

## Patient Protection Disclosure

Dartmouth generally allows the designation of a primary care provider. You have the right to designate any primary care provider who participates in your plan's network and who is available to accept you or your family members. For information on how to select a primary care provider, and for a list of the participating primary care providers, visit [myCigna.com](https://myCigna.com) or contact Cigna customer service at **855.869.8619**.

For children, you may designate a pediatrician as the primary care provider who participates in your plan's network and is accepting patients.

You do not need prior authorization from Cigna or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a healthcare professional in our network who specializes in obstetrics or gynecology. For a list of participating health care professionals who specialize in obstetrics or gynecology, visit [myCigna.com](https://myCigna.com) or contact Cigna customer service at **855.869.8619**.

The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals.