Workshops at a Glance

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Check out the Child Care Project website and quarterly newsletters for additions and changes to this training plan.
Training Hours for Licensing

**FCCH & CTR:** All child care personnel in family based programs and center based programs shall complete **18 hours** of in-service professional development every 12-month period. At least 2/3 of the total professional development hours shall include trainings, workshops or college courses in any of the following areas: 1) child development; 2) health and safety or life safety; 3) caring for children with special needs; 4) nutrition; 5) any child care related courses sponsored or funded by the Department of Health & Human Services; 6) indoor and outdoor learning environments; 7) behavior guidance; 8) staff supervision; 9) leadership, child care administration, or mentoring in early childhood; 10) financial management; 11) working with families; 12) legal issues in child care; and 13) child welfare. Self-study projects, meetings and volunteer activities may add up to no more than 1/3 of the total required hours. CPR, first aid, medication administration or water safety/rescue trainings shall not be included in the hours specified above. Up to 6 hours of DHHS approved on-line trainings accepted. (NH Child Care Program Licensing Rules, p. 90, 91, 92)

**Training Hours for Registration/Licensing**

**FCCH:** In addition to CPR, family child care providers shall attend annually at least **6 hours** of interactive developmental activities in areas such as: 1) child development; 2) discipline/behavior management; 3) health and safety; 4) age appropriate activities; 5) first aid; 6) child abuse prevention and detection; 7) working with parents; 8) children with special needs; 9) the child care environment; 10) community early childhood resources; or 11) other topics approved by the Child Care Services Division. (Regulations for Family Day Care Homes, on-line p. 16)

**CTR:** Annual professional development requirement for master teachers, teachers, teaching associates and teaching assistants: **minimum of 12 (clock) hours** of interactive developmental activities in the areas of: 1) child development; 2) learning environments; 3) effective teaching and nurturing; 4) parent partnership; 5) ethics and professional behavior; 6) program management; 7) child health, prevention and safety. Annual professional development activities must have representation from at least two of the areas listed above. These activities include but are not limited to workshop training sessions, course work, site visits to other programs, mentoring session, lecture/presentation, or acting as a member of an Early Childhood Program Assessment Team. (Early Childhood Program Licensing Regulations, p. 7, 8, 9, vi)
CPR & First Aid

**FCCH**: Prior to re-registration registrant shall be certified in infant/child CPR; registrant shall be knowledgeable in administering basic first aid. (*Regulations for Family Day Care Homes*, on-line p. 5, 11)

**CTR**: At least one staff person shall be present who is certified in infant/child CPR. All paid staff shall obtain training in rescue breathing, airway obstruction and infant/child CPR from the American Red Cross, American Heart Association or other state recognized organization providing equivalent training. Within 6 months of hire, all paid staff counted in the staff/child ratios shall have obtained training in basic first aid for children, injury prevention and emergency readiness. (*Early Childhood Program Licensing Regulations*, p. 9)

Lead Paint/Essential Maintenance Practices

**FCCH & CTR**: Unless a VT licensed lead inspector has determined that a pre-1987 property or unit is lead-free, the owner (or designated maintenance staff) of a building constructed before 1978 where a licensed or registered child care facility is located must complete a VT Health approved course to perform Essential Maintenance Practices. (*Act 165 - Prevention of Childhood Lead Poisoning*, on-line p. 1)

Orientation

**FCCH**: Within 90 days of becoming registered the provider shall attend Orientation. (*Regulations for Family Day Care Homes*, on-line p. 14) This is a one-time requirement (not annual) and is in addition to training hours required for re-registration.

Specialized Child Care Services (SCCS)

**FCCH & CTR**: SCCS providers must attend basic specialized services training no more than twelve months prior to signing "Provider Agreement, Part 3." To maintain status, provider must attend six hours of advanced SCCS training annually in addition to those training hours required to maintain his/her license or registration. The training, identified or approved by a Community Child Care Agency or otherwise authorized by the Child Development Division, must relate to the SCCS the program provides. (*Provider Agreement Specialized Child Care Services, Part 3, p. 2)*

Child Care Food Program

**FCCH**: Provider must complete a 2 hour eligible training per year, in addition to what is required to maintain registration or licensing status. (vtchildcarefoodprogram.org/requirements.php)

Professional Development Systems

New Hampshire

The Core Knowledge Areas are the body of knowledge that defines the early childhood and afterschool professional fields.

**Early Childhood Core Knowledge Areas**

1. Developing as a Professional
2. Building Family and Community Relationships
3. Teaching and Learning
4. Promoting Child Growth and Development
5. Observing, Documenting and Assessing

**Afterschool Core Knowledge Areas**

1. Child and Youth Growth and Development
2. Learning Environment and Curriculum
3. Child/Youth Observation and Assessment
4. Interactions with Children and Youth
5. Youth Engagement
6. Cultural Competency and Responsiveness
7. Family, School, and Community Relationships
8. Safety and Wellness
9. Program Planning and Development
10. Professional Development and Leadership

Vermont

**Core Knowledge Areas & Competencies**

Core Knowledge Areas and Competencies for Early Childhood Professionals is a broad title to describe a tiered system. Core Knowledge Areas are the "big chunks" – the knowledge needed by professionals to effectively work with young children and their families. There are five early childhood core knowledge areas that encompass VT's core competencies for early childhood professionals. Afterschool Core Competencies share the same 5 basic knowledge areas.

1. Child Development
2. Families and Communities
3. Teaching and Learning
4. Healthy and Safe Environments
5. Professionalism and Program Organization

Core competencies are the smallest pieces. They describe the core knowledge specifically. They are also called standards of practice. Core competencies are concrete and achievable. They detail the observable skills and attitudes needed by professionals in order to provide high quality services.
Professional Development Credentials & Accreditations

NH Early Childhood & Afterschool Professional Development Credential
CREDENTIALING SPECIALIST
(603) 271-4684 • (800) 852-3345 x4684
www.dhhs.nh.gov/dcyf/cdb/profdev.htm

A credential is a certificate/award that recognizes the recipient's qualifications and commitment to early childhood or an allied profession. Individuals may apply for more than one Credential as long as they meet the required guidelines. Credentials are valid for three years, then may be renewed. Credential lattices (progression of levels of professional roles) include criteria for levels and individual endorsements, providing entry into the NH Early Childhood Professional Development System for all who choose to be recognized for their commitment to early childhood care and education. NH Credentials for the following positions can be earned:

- Family Child Care
- Early Childhood Teacher
- Early Childhood Master Teacher
- Early Childhood Administrator
- Early Childhood Master Professional
- Early Childhood Infant and Toddler Endorsement

VT Early Childhood, Afterschool Professional & Program Director Credentials
NANCY SUGARMAN, DIRECTOR
(802) 828-2876 • nancy.sugarman@ccv.edu
http://northernlightscdc.org/career-pathways/
credentials-and-certificates/

A credential recognizes when an individual has met specific competencies based on established professional standards set by a recognized institution or professional organization. Credentials often require a portfolio or observation to document achievement. VT Early Childhood (EC) and Afterschool (AS) Credentials include:

- Afterschool Professional Credential (AS)
- Program Director Credential (AS & EC)
- EC Family Mental Health Credential (AS & EC)
- Infant/Toddler Credential (pending)

In the early childhood career ladder, many of the certificates and credential are embedded at specific levels. Afterschool credentials are embedded in the Afterschool career pathways. The Program Director and Early Childhood Family Mental Health credentials branch off of the career ladder.

Child Development Associate (CDA) National Credential
COUNCIL FOR PROFESSIONAL RECOGNITION
(202) 265-9090 • (800) 424-4310
www.cdacouncil.org

The CDA Credential is based on a core set of competency standards, which guide early care professionals as they work toward becoming qualified teachers of young children, birth through age five. Competency standards are divided into six competency goals, then 13 functional areas. Candidates must document 480 hours of experience working with children in the last three years and 120 clock hours of professional education prior to being assessed. Education must be in the following subject areas, with no fewer than 10 hours in each. The credential is valid for three years, then may be renewed for three years.

