

DCARE CONNECTION

Linking people and information for positive change

Volume 2, Issue 3

Dartmouth Center on Addiction Recovery and Education

July - August 2006

Dartmouth Substance News

Over 900 Dartmouth students went through alcohol screening at an event on May 15th organized by the Dartmouth College Health Service. Students were attracted to the screenings by free colorful Nalgene bottles given in exchange for their undergoing a brief alcohol screen. Those who screened positive for problematic alcohol use were provided the opportunity to participate in further assessment.

Joyce DeLeo, Flobert Tanga, and Nancy McMenemy, DMS Department of Anesthesiology and **William Hickey** DMS Associate Dean, received a 5 year award from the National Institutes on Drug Abuse to study "Alternatives to Opioids for Chronic Pain: Part III"

Jim Platt, Director of the Dartmouth Faculty and Employee Assistance Program, has become President-Elect of the Int'l Association of Employee Assistance Professionals in Education.

McClure A, Dal Cin S, Gibson C, Sargent J; "Ownership of Alcohol Branded Clothing and Initiation of Teen Drinking"; American Journal of Preventive Medicine, April 30, 2006 (4):277-83. This DMS Dept of Pediatrics study found significantly higher use of alcohol among teens who own alcohol branded clothing. Causality was not conclusive, but authors suggest parents and schools be encouraged to limit the ownership and display of these items among teens.

Brunette MF, Drake RE, Xie H, McHugo GJ, Green AI, "Clozapine and Relapses of Substance Use Disorder in Patients with Co-occurring Schizophrenia and Substance Use Disorder"; *Schizophrenia Bulletin*. June 16, 2006. This DMS Dept of Psychiatry study found reduction in substance relapse in patients using clozapine compared with other anti-psychotics. The authors suggest clozapine be considered for use in patients with co-occurring substance use disorders and schizophrenia.

New Futures

Community Leadership Initiative Retreats

Locations and dates for 2006 & 2007

Concord, NH: December 7, 2006

Keene, NH: February 7, 2007

Derry, NH: March 8, 2007

Plymouth, NH: December 6, 2007

Encourage colleagues, friends, and neighbors to become leaders in addressing underage drinking and in demanding access to treatment.

Contact Linda King at lking@new-futures.org

The Good the Bad and the Ugly

*A series on the
Alcohol Culture at Dartmouth
May 8-May 11th, 2006*

Sponsors:
Active Minds
The Gordie Foundation
C Everett Koop Scholars
Sexual Assault Peer Advisors
Drug and Alcohol Peer Advisors
Nathan Smith Pre-Medical Society
Dartmouth Center on Addiction Recovery and Education

Is Drinking a Problem at Dartmouth?

Student Debate:
Monday May 8th, 7-8 pm, Dartmouth Hall 105

How does Drinking affect
Minority Cultures at Dartmouth? Student Panel
Tuesday May 9th 6:30-7:30 pm, Moore B03

Should the Drinking Age be changed?

Student and Prof Debate
Wednesday May 10th 7-8 pm Dartmouth Hall 105

The Good, the Bad and the Ugly:
Just the Facts on Alcohol and other Drugs
Vivianne Tawfik, Dartmouth MD, PhD candidate
Thursday May 11th, 12-1pm, Tindle Lounge

Alcohol, Sex and Violence

Keith Edwards, Leah Prescott
Thursday May 11th, 7-8:30 pm, Carson L02

The Good, the Bad and the Ugly: A Series on the Alcohol Culture at Dartmouth was held the week of May 8th-12th, 2006 exploring diverse alcohol-related topics as noted on the above poster. Films with substance-related themes also screened on the Dartmouth video channel throughout the week. Six student groups co-sponsored the series of events which DCARE helped to coordinate. More than twenty-five Dartmouth students and faculty participated in panels, debates and planning. Jennifer Weirville Norton of New Futures graciously and articulately debated a popular Dartmouth professor and a student regarding the 21 year old drinking age.

