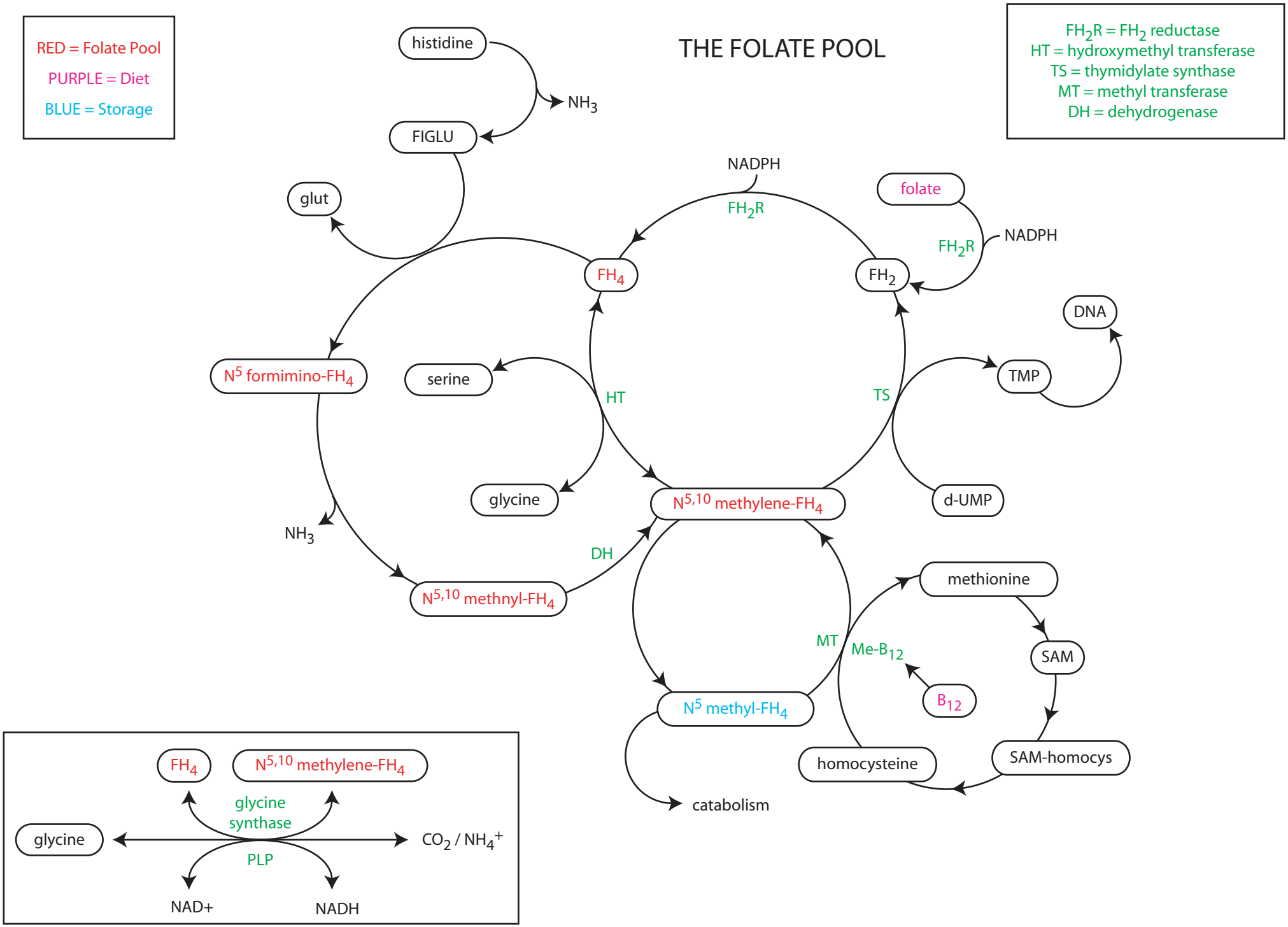THE FOLATE POOL