

Child Care Project Training Calendar

September 2009-June 2010

Child Care Project

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Hanover, NH
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child.care.project@
dartmouth.edu

www.dartmouth.
edu/~ccp

The Child Care Project is a resource and referral agency serving early childhood and school age professionals in Orange and northern Windsor Counties in Vermont, as well as northern Sullivan and southwestern Grafton Counties in New Hampshire.

Susan Lloyd,
Director

Chris Pressey-Murray,
Coordinator

Cindy Binzen,
Assistant Coordinator

Anita Dole,
Administrative
Assistant

Office Hours:
Monday-Friday,
8:00 am- 4:00 pm

Driving directions to
all training locations
are available at:

www.dartmouth.edu/
~ccp/directions.html
or

by calling the Child
Care Project during
business hours.

| Workshops at a Glance | Vermont Core Knowledge Area(s) Addressed | New Hampshire Core Knowledge Area(s) Addressed | Child Development Associate Subject Area(s) Addressed | Vermont SCCS, Level I or II Training |
|--|---|---|--|---|
| 09/10: Looking at Discipline Consciously | 1,3 | 2,7 | 3,8 | Adv. SCCS |
| 09/17: Cooking with Books | 3,4 | 4 | 1,2 | |
| 09/19: Stewards of Children | 1,2,4 | 2,4,10 | 3,4,5,8 | Adv. SCCS |
| 10/03: Inspiring Infant & Toddler Environments | 1,3,4 | 2,6 | 1,2,3,8 | |
| 10/15: Technicool: Technology Safety Program | 3,4 | 4,6,7 | 1,3 | Adv. SCCS |
| 10/17: Intro. to Fundamentals & Professionalism | 5 | 1,11 | 6 | Level I |
| 10/19: Health, Safety & Nutrition | 1,4 | 1,2,4,6 | 1 | Level I |
| 10/22: Big Ideas for Small Spaces | 4 | 6 | 1 | |
| 10/26: The Early Childhood Learning Environment | 1,3 | 1,6,9 | 1 | Level I |
| 10/28 & 11/04: Basic Specialized Child Care Services, 1&2 | 1,2,5 | 1,2,4,9,10 | 3,5,6 | Basic SCCS, Lev. I |
| 11/02: Cognition & Intellectual Development | 1 | 1,2 | 2,8 | Level I |
| 11/09: Child Development: Language & Literacy | 1,3 | 1,2,3 | 2,8 | Level I |
| 11/12, 03/04: Never Too Early | 1,3 | 2,6 | 2,8 | Level II |
| 11/14: Intro. to Observation & Influence of Culture | 1,3 | 1,2,5,8 | 3,7,8 | Level I |
| 11/14: Communication: Building Relationships | 2,5 | 1,10,11,12 | 4,6 | Level I |
| 11/19, 03/11: Early Birds and Bookworms | 1,2,3 | 2,6,10 | 2,3,4 | Level II |
| 11/23: Social Skills & A Sense of Oneself | 1,2,3 | 1,2,7,10 | 2,3,8 | Level I |
| 11/30: Social Skills & Understanding Others | 1,2,3 | 1,2,7,10 | 2,3,8 | Level I |
| 12/01: Taxes: Everything You've Wanted to Know... | 5 | 12 | 5 | |
| 12/07: VT Child Care Licensing Regulations | 1,3,4,5 | 1,2,3,4,6,7,8,10,12 | 1,3,5 | Level I |
| 12/10: Advanced Never Too Early | 1,3 | 2,6 | 2,3,8 | Level II |
| 12/12: Positive Workplaces, Family Centered Practice & Fund. Wrap-Up | 2,5 | 1,10,12 | 4,5 | Level I |
| 01/07: Social Emotional...Infant/Toddler Curriculum | 1,3 | 2,3 | 3,8 | |
| 01/14: Resilience: What Is It In Today's World..., 1 | 1,3,4 | 2,4,7 | 1,3,8 | Adv. SCCS |
| 01/21: Resilience: How Do We Build When Ours Is Lacking, 2 | 1,3,5 | 2,7,12 | 3,6 | |
| 01/26: TV, Movie Ratings & Content: Oh My! | 1,2,3,4 | 2,4,6,7,10 | 1,3,4,8 | Adv. SCCS |
| 01/28: Typical Childhood Behaviors, 1 | 1 | 2 | 2,3,8 | Adv. SCCS |
| 02/04: Atypical Childhood Behaviors, 2 | 1,3 | 2,7,9 | 2,3,8 | Adv. SCCS |
| 02/11: Moving Outside In | 4 | 4 | 1,2 | |
| 02/23: Art Ingredients: Nourishing Creative... | 3 | 3 | 1,2 | |
| 02/27, 03/20 & 04/17: Mother Goose Cares..., 1-3 | 3 | 3 | 1,2 | Level II |
| 03/23&30,04/13&27: Promoting Social Emotional Dev., 1-4 | 1,2,3 | 2,3,10 | 3,4 | Level II |
| 03/25 & 04/01: NEW Advanced Never Too Early, 1&2 | 1,3 | 2,6 | 2,3,8 | Level II |
| 04/10: Child Care Project Annual EC Conference | varies | varies | varies | varies |
| 04/15: Addressing Disruptive Behaviors in Children | | | | Adv. SCCS |
| 04/29: Responding to Sexual Behavior of Children | 1,3,4 | 2,3,4 | 1,3,8 | Adv. SCCS |
| 05/04 & 11: Telling Stories with Puppets..., 1&2 | 3 | 3 | 2 | |
| 05/06,20,27&06/03: Relationships with Families, 1-4 | 2 | 10 | 4 | Level II |
| 05/13: Cooperative Games for School-Agers | 3,4 | 3 | 2,3 | |
| 06/05: Children & the Natural World... | 1,3,4 | 2,3,6 | 1,2,3,8 | |

