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# DCARE CONNECTION

*Linking people and information for positive change*

Volume 3, Issue 2

Dartmouth Center on Addiction Recovery and Education

April-May 2007

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## Dartmouth Substance News

### Third Annual Dartmouth Symposium on Substance Use

*Integrating Addiction Specialty and General Healthcare  
to Optimize Care of Substance Disorders*

Friday May 11th, 8:30 AM-4:00 PM, Hopkins Center  
Hanover NH

More info page 3 and at [www.dartmouth.edu/~dcare](http://www.dartmouth.edu/~dcare)

### Spring 07 Dartmouth Alcohol Series

*Planned by students for students.*

*Was held the first two weeks of April. Topics included:*

#### Dartmouth Outdrinks the Nation: Fact or Fallacy?

Tues, April 3<sup>rd</sup>, 7-8:30 pm, Collis 101

Ann Bracken MD and student discussants

#### Alcohol and Athletic Performance

Thursday, April 5<sup>th</sup>, 7-8:30 pm, Collis Common Ground

John Underwood, NCAA speaker and Dartmouth Athletic  
Team Reps

#### Dartmouth College Alcohol Policies

Tuesday, April 10<sup>th</sup>, 7-8:30 pm, Carlson

Acting Dean of the College Dan Nelson, Brian Bowden  
(Health Office) and April Thompson (Judicial Affairs)

**Susanne Tanski**, Department of Pediatrics, DMS, presented a study Feb 12th at the AMA National Advocacy Conference in Washington, D.C demonstrating that the more time teens spend watching movies in which actors use tobacco, the more likely they are to smoke. The DMS research team previously identified similar effects for the viewing of alcohol use in films. More information about the series of surveys at: <http://www.ssrc.msstate.edu/socialclimate/Site/Home.html>

**Matthew Merrens**, Department of Psychiatry, DMS, received a grant by the Connecticut Dept. of Mental Health and Addiction Services "Integrated Dual Disorders Treatment Implementation (IDDTAlcohol)" to implement IDDT throughout the Connecticut mental health system. IDDT is an evidence-based mental health practice for people with serious mental illness and co-occurring substance disorders. The Dartmouth Psychiatric Research Center is an international leader its development.

**Mark McGovern**, Department of Psychiatry, DMS, received a grant from the New England Institute for Addiction Studies, "Implementing Effective Alcohol and Drug Abuse Treatment for Adolescent," to support implementation of standardized assessment and outcome measures for youth 12-21 years of age receiving addiction services at community clinics in Vermont.



## TARGETING YOUR LITTLE SISTER?

### ANHEUSER BUSCH TO LAUNCH NEW PRODUCT CALLED "SPYKES"

According to the company, "Spykes adds a unique flavor to beer or beverage of choice and is infused with caffeine, ginseng and guarana. Spykes is about fun with an edge. It opens the night up to experimentation and moving outside of the beverage comfort zone".

Spykes is packaged in small (2.5 - 3 oz) slick bottles that could be easily mistaken for cologne or another cosmetic product. It comes in four flavors: "Spicy Lime-sweet citrus flavor with a touch of zingy heat; Spicy Mango-tropical taste of mango blends with the heat of chili flavor; Hot Melons-watermelon flavor with a hidden heat and Hot Chocolate-decadent chocolate taste with a jalapeno infused finish". Brewed from barley, malt, hops, water and cereal grain, the beverage contains 12% alcohol.

Marketing materials state the target audience is coed, 21-27 years old, beer and shot drinkers. However, the small colorful bottles of sweet liquid suggest appeal to a much younger crowd, especially girls. Though reportedly intended to be added to beer or other beverage – an apparent attempt to bring more women into the beer market - Spykes will likely have great appeal as shots for beginners.