1. Safe and Healthy Learning Environment
2. Children's Physical and Intellectual Development
3. Children's Social and Emotional Development
4. Productive Relationships with Families
5. Effective Program Operation Management
6. Commitment to Professionalism
7. Observing and Recording Children's Behavior
8. Principles of Child Development and Learning

National Association for the Education of Young Children (NAEYC) Accreditation
(800) 424-2460, choose option 3, then choose option 1
www.naeyc.org/academy

NAEYC offers a national, voluntary accreditation system to set professional standards for early childhood education programs. To achieve NAEYC Accreditation, a regulated center- or school-based program must demonstrate how they meet specific requirements throughout the four-step NAEYC accreditation process.

National Association for Family Child Care (NAFCC) Accreditation
(801) 886-2322 • accreditation@nafcc.org
www.nafcc.org/accreditation

NAFCC sponsors the only nationally recognized accreditation system designed specifically for family child care providers. The Accreditation process examines all aspects of the program – relationships, the environment, developmental learning activities, safety and health, and professional and business practices, as well as compliance with the Quality Standards for NAFCC Accreditation.
**Professional Development Recognition & Coordination**

**VT's STep Ahead Recognition System (STARS)**
Johanna Vaczy & Tierney Borah
(802) 398-2037 • stars@mjcvt.org
http://DCF.Vermont.Gov/CDD/STARS

STARS is VT’s quality recognition system for child care, preschool and afterschool programs. Programs that participate in STARS are stepping ahead - going above and beyond state regulations to provide professional services that meet the needs of children and families. STARS is an opportunity to look at a program objectively and use child care quality indicators to identify strengths and areas for improvement. Providers apply for recognition in five arenas: regulatory history; staff qualifications; families and communities; program practices; and program administration; then decide which point level is achievable: applicants can earn up to five points in program practices and up to three points in all other arenas. The STARS coordinators review applications and supporting documents; CDD then awards the appropriate level of STARS recognition, 1-5. Certificate is valid for three years, with annual bonus awarded and reports required.

**VT Northern Lights Career Development Center**
Nancy Sugarman, Director
(802) 828-2876 • nancy.sugarman@ccv.edu
http://northernlightscdc.org

The VT Northern Lights Career Development Center works with many partners to unify and enhance the professional development system for early childhood and afterschool professionals in VT. Although not located in a specific place, Northern Lights’ resources are available statewide. Their goals include providing clear information and resources about professional development and career pathways to individuals and sponsors of professional development; enhancing and aligning the components of the professional development system so that it is efficient and meaningful; increasing access to quality professional development experiences at each step of the career pathway; and seeking and learning from data and feedback in order to make the system more effective. Northern Lights also provides group trainings on professional development topics, resources and individual career advising; and promotes and assists people in using the professional development tools in the Bright Futures Information System (BFIS), which is operated by the Child Development Division.

**VT's Bright Futures Child Care Information System (BFIS)**
www.brightfuturesDCF.state.vt.us

BFIS is a data management system designed and operated by the VT Child Development Division. All providers and staff persons working in a VT regulated child care program have a Quality-Credential account in BFIS. It is their private online location to hold work experience, completed degrees and coursework, education in process, certificates and credentials, individual professional development plan, training/workshop attendance and copies of transcripts. Registered home providers and licensed program directors have a Child Care Program account in which they can complete applications/reapplications, enter subsidy attendance, view and print documents, request a variance, update referral agreement, submit incident reports, add staff/associated parties and apply for grants. Also, hundreds of professional development opportunities are listed and updated regularly in the BFIS Course Calendar. Visit http://DCF.Vermont.Gov/CDD/Providers/BFIS for more information, including logging into BFIS as well as accessing child care program and credential accounts. For more assistance, call the BFIS Help Desk at (800) 649-2642.

**NH’s Licensed Plus Program**
(603) 271-4684 • (800) 852-3345 x4684
www.dhhs.nh.gov/dcf/licensedplus

Licensed Plus is a NH quality rating system that recognizes NH child care programs for efforts to improve the quality of care for young children and rewards programs that strive to improve their practices and staff qualifications. Licensed Plus programs have demonstrated evidence of a specific set of quality standards beyond what is required for licensing. All NH licensed child care programs in good standing are eligible to apply for one of two options. The program was developed in collaboration with and is administered by the NH Child Development Bureau. Certification lasts three years, with annual submission of updated materials required.

**Child Care Aware of NH**
(855) 393-1731 • ccrtraining@snhs.org
http://nh.childcareaware.org

Providers can find information on workshops and training opportunities being offered around the state by Southern NH Services Child Care Resource and Referral—who is in the process of establishing regional CCR&R offices.
This 14-class, 51-hour, non-credit course sponsored by the Child Care Project is based on the Vermont Northern Lights Core Competencies for Early Childhood Professionals: Level I. It builds a foundation of knowledge and best practice skills that are needed when working with groups of children birth to age eight. The course introduces entry-level professionals to the following core knowledge areas: child development, teaching and learning, families and communities, healthy and safe learning environments, and professionalism and program organization. Successful completion of the entire series and outside assignments satisfies the VT child care licensing requirement for training for staff of licensed centers who have not had professional development in early childhood care and education. It also integrates opportunities to meet requirements for the Level I certificate on the Northern Lights career ladder, elements of the Child Development Associate (CDA) credential, requirements for providing Basic Specialized Child Care, and more. It is a requirement that each participant have regular experience with young children (between birth to age 8) during the time s/he is taking the Fundamental course. Instructor: Lori Harris, MS, Early Childhood Education Consultant & Trainer

To be considered for successful completion of the course, you must enroll in the entire series prior to the first class, satisfy course requirements and complete assignments outside of class.

- Sat., Oct. 3 Course Introduction; Developmentally Appropriate Practice & Safe Environments
- Mon., Oct. 5 The Early Childhood Learning Environment
- Wed., Oct. 28 Child Development: Cognition & Intellectual Development
- Mon., Nov. 2 Health & Nutrition
- Sat., Nov. 7 Basic Specialized Child Care Services
- Mon., Nov. 9 Child Development: Language & Literacy
- Wed., Nov. 18 Vermont Child Care Licensing Regulations
- Mon., Nov. 23 Building Relationships with Families & Family-Centered Practice
- Mon., Nov. 30 Your Early Childhood Career & Positive Workplace Environments
- Wed., Dec. 2 Make-up date, only if needed
- Sat., Dec. 5 Professionalism and Course Wrap Up

Look for individual class descriptions under corresponding dates inside this document.

VT and NH center- and home-based providers welcome.

$75 fee. Register August 24 - September 26.

Use Fundamentals registration form at www.dartmouth.edu/~ccp to register for the entire series; non-Fundamentals students may sign up for individual sessions using the form on pages 25-26.
Level II: Beyond the Fundamentals

Never Too Early
November 24 & December 1, 2015 and March 8 & 10, 2016
2, 2-night series, 6:30-8:30 pm at Dartmouth-Hitchcock Medical Center in Lebanon, NH
This two-part, 4-hour training offers an introduction to reading and sharing books and conversation with children. Through hands-on exploration of children’s books, you’ll receive an introduction to early literacy and related developmental issues, learn ways to create a literacy-rich environment, and have an opportunity to share practical ideas with others. Can be used as an elective in place of Level II’s VELS, module 3 training. See pages 14-15 and 18 for details.

