YOUR GUIDE TO FRISKY (& SAFE) BUSINESS

CAN SAFER SEX BE FUN? INTIMATE? PLEASURABLE?
OF COURSE IT CAN!

Don’t let STIs, HIV, & risk of pregnancy come between you and your partner(s). There are lots of ways you can make sex safer. One of the best ways is by using a barrier method...

WHICH SAFER SEX BARRIER IS RIGHT FOR YOU?

✦ External Condoms, Internal Condoms, & Dental Dams – barriers that cover parts of the genitals to protect against STIs and prevent unplanned pregnancy. A new barrier is needed EVERY time you have oral, vaginal sex or anal sex.
✦ Gloves & Finger Cots – used to cover the hands and nails during manual penetration. Protect from bodily fluids and any bacteria and viruses that may live under the nails.
✦ Don’t forget the lube! – not only does lube make sex more pleasurable & comfortable, it also increases a condom’s effectiveness by reducing risk of breaking or tearing.

LOSE THE BARRIERS TO USING BARRIERS

WHERE?
Sexperts provide safer sex supplies for FREE at the Safer Sex Bar in the Student Wellness Center (3rd Floor Robo). Don’t rely on others to have them...stock up yourself today!
For Dartmouth Safer Sex Supplies Map – dartgo.org/sexperts

WHEN?
Talk to your partner(s) BEFORE you have sex – if possible, talk to your partner(s) about what method is best before you get in the “heat of the moment”.

HOW?
As best you can, BE CLEAR, BE CONFIDENT, and BE PREPARED.

DICK’S HOUSE

✦ Walk-in STI screening clinic - 2nd Wednesday of every month (1-3pm).
FYI – The 2nd Wednesday of February is February 14th!

✦ Schedule a screening and/or contraceptive counseling – Schedule online at http://www.dartmouth.edu/~health/ or call 603-646-9401 to make an appointment.

GET TESTED REGULARLY & OFTEN

HAPPY HOUR
– STI SCREENING WHERE YOU LIVE & PLAY

✦ Getting tested for STIs at Dartmouth has never been easier! Bring providers from Dick’s House & Sexperts to your group (Greek House, LLCs, Acapella, Athletics, etc.) for an in-house testing event. Get all your sexual health questions answered!

✦ Blitz sexperts@dartmouth.edu for more info