

**A message for Dartmouth alumni in recovery and those with loved ones who have struggled with alcoholism or other addictions:**

**Warmest greetings from the Alumni Task Force of the Dartmouth Center on Addiction, Recovery and Education (DCARE).** If national statistics apply, about 1 in 10 Dartmouth graduates has struggled personally with alcoholism or another form of addiction, and many more of us have experienced the anguish of this disease through the challenges of someone we love. We know from experience how devastating the disease can be and many of us have encountered ignorance, stigma and isolation as we have tried to address it. Some of us still struggle, others of us have made our peace. Every year, however, we know that new individuals, including many at Dartmouth, find themselves struggling with substance problems.

DCARE exists to cultivate and integrate activities within the greater Dartmouth community that help:

- Assure that the needs of students, faculty, staff and others in the Dartmouth community, who are challenged by addiction, are effectively addressed.
- Reduce harmful drinking and drug use on campus.
- Improve understanding of addiction and related problems in order to reduce the stigma and misunderstanding associated with the disease and to encourage a culture that recognizes and addresses these problems appropriately.
- Improve the education of health care providers, in addiction medicine in order that these problems be detected early and addressed appropriately as medical issues.

At this time **the Alumni Task Force of DCARE seeks to develop a forum of alumni in recovery and others whose lives have been affected by the addiction of family or friends** in order to support the mission of DCARE. We envision the forum lending support to the mission in a variety of different ways according to our individual interests and strengths, -among the possibilities:

- Advocating for Dartmouth to effectively address these issues
- Generating ideas and programs to fulfill the mission of DCARE
- Developing supportive relationships among ourselves in addressing addiction
- Mentoring students, faculty and staff with substance use problems
- Sharing substantive support to assure that substance use issues at Dartmouth are addressed in perpetuity.

Imagine the powerful force we can create if all recovering, and otherwise addiction-interested alumni, work together towards solutions. Many initiatives are currently evolving at Dartmouth that promise to make Dartmouth a leader in the field.

As a member of the forum you will:

- Receive regular communication from DCARE regarding alcohol and other drug-related issues and initiatives related to the Dartmouth community.
- Have access to Web-based discussion among Forum members
- Be welcome at quarterly Alumni Task Force meetings held in Hanover
- Be invited to DCARE's panel discussion on alcohol and other drug issues held during reunion week each June.
- Be invited to DCARE's annual spring symposium.

You can learn more about DCARE at the evolving DCARE website, [www.dartmouth.edu/~dcare](http://www.dartmouth.edu/~dcare).

We encourage you to join the Alumni Forum on Recovery at Dartmouth (Alumni FOR Dartmouth). Your membership will be confidential unless you give us written permission to share your name in specific circumstances. Please send your name, class and contact information with an indication that you would like to join the forum to DCARE through any of the following means:

Email – [mary.f.batchelder@dartmouth.edu](mailto:mary.f.batchelder@dartmouth.edu)

Mailing Address – DCARE, 40 North College St, Hanover, NH 03755

Phone – 603-646-9215 and ask for Mary

We wish you and your loved ones all the best.

With gratitude,

Hartley Webster '61  
Co-Chair Alumni Task Force

Mark Logan MD '73  
Co-Chair Alumni Task Force