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# DCARE CONNECTION

*Linking people and information for positive change*

Volume 3, Issue 3

Dartmouth Center on Addiction Recovery and Education

August/September 2007

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## Dartmouth Substance News

### Upcoming Events

**Acting United States Surgeon General, Rear Admiral Kenneth Moritsugu** will present a **Call to Action to Prevent and Reduce Underage Drinking** at Dartmouth's Kellogg Auditorium Tuesday, October 9<sup>th</sup> 5-6 pm. Students, faculty and community members are invited. [www.dartmouth.edu/~dcare](http://www.dartmouth.edu/~dcare).

**Mapping the Addiction Maze: Substances and the Elderly** September 24<sup>th</sup>, 10:30am-3 pm Fireside Inn, West Lebanon NH. Featuring Frederic Blow PhD (University of Michigan); Steven Bartels MD (Dartmouth) and Patricia Dutton RN, LADC. (603) 653-1912 or [sherry.b.calkins@hitchcock.org](mailto:sherry.b.calkins@hitchcock.org)

### People, Research, Appointments

**Joe O'Donnell MD**, Senior Advising Dean at DMS and Co-chair of the DCARE Executive Committee, was invited by the National Cancer Institute of Egypt Cairo to visit medical and educational facilities in Egypt this spring to advise on programs for prevention, treatment and palliative care of cancer.

**Debraj Mukherjee MD**, DMS '07, an intern in the C. Everett Koop Scholar in Addiction Medicine Program, was named a Sommer Scholar and received both a DeRosa Leadership award and a Schweitzer Fellowship to develop an adolescent smoking-cessation program at Johns Hopkins University School of Medicine where he will pursue an MPH.

**Samuel Kohn**, Dartmouth '09 and a webmaster of the DCARE website, is one of 80 national winners of a 2007 Morris K. Udall Scholarship. A member of the Crow Tribe from Montana, Sam has interest in tribal policy and education and hopes to pursue a Presidential Scholarship and thesis work in this field.

**Donald Bartlett, J. Letier and L. Xia**, DMS Department of Physiology, have been funded to study potential relationships between second hand tobacco smoke and sudden infant death syndrome using an animal model. The study examines several possibly interrelated variables including smoke exposure, nicotine exposure, increased GABA activity and ambient temperature and their effects on the laryngeal chemoreflex.

**Seddon Savage MD, MS**, Director of DCARE, has been appointed co-chair of a national assessment by the U.S. Centers for Substance Abuse Treatment of rising methadone deaths. A report of the assessment is expected in the fall.



*In deep summer, nature is unrelenting in its proliferation of diverse green life in the rich, if rocky, soil of New England. Sometimes hardy plants, such as the cannabis sativum above, spring up uninvited in unexpected places.*

Many plants with psychoactive constituents grow wild throughout the world and are used by different cultures for a variety of purposes including: religious experience, social ritual, healing, and euphoria, among others. Botanicals that have psychoactive effects often have potential for serious toxic or other harmful effects and most cultures control access in ways that respect this potential for harm.

In the United States, the US Controlled Substances Act (CSA) (<http://www.usdoj.gov/dea/pubs/csa>) classifies most known psychoactive substances that are sought for non-medical purposes (euphoria, sensory distortion, etc) into one of five classes or "schedules". Schedule 1 drugs, such as marijuana (leafy plant), psilocybin (from mushroom), LSD (from grain fungus), and heroin (opium poppy derivative) are legally available only for research or other exceptional purposes with special authorization. Schedules 2-5 may be prescribed by DEA-licensed clinicians for medical use with restrictions.

Variables considered in scheduling include: actual or relative potential for abuse ("abuse" is not defined in the CSA), known pharmacologic and other effects, risk to the public health, psychic or physical dependence liability and relationship to other controlled substance. Some psychoactive botanical substances such as nicotine (from tobacco leaf) and alcohol

*(Continued. See p.3 Botanicals.)*

# LEARNING OPPORTUNITIES

**August 20<sup>th</sup>-23<sup>rd</sup>, New England School of Best Practices in Addiction Treatment** in Waterville Valley Resort, NH.  
[www.neias.org/BP/SATBPCATcover07xSTD.html](http://www.neias.org/BP/SATBPCATcover07xSTD.html)

**Sept. 6<sup>th</sup>-9<sup>th</sup>, 20<sup>th</sup> Annual Cape Cod Symposium on Addictive Disorders: Still Addressing Critical Issues**, Four Points by Sheraton Hyannis Resort, Cape Cod, MA. (800) 314-1921 or [www.ccsad.com](http://www.ccsad.com)