Promoting Social & Emotional Development
March 17, 22, 24, 29 & 31, 2016
2 Tuesdays & 3 Thursdays, 6:00-9:00 pm at Dartmouth-Hitchcock Medical Center in Lebanon, NH
This five-part, 15-hour mental health series is aligned with the teaching pyramid model for supporting social competence and preventing challenging behavior in young children. The research-based workshop modules build upon each other to create a strong foundation that supports all children. This series is based on training and tools provided by the Center on the Social and Emotional Foundations for Early Learning (CSEFEL), Preschool Modules 1 and 2. See pages 18-19 for details.

Observing & Recording Children’s Behavior
May 3 & 10, 2016
2 Tuesdays, 6:00-9:00 pm at Dartmouth-Hitchcock Medical Center in Lebanon, NH
This two-part, six-hour series offers an introduction to the importance and value of purposeful observation in the early childhood classroom. This training is useful to entry-level professionals new to the field of early education, as well as experienced caregivers who are looking to incorporate systematic and purposeful observation in their work with children. We will examine how observation can be used to support individual children and improve the overall quality of the learning environment. Helpful systems and tools will be explored. See pages 21-23 for details.

Level II describes the second step in VT’s Northern Lights Career Ladder – a step beyond entry level knowledge and skills. Early childhood professionals earn a Level II certificate by earning a CDA (Child Development Associate) credential or successfully completing a Level II Northern Lights Portfolio. 120 total documented hours of training are required for either option, as well as a current Individual Professional Development Plan and at least two years experience working with young children in regulated care. There are seven Level II training modules to assist in achieving the required hours of training. Modules can be taken in any order; each includes practice and assignments that can be used for a CDA application or Level II portfolio review. For more information, including an overview of the entire series, visit http://northernlightscdc.org/training/state-wide-curricula/beyond-the-fundamentals. Local, up-coming Level II trainings are noted above and throughout this calendar; modules to be offered in the next two years are listed below.

Schedule for remaining modules:
2016-2017 Academic Year
Introduction to Early Learning Standards
Productive Relationships with Families

2017-2018 Academic Year
Healthy Learning Environments
Program Management & What is the CDA Credential?
Principles of Child Development & Learning
15 **Kick-Off with Jeanine Fitzgerald: Play – Unifying the Mind, Body and Spirit**

**Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:00 - 9:00 pm • $10**

As has become tradition, Jeanine Fitzgerald will once again kick-off the Child Care Project academic year of professional development. Children haven’t changed, childhood has. Children no longer have the freedom to explore fields and woods, or find special places. Informal games on the playground have turned into structured leagues by age 4. We now have programs with scripted teaching, computerized learning, standardized assessment and decreased time for recess on playgrounds that have been determined to present too much risk. All of these trivialize and undermine children’s natural capacities for meaningful lessons learned through play. This session examines this one vitally important feature of childhood – play. **Presenter:** Jeanine Fitzgerald, Certified Human Behavior Consultant, The Fitzgerald Institute

22 **Cultivating Healthy Relationships with Food: Positive Feeding Relationships and Picky Eating Challenges**

**Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:30 - 8:30 pm • $10**

Come learn about the importance of adequate nutrition in early childhood for proper growth and development, and examine best practices for creating positive feeding relationships with the children in your care. Explore the challenges of managing picky eaters in group settings and problem-solve ways to handle food rejection. Examine strategies for feeding children in light of our own values, experiences and perceptions. Techniques for introducing new foods to children will also be discussed. Cosponsored by Hunger Free Vermont. **Presenter:** Sumra Harper-Deas, RD, Nutrition Education Initiatives Specialist, Hunger Free VT

24 **Princess Boys and Trucker Girls**

**Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:30 - 8:30 pm • $10**

Our societal norms and expectations around gender have evolved significantly and if you are feeling “behind the times,” you are not alone. This workshop will give you the knowledge and resources you need to stay current on this evolving subject. Through thought-provoking video clips, discussions and self-reflection, we will turn contemporary thinking about gender into effective teaching practices that support all children and families. We will learn how to support young children’s gender identity development, how to alleviate parents’ concerns about their children’s gender expression, and explore ways to prevent and address gender stereotyping and bias. **Presenter:** Stacy Davison, Assistant Regional Director, Anti-Defamation League
29 **Staff and Young Children: How Budget Effects Interactions**
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:30 - 8:30 pm • $10

All programs, from small family child care homes to large centers, have staff which represent the greatest expense in a budget. A program’s work environment, compensation scale and benefits package effect staff and influence their interactions with children. Typically child care employees are asked to (or, as a family child care provider, you decide to) subsidize the cost of care through reduced wages since it is such a heavy burden for working families. There are ways to look at the budget, staffing patterns, environment, pay and benefits that move away from this model. Everyone interested in the quality of the environment for the people who work with young children and how the money relates to that: family child care providers, center administrators and classroom staff are welcome. **Presenter:** Lori Harris, MS, Early Childhood Education Consultant & Trainer

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3 **Introduction to Fundamentals for Early Childhood Professionals, Developmentally Appropriate Practice & Safe Environments (*Level I)**
Dartmouth-Hitchcock Medical Center- Auditorium D, Lebanon, NH • 9:00 am - 3:00 pm • $75 (series)

This is the first session of *Fundamentals*, a 51-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. **This class is restricted to those enrolled in the entire series.** *See page 6 for details.*

In this class, the course overview, requirements and forms will be introduced as well as Northern Lights Core Competencies. We will then focus on developmental milestones, Developmentally Appropriate Practice and creating safe environments for young children in group settings. We will work through lunch, so bring your own or plan to buy food at DHMC during a break. **Presenter:** Lori Harris, MS, Early Childhood Education Consultant & Trainer

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5 **The Early Childhood Learning Environment (*Level I)**
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm • $10

This is a session of *Fundamentals*, a 51-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. **Enroll in the entire series or attend individual weeknight sessions as desired.** *See page 6 for details.*

This class will focus on creating inclusive and welcoming environments for all children and families. Room arrangement, material selection, learning centers and safety considerations, as well as evaluation and assessment of the environment will be addressed. Outdoor play areas will also be discussed. **Presenter:** Lori Harris, MS, Early Childhood Education Consultant & Trainer
7 Emotional Development, Part 1: Introduction to Observation and Recording Behavior (*Level I)
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm • $10

This is a session of Fundamentals, a 51-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. Enroll in the entire series or attend individual weeknight sessions as desired. *See page 6 for details.

This class will explore milestones in the emotional development of young children. Activities will include how and when children develop self-control and appropriate responses to typical developmental stages. The role of observing and recording children’s behavior will also be introduced, and different methods shared. Attendance of part 2 on October 14 is recommended. Presenter: Lori Harris, MS, Early Childhood Education Consultant & Trainer

13 Let's Move
Dartmouth College Child Care Center- Multi, Hanover, NH • 6:30 - 8:30 pm • $10

Children need 60 minutes of play with moderate to vigorous activity every day to grow up healthy. Physical activity is not only good for keeping children's hearts, minds, and bodies in shape and disease-free, but it also supports young children in developing motor skills that influence many other areas of their development. Child care providers play a key role in shaping children's attitudes and behaviors about physical activity. Making physical activity a FUN part of children's daily routine is an important first step. Come learn how you can encourage and maintain children's interest in regular physical activity. Leave with lots of new games and activities to play with your toddlers and preschoolers tomorrow. Come dressed and ready to move! Presenter: Phyllis MacDonald, Preschool Director and Teacher, Northern Lights Gymnastics

14 Emotional Development, Part 2: The Influence of Culture (*Level I)
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm • $10

This is a session of Fundamentals, a 51-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. Enroll in the entire series or attend individual weeknight sessions as desired. *See page 6 for details.

