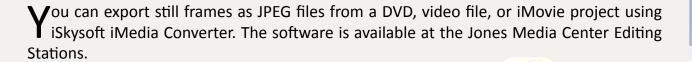
## iSkysoft iMedia Converter

## **Export Still Frames From Video**



- 1. Open iSkysoft iMedia Converter by clicking the icon in the dock.
- To import media, drag and drop the video file to the iSkysoft iMedia Converter window.
  If you are importing from a DVD, insert the DVD in the computer

drive. In the pop-up window **Do you want to load the following DVD**, click **OK**. You have a choice to either load **Main Movie Only** or **All Title**. You can also import video by selecting **Load Media Files** or **Load DVD Files** from the file menu.

- 3. To import video directly from **iMovie**, click the **Show Media Browser** button in the top right corner and select the **Video** tab.
- 4. Navigate to the iMovie Event Library and select a specific event and video file. Click the button to load the file.
- 5. In the iSkysoft main window, click the pencil button for the clip that contains the image you want to export. The **Edit** window will pop up.
- 6. Navigate to the frame you want to capture using the scrubber bar at the bottom of the window. To capture the exact frame, use the LEFT and RIGHT arrow keys on the keyboard.
- 7. Click the arrow on the **Snapshot** button from the pull down menu select **Set Snapshot Folder.** Choose the location where you want your still frames to be saved to, e.g. the desktop. Click the camera icon on the **Snapshot** button to take a picture of the selected frame.





