

# DARTMOUTH RESOURCES

Dartmouth

June 2017

## HEALTH & WELFARE

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# HEALTH & WELFARE RESOURCES

Dartmouth

CIGNA

Health Insurance

(855) 869-8619

[www.cigna.com](http://www.cigna.com) or [www.mycigna.com](http://www.mycigna.com)

CVS/caremark

Prescription Drug

(855) 465-0032

[www.caremark.com/dartmouth](http://www.caremark.com/dartmouth)

N.E. DELTA DENTAL

Dental Insurance

(800) 832-5700

[www.nedelta.com](http://www.nedelta.com)

CROSBY BENEFITS

Flexible Spending Accounts  
and Cobra

(800) 462-2235

[www.mycrosbybenefits.com](http://www.mycrosbybenefits.com)

FIDELITY

Health Savings Account

(800) 544-3716

[www.fidelity.com](http://www.fidelity.com)

METLIFE

Life Insurance

(800) 638-6420

[www.metlife.com](http://www.metlife.com)

MATRIX

Disability Insurance

(877) 202-0055

[www.matrixservices.com](http://www.matrixservices.com)

WINSTON

Supplemental Benefits

(855) 805-5840

[www.voluntaryinsuranceprogram.com/dartmouth](http://www.voluntaryinsuranceprogram.com/dartmouth)

CNA

Long Term Care

(800) 528-4582

[www.cna.com](http://www.cna.com)

TIAA

Retirement Funds

(800) 842-2776

[www.tiaa.org/dartmouth](http://www.tiaa.org/dartmouth)

FIDELITY

Retirement Funds

(800) 343-0860

[www.netbenefits.com](http://www.netbenefits.com)