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# DCARE CONNECTION

*Linking people and information for positive change*

Volume 3, Issue 1

Dartmouth Center on Addiction Recovery and Education

January-February 2007

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## Dartmouth News

**3<sup>rd</sup> Annual Dartmouth Symposium on Substance Use: Bringing Together Addiction Specialists and Other Healthcare Providers to Improve Care of Persons with Substance Disorders**– May 11<sup>th</sup>, 9am - 4pm, Alumni Hall, Hopkins Center, Hanover, NH. Check [www.dartmouth.edu/~dcare](http://www.dartmouth.edu/~dcare) for details as available.

**DMS Public Health Advocacy Meeting**- Forty Dartmouth Medical School students gathered to learn about effective public health advocacy on November 28th. This is the 2<sup>nd</sup> year that New Futures, DMS faculty and New Hampshire Medical Society physicians have combined forces for the training session which was arranged by Ben Snyder and Tivon Sidorsky DMS '09s. A follow-up day of hands-on learning is planned at the NH Legislature in February.

**Congratulations** to new interns in the C Everett Koop Scholar in Addiction Medicine Program – Lucy Liu, Dartmouth '09, Debraj Mukherjee, DMS '07, Mary Cooper, Dartmouth '07, Ben Snyder, DMS '09 and Will Canestaro, Dartmouth '06, Post-graduate Fellow at Tucker Foundation.

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### Help and Support Resources at Dartmouth

#### Drug and Alcohol Peer Advisors (DAPAs)

DAPA@dartmouth.edu

**Campus AA** - If questioning your use or in recovery  
Tuesdays 7-8 pm, 119 Silsby

**Campus AI-Anon** -If you are affected by another's use  
Tuesdays 5:30-6:30 pm, 119 Silsby

**Pizza Recovery Lunches** - Informal gatherings  
Fridays 12-1pm, 119 Silsby

**Recovery Housing**- Op to live with others in recovery  
Contact Dr. Mark Reed - 646-9442

#### Confidential Assessment and/or Treatment

DHMC Addiction Treatment Program -653-1860  
College Health Office - 646-9442

#### Alumni Forum on Recovery

Dartmouth alums available for informal discussion  
Contact info: [www.dartmouth.edu/~dcare](http://www.dartmouth.edu/~dcare)



Activists protesting the promotion of binge drinking to children scored rapid and decisive victories in January when a letter writing campaign initiated less than one month earlier resulted in three major department store chains discontinuing the sale of drinking games. Kohls, Target, and Linens & Things all dropped the sale of board games that encourage binge alcohol use, including such titles as "Drinko", "Shots and Ladders", and "Keg Pong", after a well coordinated campaign by Join Together, Center for Science in the Public Interest, the Community Anti-Drug-Coalitions of America and other public health interest groups barraged store executives with letters objecting to the promotion of binge drinking. Various packaged drinking games do remain on the shelves of some retailers, however, and spontaneous adaptations of favorite childhood games to include drinking, of course, still abound.

*Never doubt that a small group of thoughtful committed citizens can change the world, indeed it is the only thing that ever has.*  
Margaret Mead

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### SMOKE-FREE NEW HAMPSHIRE Passed the House, Failed the Senate by One Vote in 2006 Let's pass it in 2007

SB 42-FN – An act prohibiting smoking in restaurants, cocktail lounges, and certain enclosed public places.  
SPONSORS: Sen. Gottesman, Dist 12; Sen. D'Allesandro, Dist 20; Sen. Hassan, Dist 23; Sen. Fuller Clark, Dist 24; Sen. Odell. Status: In Committee

Check for hearings at:

<http://www.gencourt.state.nh.us/ie/>

## Learning Opportunities

**Feb. 7<sup>th</sup>, 8:00-4:00**, “Above the Influence: Current Trends and Effects of Youth Substance Abuse”, Lake Opechee Inn, 48 Elm St., Laconia, NH. 603-524-5835 or [www.cfsnh.org](http://www.cfsnh.org)

**Feb. 12<sup>th</sup>**, The Center for Substance Abuse Prevention (CSAP), Third Annual “Community Prevention Day: A Focus on Underage Drinking-Communities Connecting and Collaborating”, Convention Center, Washington DC. <http://cadca.org/events/forum/forum17/preventionday.asp>