The series engendered lively discussion and many pearls, but was relatively sparsely attended. Planning will begin in the fall of 2006 for a winter 2007 series. In addition to planning content and format, energy will focus on how to attract to the events busy students with myriad options for investing their time. All ideas are welcome.

Prevention experts may question the wisdom of using the Belushi-Animal House image to promote the series in terms of its potential reinforcement of the perception of binge drinking in College as a social norm; DCARE debated this and ultimately concluded the attention-getting value of the image probably outweighed the social norm concern. Still processing...

LEARNING OPPORTUNITIES

July 17th-21st, 9am-12:15pm, "Substance Abuse and Dual Diagnosis: New Treatment Approaches", Four Points by Sheraton, Eastham, MA. 413-499-1489 X1 or www.neei.org

July 17th-28th, "Chemical Dependency: Etiology and Treatment", 3 credit graduate counseling course, University of Vermont, 802-656-3888

July 25th, 9am-4pm, "Basic Addiction for Nurses & Other Health Care Professionals", VT Dept of Health, Cherry St, Burlington, VT, Conf Room 2B. 802-863-8451 or larry@gmpvvt.org

August 7th, 8:30am-3:30pm, "Adult ADHD, Substance Abuse and Post Acute Withdrawal Syndrome: Treatment Strategies for the Restless, Distracted and Overwhelmed". Tom Fox Memorial Chapel, 105 Pleasant St., Concord, NH 603-271-6101 or dpepin@dhhs.state.nh.us

August 11th, 9am-3pm, "Introduction to Relapse Prevention". The Common Man Inn, Plymouth, NH. 603-271-6101 or dpepin@dhhs.state.nh.us

Aug. 21st-24th, "14th Annual New England School of Best Practices in Addiction Treatment", Waterville Valley Resort and Conference Center, Waterville Valley, NH. 207-621-2549 or <http://www.neias.org>

Aug. 25th, 8am-4pm, "Substance Abuse Group Skills and Activities with Incarcerated Populations", Common Man Inn, Plymouth, NH. 603-271-6101 or dpepin@dhhs.state.nh.us

Save the Date

October 6th, 8:30am-3:30pm, "Understanding Common Drug of Abuse: Pharmacology Meets Real World Prevention Strategies". Tom Fox Memorial Chapel, 105 Pleasant St., Concord, NH. 603-271-6101 or dpepin@dhhs.state.nh.us

Oct. 19th & 20th, NH Substance Abuse Conference, "Recovery and Resiliency: Strength through Connections", Attitash Grand Summit Resort & Conference Center, Barlett, NH. 603-271-6101 or dpepin@dhhs.state.nh.us

October 20th, 12pm-2:30pm, 8th Annual Leadership Recognition and Awards Celebration, Attitash Grand Summit Resort & Conference Center, Bartlett, NH.

Oct 27th, 8:30am-3:30pm, "Poly-Pharmacy & Alcohol Use by the Older Adult: Examining the Invisible Epidemic". Tom Fox Memorial Chapel, 105 Pleasant St., Concord, NH. 603-271-6101, dpepin@dhhs.state.nh.us

November 6th, 8:30am-3:30pm, "Advanced HIV/AIDS for Substance Abuse Professionals". Tom Fox Memorial Chapel, 105 Pleasant St., Concord, NH. 603-271-6101 or dpdpin@dhhs.state.nh.us

November 30th, 8:30am-3:30pm, "Exploring Ethical Issues for Mental Health, Substance Abuse & Social Work Professionals". Tom Fox Memorial Chapel, 105 Pleasant St., Concord, NH. 603-271-6101 or dpepin@dhhs.state.nh.us

PHYSICIAN ORIENTED LEARNING

Aug. 16th-19th, "Dartmouth Summer Institute in Evidence-Based Psychiatry", Dartmouth College, Hanover, NH. Sarah Castle @ 603-653-1512

October 20th & 21st, "Addiction Medicine: New Problems/New Solutions". Radisson Hotel Boston, 200 Stuart St., Boston, MA. www.cme.hms.harvard.edu

On-line Buprenorphine Training Program
Become certified to treat your own patients with opioid addiction. www.BuprenorphineCME.com