Children become aware of gender, culture, ethnicity, family differences and disabilities between the ages of two and five. We’ll examine how the environment we provide and interactions we have with children can positively influence their appreciation of diversity. How culture, stress and other characteristics influence our own emotional development will be addressed, as well as additional methods for observing and recording children’s behavior. Attendance of part 1 on October 7 is recommended. Presenter: Lori Harris, MS, Early Childhood Education Consultant & Trainer
19 Social Skills Development and A Sense of Oneself (*Level I)
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm • $10
This is a session of Fundamentals, a 51-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. *Enroll in the entire series or attend individual weeknight sessions as desired.* *See page 6 for details.*

This class will explore how children form a sense of themselves. The concepts of attachment and resiliency will be addressed, along with positive guidance, coping with transitions and other strategies that support children’s social development and developing sense of self. **Presenter:** Lori Harris, MS, Early Childhood Education Consultant & Trainer

20 Understanding Complex Trauma and the Influence of Art in Afterschool, Part 1
Dartmouth-Hitchcock Medical Center- Auditorium D, Lebanon, NH • 6:30 - 8:30 pm • $15
This two-part training combines didactic teaching on complex developmental trauma with art making and discussion with providers who offer quality after school care. Participants will explore the elements of complex trauma, issues of arousal and attachment, and implications to the afterschool or summer learning environment. Through experiential art exercises, providers will learn firsthand how to better respond to youth and support success in informal learning settings. Cosponsored by Vermont Afterschool. **Please note that this training focuses on school-agers, and attendance on both Tuesdays, October 20 and 27 is required.** **Presenter:** Betsy Graziadei, MPS, ATR-BC, Vermont Counseling and Trauma Services

21 Social Skills Development and Understanding Others (*Level I)
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm • $10
This is a session of Fundamentals, a 51-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. *Enroll in the entire series or attend individual weeknight sessions as desired.* *See page 6 for details.*

How do we learn to get along? How can we help children acquire the kinds of social skills we value and appreciate in adults? This class will address strategies to support the development of positive social skills in children. Conflict resolution, supporting children with challenging behaviors and social development milestones will also be discussed. **Presenter:** Lori Harris, MS, Early Childhood Education Consultant & Trainer

27 Understanding Complex Trauma and the Influence of Art in Afterschool, Part 2
Dartmouth-Hitchcock Medical Center- Auditorium D, Lebanon, NH • 6:30 - 8:30 pm
See full description under October 20. **Please note that this training focuses on school-agers, and attendance on both Tuesdays, October 20 and 27 is required.** **Presenter:** Betsy Graziadei, MPS, ATR-BC, Vermont Counseling and Trauma Services
28 Cognition and Intellectual Development (*Level I)
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm • $10
This is a session of Fundamentals, a 51-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. Enroll in the entire series or attend individual weeknight sessions as desired. *See page 6 for details.

This class will focus on children’s cognitive development. Activities and discussion will center on child development theories, developmental milestones and brain development. Strategies that children use to organize information, learn new concepts and develop the variety of skills we associate with intelligence will be covered. Presenter: Lori Harris, MS, Early Childhood Education Consultant & Trainer

2 Health and Nutrition (*Level I)
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm • $10
This is a session of Fundamentals, a 51-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. Enroll in the entire series or attend individual weeknight sessions as desired. *See page 6 for details.

This class will introduce common causes of injuries and illness, as well as explore injury and illness prevention strategies. The importance of nutrition beginning in infancy as it relates to cognitive function, behavior and overall development will be addressed. We will examine how physical activity impacts healthy child development, and learn how to communicate and encourage the components of a healthy lifestyle to families. Presenter: Lori Harris, MS, Early Childhood Education Consultant & Trainer

7 Basic Specialized Child Care Services (*Level I)
Dartmouth-Hitchcock Medical Center- Auditorium G, Lebanon, NH • 9:00 am - 3:00 pm • $15
This six-hour training is required for all providers/programs wishing to attain “Basic Specialized Child Care Provider” status, and offers valuable information for anyone supporting children and families when abuse, neglect or special needs are involved. Topics covered will include: typical child development, the impact of stress and abuse on development, red flags, working with families and the system, as well as mandated reporting responsibilities. Working with children with special needs will also be touched upon. Required of Fundamentals students, this training is open and beneficial to all providers, center- and home-based in both VT and NH. Six hours of training credit will be awarded, applicable toward re-registration/licensing hours or SCCS training hours. We will work through lunch, so bring your own or plan to buy food at DHMC during a break. Presenter: Robbin LaRue, M. Ed., Certified Human Behavioral Consultant and Prevention Specialist
9  Child Development: Language and Literacy (*Level I)
Dartmouth-Hitchcock Medical Center- Auditoriums A & B, Lebanon, NH • 6:00 - 9:00 pm • $10
This is a session of Fundamentals, a 51-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. Enroll in the entire series or attend individual weeknight sessions as desired. *See page 6 for details.

This class will identify milestones related to children’s typical language and literacy development, as well as explore how language and communication are related. Participants will learn strategies for encouraging communication with children and how literacy supports communication. Presenter: Lori Harris, MS, Early Childhood Education Consultant & Trainer

10  Best Toys Ever
Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:30 - 8:30 pm • $10
What are the best toys for young children and why? The best toy choices are ones that encourage creativity, stimulate thinking and awaken imagination. Based on research from neuroscience, some activities and kinds of play have been found to be better than others in supporting a child’s development. As a child grows and develops there are optimal times for creating connections and forging healthy neuropathways. This interactive workshop will discuss how to select the best toys for young children, birth to age eight, and explore how to use them to maximize learning, enjoyment and budgets. Presenter: Elizabeth K. Reed, Elizabeth K. Reed Consulting, LLC

17  From Sheep to Toys: Making Handmade Felt with Children
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:30 - 8:30 pm • $10
Take soft fluffy wool, soap and water, and add friction with hands or feet. What do you get? A fun sensory experience that is part art, part fine and gross motor, and part science. Children of all ages treasure feeling wool slowly meld to become an object – it is quite magical. The natural fibers have such a rich texture that children become engrossed and tend to spend an amazing amount of time wet felting amazing creations. Younger ones will enjoy the process of feeling the felt in their hands, while school-agers often focus on a tangible object they want to sculpt. In this hands-on workshop, come learn how to make simple toys and felt art with your young children. Presenter: Jennie Harriman, MFA, MA, Art with Jennie

18  Vermont Child Care Licensing Regulations (*Level I)
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm • $10
This is a session of Fundamentals, a 51-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. Enroll in the entire series or attend individual weeknight sessions as desired. *See page 6 for details.

This class will feature an interactive presentation by our local Vermont licenser from the Child Development Division Licensing Unit, on Vermont child care regulations and a discussion of how they are linked to developmentally appropriate practice. This engaging workshop will use case scenarios to help participants develop strategies to apply child care licensing regulations. Bring your questions! Vermont home- and center-based providers are welcome. Presenter: Danielle Palmer, Licensing Field Specialist, VT Child Development Division
23 Building Relationships with Families and Family-Centered Practice (*Level I)
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm • $10
This is a session of Fundamentals, a 51-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. Enroll in the entire series or attend individual weeknight sessions as desired. *See page 6 for details.

This class addresses the skills all professionals need to effectively communicate with other adults. Family-centered practice will be defined and strategies for creating an environment that promotes and encourages respectful communication with families will be discussed. Participants will also learn how to approach families and talk about difficult topics. Presenter: Lori Harris, MS, Early Childhood Education Consultant & Trainer

24 Never Too Early, Part 1
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:30 - 8:30 pm • $15
This two-part training offered in collaboration with the Vermont Humanities Council offers an introduction to reading and sharing books and conversation with children. Take a journey into the world of children’s literature! In this lively, interactive workshop, learn the importance and joy of sharing picture books and stories with infants, toddlers and preschoolers. Through hands-on exploration of children’s books, learn about early literacy and related developmental issues. Learn ways to create a literacy-rich environment, and share practical ideas with others. Discover ways to make books come alive through animated reading, rhymes and extension activities that encourage language development. Take home ideas you can put to use immediately in your program, along with a free set of gift books. Humor and laughter is the 2015-16 theme. Attendance at both sessions, November 24 and December 8 is required. Registration is open to family child care providers and center staff, with priority given to first time participants in the Child Care Project coverage area.
Presenter: Brenda Metzler, MA, VT Humanities Council literacy trainer

30 Your Early Childhood Career and Positive Workplace Environments (*Level I)
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm • $10
This is a session of Fundamentals, a 51-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. Enroll in the entire series or attend individual weeknight sessions as desired. *See page 6 for details.