**Feb. 13<sup>th</sup>, Feb. 20<sup>th</sup>, Feb 23<sup>rd</sup>, Feb 27<sup>th</sup>**, “Quitting Smoking, No Ifs, Ands, or Butts – A Smoker’s Guide to Kicking the Habit”. 603-650-2600 or [DHMC.Womens.Health.Resource.Center@hitchcock.org](mailto:DHMC.Womens.Health.Resource.Center@hitchcock.org)

**Feb. 22<sup>nd</sup>, 12:00-1:00**, “Bridging Research and Clinical Practice: Advancing Treatment for Alcohol Dependence”, Blodget St. Conference Room, 1555 Elm St., Manchester, NH. 603-628-7706 x4129 or [kroldeni@mhcgm.org](mailto:kroldeni@mhcgm.org)

**Feb. 23<sup>rd</sup>, 8:30-3:30**, "The 12 Core Functions of a Substance Abuse Counselor", Tom Fox Memorial Chapel, 105 Pleasant St., Concord, NH. 603-271-6101 or [dpepin@dhhs.state.nh.us](mailto:dpepin@dhhs.state.nh.us)

**March 2<sup>nd</sup> & 3<sup>rd</sup>**, "Treating the Addictions", Boston Park Plaza Hotel, 64 Arlington St., Boston, MA. 617-384-8600 or [www.cme.hms.harvard.edu](http://www.cme.hms.harvard.edu)

**March 10<sup>th</sup>, 9:00-4:00**, “Adolescent Drug Abuse: Origins and Interventions”, UNH-Portsmouth, Pease Tradeport, Portsmouth, NH. 1-800-313-5327 or [www.learn.unh.edu](http://www.learn.unh.edu)

**March 28<sup>th</sup>** The Mental Health Center of Greater Manchester Grand Rounds, "Naturopathic Medicine and Substance Abuse", Blodget St. Conference Room, 1555 Elm St., Manchester, NH. 603-628-7706, x4129 or [kroldeni@mhcgm.org](mailto:kroldeni@mhcgm.org)

**March 30<sup>th</sup>, 8:30-4:00**, "The Neurobiology of Addiction in Every Day Terms", Retreat Healthcare, Brattleboro, VT 877-274-3050 or [www.retreathealthcare.org](http://www.retreathealthcare.org)

**March 30<sup>th</sup>, 1:00-2:00**, “Advocacy 101” Ken Libertoff, Ph.D., Executive Director of the VT Association of Mental Health. Room 11 at the State House. An informal workshop on basic advocacy skills. No pre-registration required.

## Across the Net

**Smoking Cessation for Pregnancy and Beyond: Learn Proven Strategies to Help Your Patients Quit**

<http://www.iml.dartmouth.edu/education/cme/>

**March 12<sup>th</sup>** Introduction to Drug Courts

**March 19<sup>th</sup>** Women and Chemical Dependency

**April 2<sup>nd</sup>** Boundary Issues and Dual Relationships in the Treatment of Addictions

**April 30<sup>th</sup>** Drug Treatment Courts: An Integrated Approach

**May 7<sup>th</sup>** Speed Still Kills-The Growing Meth Problem

**May 14<sup>th</sup>** Cocaine: Effective Assessment & Treatment

**May 21<sup>st</sup>** Dual Diagnosed Treatment: Map to Recovery

[www.atcc-ne.org/education](http://www.atcc-ne.org/education)

- **Environmental Strategies for Prevention:** A Guide to Helping the Prevention Professional Work Effectively in the Community
- **Silence Hurts:** Alcohol Abuse and Violence Against Women (for professionals)
- **It Won't Happen to Me:** Alcohol Abuse and Violence Against Women (for Those Who Are Concerned About the Issue)
- **At Any Age, It Does Matter:** Substance Abuse and Older Adults (for professionals)
- **Alcohol, Medication and Older Adults:** For Those Who Care About or Care for an Older Adult
- **Out of the Shadows:** Uncovering Substance Use and Elder Abuse (for professionals)

<http://www.pathwayscourses.samhsa.gov/courses.htm>

**February 12<sup>th</sup>** Adolescent Chemical Dependency: Current Perspectives and Treatment Approaches

**March 5<sup>th</sup>** Developing Culturally Competent Recovery Plans – Person-Centered Planning Using the Recovery Model

**April 16<sup>th</sup>** Substance Use in Gay & Lesbian Clients: Considerations for Effective Practice

<http://www.neias.org/SATAdcal.html>

**The National Center on Substance Abuse & Child Welfare**

- Understanding Child Welfare and the Dependency Court: A Guide for Substance Abuse Treatment Professionals
- Understanding Substance Use Disorders, Treatment and Family Recovery: A Guide for Child Welfare Professionals