April is  
Alcohol Awareness Month  
Simple Self Screen for Problem Alcohol Use:  
[www.alcoholscreening.org](http://www.alcoholscreening.org)

## LEARNING OPPORTUNITIES

**April 19<sup>th</sup>, 3:00-4:15pm, Alcohol and Crime Among Youth Teleconference, Underage Drinking, Enforcement Training Center.** [www.udetc.org/AudioConferences.htm](http://www.udetc.org/AudioConferences.htm)

**April 19<sup>th</sup>, 20<sup>th</sup>, 21<sup>st</sup>, 23<sup>rd</sup> and 24<sup>th</sup>, Problem and Compulsive Gambling: Counselor Training,** Inn at Saxtons River, Saxtons River, VT. Register online at <http://www.vapavt.org/training.htm>

**May 4<sup>th</sup>, 8:30am-3:30pm, Ethics and Confidentiality for Substance Abuse and Other Mental Health Counselors,** Tom Fox Memorial Chapel, 105 Pleasant St., Concord, NH. 603-271-6101 or [dpepin@dhhs.state.nh.us](mailto:dpepin@dhhs.state.nh.us)

**May 9<sup>th</sup>, Pharmacologic and Behavioral Treatments for Alcohol Use Disorders: Lessons Learned from the COMBINE Study,** psychLINK Satellite Broadcast, MHC-GM, Blodget St. Conf. Room, 1555 Elm St., Manchester, NH. 603-628-7706, x4129 or [kroldeni@mhcgm.org](mailto:kroldeni@mhcgm.org)

**May 17<sup>th</sup>, 12:00-1:30pm, Tobacco-Free Campus and Wellness,** New Hampshire Hospital Professional Grand Rounds, New Hampshire Hospital, 36 Clinton St., Concord, NH. Pre-registration not required

**May 18<sup>th</sup>, 8:30am-4:00pm, A Change Focused Approach to Addictions,** Retreat Healthcare, Brattleboro, VT. 877-274-3050 or [www.retreathealthcare.org](http://www.retreathealthcare.org)

**May 21<sup>st</sup>-22<sup>nd</sup>, Vermont Council's Annual Conference on Problem Gambling,** Lake Morey Resort and Inn, Fairlee, VT. Contact: Joy @ 802-463-9557 or [vcpgjm@verizon.net](mailto:vcpgjm@verizon.net)

**May 24<sup>th</sup>-25<sup>th</sup>, Co-Occurring Recovery: Supporting Recovery from Substance Use and Mental Disorder,** Connecticut Certification Board, Wallingford, CT. Register online @ [www.ctcertboard.org](http://www.ctcertboard.org)

### Vermont Council on Problem Gambling

*Launches Website and Newsletter*

[www.vtlottery.com/vcpg/](http://www.vtlottery.com/vcpg/)

### \* \* The FACES Project \* \*

Vermont Department of Health  
Federation of Families for Mental Health  
Friends of Recovery-Vermont  
Vermont Association of Mental Health

Engaging teens and families in addressing substances and shaping treatment in Vermont.

**Info: [www.friendsofrecoveyvt.org](http://www.friendsofrecoveyvt.org)**

## \*\*\*Save the Dates\*\*\*

**June 11<sup>th</sup>-15<sup>th</sup>, The 38<sup>th</sup> Annual New England School on Addiction Studies,** Bowdoin College, Brunswick, ME. Info @ <http://www.neias.org/SS/SATSSCATTC06x.html>

**June 11<sup>th</sup>-13<sup>th</sup>, 7<sup>th</sup> Annual New England School of Prevention Studies,** Bowdoin College, Brunswick, ME. Info <http://www.neias.org/PSS/SATPvCATcover06x.html>

**July 9<sup>th</sup>-Aug. 3<sup>rd</sup>, 24<sup>th</sup> Annual Cape Cod Symposia.**  
**July 9<sup>th</sup>-13<sup>th</sup>,** Roofies, Ritalin, Rush and More: Update on Teen Drug Trends, Cape Cod, MA.  
**July 16<sup>th</sup>-20<sup>th</sup>,** Substance Abuse and Dual Diagnosis: New Treatment Approaches, Cape Cod, MA.  
**July 30<sup>th</sup>-Aug. 3<sup>rd</sup>,** Addictions, Compulsions and Self-Sabotage: A Multi-Level Approach to Trauma's Legacy, Cape Cod, MA.