Watch Child Care Project bimonthly newsletters for additions and changes to this training plan.

Training Requirements

New Hampshire

Bureau of Child Care Licensing • Department of Health & Human Services
(603) 271-4624 • (800) 852-3345 x4624 • www.dhhs.state.nh.us/dhhs/bccl



Training Hours for Licensing

FCCH & CTR: All child care personnel in family- and center-based programs shall complete **9 hours** (12 hours effective July 1, 2010; and 18 hours effective July 1, 2011) of in-service professional development every 12-month period. At least 2/3 of the total professional development hours shall include trainings, workshops or college courses in any of the following areas: 1) child development; 2) health and safety or life safety; 3) caring for children with special needs; 4) nutrition; 5) any child care related courses sponsored or funded by the Department of Health & Human Services; 6) indoor and outdoor learning environments; 7) behavior guidance; 8) staff supervision; 9) leadership, child care administration, or mentoring in early childhood; 10) financial management; 11) working with families; 12) legal issues in child care; and 13) child welfare. Self-study projects, meetings and volunteer activities may add up to no more than 1/3 of the total required hours. CPR, first aid, medication administration or water safety/rescue training shall not be included in the hours specified above. (*NH Child Care Program Licensing Rules*, p. 90)

CPR & First Aid

FCCH & CTR: At least one staff person, per 20 children, during all operating hours must be trained and currently certified in CPR & first aid. CPR training shall include instruction in CPR and foreign body airway obstruction management for infants and children. (*NH Child Care Program Licensing Rules*, p. 59)

Water Safety Course

FCCH & CTR: At least one staff person who has successfully completed a basic water safety course within 3 years shall be present during any water activity for every 12 children. (*NH Child Care Program Licensing Rules*, p. 88)

Orientation

FCCH & CTR: New child care personnel shall complete child care licensing orientation provided or approved by the bureau prior to employment. Personnel currently employed in licensed programs shall complete orientation no later than September 1, 2009. (*NH Child Care Program Licensing Rules*, p. 90)

Medication Administration

FCCH & CTR: Administration of all medication shall be performed by authorized staff having completed training in medication safety and administration every 3 years. (*NH Child Care Program Licensing Rules*, p. 54, 55)



Vermont

Child Development Division • Department for Children and Families
(802) 241-3110 • (800) 649-2642 • http://dcf.vermont.gov/cdd/providing_care

Training Hours for Registration/Licensing

FCCH: In addition to CPR, family child care providers shall attend annually at least **6 hours** of interactive developmental activities in such areas as: 1) child development; 2) discipline/behavior management; 3) health and safety; 4) age appropriate activities; 5) first aid; 6) child abuse prevention and detection; 7) working with parents; 8) children with special needs; 9) the child care environment; 10) community early childhood resources; or 11) other topics approved by the Child Care Services Division. (*Regulations for Family Day Care Homes*, p. 12)

CTR: Annual professional development requirement for master teachers, teachers, teaching associates and teaching assistants: **minimum of 12 (clock) hours** of interactive developmental activities in such areas as: 1) child development; 2) learning environments; 3) effective teaching and nurturing; 4) parent partnership; 5) ethics and professional behavior; 6) program management; 7) child health, prevention and safety. Annual professional development activities must have representation from at least 2 of the areas listed above. These activities include but are not limited to workshop training sessions, course work, site visit to other programs, a mentoring session, lecture/presentation, or acting as a member of an Early Childhood Program Assessment Team. (*Early Childhood Program Licensing Regulations*, p. 7, 8, 9, vi)

CPR & First Aid

FCCH: Provider shall hold valid certification certificate in infant/child CPR and be knowledgeable in administering basic first aid. (*Regulations for Family Day Care Homes*, p. 1, 7)

CTR: At least one staff person shall be present who is certified in infant/child CPR. All paid staff shall obtain training in rescue breathing, airway obstruction and infant/child CPR from the American Red Cross, American Heart Association or other state recognized organization providing equivalent training. Within 6 months of hire, all paid staff counted in the staff/child ratios shall have obtained training in basic first aid for children, injury prevention and emergency readiness. (*Early Childhood Program Licensing Regulations*, p. 9)

Lead Paint/Essential Maintenance Practices

FCCH & CTR: Unless a VT licensed lead inspector has determined that the property or unit is lead-free, the owner (or maintenance staff) of a building constructed before 1978 where a licensed or registered child care facility is located must complete a VT Department of Health approved course to perform Essential Maintenance Practices. (*Notice For Persons Who Own Buildings Where Child Care Programs Are Located*, p. 1)

Orientation

FCCH: Within 90 days of becoming registered the provider shall attend an Orientation. (*Regulations for Family Day Care Homes*, p. 10) This is a one-time requirement (not annual) and is in addition to training hours required for re-registration.