[www.ncsacw.samhsa.gov/tutorials](http://www.ncsacw.samhsa.gov/tutorials)

**Adult Training for Inhalant Abuse Prevention**

[www.inhalantabusetraining.org](http://www.inhalantabusetraining.org)

**Dr. James Prochaska**

April 4<sup>th</sup>, 9:00-2:30

2007 N.H. Mental Health Symposium

**Stages of Change: Interventions**

CR Sparks, Bedford, New Hampshire

603-628-7706 or [lenenama@mhcgm.org](mailto:lenenama@mhcgm.org)

### \*\*\*Save the Dates\*\*\*

**April 6<sup>th</sup>, 9:00 - 4:00**, "Boundary Issues for Substance Abuse Professionals in a Rural Setting", Central Vermont Medical Center, Berlin, VT. Examine common ethical issues and conflicts faced by substance abuse counselors in the usual course of practice.

Register online at <http://www.vapavt.org/training.htm>.

**May 4<sup>th</sup>, 8:30-3:30**, "Ethics and Confidentiality for Substance Abuse and Other Mental Health Counselors", Tom Fox Memorial Chapel, 105 Pleasant St., Concord, NH. 603-271-6101 or [dpepin@dhhs.state.nh.us](mailto:dpepin@dhhs.state.nh.us)

**May 17<sup>th</sup>, 12:00-1:30**, New Hampshire Hospital Professional Grand Rounds, "Tobacco-Free Campus and Wellness", New Hampshire Hospital, 36 Clinton St., Concord, NH. Pre-registration is not required

**May 18<sup>th</sup>, 8:30-4:00**, "A Change Focused Approach to Addictions", Retreat Healthcare, Brattleboro, VT. 877-274-3050 or [www.retreathealthcare.org](http://www.retreathealthcare.org)

**June 11<sup>th</sup>-15<sup>th</sup>**, "The 38<sup>th</sup> Annual New England School of Addiction Studies", Bowdoin College, Brunswick, ME. <http://www.neias.org/SS/SATSSCATTC06x.html>

**June 11<sup>th</sup>-13<sup>th</sup>**, "7<sup>th</sup> Annual New England School of Prevention Studies", Bowdoin College, Brunswick, ME. <http://www.neias.org/PSS/SATPvCATcover06x.html>

**July 9<sup>th</sup>-Aug. 3<sup>rd</sup>**, 24<sup>th</sup> Annual Cape Cod Symposia  
*July 9<sup>th</sup>-13<sup>th</sup>*, "Roofies, Ritalin, Rush and More: Update on Teen Drug Trends"  
*July 16<sup>th</sup>-20<sup>th</sup>*, "Substance Abuse and Dual Diagnosis: New Treatment Approaches"  
*July 30<sup>th</sup>-Aug. 3<sup>rd</sup>*, "Addictions, Compulsions and Self-Sabotage: A Multi-Level Approach to Trauma's Legacy"

For information on the Cap Cod Summer Symposias go to <http://www.neei.org/workshops/conferences.aspx?WID=2>

**August 20<sup>th</sup>-23<sup>rd</sup>**, 15<sup>th</sup> Annual New England School of Best Practices in Addiction Treatment, Waterville Valley Resort & Conference Center, Waterville Valley, NH.

Info [www.neias.org](http://www.neias.org)

### Substance Free Party

**Dancing, Comedy and More  
Feb. 17<sup>th</sup>, 7:00pm-Midnight**

Northfield National Guard Armory, 161 Cram Drive,  
Northfield, VT.

\$10/ person at the door.

Contact Ron at (802) 839-9292 or Dave at (802) 485-9246

### 15th Annual

### National Inhalants & Poisons Awareness Week March 18 to March 24, 2007

A media-based, community-level program: NIPAW is designed to increase understanding about the use and risks of inhalant involvement. It is an inclusive program that involves youth, schools, media, police departments, health organization, civics groups and more.

