A Rainbow of Polyethylene Raises Alcohol Awareness

The Dartmouth College Health Office’s Alcohol Screening Day has won national recognition in the past. This year attendance was higher than ever. Organized by Ryan Travia MEd, Coordinator of Alcohol and Other Drug Education Programs, and his colleague Bryant Ford, the event, held on April 26th, attracted 808 students by offering each a choice of brightly colored Nalgene bottles. In exchange, students participated in a brief multiple-choice test and a short interview with a counselor, and received some recommendations about how to party safely. While the Health Office has not seen an increase in self referrals for counseling following past screenings, the event is viewed as a valuable opportunity for students to reflect on their alcohol use, review safe alcohol use guidelines and engage in discussion around the issues.

Dartmouth Hitchcock Psychiatric Associates offered a similar screening to staff and the public on April 7th, National Alcohol Screening Day.

Cultural Trend

Return of the Hookah

Hookah, communal smoking from a large, often ornate, water pipe- a hookah-, is rapidly gaining popularity as a form of socializing and enjoyment on college campuses and in hookah bars across the United States. Older persons may associate hookah exclusively with the smoking of illicit substances such as marijuana and hashish, but the current wave more often involves smoking a legal substance, tobacco, usually flavored tobacco. Proponents say the practice is relaxing, pleasurable, social and a good alternative to binge drinking. Health officials raise concerns that the highly reinforcing nature of nicotine means that intended occasional use of tobacco very often leads to addiction and more regular use, along with serious risks of oral, lung and other cancers, as well as increased cardiovascular disease. Available studies indicate that using a water pipe does not significantly lower tars, nicotine, heavy metals, carbon monoxide or other harmful elements of tobacco as some proponents believe.

For an article on local hookah culture see:

2ND ANNUAL DARTMOUTH SYMPOSIUM ON SUBSTANCE USE

Standing Together with Youth
Thursday, May 26, 2005, Collis Center @ Hanover, NH

Morning: Towards Understanding through Science
- Opening and facilitation: Barry Scherr, Seddon Savage
  Michael Hanitchak, Mark McGovern,
  Engaging with the Field – C. Everett Koop Scholars
- Substance Use & Adolescent Brain – Alan Green
- Current Prevalence and Patterns of Youth Substance Use
- Ritual Heavy Drinking in a College Population – Hoyt Alverson
- Reflections on Morning Presentations – Panel of young adults

Lunch: Resource & Web Tours, Discussion Groups

Afternoon: Towards Cultural Change
- Opening and facilitation – Jim Larimore – to be confirmed,
  Seddon Savage
- Emerging Frameworks – Joe Diamant, Carr Robertson
- Healthcare Providers Addressing Youth Substance Issues
- Young Persons Mentoring Young Persons – Panel of professionals and youth
- Elders Mentoring Young Persons – Alumni – Mark Logan,
  Native American Tradition – Michael Hanitchak, Vera Palmer
- Closing Circle – Michael Hanitchak, Vera Palmer
Support Across the Net

The Addiction Technology Transfer Center (ATTC) of New England offers on-line courses typically lasting 4-5 weeks for a fee of $40. [http://www.nattc.org/addictionEd/index/asp](http://www.nattc.org/addictionEd/index/asp)

- **May 2**: Understanding and Utilizing 12 Step Programs
  Jim Wuelfing, BA, NRPP, CPP-R

- **May 9**: Substance Use Issues in Gay and Lesbian Clients: Considerations for Effective Practice
  William Pellecito, MA; Katherine Kranz, LICSW, LCDP; Dennis Ghindia, PhD, LCSW, LCDP

- **May 23**: The Chemically Dependent Family
  Susanne Smoller, RCSW, CASAC, CPP, ACSW

- **June 6**: Substance Abuse among the Elderly
  David Duncan, PhD, CAS

Eye on Legislation

NH HB 206 - relative to alcohol education and abuse prevention treatment programs, aimed at maintaining integrity of Governors Commission funds passed the House, will be considered by the Senate May 3rd, 2005.

NH HB 0206 – relative to the licensing of substance abuse professionals, aimed at increasing numbers of licensed professionals while supporting quality of services has passed the House, will be heard soon by the Senate, tagged “ought to pass” by Senate committee.

NH HB 535 – increases tobacco taxes by 28 cents per pack and deposits revenues to the educations fund, has passed the House and will be debated in the Senate Ways and Means Comm. 5-18-05 1:30 pm

NH Budget 2006-7. A small portion of NH alcohol taxes is designated by law for prevention and treatment programs. This should be 5 million dollars per year, but it has been 2.3 million for each of the past two years. An effort is underway to reinstate the proper funding levels. Follow progress at [www.new-futures.org](http://www.new-futures.org) 2006-2007 Budget Update.