**Sept. 20<sup>th</sup>, 21<sup>st</sup>, Addiction: The New England Drug Court Perspective – When Communities Respond, People Recover.** Kerin Raymond (978) 772-1846 or [kraymon@advocatesinc.org](mailto:kraymon@advocatesinc.org)

**Sept 24<sup>th</sup>, Coming Together for Kids-A Part: A Summit on Children with a Parent in Prison**, Killington Grand Hotel, Killington, VT. Tara @ (802) 655-0006 or [tgraham@vtcas.org](mailto:tgraham@vtcas.org), Diane (802) 948-2435 or [drobie@shoreham.net](mailto:drobie@shoreham.net)

**Oct. 3<sup>rd</sup>, Adolescent Depression and Co-morbid Substance Abuse**, psychLINK Broadcast. MHC-GM, Blodget St. Conf. Rm., 1555 Elm St., Manchester, NH. (603) 628-7706 x 4129 or [kroldeni@mhcgm.org](mailto:kroldeni@mhcgm.org)

**Oct. 11<sup>th</sup>-12<sup>th</sup>, 2<sup>nd</sup> Annual Vermont Conference on Addictive Disorders, Lake Morey Inn, Fairlee, VT.** Keynote speaker: Terrence Gorski. [kcrowley@vdh.state.vt.us](mailto:kcrowley@vdh.state.vt.us)

**Nov. 2<sup>nd</sup>, Addictions, Compulsions and Self-Sabotage**, Holiday Inn, Concord, NH. Martha (603) 862-1077 or [Martha.byam@unh.edu](mailto:Martha.byam@unh.edu)

**Nov. 7<sup>th</sup>-8<sup>th</sup>, Methamphetamine and Other Substances of Abuse: Building a Collaborative Child Welfare Response in Vermont** Depts. of Children and Families and of Alcohol and Drug Abuse Programs, Cortina Inn, Killington, VT. (802) 651-1556

**Dec. 7<sup>th</sup>, Violence, Psychiatric Disorders & Substance Abuse in Youth and Adults: Clinical and Ethical Challenges**, Boston University Corporate Education Center, Tynngsboro, MA. (978) 283-2727 or [www.communityprograminnovations.com](http://www.communityprograminnovations.com)

\*\*\* New \*\*\*

## Undergraduate Training Program in Substance Abuse Services

College of St. Joseph, Rutland VT. [www.csj.edu](http://www.csj.edu)

## Alcohol and Drug Addiction Recovery Month - Celebration Events

**September 1<sup>st</sup> Trail Ramble to Benefit Headrest.** Begin and end at Colburn Park, Lebanon. Registration 2-2:45 pm, walk-bike then barbecue and music by Foggy Mountain Boys 4:30-6:30pm. Details at [www.headrest.org](http://www.headrest.org)

**September 7<sup>th</sup> 5:30-8:00pm Third Annual Miracles Happen Recovery Event** John MacDougall, D Min, Director of Spiritual Guidance at Hazelden. and Michael Hanitchak, Director of Native American Programs, Dartmouth College. Turning Point Club, White River Jct. VT.

**September 15<sup>th</sup> 10am-2:30pm Green Mountain Recovery Walk.** Begins State House lawn, Montpelier, VT.  
[www.friendsofrecoveryvt.org](http://www.friendsofrecoveryvt.org), [recoveryvt@aol.com](mailto:recoveryvt@aol.com)

# Focus on Recovery

**August 16<sup>th</sup>, 2:00pm**, The Nurturing Parenting Program for Women in Recovery, Rutland, VT. For women in treatment or recovery from substance problems and who are parenting. Debbie at (802) 773-1548.

**August 17<sup>th</sup>, 12:00pm-4:15pm**, Media Training for Recovery Advocates, Vermont Room, Hotel Coolidge, White River Junction, VT. \$20.00. (800) 769-2798 or [recoveryvt@aol.com](mailto:recoveryvt@aol.com)

**August 22<sup>nd</sup>, 1-4:30pm**, New England Women's Recovery Exchanges, Waterville Valley Resort, NH. [nmiller@nhtwr.org](mailto:nmiller@nhtwr.org)

**Sept. 28<sup>th</sup>, 10am-4pm**, Peer Services Conference: Co-Occurring Recovery – Peer Support for Mental Health and Substance Use Problems, Cortina Inn, Killington, VT. (800) 564-2106.