Specialized Child Care Services (SCCS)

FCCH & CTR: SCCS providers (formerly known as Protective Services providers) must attend (or document previous attendance at) basic special services training prior to signing "Provider Agreement, Part 3." To maintain status, provider must attend 6 hours of specialized training above the required hours for re-licensing or re-registration each year that relates to the specialized service(s) provided. (*Provider Agreement Specialized Child Care Services, Part 3*, p. 2)

Child Care Food Program

FCCH: Provider must attend 2 hours of nutrition/health specific training per year, in addition to what is required to maintain registration or licensing status. (*Day Care Meals Program brochure*)

Professional Development Systems

New Hampshire

Early Childhood Core Knowledge Areas

A core knowledge base provides a consistent set of knowledge and skill areas which are fundamental to all roles in the field of early care and education. The knowledge base defines what practitioners who work with young children and families must know and be able to do. It also provides a basis for self-assessment and reflection, and is designed to help determine areas of professional competence and areas for further growth.

1. Foundations of Early Childhood Education
2. Child Growth & Development
3. Curriculum for Early Care & Education
4. Health, Safety & Nutrition in Early Childhood
5. Child Observation, Record Keeping & Assessment
6. Creating Environments for Young Children
7. Child Guidance & Discipline
8. Cultural Diversity
9. Children with Special Needs
10. Family & Community Relationships
11. Professionalism & Professional Development
12. Administration & Supervision

Vermont

Core Knowledge & Core Competencies

The Core Competencies are the foundation for the VT Northern Lights Career Development Center, Vermont's unified system of professional development for early childhood and afterschool professionals. *Core knowledge* refers to topics describing the knowledge needed by professionals to effectively work with young children. *Core competencies* refer to the observable skills and dispositions needed in order to provide high quality early care and education. Professionals may use the competencies as a self-assessment of their own skills and knowledge, and plan to pursue professional development to address their learning needs. The Core Competencies address three of the six levels of the Professional Development Continuum in VT.

Core Knowledge Areas:

1. Child Development
2. Families & Communities
3. Teaching & Learning
4. Healthy & Safe Environments
5. Professionalism & Program Organization

Professional Development Credentials & Accreditations

NH Early Childhood Professional Development Credential

Child Development Bureau
(603) 271-7983

www.dhhs.state.nh.us/dhhs/cdb/library/Training+Material/ece-guide.htm

Designed as an initial step toward assuring quality and increasing the competence of those who care for children in NH, this voluntary credential program is for child care professionals who meet or exceed the criteria set forth in the child care licensing regulations. Career lattices provide the structure for credentialing: the Center-Based lattice is comprised of five professional roles with four credential levels each; the Family Care lattice has four roles and two credential levels each. Providers decide which position and level matches their experience, education and training (learning obtained both before and after employment, within NH Core Knowledge Areas) and professional activities, and apply for that credential. Certificates are valid for three years, then may be renewed.

VT Early Childhood & Afterschool Program Director Credential

Maureen Young-McCarthy

(802) 885-8374 • maureen.young-mccarthy@ccv.edu
http://northernlights.vsc.edu/director_cred.html

This credential program is intended for both center-based and family child care settings. The credential offers a three-step sequence of college courses (21 total credits) for directors or administrators in the field, and for those aspiring to these roles. Participants will have the opportunity to implement new learning in their professional settings and to develop collegiality with peers from across the state. For NAEYC Early Childhood Program Accreditation, individuals who hold this credential will qualify for the maximum number of points for relevant training and credentials, one of three categories included in the alternative pathways to achieving educational qualifications of a program administrator.

Higher Education courses from any accredited higher education institution may be approved to complete the credential, as long as they address required content. Some of these courses are currently offered through the Vermont State College system.

Child Development Associate (CDA) National Credentialing

Council for Professional Recognition
(202) 265-9090 • (800) 424-4310

www.cdacouncil.org

The CDA program is designed to provide performance-based training, assessment and credentialing of early childhood professionals working with children, birth through age five. Competency Standards, statements of the skills needed to be a competent caregiver, are the core of the CDA program. Candidates must document 480 hours of experience working with children and 120 clock hours of formal child care education within the past five years prior to being assessed. Training hours must be in the following content areas, with no fewer than 10 hours in each. Credential is valid for three years, then may be renewed for five year periods.

1. Safe & Healthy Learning Environment
2. Children's Physical & Intellectual Development
3. Children's Social & Emotional Development
4. Positive Relationships with Families
5. Effective Program Operation Management
6. Commitment to Professionalism
7. Observing & Recording Children's Behavior
8. Child Development & Learning

National Association for the Education of Young Children (NAEYC)

(202) 232-8777 • (800) 424-2460

www.naeyc.org/academy

NAEYC offers a national, voluntary accreditation system to set professional standards for early childhood education programs. To achieve NAEYC Accreditation, a regulated center- or school-based program must demonstrate how they meet specific requirements throughout the four-step NAEYC accreditation process.

