

Mt. Kilimanjaro Expedition



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Josh Griffin, Ingrid Nelson, Dave Bradt, Kelly
Miller, Doug Hannah

The Mountain

- ✿ Mt. Kilimanjaro, measuring 19,344 feet (5,895 m), is the highest point in Africa.
- ✿ Located in northeastern Tanzania near the border with Kenya
- ✿ Accessible through Kilimanjaro International Airport
- ✿ Groups traveling to the summit of Mt. Kilimanjaro must hire a guide. This ensures both the safety of the travelers and the environmental safety of Mt. Kilimanjaro. It also generates wealth for Tanzania.
- ✿ Multiple routes travel to the summit of the mountain: Marangu, Machame, Western Breach, Mweka, Limbwe, Umbwe, Lemosho, and Rongai.
 - ◆ The Machame route has been recommended for its beauty. It is also somewhat more challenging and less traveled than other routes.



Machame Route

- ✿ “This is the second most popular route, and it is considered the most beautiful route up Kilimanjaro. With a gradual ascent through the forest you emerge to see wide views of the moorland on Shira plateau, Kibo and Western Breach. The different kinds of vegetation found along the route make it the most scenic route.” –Good Earth Tours, www.goodearthtours.com
- ✿ Many tour companies offer guide service to the top, with prices ranging from \$830-1200 per person. This does not include airfare, which costs at least \$200.

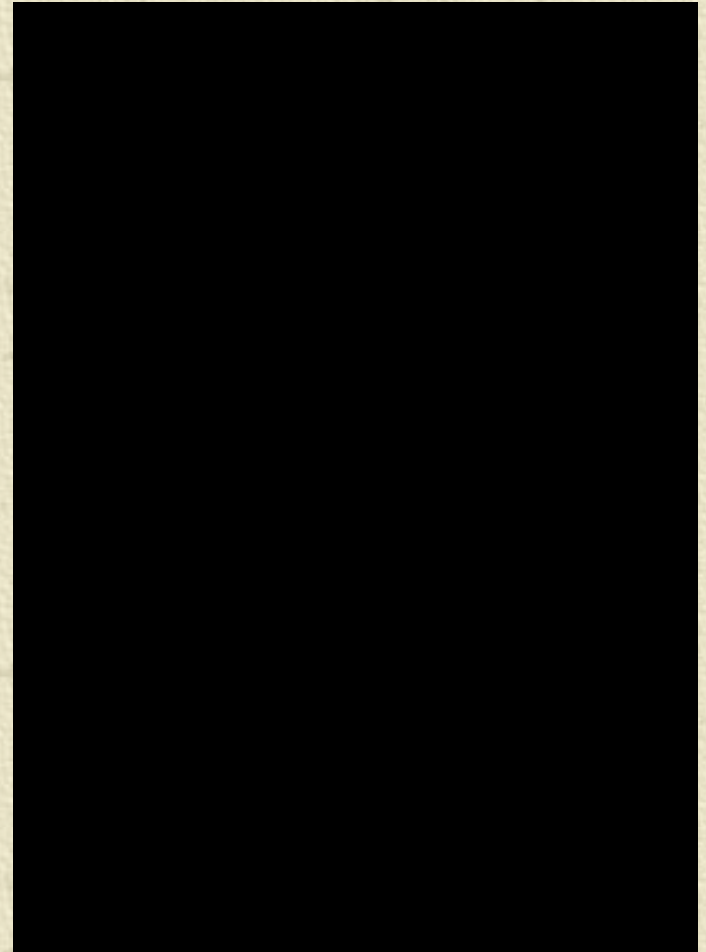


Good Earth Tours

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- ✦ **The Good Earth Tours trip costs \$830/person for a 7 night, 8 day trip to the summit. Other trips complete the route in seven days, but, after researching and talking to others who have hiked Mt. Kilimanjaro, eight days seems preferable. Oxygen deprivation becomes more of a factor in a shorter trip (www.goodearthtours.com)**
 - ✦ **The itinerary for the trip goes as follows:**
 - ✦ **Day 1:** Arrive at Kilimanjaro International Airport, transfer to the hotel in Moshi/Arusha.
 - ✦ **Day 2:** Begin climb. Spend first night at Machame hut (9,900ft).
 - ✦ **Day 3:** Ascend through forest, steep ridge and open moorlands, crossing a large gorge to Shira hut (12,600ft). 5-6 hours hiking.
 - ✦ **Day 4:** Climb to Lava Tower (15,180ft), and then descend to Baranco hut (12,850ft) for the night. This is for the purpose of acclimatization.
 - ✦ **Day 5:** Climb to Barafu hut (14,910ft).
 - ✦ **Day 6:** Summit push begins at midnight with Uhuru Peak (19,344ft) reached in time for sunrise. Begin long descent to Mweka hut.
 - ✦ **Day 7:** Finish descent to Mweka gate. Transfer to hotel.
 - ✦ **Day 8:** Transfer to airport for return flight, or begin a new adventure in East Africa.