Technology Based Learning

www.attc-ne.org/education/index.html

- July 24th, Substance Abuse among the Elderly
- August 7th, Battered Women and Addictions
- August 15th, S.M.A.R.T. treatment planning using the ASI

www.pathwayscourses.samhsa.gov/

- Environmental Strategies for Prevention: A guide to helping the prevention professional work effectively in the community
- Silence Hurts: Alcohol abuse and violence against women (for Professionals)
- It Won't Happen to Me: Alcohol abuse and violence against women (for those concerned about the issues)
- At Any Age, It Does Matter: Substance abuse and older adults (for professionals)
- Alcohol, Medication and Older Adults: For those who care about or care for an older adult
- Out of the Shadows: Uncovering substance use and elder abuse (for professionals)

www.udetc.org

- September 21, 3:00pm-4:15pm: Action through the Eyes of Youth
- October 19, 3:00pm-4:15pm: Alcohol and Athletes: A Scientific Look at the Impact of Alcohol Use on Athletes

Honor someone you respect.

Nominations sought for the
Tom Fox Scholarship Awards
Award for Prevention
Award for Treatment

Nomination deadline: Friday, September 15th
Send to Aviva Meyer at New Futures
603-658-2770 or ameyer@new-futures.org

**Spotlight on...
The Gordie Foundation**

This nationwide organization is dedicated to the memory of Gordie Bailey, who died September 17, 2004 at age 18 of alcohol poisoning as a result of a fraternity initiation ceremony at the University of Colorado.

Founded by his parents and friends, the mission of the Gordie Foundation is to provide youth with the skills to navigate the dangers of alcohol, and through education and promotion of self worth prevent alcohol poisoning, binge drinking and hazing. Alex Cushman, Dartmouth '08, a Deerfield Academy classmate of Gordie, chairs the Dartmouth Chapter.

The organization keeps its message simple and focused: prevent and intervene in alcohol poisoning. It makes available wallet cards, jewelry, Vineyard Vines ties, and other paraphernalia that promote this message.

www.thegordiefoundation.org

*New Hampshire Task Force On
Women and Recovery*

Women's Leadership Training Initiative

Odyssey Family Center, Canterbury, NH

July 29th, 9am – 2pm

July 30th, 9am – 2pm

August 5th, 9am – 3pm

See your vision and find inner strength, share courage and wisdom with other women in recovery.

**Women's Leadership Training Initiative
Facilitator Trainings**

Concord, NH, location TBA

August 25th, 8:30am-2:30pm

August 26th, 8:30am-2:30pm

August 27th, 8:30am-3:30pm

Preference for facilitator training is given to recovering women, WLTI graduates and allies working in underserved areas or strategic partner organizations.

**Wrap Up
New Hampshire Legislation '06**

PASSED

HB 1260 Requires first-time driver's license applicants be informed of controlled drug laws and prohibits issuance of a youth operator's license to controlled drug violators. Rep Hinkle. Effective 7/21/06

HB 1448 Supports court's discretion to require a youth to complete substance education in lieu of losing license. Rep Knowles. Effective 7/1/06

HB 1581 Licenses of persons under 21 shall have horizontal & vertical axes opposite to those of licenses of other persons. Rep Butynski. Effective 1/1/08

HB 1667-FN Establishes penalties for methamphetamine manufacture and possession of substances with intent to manufacture. Rep Hogancamp. Effective 1/1/07

HB 1745-FN Establishes penalties and reporting requirements for meth-related crimes involving children and incapacitated adults. Rep Harvey. Effective 5/19/06

SB 262 Establishes the position of an administrator of women offenders and family services within the Dept of Corrections & establishes an interagency coordinating council on women offenders. Sen Larsen. Effective 7/1/06

INTERIM STUDY (still alive)

HB 1406-FN Adds methamphetamine to the penalty provisions of the controlled drug act. Rep Hinkle

HB 1714-FN Establishes an electronic controlled drug prescription monitoring program. Rep Pilliod