National Association for Family Child Care (NAFCC)

(801) 886-2322 or (800) 359-3817

www.nafcc.org/accreditation/about_accreditation.asp

NAFCC sponsors the only nationally recognized accreditation system designed specifically for family child care providers. Accreditation process examines all aspects of the program- relationships, the environment, developmental learning activities, safety and health, and professional and business practices, as well as compliance with the Quality Standards for NAFCC Accreditation.

Professional Development Recognition & Coordination

VT's STep Ahead Recognition System (STARS)

Deb Curtis & Kathy (Chuck) Bayles, Learning Partners
(802) 479-5261 • learningpartnrs@aol.com

www.starsstepahead.org

STARS is VT's quality rating system for child care, preschool and afterschool programs. STARS providers are eligible to receive financial incentives. Achieving STARS recognition indicates that a child care, preschool or afterschool program has gone above and beyond VT's basic regulatory standards. STARS recognition is determined by completing a self-assessment and submitting supporting documentation. Providers apply for recognition in five arenas: compliance history, qualifications and training, families and community, program assessment, and administration; and choose whether to apply for one to three points in each arena for a total of 15 possible points. Learning Partners, Inc., a contracted administrator, reviews the self-assessment and supporting documentation. CDD then awards the appropriate level of STARS recognition. Certificates are valid for one year and must be renewed to continue participation.

VT Northern Lights Career Development Center

Nancy Sugarman, Director

(802) 828-2876 or -2800 • nancy.sugarman@ccv.edu

<http://northernlights.vsc.edu>

The Northern Lights Career Development Center for Early Childhood and Afterschool Professionals is funded by a grant from the Child Development Division of the VT Agency of Human Services. In collaboration with the Community College of VT and the VT Child Care Industry and Careers Council (VCCICC), Northern Lights helps unify the current professional development system in Vermont. Although it is not located in a specific place, its resources are available statewide. By strengthening and aligning curriculum and instruction; providing individuals and agencies easy access to training and education at all levels; developing highly qualified instructors; and providing career advising for professionals and organizations, they hope to create an articulated system of professional development, instructor qualifications, and resources for those working with early childhood education and afterschool programs.

VT's Bright Futures Information System (BFIS)

www.brightfuturesinfo.org

Statewide professional development opportunities can be accessed on-line by clicking on "Course Calendar" in the box on the left side of the home page. VT providers can also participate in the BFIS electronic system of tracking professional development. If you are not an eProvider already and would like to be a part of BFIS, visit <https://bfishelp.ahs.state.vt.us>. Under the "How do I sign up?" tab, complete the form, selecting "Credentialing Account Only" from the Account Type drop down menu. Professionals in the system will be issued a personal BFIS card with a "Quality Case ID" number. By entering your number on attendance forms at trainings offered by the Community Child Care Support Agencies (such as The Child Care Project), your attendance will be automatically documented in the system and contribute to your professional resume in BFIS. eProviders who do not have access to the "Resume" function from the Child Care Worker/Credential User section of the public portal should contact the BFIS Help Desk at (800) 649-2642 or bfishelp@ahs.state.vt.us.

NH's Licensed Plus Program

(603) 271-4829 • (800) 852-3345 ext. 4829

www.dhhs.state.nh.us/DHHS/CDB/licensedplus.htm

Administered by NH Department of Health & Human Services, Bureau of Improvement & Integrity, in collaboration with the NH Child Development Bureau, this quality rating system is a visible way of recognizing child care programs who are working to improve quality of care for young children by exceeding minimum child care licensing rules and documenting compliance with defined, researched-based standards that can be measured and communicated. All NH licensed child care programs in good standing are eligible to apply. Programs must also meet the Licensed Plus quality standards. The Licensed Plus quality rating lasts three years, with annual submission of updated materials required.

NH's Resource & Referral Network

www.nhccrr.org/providers/FindATraining.cfm

Providers can find information on workshops and training opportunities being offered through the NH Child Care Resource & Referral Network at www.nhccrr.org/providers/FindATraining.cfm. Searches can be filtered by catchment area, core knowledge area and/or date.

Level I: Fundamentals Training Series

Fundamentals for Early Childhood Professionals

October 17 - December 12, 2009

8 Mondays, 6:00-9:00 pm at CCV in Wilder, VT,
2 Wednesdays, 6:00-9:00 pm at DHMC in Lebanon, NH and
3 Saturdays, 9:30 am-3:30 pm at Howard Dean Educational Center in Springfield, VT
(face-to-face on Saturdays & via VT Interactive Television on weekdays)

This FREE 48-hour, non-credit course sponsored by the Child Care Project is based on the Vermont Northern Lights Core Competencies for Early Childhood Professionals: Level I. It builds a foundation of knowledge and best practice skills that are needed when working with groups of children ages birth to eight years old. The course introduces entry-level professionals to the following core knowledge areas: child development, teaching and learning, families and communities, healthy and safe learning environments, and professionalism and program organization. Successful completion of the series satisfies the VT child care licensing requirement for training for staff of licensed centers who have not had professional development in early childhood care and education. It also integrates opportunities to meet requirements for the Level I certificate on the Northern Lights career ladder, elements of the Child Development Associate (CDA) Credential, requirements for providing Basic Specialized Child Care, and more. It is a requirement that each participant have regular experience with young children (between ages birth to 8) during the time they are taking the Fundamental course. Instructor: Lori Harris, Director of Dartmouth-Hitchcock Medical Center Child Care Center

Enroll in the entire series or attend individual weeknight sessions as desired.

