
DCARE CONNECTION

Linking people and information for positive change

Volume 1, Issue 3

Dartmouth Center on Addiction Recovery and Education

June - July - August 2005

Local Update

Dartmouth News

Ownership of Alcohol Promotional Items and Its Association with Early Onset Teen Drinking, a study by **Auden McClure, Jennifer Gibson and James Sargent** of Dartmouth Medical School, was presented at the Academic Pediatric Society annual meeting. The study found that students who owned clothing or accessories displaying an alcohol brand were more likely to use alcohol than those who did not. The authors suggest the alcohol industry stop such distributions as the tobacco industry did in 1998 under pressure from state attorneys general.

Welcome to Dr. Penny Grant MD, a nationally noted advocate for endangered children with special expertise in issues related to substance misuse, has joined the DMS Department of Pediatrics as Medical Director of the **Child Advocacy and Protection Program**. She will be speaking on amphetamine abuse at the fall Vermont Physician Conference on Addiction Medicine.

Win Turner PhD has been hired as Program Director, and **Caroline Lee PhD** as a clinical care provider, for the **Intensive Outpatient Program** of the Addiction Treatment Program at Dartmouth Hitchcock Medical Center. The program anticipates opening in August.

The **2nd Annual Symposium on Substance Use: Standing Together with Youth** hosted by DCARE on May 26th was attended by 175 people. The symposium blended science and cultural considerations in evaluating and addressing substance problems among youth, and featured presentations by many young persons, including recovering youth, youth who mentor other youth, and youth doing education, service and research on substance use problems. Contact dcare@dartmouth.edu to be put on mailing list for next year's conference.

On June 11th of alumni weekend DCARE hosted a panel on **"Drinking at Dartmouth: Then and Now"** that included members of the Class of '55 Alumni and Dartmouth Faculty. Approximately 75 people attended and participated in a lively discussion about the causes of and solutions to potentially harmful drinking among college students.



"Gets a good buzz going" claims the company that makes Subyou, small packets of flavored vodka and rum powder that create alcoholic drinks when mixed with plain water. The packets, each enough for about 1 ½ standard drinks, are available over the internet without proof of age for US \$2-3 and are growing in popularity. They are available in Europe at check-out counters in convenience stores and gas stations. German authorities are scurrying to apply a high tax to the powders, as they did last year to successfully reduce youth consumption of sweet alcopop drinks that are also marketed to children. When will the powder make it to the U.S.? www.subyou.de

Outdoor Summer Fun(d)-Raisers

Paddlepower! Two Days on the River Fund-raiser for Suicide Prevention

August 6-7 West Central Behavioral Health/DHMC
www.paddlepower.org 603-448-0126

Second Annual Headrest 5-mile Walk-a-thon For Headrest 24/7 Crisis Suicide Hotline

August 27. Meet at 9am Coburn Park, Lebanon.
www.headrest.org or 603-448-4872

LEARNING OPPORTUNITIES

AROUND THE REGION

July 1 1pm - 4 pm

Breaking the Cycle: *Finding Alternatives for Healing Women and Families in the Criminal Justice System* - Joan Gillece PhD, Warden Steven Williams, Loel Meckel LCSW, Brown Building, 105 Pleasant Street, Concord, NH
NH Task Force on Women and Addiction
Info: jackiecdp@aol.com 603-450-8570

July 9 9:30am-11:30am **Governor's Commission on Alcohol and Drug Abuse Prevention, Intervention and Treatment** at the Legislative Office Building, 33 North State St in Concord, Rooms 201-203. Open to all. Learn. Network. Weigh in.

July 11 **Online 4 week training.**
Simply Being: The appropriate use of self in the therapeutic relationship with addicted adults.
Draws from diverse spiritual, creative and psychotherapeutic arts including meditation, guided meditation, mindfulness and writing practices.
www.attc-ne.org/education/index.html

LEARNING FUN IN THE SUMMER SUN

July 25-28 – 5th Annual New England School of Prevention Studies, Roger Williams University of Bristol, RI

August 22-25 - 13th Annual New England School of Best Practices in Addiction Treatment: *Advanced Addiction Studies and Opioid Dependence Treatment Coursework*, Waterville Valley, NH
Info on both at www.neias.org or 207-621-2549

EARLY AUTUMN EVENTS

September 9 8:00am – 1:00pm
Mapping the Addiction Maze
Ascutney Mountain Resort, Mt. Ascutney, VT.
sherry.calkins@hitchcock.org

September 15-16, New England Association of Drug Court Professionals 5th Annual Conference, **Ten Years of New England Drug Courts: Lessons Learned and What Works.** UMass Boston New Campus Center, 100 Morrissey Blvd, Boston MA
NEADCP@advocatesinc.org

Women's Leadership Training Initiative

The Women's Leadership Training Initiative is a series of four empowerment workshops for recovering women. Workshops are scheduled from 9am till 1pm on the following dates. Monday July 18th, Tuesday July 19, Tuesday July 26, Wednesday July 27 at the YWCA- Manchester, 72 Concord St, Manchester, NH. Lunch and childcare are provided. info@nhftwa.org

