Dartmouth Substance News

Upcoming Events
Acting United States Surgeon General, Rear Admiral Kenneth Moritsugu will present a Call to Action to Prevent and Reduce Underage Drinking at Dartmouth’s Kellogg Auditorium Tuesday, October 9th 5-6 pm. Students, faculty and community members are invited. www.dartmouth.edu/~dcare.

Mapping the Addiction Maze: Substances and the Elderly
September 24th, 10:30am-3 pm Fireside Inn, West Lebanon NH. Featuring Frederic Blow PhD (University of Michigan); Steven Bartels MD (Dartmouth) and Patricia Dutton RN, LADC. (603) 653-1912 or sherry.b.calkins@hitchcock.org

People, Research, Appointments
Joe O’Donnell MD, Senior Advising Dean at DMS and Co-chair of the DCARE Executive Committee, was invited by the National Cancer Institute of Egypt Cairo to visit medical and educational facilities in Egypt this spring to advise on programs for prevention, treatment and palliative care of cancer.

Debraj Mukherjee MD, DMS ’07, an intern in the C. Everett Koop Scholar in Addiction Medicine Program, was named a Sommer Scholar and received both a DeRosa Leadership award and a Schweitzer Fellowship to develop an adolescent smoking-cessation program at Johns Hopkins University School of Medicine where he will pursue an MPH.

Samuel Kohn, Dartmouth ’09 and a webmaster of the DCARE website, is one of 80 national winners of a 2007 Morris K. Udall Scholarship. A member of the Crow Tribe from Montana, Sam has interest in tribal policy and education and hopes to pursue a Presidential Scholarship and thesis work in this field.

Donald Bartlett, J. Letier and L. Xia, DMS Department of Physiology, have been funded to study potential relationships between second hand tobacco smoke and sudden infant death syndrome using an animal model. The study examines several possibly interrelated variables including smoke exposure, nicotine exposure, increased GABA activity and ambient temperature and their effects on the laryngeal chemoreflex.

Seddon Savage MD, MS, Director of DCARE, has been appointed co-chair of a national assessment by the U.S. Centers for Substance Abuse Treatment of rising methadone deaths. A report of the assessment is expected in the fall.

In deep summer, nature is unrelenting in its proliferation of diverse green life in the rich, if rocky, soil of New England. Sometimes hardy plants, such as the cannabis sativum above, spring up uninvited in unexpected places.

Many plants with psychoactive constituents grow wild throughout the world and are used by different cultures for a variety of purposes including: religious experience, social ritual, healing, and euphoria, among others. Botanicals that have psychoactive effects often have potential for serious toxic or other harmful effects and most cultures control access in ways that respect this potential for harm.

In the United States, the US Controlled Substances Act (CSA) (http://www.usdoj.gov/dea/pubs/csa) classifies most known psychoactive substances that are sought for non-medical purposes (euphoria, sensory distortion, etc) into one of five classes or “schedules”. Schedule 1 drugs, such as marijuana (leafy plant), psilocybin (from mushroom), LSD (from grain fungus), and heroin (opium poppy derivative) are legally available only for research or other exceptional purposes with special authorization. Schedules 2-5 may be prescribed by DEA-licensed clinicians for medical use with restrictions.

Variables considered in scheduling include: actual or relative potential for abuse (“abuse” is not defined in the CSA), known pharmacologic and other effects, risk to the public health, psychic or physical dependence liability and relationship to other controlled substance. Some psychoactive botanical substances such as nicotine (from tobacco leaf) and alcohol (Continued. See p.3 Botanicals.)
**LEARNING OPPORTUNITIES**

**Focus on Recovery**

**August 16th,** 2:00pm, The Nurturing Parenting Program for Women in Recovery, Rutland, VT. For women in treatment or recovery from substance problems and who are parenting. Debbie at (802) 773-1548.

