Global Health Education Programs

ARGENTINA
Primary Care and Social Medicine
Cordoba
(Intermediate Spanish)

Hospital Medicine in Latin America
Cordoba
(Intermediate Spanish)

Rural/Urban Comparative Health
Tanti/Cordoba
(Intermediate Spanish)

Global Perspectives in Nursing
Cordoba
(Intermediate Spanish)

MEXICO
Realties of Health Access and Inequities
Oaxaca
(Beginner Spanish)

Intensive Beginner Spanish and Healthcare
Oaxaca
(No Spanish Required)

Tropical Medicine & Community-Based Care
Puerto Escondido
(Beginner Spanish)

Women’s Reproductive Health
Puerto Escondido
(Beginner Spanish)

ECUADOR
Amazon Community and Indigenous Health
Quito/Puyo
(Intermediate Spanish)

Andean Health
Quito
(Beginner Spanish)

Reproductive Health
Quito
(Beginner Spanish)

Urban & Rural Comparative Health
Quito/Chone
(Beginner Spanish)

Dentistry & Oral Health
Quito
(Beginner Spanish)

Intensive Beginner Spanish & Healthcare
Quito
(No Spanish Required)

Sexual Health as a Human Right
Quito
(Beginner Spanish)

UGANDA
Exploring HIV & Maternal/Child Health in East Africa
Kabale
(English)

Nutrition, Food Security & Sustainable Agriculture
Kabale
(English)

SOUTH AFRICA
Healthcare Challenges
Cape Town
(English)

HIV/AIDS & Healthcare
Durban
(English)

INDIA
Confronting Tropical Disease Challenges
Mumbai
(English)

Intro to Traditional Medicine
Rishikesh/Dehradun
(English)

Maternal and Child Health
Pune
(English)

Palliative Care
Southern India
(English)

Public Health & Community Medicine
New Delhi
(English)

Rural/Urban Himalayan Rotation
Rural Himalayas
(English)

Sight for All - Ophthalmology Rotation
New Delhi
(English)

BOLIVIA
Doing More With Less
Tarja
(Intermediate Spanish)

Pediatric & Adolescent Medicine
La Paz
(Intermediate Spanish)
CFHI PROGRAMS are 2-16 week Global Health Education Programs that offer experiences alongside local physicians and public health experts in developing countries. Programs combine instruction, experience, and service within a model that supports health systems and communities abroad, addresses the healthcare needs of the underserved, and adds a unique experiential element to each participant’s professional development.

What Are the CFHI Program Objectives?
- Increase cultural competency
- Observe and develop existing clinical skills/awareness
- Broaden public health knowledge
- Develop creativity in problem-solving
- Deepen commitment to service and working with underserved communities

How Are CFHI Participants Involved?
The purpose of CFHI programs is to provide first-hand exposure to the way healthcare is practiced at our various sites. Each day you will be working with qualified professionals. They will involve you in patient care and clinical/public health opportunities they deem appropriate, while acting as a supervisor and mentor. It is extremely important to be open-minded and welcome the differences in care you are sure to encounter. Those who show interest, humility, enthusiasm, and ask questions get the most out of the CFHI experience.

- Community-Oriented Primary Care: Tasks assigned by preceptor according to clinical/educational level
- Hospital Rounds: Oncology, infectious diseases, pediatric surgery, nephrology, emergency and outpatient care, etc.
- Community Health Outreach/Education Projects
- Patient Histories and Physical Exams (In Spanish in Latin America)
- Aiding Preceptors with Differential Diagnosis
- Health Education Sessions: Weekly meetings with CFHI Medical Director

Is the Program Hands-on or Observational?
Each participant’s experience in clinic varies. The following factors all affect your CFHI experience:

- The level of experience and education you have had in a clinical/health setting
- The relationship you build with your preceptor/supervisor
- Your comfort level with procedures and tasks open to you
- Language ability - determines your interactions with local patients and your preceptor
- Local laws, designed to protect patients, may limit what you can do while in clinic

Socially Responsible and Financially Just Model- The Community Benefit
While a large part of the CFHI experience is educational, your contribution to the community through CFHI is not an illusion. 50% or more of your CFHI program fee goes back to local communities. CFHI feels strongly that physicians and public health professionals who work with our participants should be recognized as experts, thus CFHI compensates them for their time and mentorship. This supplementary income promotes job retention in countries where health professionals are paid small salaries. CFHI also disburses micro-grants for Community Health Initiatives and professional development. CFHI is an NGO in Special Consultative Status with the ECOSOC of the United Nations.

