0%	0%	0%	1%	671
	2005	93%	5%	1%	0%	0%	0%	0%	0%	516

Q9. Within the <i>last 12 months</i>, have you taken any of the following prescription medications that were not prescribed to you?				
	Survey Year	No	Yes	N
Antidepressants (e.g. Prozac, Celexa)	2014	99%	1%	287
	2012	99%	1%	368
	2010	100%	0%	529
Painkillers (e.g. OxyContin, Percocet)	2014	98%	2%	287
	2012	98%	2%	367
	2010	96%	4%	532
Sedatives (e.g. Klonopin, Xanax, Lorazepam)	2014	98%	2%	285
	2012	98%	2%	357
	2010	98%	2%	531
Stimulants (e.g. Adderall, Ritalin)	2014	94%	6%	285
	2010	93%	7%	523

Q10. Within the <i>last 12 months</i>, did you:					
	Survey Year	NA Don't drink	No	Yes	N
Drive after drinking any alcohol at all	2014	31%	64%	5%	286
	2012	28%	68%	4%	369
	2010	28%	60%	11%	534
	2008	26%	69%	5%	672
	2005	35%	51%	14%	530

Q10. Within the <u>last 12 months</u>, did you:					
	Survey Year	NA Don't drink	No	Yes	N
Drive after having 5 or more drinks	2014	34%	66%	0%	286
	2012	31%	69%	0%	368
	2010	32%	67%	1%	534
	2008	27%	73%	1%	670
	2005	35%	63%	1%	526

Q11. The last time you 'partied'/socialized, how many alcoholic drinks did you have? State your best estimate. ('Non-Drinker' was excluded)															
0=0, 1=1, ... 11=11, 12=12 or more															
Survey Year	Overall Average	0	1	2	3	4	5	6	7	8	9	10	11	12	N
2014	4.0	7%	7%	17%	16%	19%	10%	9%	4%	6%	0%	2%	0%	3%	230
2012	3.8	9%	12%	16%	18%	13%	11%	8%	3%	5%	1%	2%	1%	3%	293
2010	4.4	7%	12%	12%	12%	16%	12%	6%	8%	3%	2%	4%	1%	5%	451
2008	4.4	6%	9%	14%	15%	13%	11%	10%	5%	4%	2%	5%	0%	4%	575
2005	4.6	17%	6%	12%	11%	10%	9%	8%	7%	5%	2%	6%	0%	8%	527

Q12. The last time you 'partied'/socialized, over how many hours did you drink alcohol? ('Did not drink' was excluded)												
1=1 ... 9=9, 10=10 or more hours												
Survey Year	Overall Average	1	2	3	4	5	6	7	8	9	10	N
2014	3.2	9%	24%	25%	27%	9%	4%	1%	0%	0%	0%	213
2012	3.3	14%	22%	24%	21%	11%	4%	1%	2%	0%	1%	269
2010	3.4	13%	20%	23%	19%	16%	6%	1%	1%	0%	1%	418
2005	3.5	12%	20%	25%	16%	14%	9%	1%	2%	0%	1%	440

Q13. How many alcoholic drinks do you think the typical student at your school had the last time he/she 'partied'/socialized? ('Non-drinker' was excluded)

0=0, 1=1 ... 11=11, 12=12 or more

Survey Year	Overall Average	0	1	2	3	4	5	6	7	8	9	10	11	12	N
2014	4.2	0%	3%	10%	24%	24%	24%	7%	3%	4%	0%	1%	0%	0%	272
2012	4.5	0%	1%	7%	23%	24%	22%	10%	6%	3%	0%	1%	0%	1%	338
2010	4.7	0%	1%	7%	18%	21%	23%	16%	6%	4%	2%	1%	0%	0%	509
2008	5.1	0%	0%	5%	14%	23%	23%	15%	8%	5%	2%	2%	0%	1%	662
2005	5.5	2%	1%	2%	10%	20%	25%	15%	7%	10%	1%	5%	0%	2%	526

Q14. Think about the last time you participated in pre-gaming prior to attending a later event or social activity. How many alcoholic drinks did you have while pre-gaming?