This class will begin with an exploration of the components of a positive workplace environment. The bulk of the evening will be spent learning about the VT and NH Early Childhood Career Ladders, starting your Individual Professional Development Plan (IPDP) and looking at next steps in your career path. Rachel Hunter and Jen Tucker, local mentors will join in the discussion. Presenter: Lori Harris, MS, Early Childhood Education Consultant & Trainer
8. **Never Too Early, Part 2**  
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:30 - 8:30 pm  
See full description under November 24. **Attendance at both sessions, November 24 and December 8 is required.** Presenter: Brenda Metzler, MA, VT Humanities Council literacy trainer

5. **Professionalism and Fundamentals for Early Childhood Professionals Course Wrap Up (*Level I)**  
Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 9:00 am - 3:00 pm  
This is the final session of **Fundamentals**, a 51-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. **This class is restricted to those enrolled in the entire series.** *See page 6 for details.*  
This class will begin with an introduction to the NAEYC Code of Ethical Conduct and examination of the definitions of professionalism and confidentiality as they relate to the field of early childhood. The majority of the time will be reserved for presentation of final projects, reflection and course evaluation. **Lunch provided.** Presenter: Lori Harris, MS, Early Childhood Education Consultant & Trainer

10. **Creative Winter Fun with 3-5 Year Olds: Comparison of Process- and Product-Focused Literacy and Arts Activities for Preschoolers**  
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:30 - 8:30 pm • $10  
Join us to learn about and compare process- and product-focused preschool activities. Collect ideas that will help you plan some fun through the winter for the children in your program. Explore books with a winter theme and find out how to extend them with the visual arts, music, movement and dramatic play. Reading picture books and threading the content through hands-on projects helps children deepen the reading experience and connect with representational thinking, be it process or product. We are all creative so, come and discover the ease with which these lessons simplify the creative process and allow the individuality of each child to blossom. **Presenter:** Lisa Aschbacher, SWTA Arts Instructor & VSA Vermont Regional Program Coordinator

15. **Get Organized and Earn More Money in 2016 and Beyond: Record Keeping and Tax Tips for Family Child Care Providers**  
Child Care Project- Conference Room, Hanover, NH • 6:30 - 8:30 pm • $10  
This surprisingly lively annual workshop is a must for all new family child care providers, as well as home providers needing a reminder or encouragement to get organized in the upcoming year. It is appropriate whether you file your own taxes or use a tax preparer, accountant, etc. because it covers record keeping in detail. Easy systems of record keeping and tax preparation specific to the business of family child care will be introduced. Learn how you can maximize your deductions, thus increase your profit as a unique small home business. Any recent changes to the tax laws will be discussed. **Presenter:** Jeffrey Kent, President, Kent Tax and Business Services, LLC

Training Calendar 2015-2016
12 Creating Pleasant Mealtime Environments in Child Care
Dartmouth-Hitchcock Medical Center, Auditorium F, Lebanon, NH • 6:30 - 8:30 pm • $10
Creating pleasant mealtime environments in child care influences children’s beliefs and attitudes about food and can impact their nutritional choices throughout life. Family-style meals promote the development of social, emotional, and gross and fine motor skills. Come learn the benefits of creating a pleasant mealtime environment and what this looks and feels like in a group setting. Examine practical tips for creating a successful mealtime environment in your own program. There will also be opportunities to discuss challenges and concerns around implementing family-style meals and ways to overcome these barriers. Cosponsored by Hunger Free Vermont. Presenter: Ginger Farineau, Early Childhood Nutrition Specialist, Hunger Free VT

21 Environmental Literacy in Action, Part 1
Dartmouth-Hitchcock Medical Center, Auditorium F, Lebanon, NH • 6:30 - 8:30 pm • $15
Environmental literacy is much more than knowing every tree or bird out in the woods! It’s about establishing a sense of place, building knowledge about the connections between humans and the natural world, and the confidence to explore environmental topics in a patch of trees, by the pond, or right in the gym or school yard. This training is designed to give school-age staff the understanding and skills needed to lead your own, partner with an expert, or embed an existing statewide environmental program. Build confidence leading groups informed by the “big ideas” linking us to nature. Experience tried and true, hands-on activities, tuned to the constraints and opportunities of afterschool programs even in winter. Walk away with the resources to identify local partners to assist you in developing quality environmental literacy experiences to your program. Cosponsored by Vermont Afterschool, this training is in partnership with SWEEP (Statewide Environmental Education Programs) – a network of environmental educators across Vermont. Attendance on both dates, January 21 and 23 is required. Presenter: Lauren Chicote, Program Coordinator, Winooski Valley Park District and Board Member, Vermont SWEEP

23 Environmental Literacy in Action, Part 2
Dartmouth College Child Care Center, Multi & Outside, Hanover, NH • 10:00 am - 2:00 pm
See full description under January 21. Attendance on both dates, January 21 and 23 is required. There will be an hour-long break for lunch on your own. Presenter: Alison Thomas, Education Coordinator, VT Fish and Wildlife Department

28 The Blue Brain: Being Male, Young and Energetic
Dartmouth-Hitchcock Medical Center, Auditorium E, Lebanon, NH • 6:30 - 8:30 pm • $10
Let’s debunk bad science. The male versus female brain "research" is filled with myths. Most of the differences in development are the result of nurture not nature. This presentation will examine the few innate differences in male and female brains then go on to look at how parents, peers and society influence the wiring of our most complex system. The evening will conclude by exploring whether "rough and tumble play" belongs in childhood and offer time for action steps in addressing the blue brain. Presenter: Scott Noyes


**9  Children in the Shadow: Exploring Childhood Anxiety**
Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:00 - 9:00 pm • $10

Anxiety is the most common mental health diagnosis in children and adults. Those diagnosed are often in the shadow of others who are more outgoing. Therefore, we may be unaware of their anguish. This training examines the childhood fears, sensitivities and anxieties that may interfere with learning and maximizing full potential. The focus is on applying scientifically proven strategies of teaching the regulation of thought, physiology and behavior in the home and classroom environment. **Presenter:** Jeanine Fitzgerald, Certified Human Behavior Consultant, The Fitzgerald Institute

**18 The Cost of Quality in Early Childhood Education**
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:30 - 8:30 pm • $10

What is the cost of quality in early childhood education? Together we will examine the expenses all programs incur and explore the cost associated with increasing quality. The monetary considerations of improving programs will be discussed. We will problem solve the affordability of increased professional development, moving up the STARS ladder and other financial issues related to enhancing programs. Though some of the information shared will be VT-specific, NH providers are welcome, as are both family child care home providers and center directors/administrators/owners. Cosponsored by VT Community Loan Fund. **Presenter:** Cindy Daniels, Business Development Specialist, Project SUCCESS, VT Community Loan Fund

**27 Mother Goose Cares About Math and Science, Part 1**
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 9:00 am - 4:00 pm • $40

Offered in collaboration with Vermont Center for the Book, this three-part training is for anyone in early childhood education working with children three to seven years old. Children are naturally compelled to explore the world around them. By providing tools and support for such active exploration, you can promote the development of mathematics, science, and language and literacy learning. Mother Goose Cares About Math and Science will help you to: use math, science and literacy in your interactions with children; use picture books and investigations to promote conversations, language skills and higher-order thinking; engage children in hands-on investigations that help them explore math, science and literacy skills and concepts; find diverse ways to use picture books for all kinds of learning; and learn how to use math, science and language and literacy standards.