**Oct 17<sup>th</sup>, 6-8pm**, Friends of Recovery Vermont Annual Meeting, Montpelier, VT. Place TBD. 802-229-6103

**Every Wednesday 1:00 to 2:30pm**, ROCKING HORSE CIRCLE OF SUPPORT, A Circle for Women and Their Young Children, Grace Methodist Church, Main St., Bradford, VT  
Louise Coates at (802) 479-1086 or [LCoates2@aol.com](mailto:LCoates2@aol.com)

# Learning Across the Net

**Sept. 3<sup>rd</sup>, Engaging the Indigenous Healer in the Recovery Process:** Spirituality in some African-origin, Latino and Indian Communities

**Sept. 24<sup>th</sup>, Substance Use Issues in Gay and Lesbian Clients:** Consideration for Effective Practice

**Oct. 1<sup>st</sup>, Chemical Dependency and Post-Traumatic Stress Disorder**

**Nov. 5<sup>th</sup>, Women and Chemical Dependency**  
<http://www.attc-ne.org/education/>

**Online tutorials available anytime:**

**Understanding Substance Abuse and Child Welfare Issues:** Individualized Guides for Substance Abuse Professionals, Legislators, Judicial Officers, and Child Welfare Workers.  
[www.ncsacw.samhsa.gov/tutorials/](http://www.ncsacw.samhsa.gov/tutorials/)

**Online courses for CEU credits anytime (many more)**

**Environmental Strategies for Change  
Alcohol Abuse and Violence Against Women  
At Any Age, It Does Matter**  
[www.pathwayscourses.samhsa.gov/courses.htm](http://www.pathwayscourses.samhsa.gov/courses.htm)

[www.basionline.org](http://www.basionline.org)

*The mission of the BASIS is to strengthen worldwide understanding of addiction and minimize its harmful effects. BASIS provides a forum for the free exchange of information related to addiction, and public access to the latest scientific developments and resources in the field.*

# EYE on LEGISLATION

2007 Wrap Ups and Moving into 2007-2008

## NEW HAMPSHIRE

### 2008-2009 Budget and Taxes

**Increased funding of the Alcohol Fund.** State budget provides \$ 4.1 million in 2008, \$5.6 million in 2009 for alcohol and other drug services

**Tobacco tax increased by \$.28 a pack.**

**SB 42 Banning smoking in bars and restaurants. PASSED**

**SB 213 Designated \$4 million of tobacco settlement money to fund a comprehensive cancer plan for NH. PASSED**

**HB 323 Establishing a committee to examine liquor commission revenues, enforcement and server training. PASSED. Ongoing.**

**HB 432 Pertaining to age requirements for admission to cocktail lounges. Retained.**

**HB 548 Establishing a study committee to examine the licensure process for licensed addiction counselors. PASSED. Ongoing.**

**SB 233 Establishing a study committee to examine the sale of flavored malt beverages. PASSED. Ongoing.**

*More information on bills: [www.gencourt.state.nh.us/ie/](http://www.gencourt.state.nh.us/ie/)*

## VERMONT

**H. 59 An act relative to hunting with a firearm while under the influence of alcohol or drugs.**

Would prohibit a person under the influence of liquor or drugs from hunting with a firearm. Penalty structure is the same as that of driving while intoxicated. **Voted out of Fish & Wildlife; IN JUDICIARY.**

**HB 94 An act relating to retail sales and taxing of specialty beers.**

Would permit second class licensees to sell beer with the same alcoholic content as wine and to tax the higher alcoholic beer at the same rate as wine **PASSED HOUSE; IN SENATE.**

**H. 113 An act relating to all-age access for tobacco cessation programs.**

Would allow youth to access and consent to state smoking cessation programs.

**PASSED HOUSE; IN SENATE HEALTH & WELFARE.**

**H. 149 An act relating to liquor identification and tobacco licenses.**

Would clarify what constitutes valid identification for purchase of alcoholic beverages and dictate that the State Department of Liquor control issue of tobacco retail sales licenses rather than municipalities. Rep Wright of Burlington. **PASSED HOUSE – 3/23/07; IN SENATE IN ECONOMIC DEVELOPMENT, HOUSING & GENERAL AFFAIRS.**

**H.R. 1610** A bill to amend the internal revenue code of 1986 to reduce the tax on beer to its pre-1991 level. Would cut beer tax in half. The current tax on beer amounts to three cents per drink. (Info on the Center for Science in the Public Interest's campaign to preserve, or raise, beer tax at: <http://takeaction.cspinet.org/campaign/beertax>)