('Non-Drinker' was excluded)

0=0, 1=1 ... 11=11, 12=12 or more

Survey Year	Overall Average	0	1	2	3	4	5	6	7	8	10	12	N
2014	2.0	35%	9%	19%	17%	9%	5%	3%	1%	0%	0%	1%	232
2012	2.2	19%	15%	31%	17%	10%	3%	2%	0%	0%	1%	1%	289
2010	2.2	19%	13%	28%	22%	11%	4%	2%	1%	0%	0%	0%	440
2008	2.3	18%	12%	27%	24%	11%	5%	3%	0%	1%	0%	0%	567

Q15. How would you describe yourself as a drinker?

Survey Year	Abstainer or non-drinker	Light drinker	Moderate drinker	Heavy drinker	N
2014	25%	39%	33%	3%	279
2012	22%	42%	33%	3%	366
2010	20%	40%	36%	5%	532
2008	18%	40%	38%	4%	677

Q16. During the <i>last 12 months</i> , when you 'partied'/socialized, how often did you... ('NA/Don't drink' was excluded)								
1=Never 2=Rarely 3=Sometimes 4=Most of the time 5=Always								
	Survey Year	Overall Average	1	2	3	4	5	N
Alternate non-alcoholic with alcoholic beverages	2014	2.8	14%	25%	35%	21%	6%	211
	2012	2.8	15%	22%	38%	19%	6%	281
	2010	2.6	20%	28%	30%	16%	6%	431
	2008	2.7	15%	30%	33%	16%	6%	548
	2005	2.7	16%	29%	33%	16%	6%	443
Determine in advance not to exceed a set number of drinks	2014	3.1	15%	15%	29%	28%	13%	213
	2012	2.8	22%	19%	28%	20%	12%	281
	2010	2.7	24%	22%	24%	18%	12%	430
	2008	2.7	24%	22%	27%	18%	9%	551
	2005	2.7	24%	23%	21%	21%	10%	443

Q16. During the <i>last 12 months</i> , when you 'partied'/socialized, how often did you... ('NA/Don't drink' was excluded)								
1=Never 2=Rarely 3=Sometimes 4=Most of the time 5=Always								
	Survey Year	Overall Average	1	2	3	4	5	N
Choose not to drink alcohol	2014	2.9	4%	16%	63%	17%	1%	218
	2012	3.0	4%	12%	64%	18%	2%	289
	2010	2.9	6%	19%	53%	19%	3%	440
	2008	2.9	7%	16%	59%	16%	2%	562
	2005	3.0	4%	16%	57%	20%	4%	464
Eat before and/or during drinking	2014	4.0	0%	5%	18%	44%	33%	216
	2012	4.1	1%	2%	18%	46%	33%	282
	2010	4.1	1%	4%	16%	42%	36%	432
	2008	4.0	1%	3%	18%	47%	31%	549
	2005	4.1	1%	2%	18%	41%	39%	448
Have a friend let you know when you've had enough	2014	2.5	30%	24%	21%	12%	13%	203
	2012	2.5	30%	25%	20%	17%	8%	263
	2010	2.6	30%	18%	23%	16%	12%	401
	2008	2.4	34%	22%	20%	14%	9%	500
	2005	2.4	36%	22%	20%	12%	9%	435
Keep track of how many drinks you were having	2014	3.8	6%	6%	21%	37%	30%	216
	2012	3.7	7%	12%	18%	28%	34%	282
	2010	3.7	5%	13%	19%	30%	33%	431
	2008	3.7	7%	12%	21%	31%	29%	552
	2005	3.7	7%	10%	19%	30%	34%	443
Pace your drinks to 1 or fewer per hour	2014	2.6	18%	28%	34%	13%	7%	215
	2012	2.5	24%	29%	29%	15%	4%	283
	2010	2.4	25%	34%	23%	12%	6%	430
	2008	2.3	29%	35%	19%	12%	5%	546
	2005	2.4	27%	31%	23%	12%	7%	444
Avoid drinking games	2014	2.6	17%	31%	31%	11%	8%	213
	2012	2.6	20%	30%	26%	16%	8%	287
	2010	2.6	23%	29%	23%	14%	11%	428
	2008	2.5	26%	31%	23%	14%	7%	554
	2005	2.6	25%	28%	26%	11%	11%	450