If you’d like to speak to CFHI alumni about their experience, email alumni@cfhi.org

For More Information: WWW.CFHI.ORG
Child Family Health International

• Transformative Global Health Education & Community Empowerment •

CFHI is an NGO in Special Consultative Status with the Economic and Social Council of the United Nations

WHAT WE DO & HOW WE DO IT:

Child Family Health International (CFHI) provides community-based Global Health Education Programs for health science students and institutions. Our unique model fosters reciprocal partnerships and empowerment in local communities -- transforming perspectives about self, healing and global citizenship.

• Fostering learning and introspection that sparks personal change for all involved
• Working to support sustainable solutions in healthcare services and disease prevention
• Emphasizing equity, ethical mindfulness, and understanding across cultures
• Facilitating the sharing of knowledge, resources, and experiences
• Giving priority to underserved communities

CFHI at a Glance

Founded: 1992
US Full Time Staff: 5
Global Partners: 200+
Locations: 20+ sites in 6 countries
Students since 1992: 7,000+
Students’ Country of Origin: 40
Partner Clinics / Hospitals Supported: 75
Budget: $1.8 million, 6.2% overhead*
Better Business Bureau Accredited Charity

* Based on 2012 Independent Financial Audit

Global Health Education Programs

Argentina – Bolivia – Ecuador
India – Mexico – South Africa

• Clinical & Public Health Exposure • Cultural Immersion •
• Language Training • Online Resources • Homestays •
• Expert On-Site Partners and US Staff Support

Community Health Projects

• Micro-Funding to support grassroots projects designed by local medical directors and community leaders with whom we partner
• Professional Development Opportunities such as support for skill-building trainings, conferences, education

let the world change you
GLOBAL HEALTH EDUCATION PROGRAMS
Since 1992, Child Family Health International has run global health programs for over 7,000 pre-medical, nursing, medical, MPH, PA and others interested in public health and medicine. Students travel to Argentina, Bolivia, Ecuador, India, Mexico, and South Africa to learn first-hand about the way healthcare is practiced and experienced worldwide and to immerse themselves in new cultural contexts. Students have come from nearly 500 of the top schools in the U.S. and the world. CFHI has also formed academic partnerships with schools such as Northwestern University & University of California, Davis to create customized global health programming.

ALUMNI IMPACT
CFHI’s educational paradigm emphasizes sustainable solutions at the community level but also through the encouragement of life-long personal involvement. CFHI aims to motivate participants to serve as agents of change and continue work in underserved communities, whether at home or abroad. Here are three stories from CFHI alumni:

• Determined to make a difference in addressing oral health problems in Bolivia, one alumnus contacted dental supply manufacturing companies in the US urging them to make donations. Oral health donations made by these companies included toothpaste, toothbrushes and expensive filling material which were sent through students participating in CFHI's Pediatric Health Program in Bolivia and distributed amongst hundreds of local children.

• Jorge Gallardo is a slum with no running water or sanitation, and an infant mortality rate of 18% for children under 15 months. One alumna enlisted the support of her father (an engineer) and eight volunteer nursing students to raise $115,000 to construct an irrigation system—and conduct health screenings—for this community.

• Traveling many miles through the Ecuadorian jungle to visit sick relatives in the hospital, family members had nowhere to stay until CFHI alumni built a hut with sleeping accommodations and a kitchen for them to prepare traditional food and provide comfort care.

