

## HEALTH & WELFARE

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## RETIREMENT

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# HEALTH & WELFARE RESOURCES

Dartmouth

CIGNA

Health Insurance and Health Reimbursement Accounts

(855) 869-8619  
[www.cigna.com](http://www.cigna.com) or [www.mycigna.com](http://www.mycigna.com)

CVS/caremark

Prescription Drug

(855) 465-0032  
[www.caremark.com/dartmouth](http://www.caremark.com/dartmouth)

N.E. DELTA DENTAL

Dental Insurance

(800) 832-5700  
[www.nedelta.com](http://www.nedelta.com)

CROSBY BENEFITS/  
WAGeworks

Flexible Spending Accounts and Cobra

(800) 462-2235 / (877)924-3967  
[www.mycrosbybenefits.com](http://www.mycrosbybenefits.com) / [www.wageworks.com](http://www.wageworks.com)

FIDELITY

Health Savings Account

(800) 544-3716  
[www.fidelity.com](http://www.fidelity.com)

METLIFE

Life Insurance

(800) 638-6420  
[www.metlife.com](http://www.metlife.com)

LIBERTY MUTUAL

Disability Insurance

(800) 213-1531  
[www.mylibertyconnection.com](http://www.mylibertyconnection.com)

WINSTON

Supplemental Benefits

(855) 805-5840  
[www.voluntaryinsuranceprogram.com/dartmouth](http://www.voluntaryinsuranceprogram.com/dartmouth)

SILVERSCRIPT

Retiree Prescription Drug

(866) 425-9743  
[www.caremark.com](http://www.caremark.com)

TIAA

Retirement Funds

(800) 842-2776

[www.tiaa.org/dartmouth](http://www.tiaa.org/dartmouth)

FIDELITY

Retirement Funds

(800) 343-0860

[www.netbenefits.com/dartmouth](http://www.netbenefits.com/dartmouth)