Q16. During the <i>last 12 months</i>, when you 'partied'/socialized, how often did you... ('NA/Don't drink' was excluded)								
1=Never 2=Rarely 3=Sometimes 4=Most of the time 5=Always								
	Survey Year	Overall Average	1	2	3	4	5	N
Drink an alcoholic look-alike (non-alcoholic beer, punch etc.)	2014	1.9	49%	21%	25%	3%	1%	210
	2012	1.8	45%	27%	25%	1%	1%	278
	2010	1.7	59%	21%	15%	3%	2%	435
	2008	1.7	58%	20%	17%	4%	1%	544
	2005	1.7	57%	19%	18%	4%	2%	449

Q17. In the <i>last 12 months</i>, have any of the following ever happened to you as a result of someone else's drinking?						
	Survey Year	No	Yes, Once	Occasionally	Frequently	N
Had your studying interrupted	2014	59%	16%	23%	2%	279
	2012	46%	18%	31%	5%	365
	2010	48%	15%	29%	8%	528
	2008	44%	22%	31%	3%	674
Had your property mistreated or damaged	2014	76%	11%	13%	0%	279
	2012	74%	16%	9%	1%	365
	2010	71%	14%	13%	2%	528
	2008	74%	15%	10%	1%	674
Had to watch over someone who had been drinking	2014	39%	23%	36%	2%	279
	2012	32%	26%	38%	4%	365
	2010	33%	23%	38%	6%	526
	2008	35%	28%	35%	3%	667

Sexual Health

Q18. In the <u>last 12 months</u>, with how many partners, if any, have you had sex (oral, vaginal, or anal)?													
-1=Have never been sexually active, 0=0, 1=1, ... 10=10													
Survey Year	-1	0	1	2	3	4	5	6	7	8	9	10	N
2014	24%	4%	38%	9%	8%	5%	4%	3%	1%	2%	0%	2%	263
2012	29%	6%	35%	11%	6%	6%	3%	3%	1%	0%	0%	1%	339
2010	28%	11%	32%	13%	8%	3%	1%	1%	1%	1%	0%	1%	521
2008	28%	12%	34%	13%	5%	4%	2%	1%	0%	0%	0%	1%	646
2005*		31%	41%	15%	5%	2%	2%	1%	0%	0%	0%	1%	521

*Different question type: data was recoded.

Q19. Within the <u>last 30 days</u>, how often did you or your partner(s) use a barrier (i.e., male condom, female condom, dental dam, glove) to protect from sexually transmitted infections & or pregnancy during								
	Survey Year	Overall Average	Never	Rarely	Sometimes	Most of the time	Always	N
Oral sex	2014	1.3	86%	6%	4%	1%	3%	136
	2012	1.3	88%	5%	2%	1%	5%	154
	2010	1.2	90%	5%	0%	1%	4%	214
	2008	1.3	90%	3%	2%	1%	4%	265
Vaginal intercourse	2014	3.6	23%	5%	10%	17%	46%	127
	2012	3.9	15%	5%	10%	19%	52%	153
	2010	3.9	15%	4%	10%	20%	50%	208
	2008	3.6	20%	8%	7%	17%	48%	255
Anal intercourse	2014	2.5	52%	10%	0%	10%	29%	21
	2012	3.5	26%	4%	13%	4%	52%	23
	2010	3.0	39%	5%	8%	8%	39%	38
	2008	2.7	51%	6%	3%	0%	40%	35

