

	SUNDAY				
9:00 AM	RANDOLPH, VT 1 st 164 Pages, Media Room, Gifford Hospital OBHa	8:00 PM	HARTLAND 3 CORNERS, VT Unity Group, Community Brick Church CD	6:30 PM	LEBANON, NH Wed. Night Step Meeting, Lebanon Library, next to Post Office CStHa
9:30 AM	LEBANON, NH Sunday A.M. Big Book Group, Alice Peck Day Hospital, Conf. Rm. A OBbHa	8:00 PM	NORWICH, VT Monday Night Group, St. Barnabas Episcopal Church, Main St. OSD	6:30 PM	QUECHEE, VT Sisters not Saints Women's Literature Meeting, Quechee Library OLDW
			TUESDAY		
9:45 AM	HANOVER/LEBANON, NH Sunday Morning Reflections, Dartmouth Hitchcock Medical Center, Cafeteria 2B (2 nd floor, North Entrance) (check w/ Info Desk) ODHa	6:00 AM	NEWBURY, VT Eye Opener Daily Reflections, Congregational Church Vestry ODHa	7:00 PM	NORWICH, VT Congregational Church OBbSt Study Ha, 1½ hours
11:00 AM	WILDER, VT Acceptance Group, Turning Point, 200 Olcott Dr. CBbHa	12:00 N	WILDER, VT WR Noon Group, Turning Point, 200 Olcott Dr. CBbHa	7:00 PM	RANDOLPH VT Randolph Group, United Church, Main Street, Red Brick Church CStHa
7:00 PM	ENFIELD, NH Lutheran Church, Main St. (toward Shaker Bridge) OSD	12:00 N	WOODSTOCK, VT Tuesday Noon Group, St. James Church, Route 4 ODL	8:00 PM	WILDER, VT Getting over the Rainbow, Turning Point Library, 200 Olcott Dr. ODHa LGBTQ
7:00 PM	TUNBRIDGE, VT The World's Not Fair Group, Parish Brick house across from White Church, As Bill Sees It, OLD	5:30 PM	WILDER, VT WR Men's Group, Turning Point, 200 Olcott Dr. CDMHa		THURSDAY
7:30 PM	FAIRLEE, VT Fairlee Good Group, White Church, Town Common Rd., Off Route 5, OD	6:30 PM	WHITE RIVER JCT., VT Twin State Group, Beginner's Meeting, Methodist Church, Gates St. OBD	6:00 AM	NEWBURY, VT Eye Opener Daily Reflections, Congregational Church Vestry ODHa
7:30 PM	WHITE RIVER JCT., VT Twin State Group, Methodist Church, Gates St. OSHa Double Speaker	7:00 PM	HANOVER, NH 119 Silsby Hall, Dartmouth College OD	9:00 AM	WILDER, VT Morning Glory Group, Turning Point, 200 Olcott Dr. CLDHa
		7:00 PM	LEBANON, NH Beginners Step, Headrest, 41 Church St, lower side entrance OSDHa	11:00 AM	CANAAN, NH Canaan Thursday Morning Group, United Methodist Church, Main St./Route 4 Ost
		7:00 PM	RANDOLPH, VT Randolph Group, United Church, Main Street, Red Brick Church CStHa	12:00 N	NORWICH, VT Noon Group, Congregational Church CSDHa
9:00 AM	MONDAY			6:00 PM	WHITE RIVER JCT., VT Open Speaker Discussion @ VA Group, VA Hospital, Yazinsky Research Bldg. Room 103A OSDHa
12:00 N	HANOVER, NH Brown Bag Group, 1 st floor classroom (basement), Church of Christ , 40 N. College St. CStHa	8:00 PM	THETFORD, VT Thetford Hill Group, Thetford Hill Church, Rt. 113 OD		
			WEDNESDAY		
12:00 N	WILDER, VT WR Noon Group Turning Point, 200 Olcott Dr. CStHa	6:30 AM	HANOVER/LEBANON, NH Back On Track Meeting, Dartmouth Hitchcock Medical Center, Conf. Room 5A (check w/ Info Desk) ODHa	6:00 PM	WILDER, VT We Agnostics, Atheists & Free Thinkers, Turning Point, 200 Olcott Dr. CLDHa
5:30 PM	LEBANON, NH Rule 62, Lebanon Library, next to Post Office ODHa	12:00 N	BRADFORD, VT Wednesday Willingness Group, Congregational Church, Main St. CSt	6:30 PM	HAN./LEB. NH Beginner's Meeting, Dart. Hitch. Medical Center, check room w/ Info Desk OBDHa
7:00 PM	RANDOLPH, VT St. John's Church, Summer St. OSD			7:00PM	RANDOLPH, VT Wild Women North Group, St. Johns Episcopal Church, 15 Summer Street CLDWHa
7:30 PM	GRAFTON, NH Step Study Group, Millbrook Christian Fellowship, 201 Main Street (Rt. 4) OstDHa	12:00 N	WILDER, VT Daily Reflections, White River Noon Group, Turning Point, 200 Olcott Dr. OLDHa		
				7:00 PM	WINDSOR, VT Thursday Night Fellowship Group, Mt. Ascutney Hospital Board Room, County Rd. ODHa
				8:00 PM	BRADFORD, VT Bradford Group, Bradford Senior Center, Rt. 25 OSDHa*
				8:00 PM	HANOVER, NH Living Sober Group, St. Thomas Church, West Wheelock St CDHa
					FRIDAY
				12:00 N	WILDER, VT 3 & 11, WR Noon Group Turning Point, 200 Olcott Dr. OSD
				5:30 PM	HANOVER, NH New Beginnings, St. Denis Catholic Church, 8 Sanborn Road, side entrance OD
				7:00 PM	ENFIELD, NH Friday Night Group, Lutheran Church, Main St. (toward Shaker Bridge) OD*
				6:30 PM	THETFORD, VT Congregational Church, Rt. 113, OBbSt Study, 1½ hours
				8:00 PM	PLAINFIELD, NH Plainfield Group, Baptist Community Church OD, 1½ hours
				7:00 PM	SOUTH ROYALTON, VT TGIF Group, United Church of Christ, On the Green OSDHa
				8:00 PM	WILDER, VT Beginners Mtg., Free & Sober Grp., Turning Point, 200 Olcott Dr. OBSDHa