Dangers and Risks

- ✘ There are inherent risks in any mountaineering trip. The peak of Mt. Kilimanjaro is the highest point in Africa, and reaching the top involves negotiating technically difficult terrain. The chosen route, however, is considered a strenuous hike involving no technical climbing.
- ✘ The risks for this project are minimized because of the guiding service that we employ. Our group will need to recognize the effects of oxygen deprivation and watch each other accordingly.
 - ◆ Some members of the group are purchasing prescription medication to alleviate the effects of altitude sickness. This costs \$20 per person, but it can be bought on a personal basis.
- ✘ Cliff Orvedal is certified in Wilderness First Aid. Doug Hannah and Andrew Hoffman are certified in both First Aid and CPR.
- ✘ We will have to keep a close watch on all valuables, including wallets, passports, and cameras, to insure our own security.

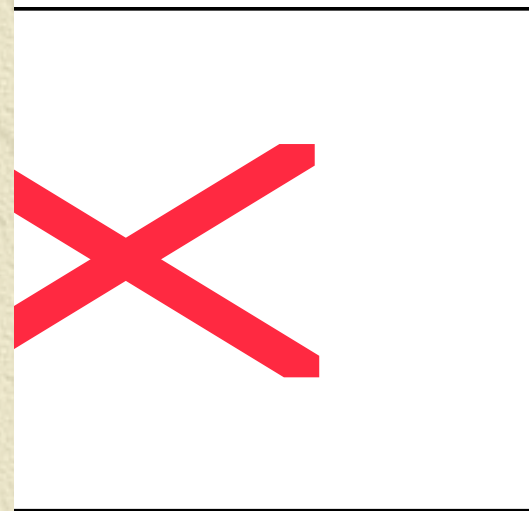


Our Schedule and Projected Costs

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- ✦ All of the students interested in climbing Mt. Kilimanjaro will be attending the Africa Foreign Study Program during Fall of the 2003-2004 school year.
 - ✦ The program lasts from September 18th-December 4th. We will be traveling to Mt. Kilimanjaro from December 6th-13th, with a day added on for traveling.
 - ✦ After consulting with Professor Shepherd and former climbers of Mt. Kilimanjaro, we have decided to wait to book the trip until we arrive in South Africa. The other FSPers who have climbed Mt. Kili have waited until they were in S. Africa to plan the trip. They received better airline ticket prices (down to \$200), and they found it easier to get in touch with guide services.
 - ✦ All former FSPers cite a price of approximately \$1000/person for the total cost of the trip.
 - ✦ Cost Breakdown: \$830 / person for the trip plus \$200 / person airfare = \$1030 / person
 - ✦ \$1030 / person X 8 people = \$8,240 total
 - ✦ Some members of our group are unable financially to undertake the trip without significant funding, so we are applying for as much funding as possible. We understand, however, that funding is limited, so we will not ask for more than \$100 per person.

DOC Membership and Involvement

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- ✦ **Andrew Hoffman 05-** DOC member, member of the Dartmouth Mountaineering Club and the Ledyard Canoe Club, DOC Trips 06 Trip Leader, Sophomore Trips Leader. Participant in Freshman Trips. This term I've taken trips to Moosilauke and Cathedral for hiking and rock climbing, and I have taken various kayaking, ice climbing, bird watching, and snowshoeing trips through the DOC and its various clubs in past years. I also took the Winter Mountaineering PE class with Brian Kunz. I introduced high school students to Moosilauke this summer during the SEAD (Summer Enrichment at Dartmouth) mentoring program. I interviewed about the Schlitz Fund for the Dartmouth Review. I work for the Environmental Conservation Organization, write for the Stonefence Review, and play on the Ultimate Frisbee team. I am an Environmental Studies major and an English minor.