- Sat. Oct. 17 Course Introduction and Professionalism
- Mon. Oct. 19 Health, Safety & Nutrition
- Mon. Oct. 26 The Early Childhood Learning Environment
- Wed. Oct. 28 Basic Specialized Child Care Services, Part 1
- Mon. Nov. 2 Child Development: Cognition & Intellectual Development
- Wed. Nov. 4 Basic Specialized Child Care Services, Part 2
- Mon. Nov. 9 Child Development: Language & Literacy
- Sat. Nov. 14 Child Development: Emotional Development- Introduction to Observation & Recording Behavior and the Influence of Culture
- Mon. Nov. 16 Communication: Building Relationships
- Mon. Nov. 23 Child Development: Social Skills & A Sense of Oneself
- Mon. Nov. 30 Child Development: Social Skills & Understanding Others
- Mon. Dec. 7 Child Care Licensing Regulations
- Sat. Dec. 12 Positive Workplace Environments & Family Centered Practice & Course Wrap Up

Look for individual class descriptions under corresponding dates inside this document.

NO CHARGE: VT and NH center- and home-based providers welcome.

**Registration for entire course begins September 1, 2009;
individual sessions may be signed up for beginning the month prior to the class.**

For more information or to register contact:

Child Care Project at (603) 646-3233, (800) 323-5446 or child.care.project@dartmouth.edu

Level II: Second Step Training Modules

Never Too Early & Early Birds and Bookworms

November 12 & 19, 2009 or March 4 & 11, 2010

2 Thursdays, 6:30-8:30 pm at Dartmouth-Hitchcock Medical Center in Lebanon, NH

This two-part training offers an introduction to reading and sharing books and conversation with children. Through hands-on exploration of children's books, you'll receive an introduction to early literacy and related developmental issues, learn ways to create a literacy-rich environment, and have an opportunity to share practical ideas with others. Can be used as an elective in place of Level II's VELs, Module 3 training. See pages 12 and 19 for details.

Mother Goose Cares About Math and Science

February 27, March 20 & April 17, 2010

3 Saturdays, 9:00 am-4:00 pm at Dartmouth College Child Care Center in Hanover, NH

Offered in collaboration with Vermont Center for the Book, this is a FREE college-level training for anyone in early childhood education working with children from three to seven. Children are naturally compelled to explore the world around them. By providing tools and support for such active exploration, you can promote the development of mathematics, science and language and literacy learning. Come learn how in this series. See page 18 for details.

Promoting Social and Emotional Development

March 23, March 30, April 13 & April 27, 2010

4 Tuesdays, 6:00-9:00 pm at Dartmouth-Hitchcock Medical Center in Lebanon, NH

This two-part mental health series is aligned with the teaching pyramid model for supporting social competence and preventing challenging behavior in young children. The research based workshop modules build upon each other to create a strong foundation that supports all children. This series is based on training and tools provided by the Center on the Social and Emotional Foundations for Early Learning (CSEFEL), Preschool Modules 1 and 2. See page 20 for details.

Productive Relationships with Families

May 6, May 20, May 27 & June 3, 2010

4 Thursdays, 6:00-9:00 pm at Dartmouth-Hitchcock Medical Center in Lebanon, NH

Working effectively with parents and guardians is an important contribution to young children's healthy development. Using the Zero to Three Preventing Child Abuse and Neglect Curriculum, this 12-hour series focuses on supporting all families and creating a family centered program. Topics covered include: building collaborative relationships with families, helping parents understand temperament, developing supportive responses to troubled parent-child interactions, and supporting staff in their work with parents. See page 23 for details.



Level II describes the second step in VT's Northern Lights Career Ladder- a step beyond entry level knowledge and skills. Early childhood professionals earn a Level II certificate by earning a CDA (Child Development Associate) credential, *or* successfully completing a Level II Northern Lights Portfolio. 120 total documented hours of training are required for either option, as well as a current Individual Professional Development Plan and at least two years experience working with young children in regulated care.

To assist providers in achieving Level II, there are seven Level II training modules; different modules are offered annually in each region of the state. Building on the Level I Fundamentals course, this curricula is based on Level II core competencies for early childhood professionals and the CDA credential subject areas. The modules can be taken in any order; each includes practice and assignments that can be used for a CDA application or Level II portfolio review. For more information, including an overview of the entire series, visit <http://northernlights.vsc.edu> or call Nancy Sugarman at (802) 828-2876. Level II trainings are noted above and throughout this calendar. Interested VT and NH providers are welcome to attend.