SATURDAY

- 8:00 AM WELLS RIVER, VT, Saturday Morning Breakfast Meeting, Daily Reflections, P&H Truck Stop O
- 8:15 AM TAFTSVILLE, VT Men's Morning Meeting, Mennonite Church, Off Rt. 4 CDM
- 9:00 AM NORWICH, VT Women's New Life Group, Congregational Church, Rt 5, CSDWHa, 1½ hours
- 9:45 AM HAN./LEB., NH Back to Basics, Dartmouth Hitchcock Medical Center, Cafeteria Room B (check w/ Info Desk) ODHa
- 11:00 AM CANAAN, NH Saturday Step Meeting, United Methodist Church, Main St./Route 4 CStSpB
- 12:00 N WHITE RIVER JCT., VT High Nooners Group, The Haven, Cafeteria Rte 5N OLDHa
- 6:30 PM RANDOLPH, VT Bethany Church, Main St., Across from Chandler OD
- 6:30 PM LEBANON, NH Saturday Night Live Group, Alice Peck Day Hospital, Conf. Rm. A (Use side service entrance) OSDHa
- 8:00 PM WINDSOR, VT Windsor Fellowship Group, Mt. Ascutney Hospital Board Room, County Rd. OSDHa

Please send meeting changes and inquiries to:
info@uvaa.info

Please send group contributions or correspondence for New Hampshire to: District 21 NH, P.O. Box 5137, West Lebanon, NH 03784
For Vermont: Vermont District 5, P.O. Box 1275, White River Junction, VT 05001

Please include the group's name, town, group number, group's contact name and address.

Web sites –

Upper Valley: www.uvaa.info (check for updates)

New Hampshire (Area 43): www.nhaa.net

Vermont (Area 70): www.aavt.org

AA General Service Office: www.aa.org

District Business Meetings:

District 21 NH Meeting: 1st Tuesday of the month, Alice Peck Day Hospital, Conf. Rm. A, 6:30 PM

District 5 VT Meeting: 3rd Thursday of the month, Turning Point, 200 Olcott Drive, Wilder, VT, 7:00 PM

TYPES OF MEETINGS

O - This is an open meeting of Alcoholics Anonymous. All are welcome, especially newcomers. In keeping with our singleness of purpose and our Third Tradition which states that "the only requirement for membership is the desire to stop drinking," we ask that all who participate confine their discussion to their problems with alcohol.

C - This is a closed meeting of Alcoholics Anonymous. In support of A.A.'s singleness of purpose, attendance at closed meetings is limited to persons who have a desire to stop drinking. If you think you have a problem with alcohol, you are welcome to attend this meeting. We ask that when discussing our problems we confine ourselves to those problems as they relate to alcoholism.

S - Speaker, **D** - Discussion, **St** - Step, **Bb** - Big Book, **L** - Literature, **B** - Beginner, **M** - Men, **W** - Women, **Ha** - Handicapped Accessible, * - Al-anon meeting same place,

Note: All meetings are Non-Smoking
All meetings are 1 hour unless noted

5/10/2019 DGM

For AA Information or 12th Step Referral, please call:
(800) 593-3330 in NH
(802) 295-7611 in VT

For Al-Anon information, please call
(877) 825-2666 in NH
(866) 972-5266 in VT

Notes and Phone Numbers:

Upper Valley A.A. Meetings Spring 2019

Courtesy of District 21 NH and District 5 VT



A.A. *

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

* Reprinted with permission of the A.A. Grapevine, Inc.