Q20. Within the <i>last 12 months</i>, have you ...				
	Survey Year	No	Yes	N
Been tested for sexually transmitted infections	2014	74%	26%	267
	2012	75%	25%	359
	2010	79%	21%	524
Been diagnosed with a sexually transmitted infection	2014	99%	1%	268
	2012	99%	1%	359
	2010	98%	2%	520
Been pressured to be sexually active	2014	90%	10%	268
	2012	87%	13%	359
Been pressured to NOT use protection/condoms	2014	96%	4%	268
	2012	93%	7%	359
Had a partner tamper with your method of protection/contraception	2014	99%	1%	268
	2012	100%	0%	357

Q21. If you have had vaginal intercourse, what methods did you or your partner use to prevent pregnancy the last time? Check all that apply.				
	Survey Year	No	Yes	N
Have not had vaginal intercourse	2014	75%	25%	287
	2012	76%	24%	374
	2010	80%	20%	538
	2008	76%	24%	681
	2005	78%	22%	531
Birth control pills	2014	64%	36%	287
	2012	64%	36%	374
	2010	66%	34%	538
	2008	65%	35%	681
	2005	59%	41%	531
Condoms (male or female)	2014	53%	47%	287
	2012	55%	45%	374
	2010	58%	42%	538
	2008	58%	42%	681
	2005	59%	41%	531
	2014	100%	0%	287

Q21. If you have had vaginal intercourse, what methods did you or your partner use to prevent pregnancy the last time? Check all that apply.				
	Survey Year	No	Yes	N
Depo Provera (shots)	2012	100%	0%	374
	2010	100%	0%	538
	2008	100%	0%	681
	2005	100%	0%	531
Diaphragm/Cervical cap/Sponge	2014	100%	0%	287
	2012	100%	0%	374
	2010	100%	0%	538
	2008	100%	0%	681
	2005	100%	0%	531
Fertility awareness (calendar, mucous, basal body temperature)	2014	98%	2%	287
	2012	98%	2%	374
	2010	99%	1%	538
	2008	98%	2%	681
	2005	98%	2%	531
IUD (Mirena or Paragard)	2014	97%	3%	287
	2012	99%	1%	374
	2010	99%	1%	538
Nexplanon	2014	100%	0%	287
Plan B/emergency contraception	2014	95%	5%	287
	2012	95%	5%	374
Spermicide (e.g. foam)	2014	100%	0%	287
	2012	99%	1%	374
	2010	98%	2%	538
	2008	98%	2%	681
	2005	97%	3%	531
Vaginal ring	2014	100%	0%	287
	2012	97%	3%	374
	2010	97%	3%	538
Withdrawal	2014	88%	12%	287
	2012	89%	11%	374
	2010	92%	8%	538

Q21. If you have had vaginal intercourse, what methods did you or your partner use to prevent pregnancy the last time? Check all that apply.				
	Survey Year	No	Yes	N
	2008	94%	6%	681
	2005	91%	9%	531
Nothing	2014	99%	1%	287
	2012	98%	2%	374
	2010	98%	2%	538
	2008	99%	1%	681
Other method	2014	100%	0%	287
	2012	100%	0%	374
	2010	99%	1%	538
	2008	98%	2%	681
	2005	97%	3%	531

Q22. Have you had the human papillomavirus (HPV) vaccine partial or full series?				
Survey Year	Not sure	No	Yes	N
2014	15%	29%	56%	267
2012	9%	34%	57%	348
2010	8%	41%	51%	500

Q23. How do you describe your weight?						
Survey Year	Very underweight	Slightly underweight	About the right weight	Slightly overweight	Very overweight	N
2014	0%	10%	69%	19%	2%	268
2012	1%	8%	68%	23%	1%	364
2010	1%	10%	67%	21%	2%	528
2008	0%	8%	63%	26%	3%	676
2005	1%	10%	61%	26%	2%	527