Monthly Training Opportunities

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10 **We're All In This Together: Looking at Discipline Consciously**

Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:30 - 8:30 pm

Have you ever found yourself in the middle of a discipline situation and thought, “There’s got to be a better way?” During this workshop we will define discipline, look at the importance of how we approach discipline situations, talk about who needs to be disciplined, look at how everyday interactions effect discipline and think about some helpful techniques for responding to and managing behavior... the children’s and ours. There will be opportunities for interaction, reflection, practice and even some fun. Discipline is not a single event be to dreaded; rather it is a life long journey to be enjoyed! Come and learn how to do just that. Presenter: Sunnie McPhetres, Lead Teacher, Dartmouth College Child Care Center

17 **Cooking with Books**

Dartmouth College Child Care Center- Grizzly Room, Hanover, NH • 6:30 - 8:30 pm

Have you every thought of a book as something more than just to read? Come to this hands-on, interactive workshop and experience books like you may never have before. Learn lots of fun ways to incorporate books into your afterschool program while also diving into the arts, whipping up a little treat to eat, exploring science and having fun with math. Leave this resource-packed training with books, lessons and ideas that you can take back to your program and begin using immediately to get kids reading and eating healthy. Cosponsored by the Vermont School Age Care Network (VSACN). Presenter: Tami Stagner, Coordinator, Springfield School District's All-4-One Programs Coordinator & VSACN Trainer

19 **Stewards of Children**

Dartmouth-Hitchcock Medical Center- Auditoriums E, Lebanon, NH • 9:00 am - 11:30 am

1 in 4 girls and 1 in 6 boys will be sexually abused before their 18th birthdays... but it doesn't have to happen. You can help lower these numbers and protect the children in our community. Stewards of Children is a revolutionary, research-based sexual prevention training program developed by Darkness to Light. It educates adults to prevent, recognize and react responsibly to the epidemic of child sexual abuse. Early childhood and school-age professionals, parents and other individuals working with youth will learn how sexual abuse affects communities nationwide; become aware of the long-term and often devastating effects that sexual abuse has on individuals; and most importantly, leave with simple, proactive strategies for protecting children from sexual abuse. Light refreshments will be served. Cosponsored by the VT Early Childhood Action Team, the Child Advocacy Centers of The Family Place and DHMC, Upper Valley United Way and the Child Care Project. Presenters: Katie Ouelette, Child Advocacy Center Program Coordinator, The Family Place Parent Child Center and Jody Thompson, Forensic Interviewer/Team Coordinator, Child Advocacy Center of Grafton and Sullivan Counties at CHaD

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22 **The Development of the Child's Understanding of Nature, Numbers and Logic**

Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm

How many is four? Do things fall down *every* single time? If I put on this mask will I be a cat? These questions are pretty straightforward, if you are a grown up. However, children's understanding of math and science is greatly different from adults – not only because they have less information but because they think in very different ways. In this training, participants will explore the development of scientific and mathematical thought as it emerges from birth (what does a newborn think?) through school age (and what do big kids think?). Participants will have opportunities to identify how their programs currently support children's thought, as well as how they can expand and strengthen their programs to further this important developmental process. Presenters: Deb Curtis & Chuck Bayles, Consultants, Learning Partners, Inc.

CANCELLED
due to presenter's death

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3 **Inspiring Infant and Toddler Environments**

Dartmouth-Hitchcock Medical Center- Auditorium G, Lebanon, NH • 9:00 am - 12:00 pm

Join us to explore new ideas that are emerging in the field of early childhood curriculum for infants and toddlers. Reenergize your space to better engage your youngest learners. Heather Duhamel, Child Development Specialist and Master Instructor, will facilitate the dialogue and we will discover together what makes a great learning space for infants and toddlers that is equally innovative, beautiful and developmentally appropriate. Inspiring environments benefit children of all ages, as well as their adult caregivers. Presenter: Heather Duhamel, Child Development Specialist, Early Childhood Professional Discovery Vermont

15 **Technicool: Technology Safety Program**

Dartmouth-Hitchcock Medical Center- Auditoriums D, Lebanon, NH • 6:30 - 8:30 pm

This new Prevent Child Abuse Vermont program, funded through a grant from the Office of Juvenile Justice and Delinquency Prevention, is designed for Vermont children and teens grades 4-8, and their parents, teachers and caregivers. Technicool looks at common concerns surrounding the internet and technology; encourages safe online behavior by addressing the risks inherent to these powerful new technologies; and provides participants with resources to protect themselves and the children with whom they work. Stories about the dangers of these technologies have dominated headlines in recent years. Through presentation, case studies and activities, Technicool helps participants to separate hype from reality and suggests simple steps to minimize risks. Presenter: Kathy Kretz, Technology Safety Coordinator/Trainer, Prevent Child Abuse Vermont

Saturday

17 Introduction to Fundamentals for Early Childhood Professionals and Professionalism (*Level I)

Howard Dean Education Center- Room B118, Springfield, VT • 9:30 am - 3:30 pm

This is the first session of *Fundamentals*, a 48-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. *Saturday classes are restricted to those enrolled in the entire series.* *See page 6 for details.