<http://www.neei.org/workshops/conferences.aspx?WID=2>

**August 20<sup>th</sup>-23<sup>rd</sup>, 15<sup>th</sup> Annual New England School of Best Practices in Addiction Treatment,** Waterville Valley Resort & Conference Center, Waterville Valley, NH  
[www.neias.org](http://www.neias.org)

## Learning Across the Net

**April 19<sup>th</sup>** Alcohol and Crime Among Youth  
**April 30<sup>th</sup>** Drug Treatment Courts: An Integrated Approach  
**May 7<sup>th</sup>** Speed Still Kills-The Growing Meth Problem  
**May 14<sup>th</sup>** Cocaine Dependency: Effective Assessment and Treatment Methods  
**May 17<sup>th</sup>** Student Athlete Codes of Conduct That Work.  
**May 21<sup>st</sup>** Dual Diagnosed Treatment: A Map to Recovery  
**June 11<sup>th</sup>** Battered Women and Addictions  
**June 21<sup>st</sup>** Restorative Justice & Underage Drinking  
[www.udetc.org/audioconflist.asp](http://www.udetc.org/audioconflist.asp)  
**April 21<sup>st</sup>** Recovery as Prevention – Faces and Voices Webinar Advocacy Series. Four one-hour webinars. RSVP by April 19 by emailing name, organization, and preferred email address to [webinar@facesandvoicesofrecovery.org](mailto:webinar@facesandvoicesofrecovery.org).  
[www.attc-ne.org/education](http://www.attc-ne.org/education)

### A Screen for Problem Gambling

Yes to one or more of the following questions may suggest further evaluation is indicated. The individual:

- Gambles longer than planned
- Gambles until his or her last dollar is gone
- Loses sleep due to thoughts of gambling
- Uses up needed income or savings to gamble
- Makes repeated, unsuccessful attempts to stop
- Breaks the law or considers breaking the law to finance
- Borrows money to finance gambling
- Feels depressed or suicidal because of gambling losses
- Feels remorseful after gambling
- Argues with others about his or her gambling behavior

# Job Board

## Center Director

### Turning Point Center of Chittenden County

Newly created 20-32 hr. per week position.

Full job description: [www.turningpointcentervt.org](http://www.turningpointcentervt.org)

To apply TPC, PO Box 913, Burlington, VT 05402 or e-mail [turningpointjob@gmail.com](mailto:turningpointjob@gmail.com)

## Program Director

### DHMC Addiction Treatment Program

An intensive outpatient program for adults

Department of Psychiatry, Dartmouth Medical School.

Must be license eligible in NH. LICSW or Clinical Psychologist. Additional LADC preferred. Must practice CBT, MET and have a thorough knowledge and skill base in current treatment models. Please send CV and letter of interest to Dr. William C. Torrey at [william.c.torrey@dartmouth.edu](mailto:william.c.torrey@dartmouth.edu)

## Experienced LADAC

### for the Adults with Acquired Brain Injury Unit

Crotched Mountain Foundation, Greenfield, NH

*Competitive salary. Strong team support.*

*Great work environment.*

[www.crotchedmountain.org](http://www.crotchedmountain.org)

(603)547-3311 ext. 267

Email: [karen.corts@crotchedmountain.org](mailto:karen.corts@crotchedmountain.org)

## Eye on Legislation New Hampshire

**SB 43-FN banning smoking in restaurants, cocktail lounges and certain other enclosed places.** Passed the Senate. On to the House!

### HB 567 to reduce the legal drinking age to 18.

Among those expressing strong opposition to HB 567 at a House Judiciary Committee hearing last month were the Departments of Safety and Health and Human Services, the Police Chiefs Association, the New Hampshire Alcohol and Drug Abuse Counselors Association, representatives of the medical community, New Futures and legislators. Last year the House killed a bill that would have reduced the legal drinking age to 18 for members of the military.

### HB 630 relative to an electronic prescription monitoring program for controlled substances.

The bill, aimed at reducing prescription opioid abuse and diversion while maintaining access to opioids for pain treatment, was retained in committee.

### HB 637 establishing a gaming oversight authority and video lottery gaming.

The bill, which would broaden gambling in the State, was retained in committee.