Q24. Are you trying to do any of the following about your weight?					
Survey Year	Not trying to do anything about my weight	Stay the same weight	Lose weight	Gain weight	N
2014	24%	25%	41%	9%	267
2012	28%	27%	40%	5%	361
2010	22%	28%	44%	7%	528
2008	20%	31%	42%	8%	676
2005	25%	26%	42%	7%	527

Q25. Within the <i>last 30 days</i>, did you do any of the following? Check all that apply.				
	Survey Year	No	Yes	N
Exercise to lose weight	2014	50%	50%	287
	2012	52%	48%	374
	2010	48%	52%	538
	2008	50%	50%	681
	2005	51%	49%	531
Diet to lose weight	2014	67%	33%	287
	2012	67%	33%	374
	2010	66%	34%	538
	2008	69%	31%	681
	2005	71%	29%	531
Vomit or take laxatives to lose weight	2014	98%	2%	287
	2012	97%	3%	374
	2010	97%	3%	538
	2008	97%	3%	681
	2005	96%	4%	531
Take diet pills to lose weight	2014	99%	1%	287
	2012	99%	1%	374
	2010	98%	2%	538
	2008	99%	1%	681
	2005	97%	3%	531
I didn't do any of the above	2014	67%	33%	287

Q25. Within the <i>last 30 days</i>, did you do any of the following? Check all that apply.				
	Survey Year	No	Yes	N
	2012	58%	42%	374
	2010	60%	40%	538
	2008	56%	44%	681
	2005	53%	47%	531
Other method to lose weight	2014	99%	1%	287
	2012	97%	3%	374
	2010	100%	0%	538
	2008	100%	0%	681

Q26. In the <i>past 7 days</i>, how often did you get cardio exercise for 20 minutes or more causing a noticeable increase in your heart rate?										
0=0 days, 1=1 ... 7=7 days										
Survey Year	Overall Average	0	1	2	3	4	5	6	7	N
2014	3.1	13%	10%	18%	21%	12%	10%	8%	8%	267
2012	3.1	14%	12%	17%	15%	13%	11%	11%	6%	361
2010	3.0	16%	12%	16%	18%	13%	8%	11%	6%	527
2005	3.1	16%	11%	14%	19%	11%	11%	12%	6%	525

Q27. How many servings of fruits and vegetables do you usually have per day?					
Survey Year	0 servings per day	1-2 servings per day	3-4 servings per day	5 or more servings per day	N
2014	2%	42%	45%	11%	268
2012	2%	36%	50%	12%	364
2010	1%	46%	42%	11%	527
2005	3%	49%	39%	9%	526

Mental Health

Q28. Within the <u>last 12 months</u>, have you been diagnosed or treated by a professional for... (Check all that apply)				
	Survey Year	No	Yes	N
ADHD	2014	95%	5%	287
	2012	97%	3%	374
	2010	98%	2%	538
Anxiety	2014	89%	11%	287
	2012	91%	9%	374
	2010	91%	9%	538
Bipolar illness	2014	99%	1%	287
	2012	100%	0%	374
	2010	100%	0%	538
Depression	2014	92%	8%	287
	2012	90%	10%	374
	2010	91%	9%	538
Disordered eating	2014	97%	3%	287
	2012	97%	3%	374
	2010	98%	2%	538
Insomnia or other sleep disorder	2014	98%	2%	287
	2012	96%	4%	374
	2010	95%	5%	538
Obsessive compulsive disorder	2014	98%	2%	287
Panic Attacks	2014	95%	5%	287
	2012	99%	1%	374
	2010	97%	3%	538
Substance abuse or addiction	2014	99%	1%	287
	2012	100%	0%	374
	2010	100%	0%	538
Other addiction (gambling, internet, sexual, pornography)	2014	100%	0%	287
	2012	100%	0%	374
	2010	100%	0%	538