In this class, the course overview, requirements and forms will be introduced. Your professional development and growth will be the focus of much of the day. Students will learn the components of and begin to outline their own Individual Professional Development Plan (IPDP), and receive information about the Child Development Associate Credential (CDA). Ethical practices will also be discussed. Bring a bagged lunch as there will not be a formal lunch break. Presenter: Lori Harris, M.S., Director, Dartmouth-Hitchcock Medical Center Child Care Center

19 Health, Safety and Nutrition (*Level I)

Community College of VT- VT Interactive Television Studio, Wilder, VT • 6:00 - 9:00 pm

This is a session of *Fundamentals*, a 48-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. *Enroll in the entire series or attend individual weeknight sessions as desired.* *See page 6 for details.

This class will focus on developmental milestones, Developmentally Appropriate Practice and important health and safety procedures in working with young children in group settings. Participants will learn common causes of injuries and illness, be introduced to nutrition as it relates to child development and explore how to communicate this information effectively with families. Presenter: Lori Harris, M.S., Director, Dartmouth-Hitchcock Medical Center Child Care Center

22 Big Ideas for Small Spaces

Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:30 - 8:30 pm

Do you find yourself bemoaning the fact that your classroom is too small to fit in all of the interest centers that you want? Or maybe you step on someone every time you turn around? Ever feel like the minimum space allowance just isn't enough? Do you look at the early childhood environments books and drool over the space you see? Join Sunnie McPhetres, a seasoned preschool teacher, as she shares some of the ways she has tried to cure the "too many people, not enough space" woes. *Family child care home providers are welcome, but the focus will primarily be on center-based program spaces.* Presenter: Sunnie McPhetres, Lead Teacher, Dartmouth College Child Care Center

26 The Early Childhood Learning Environment (*Level I)

Community College of VT- VT Interactive Television Studio, Wilder, VT • 6:00 - 9:00 pm

This is a session of *Fundamentals*, a 48-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. ***Enroll in the entire series or attend individual weeknight sessions as desired.*** *See page 6 for details.

This class will focus on creating inclusive and welcoming environments for all children and families. Room arrangement, material selection, learning centers and safety considerations, as well as evaluation and assessment of the environment will be addressed. Outdoor play areas will also be discussed. Presenter: Lori Harris, M.S., Director, Dartmouth-Hitchcock Medical Center Child Care Center

28 Basic Specialized Child Care Services, Part 1 (*Level I)

Dartmouth-Hitchcock Medical Center- Auditorium D, Lebanon, NH • 6:00 - 9:00 pm

This is a session of *Fundamentals*, a 48-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. ***Enroll in the entire series or attend individual weeknight sessions as desired.*** *See page 6 for details.

This two-part, six-hour training is an introduction for early childhood providers planning to care for children who require additional support (as identified by the state of Vermont). It is required for all programs wishing to attain “Basic Specialized Child Care Provider” status, and offers valuable information for anyone supporting children and families when abuse, neglect or special needs are involved. Topics covered will include: typical child development, the impact of stress and abuse on development, red flags, working with families and the system, as well as mandated reporting responsibilities. Working with children with special needs will also be touched upon. All VT and NH providers are welcome. ***Attendance on both evenings October 28 & November 4 is required.*** Presenter: Robbin LaRue, M.Ed., Certified Behavior Consultant & Behavior Specialist

2 Cognition and Intellectual Development (*Level I)

Community College of VT- VT Interactive Television Studio, Wilder, VT • 6:00 - 9:00 pm

This is a session of *Fundamentals*, a 48-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. ***Enroll in the entire series or attend individual weeknight sessions as desired.*** *See page 6 for details.

This class will focus on children’s cognitive development. Activities and discussion will center on developmental milestones and brain development. Strategies that children use to organize information, learn new concepts and develop the variety of skills we associate with intelligence will be covered. Presenter: Lori Harris, M.S., Director, Dartmouth-Hitchcock Medical Center Child Care Center

4 Basic Specialized Child Care Services, Part 2 (*Level I)

Dartmouth-Hitchcock Medical Center- Auditorium D, Lebanon, NH • 6:00 - 9:00 pm

This is a session of *Fundamentals*, a 48-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. ***Enroll in the entire series or attend individual weeknight sessions as desired.*** *See page 6 for details.

See full description under October 28. This is the second class of a two-part, six-hour training. ***Attendance on both evenings October 28 & November 4 is required.*** Presenter: Robbin LaRue, M.Ed., Certified Behavior Consultant & Behavior Specialist

9 Child Development: Language and Literacy (*Level I)

Community College of VT- VT Interactive Television Studio, Wilder, VT • 6:00 - 9:00 pm

This is a session of *Fundamentals*, a 48-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. ***Enroll in the entire series or attend individual weeknight sessions as desired.*** *See page 6 for details.

This class will identify milestones related to children's typical language and literacy development, as well as explore how language and communication are related. Participants will learn strategies for encouraging communication with children and how literacy supports communication. Presenter: Lori Harris, M.S., Director, Dartmouth-Hitchcock Medical Center Child Care Center

12 Never Too Early (Level II)**

Dartmouth-Hitchcock Medical Center- Auditorium C, Lebanon, NH • 6:30 - 8:30 pm

Take a journey into the world of children's literature... this lively, interactive workshop will offer an introduction to reading and sharing books and conversation with children. Participants will learn the importance and joy of sharing picture books and stories with even the youngest children. Through hands-on exploration of children's books, we'll explore early literacy and related developmental issues, learn ways to create a literacy-rich environment, and share practical ideas with others. We'll discover ways for making books come alive through animated readings, rhymes, and extension activities that encourage language development and communication. You'll take home ideas to use immediately in your program, along with a free set of gift books.