**August 17th,** 12:00pm-4:15pm, Media Training for Recovery Advocates, Vermont Room, Hotel Coolidge, White River Junction, VT. $20.00. (800) 769-2798 or recoveryvt@aol.com

**August 22nd,** 1-4:30pm, New England Women’s Recovery Exchanges, Waterville Valley Resort, NH. nml@nhtwr.org

**Sept. 28th,** 10am-4pm, Peer Services Conference: Co-Occurring Recovery – Peer Support for Mental Health and Substance Use Problems, Cortina Inn, Killington, VT. (802) 564-2106.

**Oct 17th,** 6-8pm, Friends of Recovery Vermont Annual Meeting, Montpelier, VT. Place TBD. 802-229-6103

**Every Wednesday** 1:00 to 2:30pm, ROCKING HORSE CIRCLE OF SUPPORT, A Circle for Women and Their Young Children, Grace Methodist Church, Main St., Bradford, VT. Louise Coates at (802) 479-1086 or LCoates2@aol.com

**Learning Across the Net**

**Sept. 3rd,** Engaging the Indigenous Healer in the Recovery Process: Spirituality in some African-origin, Latino and Indian Communities

**Sept. 24th,** Substance Use Issues in Gay and Lesbian Clients: Consideration for Effective Practice

**Oct. 1st,** Chemical Dependency and Post-Traumatic Stress Disorder

**Nov. 5th,** Women and Chemical Dependency

http://www.attc-ne.org/education/

**Online tutorials available anytime:**


www.ncsacw.samhsa.gov/tutorials/

**Online courses for CEU credits anytime (many more)**

Environmental Strategies for Change Alcohol Abuse and Violence Against Women At Any Age, It Does Matter

www.pathwayscourses.samhsa.gov/courses.htm

www.basisonline.org

The mission of the BASIS is to strengthen worldwide understanding of addiction and minimize its harmful effects. BASIS provides a forum for the free exchange of information related to addiction, and public access to the latest scientific developments and resources in the field.
EYE on LEGISLATION
2007 Wrap Ups and Moving into 2007-2008

NEW HAMPSHIRE
2008–2009 Budget and Taxes

Increased funding of the Alcohol Fund. State budget provides $4.1 million in 2008, $5.6 million in 2009 for alcohol and other drug services

Tobacco tax increased by $.28 a pack.

SB 42 Banning smoking in bars and restaurants. PASSED

SB 213 Designated $4 million of tobacco settlement money to fund a comprehensive cancer plan for NH. PASSED

HB 323 Establishing a committee to examine liquor commission revenues, enforcement and server training. PASSED. Ongoing.

HB 432 Pertaining to age requirements for admission to cocktail lounges. Retained.

HB 548 Establishing a study committee to examine the licensure process for licensed addiction counselors. PASSED. Ongoing.

SB 233 Establishing a study committee to examine the sale of flavored malt beverages. PASSED. Ongoing.

More information on bills: www.gencourt.state.nh.us/ie/

VERMONT

H. 59 An act relative to hunting with a firearm while under the influence of alcohol or drugs. Would prohibit a person under the influence of liquor or drugs from hunting with a firearm. Penalty structure is the same as that of driving while intoxicated. Voted out of Fish & Wildlife; IN JUDICIARY.

HB 94 An act relating to retail sales and taxing of specialty beers. Would permit second class licensees to sell beer with the same alcoholic content as wine and to tax the higher alcoholic beer at the same rate as wine PASSED HOUSE; IN SENATE.

H. 113 An act relating to all-age access for tobacco cessation programs. Would allow youth to access and consent to state smoking cessation programs. PASSED HOUSE; IN SENATE HEALTH & WELFARE.

H. 149 An act relating to liquor identification and tobacco licenses. Would clarify what constitutes valid identification for purchase of alcoholic beverages and dictate that the State Department of Liquor control issue of tobacco retail sales licenses rather than municipalities. Rep Wright of Burlington. PASSED HOUSE – 3/22/07; IN SENATE IN ECONOMIC DEVELOPMENT, HOUSING & GENERAL AFFAIRS.