* SAVE THE DATES *

October 6 10:00am – 5:00pm at Hartness House, Springfield, Vermont & November 3 9:00am – 4:00 pm at Holiday Inn, Burlington, VT
Nurses Role in Management of Opioid Dependence in Hospital and Community Settings
dlanph@vdh.state.vt.us by July 15

October 27 & 28 Annual Vermont Substance Abuse Conference, Lake Morey Resort, Fairlee, VT
Casey Boyle Eldridge, 802-754-2611

November 18 4th Annual Vermont Physician Conference on Addiction Medicine. Capitol Plaza, Montpelier, VT Casey Boyle Eldridge, 802-754-2611

GREAT ISSUES IN MEDICINE SERIES

November 16, 17 & 18

Sponsored by Dartmouth Medical School and DHMC will focus this year on
ADDICTION

with special attention to international and social issues including narco-terrorism, how big business and drug cartels market addiction, and the international drugs-for-sex trade, as well as on neurobiological effects of drugs.

Details on location and events to follow.

Advancing the Field

Michael Beach MD of the Dept of Anesthesiology and **Madeline Dalton PhD, MPH** of the Department of Pediatrics, Dartmouth Medical School have been awarded a 5 year grant from the National Cancer Institute to study "Movie Influences on Adolescent Smoking: A Follow-Up Study"

James Sargent MD, Dept of Pediatrics at DMS, has been awarded a three year grant from National Institutes on Alcohol Abuse and Addiction to study "Media Influence on Early Onset Alcohol Use."

Final Eye on Legislation 2005

NH HB 0206 – aimed at increasing numbers of licensed substance professionals while supporting quality of services passed both the house and the Senate and has been signed by the Governor.

NH HB 206 aimed at maintaining integrity of Governors Commission funds passed the House and Senate and was signed by the Governor.

NH HB 535 aimed at increasing the tobacco tax by 28 cents per pack and depositing revenues in the education fund was passed by the House, then designated "inexpedient to legislate" by the Senate. The increased tobacco tax was then attached as an amendment to the State Budget, HB 2, which was adopted on June 29.

For more information on all NH State bills go to:
<http://www.gencourt.state.nh.us/ie/>.
To weigh in with your legislators go to:
www.gencourt.state.nh.us/senate/members/
<http://www.gencourt.state.nh.us/ie/whosmyleg/>

Information on
Online and Other Addiction Education Courses

**The Addiction Technology Transfer
Center**

<http://www.nattc.org/addictionEd/index.asp>

A Selection of Useful Websites for and about Youth

Younger kids

Too Smart to Start

<http://www.toosmarttostart.samhsa.gov>

Kid's Health

www.kidshealth.org

Teens

The Cool Spot

<http://www.thecoolspot.gov>

Free Vibe

www.freevibe.com

National Institutes on Drug Abuse for Teens

<http://www.teens.drugabuse.gov/>

Students Against Destructive Decisions

www.sadd.org

Check Yourself (self-assessment)

www.checkyourself.com

College Age

Facts on Tap

www.factsonatap.org

Go Ask Alice

www.goaskalice.columbia.edu

E-chug self assessment

www.e-chug.com

The Facts

College Drinking

<http://www.collegedrinkingprevention.gov>

National Institute on Alcohol Abuse & Alcoholism

<http://www.niaaa.nih.gov/>

National Institutes on Drug Abuse (NIDA) Facts,

<http://www.nida.nih.gov/drugpages.html>

National Institutes on Drug Youth & Underage

Drinking

<http://www.health.org/govpubs/rpo990/>

Attention **Dartmouth Alumni**

In recovery or with loved ones in recovery

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### **Consider joining**

#### ***the Alumni Forum on Recovery at Dartmouth***

Alumni FOR Dartmouth is an informal network that supports Dartmouth students, faculty, staff and other alumni in recovery and that advocates for initiatives to better address substance problems in the greater Dartmouth Community and beyond.

**More information: [www.dartmouth.edu/~dcare](http://www.dartmouth.edu/~dcare)  
Click Alumni Forum on Recovery**

## **Job Board**

### **Odyssey Family Center Seeks Director**

Canterbury, NH. Clinically intensive residential treatment community for 12 substance abusing pregnant and postpartum women and their small children. [ederocher@odyssey.org](mailto:ederocher@odyssey.org)

### **Habit Management Seeks Substance Abuse**

**Counselor**, West Lebanon, NH. Counselors provide individual, group and family therapy in a setting that offers the opportunity to do long-term treatment. 603-298-2146, Diane St. Onge or Judi Daigle

## **DCARE CONNECTION**

Dartmouth Center on Addiction Recovery and Education  
40 North College Street, Hanover, New Hampshire 03755

The **CONNECTION** seeks to promote creative approaches to reducing harmful use of alcohol and drugs through network building and information sharing. Feedback, ideas and news are actively invited. Contact us at [DCARE@dartmouth.edu](mailto:DCARE@dartmouth.edu)

To be deleted from this mailing list, please request by return e-mail or call (603)-646-9215.