**Attendance on all three Saturdays, February 27, March 5 and March 12 is required.** Each participant will receive an educator resource guide, more than 15 outstanding children’s books and a set of materials valued at $350; lunch will be on your own. One undergraduate or graduate credit will be available through Union Institute for an additional cost and require outside work; details provided at the first class. **Space is limited to 25 people, with priority given to those within the Child Care Project coverage area.** **Presenter:** Jennifer Keenan Wolfe, Early Education Program Principal
5  **Mother Goose Cares About Math and Science, Part 2**  
Dartmouth-Hitchcock Medical Center- Auditoriums A&B, Lebanon, NH • 9:00 am - 4:00 pm  
See full description under February 27. **Attendance on all three Saturdays, February 27, March 5 and March 12 is required.** Presenter: Jennifer Keenan Wolfe, Early Education Program Principal

8  **Never Too Early, Part 1**  
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:30 - 8:30 pm • $15  
This two-part training offered in collaboration with the Vermont Humanities Council offers an introduction to reading and sharing books and conversation with children. Take a journey into the world of children’s literature! In this lively, interactive workshop, learn the importance and joy of sharing picture books and stories with infants, toddlers and preschoolers. Through hands-on exploration of children’s books, learn about early literacy and related developmental issues. Learn ways to create a literacy-rich environment, and share practical ideas with others. Discover ways to make books come alive through animated reading, rhymes and extension activities that encourage language development. Take home ideas you can put to use immediately in your program, along with a free set of gift books. Humor and laughter is the 2015-16 theme. **Attendance at both sessions, March 8 and 10 is required.** Registration is open to family child care providers and center staff, with priority given to first time participants in the Child Care Project coverage area. **Presenter:** Brenda Metzler, MA, VT Humanities Council literacy trainer

10  **Never Too Early, Part 2**  
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:30 - 8:30 pm  
See full description under March 8. **Attendance at both sessions, March 8 and 10 is required.** **Presenter:** Brenda Metzler, MA, VT Humanities Council literacy trainer

12  **Mother Goose Cares About Math and Science, Part 3**  
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 9:00 am - 4:00 pm  
See full description under February 27. **Attendance on all three Saturdays, February 27, March 5 and March 12 is required.** Presenter: Jennifer Keenan Wolfe, Early Education Program Principal

17  **Promoting Social and Emotional Development: Building Relationships and Creating Supportive Environments, Part 1 (**Beyond the Fundamentals: Level II**)**  
Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:00 - 9:00 pm • $30  
This five-part mental health series is aligned with the teaching pyramid model for supporting social competence and preventing challenging behavior in young children. The research-based workshop modules build upon each other to create a strong foundation that supports all children. Based on
training and tools provided by the Center on the Social and Emotional Foundations for Early Learning (CSEFEL), Preschool Modules 1 and 2, topics to be addressed include strategies for preventing challenging behavior through building positive relationships with children, families and colleagues; designing environments, schedules and routines; implementing activities that promote child engagement; modifying and adapting materials and activities to meet individual needs of children; and providing encouragement and positive feedback. Effective strategies, ideas and resources to help will be discussed. **Attendance on all five dates, March 17, 22, 24, 29 and 31 is required and outside work will be assigned.** **See page 7 for Level II description.** **Presenter:** Jan Crow, M.Ed.

### March 22

**Promoting Social and Emotional Development: Building Relationships and Creating Supportive Environments, Part 2 (Beyond the Fundamentals: Level II)**

Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm

See full description under March 17. **Attendance on all five dates, March 17, 22, 24, 29 and 31 is required and outside work will be assigned.** **See page 7 for details.** **Presenter:** Jan Crow, M.Ed.

### March 24

**Promoting Social and Emotional Development: Building Relationships and Creating Supportive Environments, Part 3 (Beyond the Fundamentals: Level II)**

Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm

See full description under March 17. **Attendance on all five dates, March 17, 22, 24, 29 and 31 is required and outside work will be assigned.** **See page 7 for details.** **Presenter:** Jan Crow, M.Ed.

### March 29

**Promoting Social and Emotional Development: Building Relationships and Creating Supportive Environments, Part 4 (Beyond the Fundamentals: Level II)**

Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm

See full description under March 17. **Attendance on all five dates, March 17, 22, 24, 29 and 31 is required and outside work will be assigned.** **See page 7 for details.** **Presenter:** Jan Crow, M.Ed.

### March 31

**Promoting Social and Emotional Development: Building Relationships and Creating Supportive Environments, Part 5 (Beyond the Fundamentals: Level II)**

Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm

See full description under March 17. **Attendance on all five dates, March 17, 22, 24, 29 and 31 is required and outside work will be assigned.** **See page 7 for details.** **Presenter:** Jan Crow, M.Ed.
Let's Play
Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:30 - 8:30 pm • $10
It has been said that children’s work is play; and that through play children learn how to learn. Supporting children’s play is a skill that takes practice. This interactive workshop will explore the relationship between play and learning and discuss approaches to supporting preschool children’s play in developmentally appropriate ways. The focus will be on imaginary play and engaging as a partner in play, not curriculum planning or directed activities. Providers working with 3-6 year olds are welcome. Presenter: Elizabeth K. Reed, Elizabeth K. Reed Consulting, LLC

Nurturing Healthy Sexual Development
Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:30 - 8:30 pm • $10
This training will help you to better understand the sexual development of children, and how to respond to children’s sexual behaviors and questions in ways that promote healthy development. Come explore why a crucial component of nurturing healthy sexual development is protecting children from sexual abuse. Leave with an understanding of the scope of child sexual abuse and the relationship between healthy sexuality and child sexual abuse prevention. Cosponsored by Prevent Child Abuse Vermont. Presenter: Johanna Straavaldsen, Healthy Relationships Project Director, Prevent Child Abuse Vermont

"Look at me when I'm talking to you!" and Other Common Mistakes We Make Working with Young Children
Dartmouth-Hitchcock Medical Center- Auditorium G, Lebanon, NH • 6:30 - 8:30 pm • $10
Effects on personality and temperament are both biological and environmental—with the strongest influences beginning at birth with primary caregivers. Children’s social and emotional experiences shape the relationships they form with others. As adults, we often set unrealistic expectations in our interactions with young children and we sometimes apply developmentally inappropriate logic and reasoning to their actions. Join us in an examination of behavior from a strengths-based approach through the lens of cultural competency. We’ll explore how behavior at a young age is often “mimicked” or develops from experiences, and how with some simple adjustments we can achieve more positive and developmentally appropriate interactions. Presenter: Jessica Sugrue, MS, ECMPWT, Independent Education and Training Consultant

Water Safety Training
Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:30 - 9:00 pm • $10
Join us for an exciting 2½ hours of information that could change the way supervising adults look at water activities and young children. Attending this workshop fulfills the NH Child Care Program Licensing Rule He-C 4002.29(q)(3) training requirement for a basic water safety course and allows NH child care staff to have children participate in water related activities and will help prevent drowning. Being a dry-land training, swimsuits are not necessary. NH and VT, center- and home-based providers are welcome. Cosponsored by Upper Valley Child Care Association. Presenter: Scott Noyes
April 2016 • April 2016 • April 2016

