Dartmouth Substance News

Third Annual Dartmouth Symposium on Substance Use

Integrating Addiction Specialty and General Healthcare to Optimize Care of Substance Disorders

Friday May 11th, 8:30 AM-4:00 PM, Hopkins Center
Hanover NH
More info page 3 and at www.dartmouth.edu/~dcare

Spring 07 Dartmouth Alcohol Series
Planned by students for students.
Was held the first two weeks of April. Topics included:

Dartmouth Outdrinks the Nation: Fact or Fallacy?
Tues, April 3rd, 7-8:30 pm, Collis 101
Ann Bracken MD and student discussants

Alcohol and Athletic Performance
Thursday, April 5th, 7-8:30 pm, Collis Common Ground
John Underwood, NCAA speaker and Dartmouth Athletic Team Reps

Dartmouth College Alcohol Policies
Tuesday, April 10th, 7-8:30 pm, Carlson
Acting Dean of the College Dan Nelson, Brian Bowden (Health Office) and April Thompson (Judicial Affairs)

Susanne Tanski, Department of Pediatrics, DMS, presented a study Feb 12th at the AMA National Advocacy Conference in Washington, D.C demonstrating that the more time teens spend watching movies in which actors use tobacco, the more likely they are to smoke. The DMS research team previously identified similar effects for the viewing of alcohol use in films. More information about the series of surveys at: http://www.ssrc.msstate.edu/socialclimate/Site/Home.html

Matthew Merrens, Department of Psychiatry, DMS, received a grant by the Connecticut Dept. of Mental Health and Addiction Services "Integrated Dual Disorders Treatment Implementation (IDDTAlcohol)" to implement IDDT throughout the Connecticut mental health system. IDDT is an evidence-based mental health practice for people with serious mental illness and co-occurring substance disorders. The Dartmouth Psychiatric Research Center is an international leader in its development.

Mark McGovern, Department of Psychiatry, DMS, received a grant from the New England Institute for Addiction Studies, "Implementing Effective Alcohol and Drug Abuse Treatment for Adolescent," to support implementation of standardized assessment and outcome measures for youth 12-21 years of age receiving addiction services at community clinics in Vermont.

TARGETING YOUR LITTLE SISTER?

ANHEUSER BUSCH TO LAUNCH NEW PRODUCT CALLED “SPYKES”

According to the company, “Spykes adds a unique flavor to beer or beverage of choice and is infused with caffeine, ginseng and guarana. Spykes is about fun with an edge. It opens the night up to experimentation and moving outside of the beverage comfort zone.”

Spykes is packaged in small (2.5 - 3 oz) slick bottles that could be easily mistaken for cologne or another cosmetic product. It comes in four flavors: “Spicy Lime-sweet citrus flavor with a touch of zingy heat; Spicy Mango-tropical taste of mango blends with the heat of chili flavor; Hot Melons-watermelon flavor with a hidden heat and Hot Chocolate-decadent chocolate taste with a jalapeno infused finish”. Brewed from barley, malt, hops, water and cereal grain, the beverage contains 12% alcohol.

Marketing materials state the target audience is coed, 21-27 years old, beer and shot drinkers. However, the small colorful bottles of sweet liquid suggest appeal to a much younger crowd, especially girls. Though reportedly intended to be added to beer or other beverage – an apparent attempt to bring more women into the beer market - Spykes will likely have great appeal as shots for beginners.

April is
Alcohol Awareness Month
Simple Self Screen for Problem Alcohol Use:
www.alcoholscreening.org
LEARNING OPPORTUNITIES

April 19th, 3:00-4:15pm, Alcohol and Crime Among Youth Teleconference, Underage Drinking, Enforcement Training Center. www.udetc.org/AudioConferences.htm

April 19th, 20th, 21st, 23rd and 24th, Problem and Compulsive Gambling: Counselor Training, Inn at Saxtons River, Saxtons River, VT. Register online at http://www.vapavt.org/training.htm

May 4th, 8:30am-3:30pm, Ethics and Confidentiality for Substance Abuse and Other Mental Health Counselors, Tom Fox Memorial Chapel, 105 Pleasant St., Concord, NH. 603-271-6101 or dpepin@dhhs.state.nh.us

