

Ideas For Indoor Activities With Your Child

Bring me game- Practice with your child who is learning to count by playing {Bring me } game. Say something like Bring me 8 red Lego bricks or bring me 3 colored pencils. Your child will have to keep the number in their mind while they find the object, Which makes it more challenging.

Sticker Patterns- Working with patterns help young children develop mathematical minds. Take a strip of card stock and create a pattern with stickers. Encourage your child to recreate the pattern and then to create their own.

Sink or Float- Use a tub of water or the actual bathtub to control the mess give your child a variety of objects. Ask them to hypothesize which will sink and which will float and then test their theory.

Build a Marble Run- Using simple materials such as paper towel tubes, cardboard, yarn, tape and glue. Challenge your preschool to make a ramp for a marble to go down {toddlers can do a version of this experiment using a rubber ball in place of marble} Your child can experiment to see what slopes and what materials make marble travel faster.

Experiment with Ice- Fill two ice cube trays, one with water and one with salt water. Put them in freezer and observe to see which freezes faster.

Freeze some small toys in ice and ask your child for ideas on how to get them out.

Plant a Seed- For toddlers and preschoolers something as simple as planting a seed is a perfect scientific activity . To increase their interest choose a seed or pit from something you're eating like an apple, avocado or peach. Choose something that grows in your area and invite your child to help you plant the seed. They will be fascinated watching it sprout and grow.

Plant Watering- Provide a small watering can and show your child how to check if an indoor plant needs watering.

Air-Land-Water- Collect small objects or images representing things found in air, land and water and let your child practice sorting them.

Throwing Basket- Take two baskets and a set of small bean bags or soft balls and show your child how to throw the balls from one basket to the other.

Matching Socks- Put your child in charge of matching socks when its laundry time. A great lesson in visual discrimination as well as responsibility.

Bird Watch- Set up a little bird watching station by a window. All you need is a small chair or floor cushion, some images of common birds in your area or a bird book and binocular if you like.

References; Mother-ly

Montessori-Inspired ideas for indoor activities with your child Mother-ly