30  Safety with Daring
Center for Learning, Adventure, and Discovery, Plainfield, NH • 9:30 am - 12:30 pm • $10
Young children take risks each and every day; babies toddle and tumble while taking first steps, 2-year-olds attempt to balance on tricycles, and 5-year-olds climb and jump from heights taller than themselves. It is through these explorations that children learn about the world and their place in it. Our goal should not be to stop them from being daring, but to minimize the hazards around them as they are taking these necessary risks. This workshop will address the definition of hazard from a developmental perspective, as well as examine how our own fears and experiences influence our personal definition and practice. We will discuss how adults impact the opportunities for daring and how to set up environments that support—and even encourage—it. Presenter: Lori Harris, MS, Early Childhood Education Consultant & Trainer

May 2016 • May 2016 • May 2016

3  Observing and Recording Children's Behavior, Part 1 (**Beyond the Fundamentals: Level II)
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm • $15
This two-part, six-hour series offers an introduction to the importance and value of purposeful observation in the early childhood classroom. This training is useful to entry-level professionals new to the field of early education, as well as experienced caregivers who are looking to incorporate systematic and purposeful observation in their work with children. We will examine how observation can be used to support individual children and improve the overall quality of the learning environment. Helpful systems and tools will be explored. Attendance on both dates, May 3 and 10 is required. **See page 7 for Level II description. Presenter: Sharon Adams, M.S., Early Childhood Education Consultant and Master Instructor

5  Farm to Preschool: Gardening with Children
Dartmouth College Child Care Center- Multi & Outside, Hanover, NH • 6:30 - 8:30 pm • $10
Gardening engages children by providing an interactive environment to observe, discover, experiment, nurture and learn from. School and child care gardens are living laboratories where interdisciplinary lessons are drawn from real life experiences, encouraging children to become active participants in the learning process. Studies have shown that school gardens encourage preference and consumption of fruits and vegetables, increase parental support and involvement, and improve children’s’ enthusiasm about preschool/child care, teamwork skills and self-understanding. Gardens can be easily integrated into any program and can be as simple as a raised bed or a few containers. Come learn all about gardening with children! Presenter: Jim McCracken, Place-Based Education Consultant
Child Care Project Annual Early Childhood Mini-Conference: All Day on Play

Dartmouth-Hitchcock Medical Center- Auditoriums E & F, Lebanon, NH • 9:00 am - 4:00 pm • $40
Presenter: Lisa Guerrero, M.Ed.

The Play Instinct: Have You Lost Yours

We know that play is an essential part of every child's life and is vital for the enjoyment of childhood as well as healthy brain development. But, play is not just for children! If we are going to be successful advocates for play in the lives of children and families, then we need to be in touch with our own playful selves. In the morning session, come explore several types of play in an effort to reconnect with your own play instinct. From there, the discussion will focus on the value of play and ways in which we can promote playfulness as the foundation for strengthening the families with whom we work. Sure to be fun and insightful!

Why Outside Play Matters: The Provider's Role in Fostering Young Children's Development Outdoors

Do ALL the children in your program get outside everyday, even the youngest babies? How do you spend your time outside with your children? Provider involvement in outdoor play can heighten a child’s learning experience and stimulate positive developmental achievements. But what does that involvement look like? This afternoon session will allow us to reflect on our currently held beliefs about the functions of outdoor play and discover ways of thinking about the role adults play in facilitating quality experiences. We will examine best practices and discuss strategies we can use to broaden our perspectives and access the full potential for learning in an outdoor environment. We will also explore the idea of outdoor classrooms, making sure all the learning areas that are visible in the indoor learning environment are represented outside as well.

Registration fee includes continental breakfast and afternoon snack. Lunch is on your own, during the 1-hour mid-day break. Presenter, Lisa Guerrero has been a professional in the field of early care and education for over twenty years and has come to be known for her energy, passion and dedication to supporting children and families. Her roles have included being an early childhood educator of children birth through age 8 in traditional, private and early intervention programs; an administrator of a center-based early childhood program; and an owner and operator of a home-based infant and toddler center. Currently, Lisa presents professional development trainings and seminars on promoting quality outdoor experiences for children, supporting the development of sensitive and inclusive learning environments, and advocating for play. When not working, Lisa can be found pursuing a PhD in Leadership, Policy and Change; exercising and dancing; hanging out with her 17-year-old twins and dogs; volunteering in the community; or walking through the beautiful Vermont countryside.

Register using the spring registration form, beginning February 22, 2016, to be available at www.dartmouth.edu/~ccp.
10  **Observing and Recording Children’s Behavior, Part 2 (**Beyond the Fundamentals: Level II)**
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm
See full description under May 3. **Attendance on both dates, May 3 and 10 is required.** **See page 7 for details.**  
**Presenter:** Sharon Adams, M.S., Early Childhood Education Consultant and Master Instructor

19  **Medication Administration in Early Care and Education Settings, Parts A and B**
Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm • $10
This two-part training consists of both online and face-to-face group training. **The first part (A) is taken online, includes 3 modules and will take approximately 2 hours to complete.** There is a quiz at the end of each part; upon completion of each quiz, participants will need to print their certificate. These certificates must be brought to the face-to-face session, part B, in order to attend that workshop. In this training, participants will learn to identify different types of medication, why medication is given and how it is given; improve medication storage preparation and administration techniques; support good documentation of medication administration, and recognize and respond to adverse reactions to medication; and develop and implement appropriate policies about medication administration. After completion of both parts (online and face-to-face), documentation of professional development for 5 hours of training credit will be awarded. Visit [http://northernlightscdc.org/training/state-wide-curricula/medication-administration-module/](http://northernlightscdc.org/training/state-wide-curricula/medication-administration-module/) for more information and to complete part A. **Remember you must complete part A before attending part B, and you must complete both part A and B to get credit for this training.**  
**Presenter:** Kary Towne, RN, M.Ed., VT Child Care Wellness Consultant

26  **The Impact of Trauma and Neglect on Young Children**
Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:30 - 8:30 pm • $10
Young children are particularly susceptible to early abuse and neglect, and that maltreatment can have profound impact on their future growth and development. This training will highlight the ways trauma impacts brain development in young children as well as the ways it impacts children’s ability to meet normal developmental milestones. We’ll explore symptoms that might indicate a child is experiencing abuse or neglect at home and learn when a report to DCF or DCYF is mandated. What types of involvement DCF/DCYF might have with families and how that can impact child care providers will be addressed. Community resources that can help stressed families and ways these resources can be presented to families in a kind, nonjudgmental way will be examined. Together we will also learn strategies to help provide a supportive environment for children who have experienced early trauma.  
**Presenter:** Tonya McMurray, M.Ed., LCMHC, Mental Health Counselor, The Family Place
7 Infant/Toddler Time, Part 1: Infant Insights
Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:30 - 8:30 pm • ***$0
It’s time to focus on infants and toddlers! The first part of this two-part training will examine infancy issues in the first year of life ranging from sleeping patterns to attachment concepts. The how and why of playing with babies and an introduction to brain development research will be explored in this deliberative session. Cosponsored by Vermont Birth to Five. **Attendance on both dates, June 7 and 9 is strongly recommended.*** **To celebrate your commitment to your ongoing professional development, the Child Care Project – with support from Vermont Birth to Five – is waiving the fee for this final training series of the academic year!** **Presenter:** Scott Noyes

9 Infant/Toddler Time, Part 2: Toilet Learning and Other Toddler Themes
Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:30 - 8:30 pm • ***$0
It’s time to focus on infants and toddlers! From toilet learning to temper tantrums, part two of this two-part training will examine why toddlers can be exciting and baffling. By looking at the complex child development issues that occur from nine months to three years, you will begin to understand the stress and wonderment this age group has around their "emergence of self." Cosponsored by Vermont Birth to Five. **Attendance on both dates, June 7 and 9 is strongly recommended.*** **To celebrate your commitment to your ongoing professional development, the Child Care Project – with support from Vermont Birth to Five – is waiving the fee for this final training series of the academic year!** **Presenter:** Scott Noyes