May 9th, Pharmacologic and Behavioral Treatments for Alcohol Use Disorders: Lessons Learned from the COMBINE Study, psychLINK Satellite Broadcast, MHC-GM, Blodgett St. Conf. Room, 1555 Elm St., Manchester, NH. 603-628-7706, x4129 or kroldeni@mhcgm.org

May 17th, 12:00-1:30pm, Tobacco-Free Campus and Wellness, New Hampshire Hospital Professional Grand Rounds, New Hampshire Hospital, 36 Clinton St., Concord, NH. Pre-registration not required

May 18th, 8:30am-4:00pm, A Change Focused Approach to Addictions, Retreat Healthcare, Brattleboro, VT. 877-274-3050 or www.retreathealthcare.org

May 21st-22nd, Vermont Council's Annual Conference on Problem Gambling, Lake Morey Resort and Inn, Fairlee, VT. Contact: Joy @ 802-463-9557 or vcpgjm@verizon.net

May 24th-25th, Co-Occurring Recovery: Supporting Recovery from Substance Use and Mental Disorder, Connecticut Certification Board, Wallingford, CT. Register online @ www.ctcertboard.org

Vermont Council on Problem Gambling
Launches Website and Newsletter

www.vtlottery.com/vcpg/

**The FACES Project**
Vermont Department of Health
Federation of Families for Mental Health
Friends of Recovery-Vermont
Vermont Association of Mental Health
Engaging teens and families in addressing substances and shaping treatment in Vermont.
Info:www.friendsofrecoveryvt.org

***Save the Dates***

June 11th-15th, The 38th Annual New England School on Addiction Studies, Bowdoin College, Brunswick, ME. Info @ http://www.neias.org/SS/SATSSCATTC06x.html

June 11th-13th, 7th Annual New England School of Prevention Studies, Bowdoin College, Brunswick, ME. Info http://www.neias.org/PSS/SATpCAtcover06x.html

July 9th-Aug. 3rd, 24th Annual Cape Cod Symposia.
July 9th-13th, Roofies, Ritalin, Rush and More: Update on Teen Drug Trends, Cape Cod, MA.
July 16th-20th, Substance Abuse and Dual Diagnosis: New Treatment Approaches, Cape Cod, MA.
July 30th-Aug. 3rd, Addictions, Compulsions and Self-Sabotage: A Multi-Level Approach to Trauma’s Legacy, Cape Cod, MA.


Learning Across the Net

April 19th Alcohol and Crime Among Youth
April 30th Drug Treatment Courts: An Integrated Approach
May 7th Speed Still Kills-The Growing Meth Problem
May 14th Cocaine Dependency: Effective Assessment and Treatment Methods
May 17th Student Athlete Codes of Conduct That Work.
May 21st Dual Diagnosed Treatment: A Map to Recovery
June 11th Battered Women and Addictions

April 19th Recovery as Prevention – Faces and Voices Webinar Advocacy Series. Four one-hour webinars. RSVP by April 19 by emailing name, organization, and preferred email address to webinar@facesandvoicesofrecovery.org. www.attc-ne.org/education

A Screen for Problem Gambling

Yes to one or more of the following questions may suggest further evaluation is indicated. The individual:
- Gamble longer than planned
- Gamble until his or her last dollar is gone
- Loses sleep due to thoughts of gambling
- Uses up needed income or savings to gamble
- Makes repeated, unsuccessful attempts to stop
- Breaks the law or considers breaking the law to finance
- Borrows money to finance gambling
- Feels depressed or suicidal because of gambling losses
- Feels remorseful after gambling
- Argues with others about his or her gambling behavior

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DCARE Connex 2
Job Board

Center Director
Turning Point Center of Chittenden County
Newly created 20-32 hr. per week position.
Full job description: www.turningpointcentervt.org
To apply TPC, PO Box 913, Burlington, VT 05402 or e-mail turningpointjob@gmail.com

Program Director
DHMC Addiction Treatment Program
An intensive outpatient program for adults
Department of Psychiatry, Dartmouth Medical School.
Must be license eligible in NH. LICSW or Clinical Psychologist. Additional LADC preferred. Must practice CBT, MET and have a thorough knowledge and skill base in current treatment models. Please send CV and letter of interest to Dr. William C. Torrey at william.c.torrey@dartmouth.edu

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Email: karen.corts@crotchendedmountain.org

Eye on Legislation
New Hampshire
SB 43-FN banning smoking in restaurants, cocktail lounges and certain other enclosed places. Passed the Senate. On to the House!