SB 0355-FN Changes "minor in possession" statute from intoxication to consumption. Sen Roberge

INEXPEDIENT TO LEGISLATE (Defeated)

HB 1319-FN-A Decreasing the rate of the tobacco tax. To decrease tobacco tax from \$.80 back to \$.52 per pack. Rep Buhlman

HB 1437 Establishing a committee to study effects of current state and federal laws on the possession and use of illegal drugs. Rep Ingbreton

HB 1467-FN Requiring the registration of drug offenders. Rep Hinkle

HB 1515-FN-A Increasing the tobacco tax and dedicating certain tobacco tax revenues to the tobacco use prevention fund. To increase tobacco tax from the current \$.80 to \$.85 per pack to fund the tobacco prevention fund. Rep Almy

HB 1558 Relative to regulation of smoking by cities and towns. Rep Pilliod

HB 1591-FN-A Requiring tobacco tax revenue from tobacco sales to minors and tobacco consumption by minors be deposited in the tobacco use prevention fund for youth tobacco use prevention purposes. Rep Knowles

HB 1647-FN Relative to lowering the legal drinking age for members of the armed forces. Rep Splaine

HB 1731-FN Making pseudoephedrine products available only by prescription. Rep Butynski

SB 333 Requires the court to inquire of DWI defendants whether a licensed establishment served alcohol to the defendants. Sen Foster

LAI ON THE TABLE (Defeated)

HB 1578 To provide enhanced awareness of and education on methamphetamine to the citizens of New Hampshire. Rep Tilton

HB 1713-FN Restricts over-the-counter sale of pseudoephedrine and ephedrine base drugs. Establishes a commission to study the feasibility of an electronic tracking system for sales of base drugs. Rep Hogancamp

Legislative details at:

<http://www.gencourt.state.nh.us/ie/>

More detailed discussion of these bills at New Futures website:
www.new-futures.org/issues-action/current-issues/legislative-updates.asp

Job Board

Odyssey House, Inc., New Hampshire

- **Quality Improvement Director**
A Master's degree in relevant field with a minimum of 2 years of QI experience or BA degree, at least 5 years of QI experience required.
- **Residential Youth Counselor, Hampton, NH**
2 years of college preferably towards a degree in psychology, social services or a related field. Bachelor's degree preferred.
- **Overnight Primary Caregiver, Hampton, NH**
2 years of college preferably towards a degree in psychology, social services or a related field. Bachelor's degree preferred.

www.odysseynh.org or e-mail ederocher@odysseynh.org

Vermont Department of Health Scholarships

Vermont Department of Health, Division of Alcohol and Drug Abuse Programs will be offering a combination of full and half scholarships to the 14th Annual New England School of Best Practices in Addiction Treatment. Deadline for scholarship request is 8/4/06.
www.neias.org.

DCARE has moved.

Still at 40 North College Street, Hanover, NH
but enter back of building, up one short flight of stairs.
(accessible alternative available)

The coffee's always on. Visitors welcome! 603-646-9215.

DCARE CONNECTION

Dartmouth Center on Addiction Recovery and Education
40 North College Street, Hanover, New Hampshire 03755

The **CONNECTION** seeks to promote creative approaches to reducing harmful use of alcohol and drugs through network building and information sharing. Feedback, ideas and news are actively invited. Contact us at the following:
DCARE@dartmouth.edu
Editors:
Pamela Lin, Dartmouth College '07
Seddon R. Savage MD, MS
Admin Asst: Mary Batchelder

Congratulations!

The following professionals have earned New Hampshire's newly created prevention specialist certification:

Abigail Aldous, Kathleen Kopp, Jay Bachelder, Nancy Jackson-Reno, Laura Bilodeau, Cynthia Marshall, Marty Boldin, Niki Miller, Lee Bruder, Kendree Parker, Diane Casale, Amy Pepin, Ann Duckless, Tym Rourke, Charles Michael Green, Bob Thompson, Catherine Howard, and Jackie Valley

More info at prevcertnh@hotmail.com

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please request by return e-mail or call (603)-646-9215.