For more information on all NH State bills go to: [http://www.gencourt.state.nh.us/ie/](http://www.gencourt.state.nh.us/ie/)
To weigh in with your legislators go to: [www.gencourt.state.nh.us/senate/members/](http://www.gencourt.state.nh.us/senate/members/) or [www.gencourt.state.nh.us/ie/whosmyrep/](http://www.gencourt.state.nh.us/ie/whosmyrep/)

***RECENTLY OPENED***

Adolescent Inpatient Treatment Program at Valley Vista, Bradford, Vermont

Provides primary treatment and extended support to chemically-dependent adolescents within a structured, supportive and therapeutic environment with engagement of families in the recovery process.

Information at 802-222-5201 x51
Advancing the Field

New and Evolving Works

Robert Drake MD, PhD, DMS Professor of Psychiatry and Community and Family Medicine, received a new grant from the National Institutes on Disability Rehabilitation and Research to develop a research training center to serve clients with substance abuse and disabilities at 2 Ohio sites using his successful supported employment model.

Alan Green MD, Chair, Dept of Psychiatry DMS, and Robert Drake MD received a grant from Janssen Pharmaceutical for a multi-center to study the efficacy of risperidone in the Treatment of Co-Morbid Alcohol Use Disorder and Schizophrenia

Mark McGovern PhD, DMS Department of Psychiatry received a grant from the State of NH Administrative Office of the Courts to support work in association with Reclaiming Futures.

Pen and Ink from Dartmouth Colleagues


PEOPLE

C. Everett Koop MD, ScD., former US Surgeon General and DMS Professor, was honored March 18th at DHMC for “candor, will, rigor, and purpose” demonstrated in his fight against tobacco and for the health of the nation, by the establishment of the C. Everett Koop Award for Courage which will be given annually to a medical student or faculty member demonstrating leadership in public health.

James Platt, Director of the Dartmouth College Faculty/Employees Assistance Program, Instructor in Psychiatry at DMS, was recognized November 17, 2004 by the International Association of Employee Assistance for Professionals in Higher Education for exemplary service to the organization.

Seddon Savage MD, Director of DCARE and Adjunct Associate Professor of Anesthesiology, has been appointed chair of a US Center for Substance Abuse Treatment (CSAT) Work Group on Health Professional Education aimed at improving clinical provider understanding of interfacing issues of addiction and pain.

New Hampshire Task Force on Women and Addiction

Annual Dinner Meeting, Thurs June 30, 2005, 5:30 – 8:30 pm Lochmere Country Club in Tilton, NH.

Symposium on Women's Treatment and Rehabilitation, Friday July 1, 2005. 1 – 4pm at the Brown Building in Concord, NH.

Speaker for both events: Dr. Joan Gillece
Noted researcher & innovator in the treatment of women www.nhtfwa.org

* SAVE THE DATES *

October 27 & 28, 2005, Annual Vermont Substance Abuse Conference, Lake Morey Resort, Fairlee, Vermont. Contact: Casey Boyle Eldridge, 802-754-2611

November 18, 2005, 4th Annual Vermont Physician Conference on Addiction Medicine, Capitol Plaza, Montpelier, Vt. Info: swilson@vdh.state.vt.us

Synergy enhances change. Please send news and information to share with others.
D CARE@dartmouth.edu
**Treatment Works**

All physicians can easily become certified to provide effective treatment for heroin and prescription opioid addiction. To learn more, visit [http://buprenorphine.samhsa.gov](http://buprenorphine.samhsa.gov) and/or order free Treatment Improvement Protocol (TIP) #40

Clinical Guidelines for the Use of Buprenorphine in the Treatment of Opioid Addiction

Buprenorphine Training Open to All Physicians
Saturday, May 21, Portland Maine
[https://www.docoptin.com/Physician/](https://www.docoptin.com/Physician/)

For info on online and other trainings
[http://www.aap.org/buprenorphine/buprenorphine.htm](http://www.aap.org/buprenorphine/buprenorphine.htm)
[http://www.asam.org/conf/Buprenorphineconferences.htm](http://www.asam.org/conf/Buprenorphineconferences.htm)

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**DARTMOUTH CAMPUS AA**

ALCOHOLICS ANONYMOUS

THURSDAYS

7:00 – 8:00pm

119 Silsby

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**DCARE CONNECTION**

Dartmouth Center on Addiction Recovery and Education

40 North College Street, Hanover, New Hampshire 03755

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**An addition as we go to press:**

**Wed, May 25, 2005, 7-9am, Dartmouth Hitchcock Medical Center, Aud E**

Buprenorphine in pregnancy and the neonatal period: what practitioners need to know.

Pediatric/ObGyn Grand Rounds

Speakers: Don West MD, DHMC; John Brooklyn, MD, UVM; Anne Johnston, MD, FAHC Neonatology

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**Sharing of this document with other individuals and group is permitted, in fact encouraged.**

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