H.R. 1610 A bill to amend the internal revenue code of 1986 to reduce the tax on beer to its pre-1991 level. Would cut beer tax in half. The current tax on beer amounts to three cents per drink. (Info on the Center for Science in the Public Interest's campaign to preserve, or raise, beer tax at: http://takeaction.cspinet.org/campaign/beertax)

More information on bills: http://www.leg.state.vt.us/

**The FACES Project**
Engaging teens and families in addressing substances and shaping treatment in Vermont.

Parents, teens, guardians are invited...

White River Junction, VT, 1st Monday of each month, 7:30-9:00pm, Youth Drop-In Center, White River Junction, VT

Berlin, VT, 1st Tuesday of each month, 6:30-8:00pm, Central Vermont Medical Center, Boardroom, Berlin, VT

Rutland, VT, 3rd Tuesday of each month, 5:00-6:30pm, Rutland City Police Station, Community Room, Rutland, VT

www.friendsofrecoveryvt.org or (800) 469-2798

JOB BOARD
Families in Transition
A newly developed, intensive, trauma-informed, outpatient substance abuse treatment program to serve homeless, low-income and at-risk families and single women.

Jobs available:
- Case Manager – Bachelors degree and LADC or state clinical license required
- Treatment Clinician- Masters degree and LADC or state clinical license required
- Director of Clinical Services – Direct and supervise treatment services
- Director of Development – Bachelors and four years fundraising experience

Stephanie Savard, ssavard@fitnh.org

Call for Nominations
For two Dr. Thomas Fox Memorial Scholarships for exemplary contributions in the fields of
- Prevention
- Treatment

new-futures@new-futures.org
By Friday August 17th

(Botanicals continued from p.1)
(fermented from plant starches) are not scheduled by the DEA, but are regulated by separate statutes. Caffeine (coffee beans) and a number of other psychoactive botanicals including Piper methysticum (kava kava), Mitragyna speciosa (kratom) and Salvia divinorum (salvia) are currently not regulated in most of the United States. It is likely that there will be debate in the future about limiting or prohibiting access to some of these non-regulated substances.

DCARE is interested in your thoughts: Should use of all psychoactive substances be restricted or prohibited? What should guide decisions about regulation? Is use of a psychoactive substance for non-medical purposes, per se, abuse? Send your thoughts to dcare@dartmouth.edu. With your permission we may share them in our next issue- anonymously or not as you request.
DCARE CONNECTION
Dartmouth Center on Addiction Recovery and Education
7764 Parker House, Dartmouth College,
Hanover, New Hampshire 03755
www.dartmouth.edu/~dcare

The CONNECTION seeks to promote creative approaches to reducing harmful use of alcohol and drugs through network building and information sharing. Feedback, ideas and news are actively invited. Contact us at the following: DCARE@dartmouth.edu
Editors: Anna Ludlow ’10, Dartmouth College
Seddon R. Savage MD, MS
Mary Batchelder, Admin Asst:

The Surgeon General’s Call to Action to Prevent and Reduce Underage Drinking
Guides to empower families, communities, and educators:
• A Guide to Action for Families
• A Guide to Action for Communities
• A Guide to Action for Educators
Issued by Acting Surgeon General RADM Kenneth Moritsugu
www.stopalcoholabuse.gov

The Surgeon General’s Call to Action to Prevent and Reduce Underage Drinking
Guides to empower families, communities, and educators:

SAMHSA
New Web Page for Veterans and Their Families
Forum on Mental Health and Substance Service Needs for Veterans

For Help in Stopping Tobacco Use
NH Quit Line: 1-800-TRY-TO-STOP (1-800-879-8678)
VT Quit Line: 1-877-YES-QUIT (1-877-937-7848)
1-800-QUIT-NOW (1-800-784-8669)
or visit:
www.trytostop.org
www.vermontquitline.com

Celebrate!
9th Annual New Future’s Leadership Recognition and Awards Celebration
Oct. 9th, 2007, Noon – 2pm
Manchester Country Club, Bedford, NH.
Featured Speaker:
Acting US Surgeon General
Rear Admiral Kenneth Moritsugu
“Surgeon General’s Call to Action to Prevent and Reduce Underage Drinking”
new-futures@new-futures.org.

To be deleted from this mailing list, please request by return e-mail or call (603) 646-9215.

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