COMMUNITY HEALTH PROJECTS
CFHI launched our first round of Community Health Projects in 2005 to increase our support for health initiatives devised by the doctors and other community leaders who host and teach our students. Below are brief descriptions of some of the projects we are currently supporting:

• India: Health Promoter Trainings — Trains nine women elected by their peers from neighboring villages to deal with a variety of healthcare issues, especially in the area of maternal and child health.

• South Africa: The Avian Park Clinic Renovation — Transforming a dilapidated building into a fully functioning clinic. After construction operations are maintained together with the Department of Health, staff from a local university and local townspeople.

• Ecuador: Stemming the Rise of Type 2 Diabetes — Designing and implementing a tracking system for 130 patients with Type 2 diabetes in rural and remote areas of the Ecuadorian Amazon.
CFHI Program Costs & Funding Opportunities

As a Nonprofit CFHI Offers Low Cost Programs & Provides Funding Assistance:

CFHI Scholarships -

- $1,000 Towards CFHI Programs - Visit CFHI’s “Fund Your Program” Page for Deadlines & Details
- Scholarships Available for All Programs Except July - High Acceptance Rate for Funding!

CFHI Fundraising Website -

- CFHI Participants Given Access to Online Fundraising Platform
- Raise up to 100% of Program Fee!

CFHI Programs Provide a Comprehensive Global Health Experience:

- Clinical and/or Public Health Rotations: Monday to Friday, 4-6 hours Per Day
  - Weekly Medical Lectures: Informational Meetings w/ CFHI Medical Director
  - 24/7 Support: Pre-departure Materials, On-site Orientation & Guidance
  - Spanish Language Classes: 20-50 Hours Per Month, Latin America Programs
  - Accommodation: Home-stay Families
  - Meals: 2-3 Per Day
- Airport Pick-up on Arrival
- Insurance: Emergency Medical and Evacuation Coverage
- Local Cell Phone

Fund Your CFHI Program

What’s Included?
CFHI 1 MONTH PROGRAM FEES

ARGENTINA:
Primary Care and Social Medicine in Cordoba: $2,625

BOLIVIA:
Pediatric & Adolescent Medicine in La Paz: $2,425

ECUADOR:
Amazon Community and Indigenous Health: $2,695
Andean Health in Quito: $2,595
Reproductive Health in Quito: $2,595
Dentistry & Oral Health in Quito: $2,495
Urban & Rural Comparative Health: $2,595
Intensive Beginner Spanish & Healthcare in Quito: $2,625
Sexual Health as a Human Right: Ecuador’s Unique Model: $2,345

INDIA:
Confronting Tropical Disease Challenges in Mumbai: $2,575
Introduction to Traditional Medicine: $2,425
Maternal and Child Health in Pune: $2,475
Palliative Care in Southern India: $2,425
Public Health & Community Medicine: $2,575
Rural/Urban Himalayan Rotation: $2,425
Sight for All- Ophthalmology Rotation in New Delhi: $2,395

MEXICO:
Intensive Beginner Spanish and Healthcare in Oaxaca: $2,645
Realities of Health Access and Inequities in Oaxaca: $2,575
Tropical Medicine & Community-Based Care in Coastal Mexico: $2,575
Women’s Reproductive Health in Coastal Mexico: $2,475

SOUTH AFRICA:
Healthcare Challenges in Cape Town: $2,745
HIV/AIDS & Healthcare in Durban: $2,695

UGANDA:
Exploring HIV & Maternal/Child Health in Kabale: $2,425
Nutrition, Food Security & Sustainable Agriculture in Kabale: $2,425

2014 ARRIVAL DATES*

January 4, 2014
February 1, 2014
March 1, 2014
April 5, 2014
May 3, 2014
June 7, 2014
July 5, 2014
August 2, 2014
September 6, 2014
October 4, 2014
November 1, 2014
December 6, 2014

*Alternate dates can also be arranged– email CFHI for details.

For More Information:
www.cfhi.org
Phone: 415-957-9000
E-mail: students@cfhi.org

50% or More of CFHI Program Fees Go Back to Our Partner Communities Abroad!