HB 567 to reduce the legal drinking age to 18.
Among those expressing strong opposition to HB 567 at a House Judiciary Committee hearing last month were the Departments of Safety and Health and Human Services, the Police Chiefs Association, the New Hampshire Alcohol and Drug Abuse Counselors Association, representatives of the medical community, New Futures and legislators. Last year the House killed a bill that would have reduced the legal drinking age to 18 for members of the military.

HB 630 relative to an electronic prescription monitoring program for controlled substances. The bill, aimed at reducing prescription opioid abuse and diversion while maintaining access to opioids for pain treatment, was retained in committee.

HB 637 establishing a gaming oversight authority and video lottery gaming. The bill, which would broaden gambling in the State, was retained in committee.

Info: www.gencourt.state.nh.us/ie/
Contact: www.gencourt.state.nh.us/senate/members/
Contact: www.gencourt.state.nh.us/ie/whosmyleg/

3rd Annual Dartmouth Symposium on Substance Use with the
1st NH Physicians Conference on Addiction
Integrating Addiction Specialty and General Healthcare to Optimize Care of Substance Disorders
Friday, May 11th, 8:30-4:00, Hopkins Center, Hanover, NH
A free conference for physicians, counselors, nurses and other community members. All Welcome.

- Empowering Healthcare Clinicians to Address Addiction: Focus on Opioids, Eric Gunderson MD, Dartmouth ’92, Faculty, Columbia University College of Physicians & Surgeons
- Innovations in Electronic Screening and Record Keeping
  - Pain Medicine Gil Fanciullo MD, DHMC
  - Adolescents screening using PDAs, Ardis Olsen, Pediatrics and Community Medicine DMS
  - HIV Clinics - TBD
- Community-Based Integration of Medical, Substance and Psychosocial Care: A Model Adolescent Clinic - Viking Hedberg MD, MPH, Dartmouth Hitchcock Clinic, Plymouth, NH
- The Emergency Room: Addressing the Substance Problem behind the Crisis, Patricia Lanter MD, DHMC Emergency Room.
- Brief Intervention and Referral in General Healthcare Settings – Don West MD, Psychiatry, DMS
- It Works. It’s Free. And It’s in Your Community: Engaging Patients in AA and other Self Help Groups – speaker TBD
- Supporting Recovery: Roles for All Clinicians- Charles Brackett, MD, MPH, Internal Medicine, DHMC

More information and registration at www.dartmouth.edu/~dcare

New Hampshire Taskforce on Women & Recovery
May 18th, 19th and 20th, 9am-2pm, Women’s Leadership Training Initiative – North Country
North Country Health Consortium, Littleton, NH
June 28th, 5-8 pm, NHTWR Annual Dinner
Speaker Dr. Lisa M. Najavits, Harvard Medical School
Author of Seeking Safety.
Grappone Center, Concord, NH
603-647-4629 or www.nhtwr.org

Support Group for Moms
Wednesdays, 9:30am-2:00pm,
United Hedding Methodist Church, Barre, VT
A group that supports moms or moms-to-be who are dealing with addictions or have a family member who is.
802-476-8156 or pinsbarre@yahoo.com
The CONNECTION seeks to promote creative approaches to reducing harmful use of alcohol and drugs through network building and information sharing. Feedback, ideas and news are actively invited.

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Visit DCARE anytime
7764 Parker House
Dartmouth College, Hanover, NH 03755
603-646-9215
Or on the web: www.dartmouth.edu/~dcare
The coffee’s always on. Visitors welcome!

On-line Trainings
15 minute inhalant training for adults: www.inhalantabusetraining.org

Online resources for slang drug terms:
- http://www.whitehousedrugpolicy.gov/streetterms/
- http://www.drugs.indiana.edu/slang/SearchSlang.aspx
- http://www.nicd.us/drugstreetandslangterms.html

Check it out
www.dartmouth.edu/~dcare
The information you want.
The resources you need.

To be deleted from this mailing list, please request by return e-mail or call (603)-646-9215.