**Driving Directions to DHMC, 1 Medical Center Drive, Lebanon, NH**

| From I-89: Take exit 18 (from the north: turn left; from the south: turn right) and head towards Hanover on Route 120 north, following the blue and white H signs for 2.3 miles. At the traffic lights by Centerra Park (on the right), take a left onto LaHaye Drive and continue straight through the next light (road becomes Hitchcock Loop Road). Take the fifth right, following signs for “Main Entrance” parking lot. | From I-91 north: Take exit 10S to merge onto I-89 south, then take exit 18. Turn left off the exit and head towards Hanover on Route 120 north, following the blue and white H signs for 2.3 miles. At the traffic lights by Centerra Park (on the right), take a left onto LaHaye Drive and continue straight through the next light (road becomes Hitchcock Loop Road). Take the fifth right, following signs for “Main Entrance” parking lot. |
| From I-91 south: Take exit 13, turn left onto VT Route10A east and proceed over the bridge into NH. Continue up the hill on Wheelock Street/ NH Route 10 and straight to the second set of lights (Berry Sports Center and tennis courts on the right). Turn right onto South Park Street. Continue straight on Route 120 south, following the blue and white H signs. At traffic lights by Jesse’s Restaurant (on the left), turn right and follow to next intersection. At the stop sign turn right onto Hitchcock Loop Road and take the first left, following signs for “Main Entrance” parking lot. |
Winter 2015-2016 Professional Development Registration Form

Name _____________________________________________  VT Quality Case ID _____________
Home Mailing Address ______________________________________________________
Home Town, State & Zip ____________________________________________________________
Workplace Name ____________________________________  Workplace Town _______________
Email ___________________________________________________________________________
Phones: Home ___________________  Work ___________________  Cell ___________________

Registration Policies

Registration: Pre-registration with payment is required. Registration is now accepted online at http://dartmouth.imodules.com/ccp or through the mail on a rolling basis, within the time frame below, until a training fills. A wait list will be kept for fully enrolled training. Neither phone nor email registrations are accepted. Seasonal registration forms are available prior to the first day of registration at www.dartmouth.edu/~ccp. Please register only for trainings printed on these forms; use one form per person. We must receive your registration prior to training and may not be able to accommodate walk-ins.

Season  Registration Opens  Training Dates
Fall     Aug. 24        Sept. – Nov.
Winter  Nov. 23        Dec. – Feb.

Payment: Pay via credit card online or by check if mailing. Payment (or pre-approved scholarship) must accompany registration. Please make check payable to Child Care Project. Fees are as follows, unless otherwise noted in the training description.

<table>
<thead>
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<th>Training/Series Length</th>
<th>Fee</th>
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<td>2-3 hours</td>
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<td>4-6 hours</td>
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Scholarships: Limited scholarships are available to child care providers facing significant financial need. Individuals in our coverage area may request assistance of $10 per academic year by calling the Child Care Project at (603) 646-3233 prior to registration.

Confirmation: Upon receipt of registration and payment, confirmation will be sent via email (or by phone if an email address is not provided). Reminder phone calls will be made one to three days prior to training.

Cancellation: If a training is canceled by the Child Care Project, registrants will be notified by email (or by phone if an email address is not provided). Cancellations will also be posted on our website. In the event of canceled training, credit will be issued toward a future training.

If you are unable to attend training for which you are registered, please call or email with as much advance notice as possible. If cancellation is received with at least 24 hours advance notice, credit will be issued toward future training. If you do not get into training for which you are wait listed, credit will be issued. Refunds are not available and credit is not given for “no shows.”

Training Credit: To redeem a training credit, registration must be made using the paper registration form sent via mail. Credits cannot be redeemed through the online registration site.

To register via mail, complete both sides of this form and mail with check to: Child Care Project, 17 ½ Lebanon Street, Suite 2, Hanover, NH 03755

11/30/15
**Workshop Selection:** Check in the first column the training(s) you would like to attend.

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<th>Select</th>
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<th>Title</th>
<th>Hours</th>
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<td>Get Organized &amp; Earn More Money in 2016 &amp; Beyond: Record Keeping &amp; Tax Tips for Family Child Care Providers</td>
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<td>12/10/15</td>
<td>Creative Winter Fun with 3-5 Year Olds: Comparison of Process- &amp; Product-Focused Literacy &amp; Arts Activities for Preschoolers</td>
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<td>02/18/16</td>
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<td>02/27, 03/05, 03/12/16</td>
<td>Mother Goose Cares About Math and Science, Parts 1-3</td>
<td>21</td>
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| Total Registration Fee | $ |

**Payment Information**

☐ Check Enclosed
    Check Amount $ ___________  Check # ________________

☐ Scholarship Awarded
    Award Amount $ ___________  Date of Award ___________
    Awarded By _________________________________

☐ Cancellation Credit Applied
    Credit Amount $ ___________  Date of Credit ___________

To register via mail, complete both sides of this form and mail with check to:
Child Care Project, 17 ½ Lebanon Street, Suite 2, Hanover, NH 03755

OR

To register online with a credit card payment, go to
New Hampshire

Child Development Bureau
(603) 271-4242
(800) 852-3345 x 4242
www.dhhs.nh.gov/dcyf/cdb

Child Care Licensing Unit
(603) 271-9025
(800) 852-3345 x 9025
www.dhhs.nh.gov/oos/cclu

Child Care Food Program
(603) 448-5168
Tricia Enneper, Children’s Center of Upper Valley

Child Care Scholarship:
Division of Family Assistance, Claremont Office
(603) 542-9544
(800) 982-1001, press 1, then 1 again
www.dhhs.nh.gov/dcyf/cdb/eligibility.htm

Child Abuse/Neglect Reporting:
Division for Children, Youth & Families
(603) 271-6562 • (800) 894-5533
911 during non-business hours
www.dhhs.nh.gov/dcyf/cps

Early Learning NH
(603) 226-7900
www.earlylearningnh.org

NH Community Loan Fund
(603) 224-6669 x215
www.communityloanfund.org/how-we-help/child-care

Children’s Center of Upper Valley

Vermont

Child Development Division
(802) 241-3110
(800) 649-2642
http://dcf.vermont.gov/cdd

Bright Futures Child Care Information System
www.brightfutures.dcf.state.vt.us

Child Care Food Program
Capstone Community Action
(802) 477-5173 • (866) 479-0688

Child Care Financial Assistance:
The Family Place
(802) 649-3268
(800) 639-0039
www.familyplacevt.org/child-care

Child Abuse/Neglect Reporting:
24-hour Child Protection Line
(800) 649-5285
http://dcf.vermont.gov/protection/reporting

Child Care Project
(603) 646-3233 • (800) 323-5446
www.dartmouth.edu/~ccp

www.nh.childcareaware.org

Child Care Aware of NH/Southern NH Services
Child Care Resource & Referral
(603) 578-1386 x32 • (855) 393-1731 x32
http://nh.childcareaware.org

http://northernlightscdc.org

Northern Lights Career Development Center
(802) 828-2800, press 0 and ask for NLCDC
http://northernlightscdc.org

STARS- STep Ahead Recognition System
(802) 398-2037
http://dcf.vermont.gov/childcare/providers/stars

Vermont Community Loan Fund
(802) 223-1448
www.investinvermont.org/borrowers/child-care

Vermont Community Child Care Support Agencies
http://dcf.vermont.gov/partners/cccsa
The Child Care Project is a Granite United Way partner agency. Child Care Project training is sponsored, in part, by the Child Development Division, Vermont Department for Children and Families.

Child Care Project
Training Calendar 2015-2016
Professional Development Opportunities for Early Childhood Professionals

Save this document!

Questions? Contact us:
(800) 323-5446 • (603) 646-3233
child.care.project@dartmouth.edu
www.dartmouth.edu/~ccp

Need additional registration forms? Visit:
www.dartmouth.edu/~ccp