HEALTH & WELFARE

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Website: dartgo.org/benefits
HEALTH & WELFARE RESOURCES

CIGNA
- Health Insurance
- (855) 869-8619
- www.cigna.com or www.mycigna.com

CVS/caremark
- Prescription Drug
- (855) 465-0032
- www.caremark.com/dartmouth

N.E. DELTA DENTAL
- Dental Insurance
- (800) 832-5700
- www.nedelta.com

CROSBY BENEFITS
- Flexible Spending Accounts and Cobra
- (800) 462-2235
- www.mycrosbybenefits.com

FIDELITY
- Health Savings Account
- (800) 544-3716
- www.fidelity.com

METLIFE
- Life Insurance
- (800) 638-6420
- www.metlife.com

MATRIX
- Disability Insurance
- (877) 202-0055
- www.matrixservices.com

WINSTON
- Supplemental Benefits
- (855) 805-5840
- www.voluntaryinsuranceprogram.com/dartmouth

CNA
- Long Term Care
- (800) 528-4582
- www.cna.com
RETIREMENT RESOURCES

TIAA
(800) 842-2776
www.tiaa.org/dartmouth

FIDELITY
(800) 343-0860
www.netbenefits.com