Q28. Within the <i>last 12 months</i>, have you been diagnosed or treated by a professional for... (Check all that apply)				
	Survey Year	No	Yes	N
Other mental health disorder	2014	98%	2%	287
	2012	99%	1%	374
	2010	99%	1%	538

Q29. Have you ever been diagnosed with depression?			
Survey Year	No	Yes	N
2014	90%	10%	267
2012	84%	16%	362
2008	88%	12%	670
2005	86%	14%	525

Q30. Are you currently taking a prescription medication for a mental health concern?			
Survey Year	No	Yes	N
2014	94%	6%	266
2012	93%	8%	360
2010	92%	8%	516
2008	96%	4%	665

Q31. Within the <i>last 12 months</i>, have you seen a mental health counselor?			
Survey Year	No	Yes	N
2014	72%	28%	266
2012	75%	25%	362
2010	83%	17%	519

Q32. On average, how many hours of sleep do you get a night?												
Survey Year	Overall Average	0	2	3	4	5	6	7	8	9	10	N
2014	6.8				2%	9%	21%	42%	24%	2%		266
2012	6.9	0%	0%	0%	3%	4%	26%	39%	21%	5%	1%	363
2010	6.8	0%	0%	1%	2%	7%	26%	40%	20%	4%	0%	525
2008	6.7	0%	0%	1%	4%	11%	23%	39%	19%	3%	1%	672

Q33. In the <i>past seven days</i>, how much of a problem have you had with daytime sleepiness?							
Survey Year	Overall Average	No problem at all	A little problem	More than a little problem	A big problem	A very big problem	N
2014	2.3	12%	54%	23%	8%	3%	266
2012	2.5	12%	48%	24%	12%	4%	362
2010	2.5	12%	49%	23%	10%	5%	525

Your Health and Your Academic Performance

Q34. Within the <i>last 12 months</i>, have any of the following affected your academic performance? Please select the most serious outcome for each item.							
0=This did not happen to me/NA 1=Experienced but my academics were not affected 2=Received lower grade on exam or important project 3=Received lower grade course =Received incomplete or dropped course							
	Survey Year	0	1	2	3	4	N
ADHD	2014	93%	3%	3%	1%	0%	257
	2012	95%	1%	3%	1%	0%	358
Alcohol use	2014	50%	47%	3%	0%	0%	258
	2012	47%	46%	6%	1%	0%	358
	2010	36%	56%	5%	3%	0%	521
	2008	34%	58%	6%	1%	0%	659
	2005	31%	59%	7%	2%	0%	512
Anxiety	2014	60%	21%	13%	5%	2%	257
	2012	50%	29%	15%	5%	1%	357
	2010	40%	35%	14%	8%	3%	519
Assault (physical or sexual)	2014	95%	2%	0%	1%	2%	256
	2012	93%	3%	2%	1%	1%	355
	2010	94%	4%	0%	1%	0%	522
Chronic illness	2014	93%	5%	0%	0%	1%	255
	2012	87%	7%	3%	2%	1%	355
	2010	88%	6%	2%	3%	1%	522
	2008	90%	8%	1%	1%	0%	660
	2005	87%	10%	1%	1%	1%	509

