

# iMovie

## Adding Freeze Frames



**IMPORTANT:** All Jones computers have the latest version of iMovie (released in 2013) installed. Projects created or edited in this version will NOT transfer to iMovie '11! To guarantee that your project and video files are saved properly, **we strongly recommend that you set up your iMovie Library on an external hard drive (see the iMovie - Project Management guide for details).**

You can freeze the action (stop the time) in your video by inserting a freeze frame at a specific location in the storyboard. For instructions on how to save freeze frames as .jpeg files, refer to the *iSkysoft: Export Still Frames From Video* Quick Reference Tutorial.

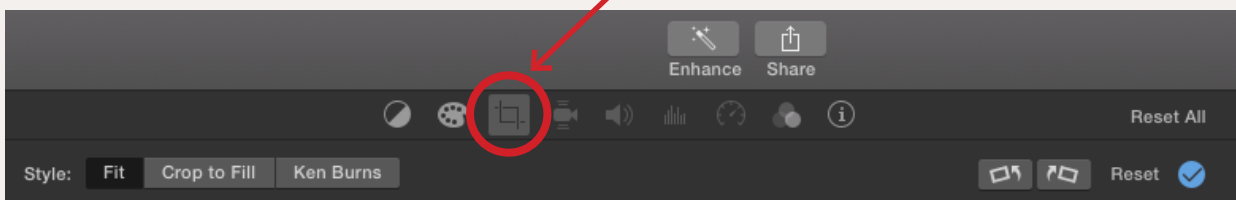
### Adding and Editing a Freeze Frame

1. To create a freeze frame in your project, move the pointer to the designated spot in your video in the timeline and CTRL-click (right click). From the pop-up menu, select **Add Freeze Frame**. A four second freeze frame is inserted at the pointer location.

Play	⌘
Cut	⌘X
Copy	⌘C
Delete	⌘⌫
Split Clip	⌘B
Add Freeze Frame	⌘F
Detach Audio	⌘⌘B
Trim To Playhead	⌘/
Show Clip Trimmer	⌘\
Adjust	3
Show Speed Editor	⌘R
Add Cross Dissolve	⌘T

2. The default length of the frame is 4 seconds. To change the **duration**, drag the edges of the clip to the desired length.

3. To crop a freeze frame or add a Ken Burns effect, open the clip in the Viewer window by selecting it in the timeline. Select **Cropping** on the **adjustment bar**.



Click **Crop to Fill** or **Ken Burns** to apply the desired effect.