*More information on bills: <http://www.leg.state.vt.us/>*

## JOB BOARD

### Families in Transition

A newly developed, intensive, trauma-informed, outpatient substance abuse treatment program to serve homeless, low-income and at-risk families and single women. Jobs available:

- Case Manager – Bachelors degree and LADC or state clinical license required
- Treatment Clinician- Masters degree and LADC or state clinical license required
- Director of Clinical Services – Direct and supervise treatment services
- Director of Development – Bachelors and four years fundraising experience

Stephanie Savard, [ssavard@fitnh.org](mailto:ssavard@fitnh.org)

### \*\*The FACES Project\*\*

Engaging teens and families in addressing substances and shaping treatment in Vermont.

*Parents, teens, guardians are invited...*

**White River Junction, VT, 1<sup>st</sup> Monday of each month,** 7:30-9:00pm, Youth Drop-In Center, White River Junction, VT

**Berlin, VT, 1<sup>st</sup> Tuesday of each month,** 6:30-8:00pm, Central Vermont Medical Center, Boardroom, Berlin, VT

**Rutland, VT, 3<sup>rd</sup> Tuesday of each month,** 5:00-6:30pm, Rutland City Police Station, Community Room, Rutland, VT

[www.friendsofrecoverylvt.org](http://www.friendsofrecoverylvt.org) or (800) 469-2798

### Call for Nominations

For two Dr. Thomas Fox Memorial Scholarships for exemplary contributions in the fields of

❖ Prevention

❖ Treatment

[new-futures@new-futures.org](mailto:new-futures@new-futures.org)

By Friday August 17th

*(Botanicals continued from p.1)*

(fermented from plant starches) are not scheduled by the DEA, but are regulated by separate statutes. Caffeine (coffee beans) and a number of other psychoactive botanicals including Piper methysticum (kava kava), Mitragyna speciosa (kratom) and Salvia divinorum (salvia) are currently not regulated in most of the United States. It is likely that there will be debate in the future about limiting or prohibiting access to some of these non-regulated substances.

**DCARE is interested in your thoughts: Should use of all psychoactive substances be restricted or prohibited? What should guide decisions about regulation? Is use of a psychoactive substance for non-medical purposes, per se, abuse?** Send your thoughts to [dcare@dartmouth.edu](mailto:dcare@dartmouth.edu). With your permission we may share them in our next issue- anonymously or not as you request.

## Celebrate!

9<sup>th</sup> Annual New Future's

### Leadership Recognition and Awards Celebration

Oct. 9<sup>th</sup>, 2007, Noon – 2pm

Manchester Country Club, Bedford, NH.

*Featured Speaker:*

**Acting US Surgeon General**

**Rear Admiral Kenneth Moritsugu**

“Surgeon General’s Call to Action  
to Prevent and Reduce Underage Drinking”

[new-futures@new-futures.org](mailto:new-futures@new-futures.org).

## The Surgeon General’s Call to Action to Prevent and Reduce Underage Drinking

Guides to empower families, communities, and educators:

- *A Guide to Action for Families*
- *A Guide to Action for Communities*
- *A Guide to Action for Educators*

*Issued by Acting Surgeon General RADM Kenneth Moritsugu*

[www.stopalcoholabuse.gov](http://www.stopalcoholabuse.gov)

## DCARE CONNECTION

Dartmouth Center on Addiction Recovery and Education

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[www.dartmouth.edu/~dcare](http://www.dartmouth.edu/~dcare)

The **CONNECTION** seeks to promote creative approaches to reducing harmful use of alcohol and drugs through network building and information sharing. Feedback, ideas and news are actively invited.

Contact us at the following:

DCARE@dartmouth.edu

Editors:

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To be deleted from this mailing list, please request by return e-mail or call (603) 646-9215.

## SAMHSA

New Web Page for Veterans and Their Families

Forum on Mental Health and Substance Service Needs for Veterans

*The new website provides critical information on prevention, treatment and recovery support for mental and substance use disorders.*

<http://www.samhsa.gov/vets/>

## For Help in Stopping Tobacco Use

NH Quit Line: 1-800-TRY-TO-STOP (1-800-879-8678)

VT Quit Line: 1-877-YES-QUIT (1-877-937-7848)

1-800- QUIT-NOW (1-800-784-8669)

or visit:

[www.trytostop.org](http://www.trytostop.org)

[www.vermontquitline.com](http://www.vermontquitline.com)