Q34. Within the <i>last 12 months</i>, have any of the following affected your academic performance? Please select the most serious outcome for each item.							
0=This did not happen to me/NA 1=Experienced but my academics were not affected 2=Received lower grade on exam or important project 3=Received lower grade course 4=Received incomplete or dropped course							
	Survey Year	0	1	2	3	4	N
Computer games/internet use	2014	55%	34%	7%	4%	0%	256
	2012	63%	25%	9%	3%	0%	355
	2010	62%	29%	7%	3%	0%	522
	2008	82%	14%	3%	1%	0%	660
	2005	41%	42%	14%	3%	0%	511
Concern for a troubled friend or family member	2014	65%	25%	6%	3%	0%	257
	2012	60%	26%	10%	3%	0%	358
	2010	51%	35%	9%	4%	1%	523
	2008	45%	41%	10%	3%	0%	661
	2005	28%	53%	14%	5%	0%	507
Depression	2014	77%	11%	5%	5%	2%	257
	2012	73%	13%	6%	4%	2%	356
	2010	69%	17%	6%	6%	3%	518
Discrimination against sexual orientation, race, gender	2014	93%	6%	0%	0%	0%	256
	2012	92%	6%	1%	1%	0%	357
	2010	92%	7%	1%	0%	0%	522
Drug use	2014	91%	7%	1%	0%	0%	256
	2012	91%	7%	1%	0%	0%	358
	2010	87%	12%	1%	0%	0%	522
	2008	88%	10%	1%	0%	0%	661
	2005	85%	13%	2%	1%	0%	509
Eating disorder/concern	2014	91%	8%	1%	0%	1%	255
	2012	87%	11%	1%	1%	1%	357
	2010	88%	9%	1%	1%	0%	521
	2008	85%	13%	1%	1%	0%	661
	2005	93%	5%	1%	1%	0%	510
Financial concerns	2014	78%	18%	3%	1%	0%	257

Q34. Within the <i>last 12 months</i>, have any of the following affected your academic performance? Please select the most serious outcome for each item.							
0=This did not happen to me/NA 1=Experienced but my academics were not affected 2=Received lower grade on exam or important project 3=Received lower grade course 4=Received incomplete or dropped course							
	Survey Year	0	1	2	3	4	N
	2012	77%	19%	3%	1%	0%	356
	2010	66%	28%	3%	2%	1%	522
Gambling	2014	99%	1%	0%	0%	0%	257
	2012	100%	0%	0%	0%	0%	356
	2010	97%	3%	0%	0%	0%	522
Harassment	2014	96%	3%	0%	0%	0%	256
	2012	96%	3%	1%	0%	0%	356
Hazing	2014	98%	2%	0%	0%	0%	253
	2012	97%	2%	1%	0%	0%	353
Internet social network sites (Facebook, MySpace, YouTube)	2014	41%	48%	10%	2%	0%	258
	2012	39%	50%	9%	1%	0%	357
	2010	38%	50%	9%	3%	0%	519
	2008	33%	59%	6%	1%	0%	662
Relationship difficulty: romantic/roommate/family	2014	60%	25%	9%	4%	1%	259
	2012	53%	31%	10%	4%	2%	356
	2010	50%	34%	11%	4%	0%	523
	2008	59%	29%	9%	3%	1%	661
	2005	53%	30%	13%	4%	1%	511
Sleep difficulties	2014	48%	29%	19%	3%	2%	258
	2012	45%	34%	17%	4%	1%	360
	2010	43%	33%	17%	6%	1%	522
	2008	48%	33%	15%	3%	0%	658
	2005	38%	37%	17%	8%	1%	510
Stress	2014	26%	42%	20%	8%	3%	259
	2012	23%	50%	20%	5%	3%	357
	2008	18%	50%	24%	7%	1%	661
	2005	21%	48%	20%	9%	2%	510

Q35. My professors are accommodating and understanding of my ...								
0=NA/I have not had this health concern								
1=Strongly disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly agree								
	Survey Year	0	1	2	3	4	5	N
Acute health concern	2014	83%	1%	2%	4%	8%	2%	260
	2012	79%	1%	3%	5%	10%	2%	358
Chronic health concern	2014	91%	1%	0%	4%	4%	0%	261
	2012	87%	1%	2%	5%	4%	1%	359
Physical disability	2014	96%	1%	1%	2%	1%	0%	261
	2012	96%	0%	0%	2%	1%	0%	358
Learning disability	2014	91%	1%	1%	3%	2%	2%	261
	2012	94%	0%	1%	3%	1%	1%	358