[www.inhalants.org/nipaw.htm](http://www.inhalants.org/nipaw.htm)

## Job Board

### Full and Part-time Clinicians LADC and/or LICSW/LCMHC eligible

Child and Family Services

Adolescent Substance Abuse Program, Manchester, NH.  
Amy Pepin 603-668-1920 ext 142 or [pepina@cfsnh.org](mailto:pepina@cfsnh.org)

### Full-time Senior Clinician LADC and Masters preferred

Merrimack River Medical Services, Hudson, NH  
5 years experience in treating chemically dependent persons.  
Fax, mail or email resumes to:

Susan Latham, Clinical Director, Merrimack River Medical  
Services, 323 Derry Hudson Road, Hudson, NH 03051.  
tel 603-595-3399, fax 603-579-2734

[susan.latham@csacmethadone.com](mailto:susan.latham@csacmethadone.com)

### Residential Youth Counselor

For long-term, residential living environment in Hampton, NH.  
Bachelor's Degree and Driver's license required  
Please forward resume with a cover letter to  
[ederocher@odysseynh.org](mailto:ederocher@odysseynh.org)

### Tobacco Coalition Coordinator, Grassroots Advocacy

The Coalition for Tobacco Free Vermont seeks a passionate, energetic, well organized, and flexible individual to develop and implement strategies to build and sustain the Coalition's membership and grassroots advocacy capacity. Qualified candidates please submit a cover letter and resume to [Hilary.Casillas@cancer.org](mailto:Hilary.Casillas@cancer.org)

### Addiction Treatment Services Research Position

The Dartmouth Psychiatric Research Center seeks two individuals to be trained in and conduct structured clinical assessments of patients in addiction treatment programs.

Individuals to cover treatment centers in:

\*Manchester and Concord (NH)

\*Lebanon (NH), Wilder and Brattleboro Vt

Estimate 1-3 assessments per week. Flexible hours

Position is contractual and compensation is based on clinical work experience and the number of assessments conducted. MA/MS in counseling, psychology or social work preferred.

For National Institute on Drug Abuse funded grant (Mark McGovern, PI). Contact Stephanie Acquilano  
[Stephanie.Acquilano@Dartmouth.edu](mailto:Stephanie.Acquilano@Dartmouth.edu) or 603-271-5683

### Local Co-Dependency Groups

Co-Dependents Anonymous meeting, Tuesdays @ 6:00pm at the Turning Point Club, White River Jct., VT.

Full meeting list: [www.turningpointclub.com](http://www.turningpointclub.com)

Co-Dependent Support Group for Adolescents, Mondays, 3:00pm-4:30pm at Headrest, 14 Church St., Lebanon, NH.

Full meeting list: [www.headrest.org](http://www.headrest.org)

### Coming Soon to a Station near You "Addiction"

Advertised to "shed light on the often confusing world of addiction treatment and recovery", the series is part of a multimedia campaign which also includes a book, four addiction-themed films, a website and a national community grassroots outreach campaign

**Begins March 15th on HBO**

*Funded by The Robert Wood Johnson Foundation.*

### NEW SCIENCE TO SERVICE AWARDS

A. new national program will recognize **community-based organizations and coalitions** that have shown exemplary implementation of evidence-based mental health and substance abuse interventions.

Call for Applications

<http://www.samhsa.gov/Spotlights/sciencetoservice.pdf>

### Visit DCARE anytime

In person: 40 North College Street, Hanover, NH  
Enter back of building, up one short flight of stairs.  
(handicapped accessible alternative available)

The coffee's always on. Visitors welcome!

[www.dartmouth.edu/~dcare](http://www.dartmouth.edu/~dcare)

603-646-9215

### DCARE CONNECTION

Dartmouth Center on Addiction Recovery and Education  
40 North College Street, Hanover, New Hampshire 03755

The **CONNECTION** seeks to promote creative approaches to reducing harmful use of alcohol and drugs through network building and information sharing. Feedback, ideas and news are actively invited. Contact us at the following:

DCARE@dartmouth.edu

Editors:

Pamela Lin '07, and Anna Ludlow '10,  
Dartmouth College

Seddon R. Savage MD, MS

Admin Asst: Mary Batchelder

### New Hampshire Taskforce on Women & Recovery

**Feb 10<sup>th</sup>, 11<sup>th</sup> and 17<sup>th</sup>**, Women's Leadership Training Initiative, Empowerment Workshops, 9am-2pm, Families in Transition, 122 Market St., Manchester, NH  
**March 15<sup>th</sup>**, NHTWR Quarterly Meeting, Carol Murtagh From the Road to Recovery Program for Nurses, 5:30pm-7:30pm, Marion Gerrish Community Center, 39 West Broadway, Derry, NH  
**March 31<sup>st</sup>, April 1<sup>st</sup> and 7<sup>th</sup>**, 9:00am-2:00pm, Women's Leadership Training Initiative, Empowerment Workshops, Durham/Dover, NH area. Location TBA

For info: 603-647-4629 or [www.nhtwr.org](http://www.nhtwr.org)