Doug Hannah 05

- ✱ DOC member, member of Ledyard Canoe Club and frequenter of Cabin and Trail events. I participated in Freshman Trips as an incoming student, was on the '06 Freshman Trips Lodj Croo and will be leading an '07 freshman hiking trip this fall. I have taken the PE whitewater kayaking course with LCC. I have lead Boy Scout and other group hiking and canoeing trips in the New Mexico High Desert and the White Mountains. Individually, I climb, canoe, hike, and mountain bike. I am the Acting Summer President of the Dartmouth Ultimate Team, and am currently the Vice President of the Dartmouth Mens Ultimate Team, as well as being a member of the Mens A-Team. My true love is photography- last winter I completed a three month independent photographic study project on the homeless artist community in San Francisco. I also write independently, and have contributed to the Forum and the Valley News (both newspapers from my hometown of Simsbury, Connecticut) as well as the Hartford Courant. I plan to produce a photographic exhibit on the Kilimanjaro trip that will include photographs and a series of daily journal entries. This exhibit will be put on display in the Collis Cafe. Further, I have been in contact with the Valley News (of this valley) and the Valley News (of my hometown), as well as the Dartmouth Alumni Office about a publishing a photographic and written account of the trip.

Karla Kingsley 05

- ✦ Karla Kingsley-- DOC member, Ledyard Canoe Club member. I participated in Freshman DOC Trips (strenuous hiking) and Sophomore Trips mountain biking. I have been involved with the triathlon club, the cycling club, and Cabin and Trail, and I've gone on various DOC trips through my time at Dartmouth including hiking, biking, snowshoeing, skiing, and a weekend trip to the Grant. This summer I competed in a Holliston, MA triathlon with the triathlon club. I have been a news editor and staff writer at The Dartmouth since freshman fall, and I am the summer features editor for The Green Magazine. I'm an environmental studies major.
- ✦ I am considering writing a travel article to submit to the Boston Globe. I am on their staff as a freelance writer, and I have contacts with the editors.

Cliff Orvedal 05

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- ✦ DOC life member, member of Cabin and Trail, participant in Freshman and Sophomore trips. I participated in the week-long Cabin Hopping winter hiking trip after 01 fall. I took whitewater kayaking PE 02 fall. I take advantage of DOC events as well as hiking and snowshoeing excursions with relative frequency. I am an Engineering major and environmental studies minor. I was captain of the Men's Ultimate B Team last spring. In addition to my engagement with the DOC, I am an experienced outdoorsman. I will be backpacking around Norway this September prior to the Africa FSP.

Ingrid Nelson 05

- ✱ I am a DOC member and a member of Ledyard Canoe Club and go flat water kayaking frequently. Because I row on the varsity women's crew team (20hrs per week + additional hours devoted to racing away from Dartmouth) I really haven't been able to take advantage of the DOC as much as I would have liked. I have also hiked (run) Moosilauke several times for training. Climbing Mt. Kilimanjaro will be a great way to finally obtain some experience in this area as it will take place during one of the few terms that I will not be rowing competitively. I also participated in freshman trips.
- ✱ I am a geography major modified with environmental studies with concentration in African studies.
- ✱ I plan to photograph and write about the experience for later submission into DOC publications.
- ✱ I am a recipient of financial aid and will publicize/speak about the DOC's impact in helping me climb Mt. Kilimanjaro in as many ways as I can find possible including through contacts with local papers and through publications at my high school, (ST. Paul's School, Concord, NH) which sends approximately 5-9 graduating students to Dartmouth each year.

Joshua Griffin 03, Dave Bradt 05, and Kelly Miller 05

- ✱ **Joshua Griffin**-DOC member, member of Ledyard Canoe Club. I have done various hikes with the DOC. LCC white water kayaking PE class, telemark skiing PE class, fly fishing PE class. Environmental Studies, and Religion double major. Also has taken creative writing classes and has interest in writing for a publication about the trip.
- ✱ **Dave Bradt 05**-I am well-experienced in outdoor settings. I participated on a DOC freshman trip and hiked Moosilauke. I also camp frequently when back home (I live in Southern New Hampshire), at least two or three times each break. I am an able swimmer and am in good physical shape.
- ✱ **Kelly Miller 05**- Off campus this term and unable to send her information.

Potential Publicity

- ✦ Doug Hannah plans to take high-resolution digital photos from the peak of Mt. Kilimanjaro and blow them up for posting in Collis and in publications. He is currently searching for funding.
- ✦ Andrew Hoffman and Josh Griffin working toward writing about the trip for various outdoor journals both inside and outside of Dartmouth.
- ✦ Karla Kingsley has contacts as a freelance writer at the Boston Globe and works for the Dartmouth.
- ✦ Our group would be willing to present on our trip for the DOC in Spring 2004 in addition to posting photos in Collis. We would have to wait until spring because Cliff, Andrew, and Doug will be spending the winter in Africa. We will put together a slide show and present from our journals. Hopefully, we can incorporate pictures and stories from the rest of our trip to Africa as well.