Dartmouth Student Life

Q36. Overall, how satisfied have you been with each of the following at Dartmouth?								
1=Very dissatisfied 2=Dissatisfied 3=Neutral 4=Satisfied 5=Very satisfied								
	Survey Year	Overall Average	1	2	3	4	5	N
Your connection to a community at Dartmouth	2014	3.8	3%	10%	20%	42%	26%	263
	2012	3.9	2%	9%	17%	44%	28%	363
	2010	3.8	4%	10%	20%	41%	25%	525
Your academic life	2014	3.9	1%	7%	20%	43%	29%	261
	2012	3.8	1%	10%	20%	48%	20%	362
	2010	3.8	2%	11%	17%	47%	22%	526
Your social life	2014	3.8	1%	11%	21%	42%	24%	262
	2012	3.8	3%	8%	17%	49%	23%	363
	2010	3.8	2%	10%	19%	46%	23%	526
Your residential life	2014	3.7	4%	10%	21%	41%	24%	262
	2012	3.8	3%	7%	22%	47%	22%	360
	2010	3.8	2%	7%	21%	44%	26%	523

Q37. Is your academic performance better or worse than you expected?				
Survey Year	Worse	As good as expected	Better	N
2014	30%	57%	12%	260
2012	38%	54%	8%	364
2010	33%	55%	12%	521

Q38. I am working as hard as I can on my academics.							
1=Strongly disagree, 2=Disagree, 3=Neither Agree nor Disagree, 4=Agree, 5=Strongly agree							
Survey Year	Overall Average	1	2	3	4	5	N
2014	3.7	3%	13%	17%	45%	22%	262
2012	3.4	4%	19%	21%	40%	16%	364
2010	3.6	3%	14%	21%	47%	16%	521

Q40. What is your gender identity? Check all that apply.				
	Survey Year	No	Yes	N
Man	2014	57%	43%	287
	2012	67%	33%	362
	2010	69%	31%	525
	2008	60%	40%	666
Woman	2014	52%	48%	287
	2012	34%	66%	362
	2010	31%	69%	525
	2008	40%	60%	666
Transgender	2014	100%	0%	287
	2012	100%	0%	362
	2010	100%	0%	525
Queer	2014	98%	2%	287
	2012	99%	1%	362

What is your gender? (Survey year: 2005)				
	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Female	296	57.93	296	57.93
Male	215	42.07	511	100.00

Frequency Missing = 20

Q44. Do you have any of the following disabilities?				
	Survey Year	No	Yes	N
Deaf/hard of hearing	2014	98%	2%	263
	2012	99%	1%	360
Learning disability	2014	94%	6%	263
	2012	96%	4%	361
Mobility/dexterity disability	2014	98%	2%	262
	2012	99%	1%	360
Partially sighted/blind	2014	98%	2%	263
	2012	99%	1%	357
	2014	100%	0%	263

Q44. Do you have any of the following disabilities?				
	Survey Year	No	Yes	N
Speech or language disorder	2012	100%	0%	359
Other disability	2014	97%	3%	262
	2012	99%	1%	357

Q45. How many hours a week do you work for pay?								
Survey Year	0 hours	Less than 2 hours	2 to 4 hours	5 to 10 hours	11 to 15 hours	16 to 20 hours	More than 20 hours	N
2014	50%	3%	10%	26%	7%	2%	2%	263
2012	43%	6%	12%	25%	10%	2%	2%	355
2010	41%	5%	10%	28%	10%	2%	3%	506
2008	40%	35%	20%	3%	1%	1%	1%	660

Q46. How often do you volunteer or engage in community service?								
Survey Year	Never	Once a year	2-3 times a year	Monthly	Every other week	Weekly	More than once a week	N
2014	8%	9%	45%	15%	6%	14%	3%	261
2012	7%	22%	34%	12%	5%	15%	4%	356
2010	11%	25%	27%	11%	6%	14%	5%	504
2008	16%	23%	25%	9%	6%	16%	5%	662