Info: [www.gencourt.state.nh.us/ie/](http://www.gencourt.state.nh.us/ie/)

Contact: [www.gencourt.state.nh.us/senate/members/](http://www.gencourt.state.nh.us/senate/members/)

Contact: [www.gencourt.state.nh.us/ie/whosmyleg/](http://www.gencourt.state.nh.us/ie/whosmyleg/)

## 3<sup>rd</sup> Annual Dartmouth Symposium on Substance Use

*with the*

## 1<sup>st</sup> NH Physicians Conference on Addiction

### *Integrating Addiction Specialty and General Healthcare to Optimize Care of Substance Disorders*

Friday, May 11<sup>th</sup>, 8:30-4:00, Hopkins Center, Hanover, NH

*A free conference for physicians, counselors, nurses and other community members. All Welcome.*

- **Empowering Healthcare Clinicians to Address Addiction: Focus on Opioids**, Eric Gunderson MD, Dartmouth '92, Faculty, Columbia University College of Physicians & Surgeons
- **Innovations in Electronic Screening and Record Keeping**
  - **Pain Medicine** Gil Fanciullo MD, DHMC
  - **Adolescents screening using PDAs**, Ardis Olsen, Pediatrics and Community Medicine DMS
  - **HIV Clinics** - TBD
- **Community-Based Integration of Medical, Substance and Psychosocial Care: A Model Adolescent Clinic.**- Viking Hedberg MD, MPH, Dartmouth Hitchcock Clinic, Plymouth, NH
- **The Emergency Room: Addressing the Substance Problem behind the Crisis**, Patricia Lanter MD, DHMC Emergency Room.
- **Brief Intervention and Referral in General Healthcare Settings** – Don West MD, Psychiatry, DMS
- **It Works. It's Free. And It's in Your Community: Engaging Patients in AA and other Self Help Groups** – speaker TBD
- **Supporting Recovery: Roles for All Clinicians**- Charles Brackett, MD, MPH, Internal Medicine, DHMC

More information and registration at [www.dartmouth.edu/~dcare](http://www.dartmouth.edu/~dcare)

## *New Hampshire Taskforce on Women & Recovery*

May 18<sup>th</sup>, 19<sup>th</sup> and 20<sup>th</sup>, 9am-2pm, Women's Leadership Training Initiative – North Country

North Country Health Consortium, Littleton, NH

June 28<sup>th</sup>, 5-8 pm, NHTWR Annual Dinner

Speaker Dr. Lisa M. Najavits, Harvard Medical School

Author of *Seeking Safety*.

Grappone Center, Concord, NH

603-647-4629 or [www.nhtwr.org](http://www.nhtwr.org)

## Support Group for Moms

Wednesdays, 9:30am-2:00pm,

United Hedding Methodist Church, Barre, VT

*A group that supports moms or moms-to-be who are dealing with addictions or have a family member who is.*  
802-476-8156 or [pinsbarre@yahoo.com](mailto:pinsbarre@yahoo.com)

### On-line Trainings

15 minute inhalant training for adults:  
[www.inhalantabusetraining.org](http://www.inhalantabusetraining.org)

Online resources for slang drug terms:

- <http://www.whitehousedrugpolicy.gov/streetterms/>
- <http://www.drugs.indiana.edu/slang/SearchSlang.aspx>
- <http://www.nicd.us/drugstreetandslangterms.html>

### Visit DCARE anytime

7764 Parker House  
Dartmouth College, Hanover, NH 03755  
603-646-9215

Or on the web: [www.dartmouth.edu/~dcare](http://www.dartmouth.edu/~dcare)

The coffee's always on. Visitors welcome!

## DCARE CONNECTION

Dartmouth Center on Addiction Recovery and Education  
7764 Parker House, Dartmouth College  
Hanover, New Hampshire 03755

The **CONNECTION** seeks to promote creative approaches to reducing harmful use of alcohol and drugs through network building and information sharing. Feedback, ideas and news are actively invited.

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Check it out

[www.dartmouth.edu/~dcare](http://www.dartmouth.edu/~dcare)

The information you want.

The resources you need.

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please request by return e-mail or call (603)-646-9215.