NTE is a two-part training together with Early Birds and Bookworms on November 19; please make sure you are able to attend both. Registration is open to family child care providers and center staff, with priority given to first time participants. The Vermont Humanities Council sponsors this training with support from A.D. Henderson Foundation. **See page 7 for Level II description. Presenter: Judy Witters, M.Ed. & M.F.A., Three Apple Storyteller & Vermont Arts Council Touring Artist

14 Emotional Development: Introduction to Observation and Recording Behavior and the Influence of Culture (*Level I)

Howard Dean Education Center- Room B118, Springfield, VT • 9:30 am - 3:30 pm

This is a session of *Fundamentals*, a 48-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. *Saturday classes are restricted to those enrolled in the entire series.* *See page 6 for details.

This class will explore milestones in the emotional development of young children. Activities will include how and when children develop self-control and appropriate responses to typical developmental stages. In the morning, the role of observing and recording children's behavior will also be introduced, and different methods shared. In the afternoon, activities will focus on how culture and other characteristics influence emotional development. Bring a bagged lunch as there will not be a formal lunch break. Presenter: Lori Harris, M.S., Director, Dartmouth-Hitchcock Medical Center Child Care Center

16 Communication: Building Relationships (*Level I)

Community College of VT- VT Interactive Television Studio, Wilder, VT • 6:00 - 9:00 pm

This is a session of *Fundamentals*, a 48-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. *Enroll in the entire series or attend individual weeknight sessions as desired.* *See page 6 for details.

This class addresses the skills all professionals need to effectively communicate with other adults. Strategies for creating an environment that promotes and encourages respectful communication with colleagues and families will be discussed. Participants will also learn how to approach families and talk about difficult topics. Presenter: Lori Harris, M.S., Director, Dartmouth-Hitchcock Medical Center Child Care Center

19 Early Birds & Bookworms (**Level II)

Dartmouth-Hitchcock Medical Center- Auditorium C, Lebanon, NH • 6:30 - 8:30 pm

This second part of the two-part Never Too Early training will deepen knowledge about early childhood literacy. Providers are encouraged to bring a parent (though not required) to join in the fun and become a partner in encouraging interest in sharing books with children. Parents attend for free and also receive a set of gift books. Participants will review the importance of reading with children, and share activities to bring books to life.

After NTE/EB&BW, you can host a book sharing "Open House" for the parents in your program to share free books and activities with each family. Hosts receive a stipend and a resource activity book. Or, share the excitement with parents by hosting free "Read With Me" workshops led by a guest VHC leader – also with gift books. *EB&BW is a two-part training together with Never Too Early on November 12; please make sure you are able to attend both.* The Vermont Humanities Council sponsors this free training with support from A.D. Henderson Foundation. **See page 7 for Level II description. Presenter: Judy Witters, M.Ed. & M.F.A., Three Apple Storyteller & Vermont Arts Council Touring Artist

23 Social Skills Development and A Sense of Oneself (*Level I)

Community College of VT- VT Interactive Television Studio, Wilder, VT • 6:00 - 9:00 pm

This is a session of *Fundamentals*, a 48-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. *Enroll in the entire series or attend individual weeknight sessions as desired.* *See page 6 for details.

This class will explore how children form a sense of themselves. The concepts of attachment and resiliency will be addressed, along with positive guidance, coping with transitions and other strategies that support children's social development and developing sense of self. Presenter: Lori Harris, M.S., Director, Dartmouth-Hitchcock Medical Center Child Care Center

30 Social Skills Development and Understanding Others (*Level I)

Community College of VT- VT Interactive Television Studio, Wilder, VT • 6:00 - 9:00 pm

This is a session of *Fundamentals*, a 48-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. *Enroll in the entire series or attend individual weeknight sessions as desired.* *See page 6 for details.

This class will address strategies to support the development of positive social skills in children. Conflict resolution, including supporting children with challenging behaviors, and social development milestones will also be discussed. Presenter: Lori Harris, M.S., Director, Dartmouth-Hitchcock Medical Center Child Care Center

1 Taxes: Everything You've Always Wanted to Know But Were Afraid to Ask

Child Care Project- Conference Room, Hanover, NH • 6:30 - 8:30 pm

This surprisingly lively annual workshop is a must for all new family child care providers, as well as those needing a reminder or encouragement to get organized in the upcoming year. Easy systems of record keeping and tax preparation specific to the business of family child care will be covered. Learn how you can maximize your deductions, thus increase your profit as a small home business. Any recent changes to the tax laws will be discussed and 2010 Calendar Keepers will be available for purchase at a discounted rate. Presenter: Jeffrey Kent, President, Kent Tax & Business Services, LLC

7 VT Child Care Licensing Regulations (*Level I)

Community College of VT- VT Interactive Television Studio, Wilder, VT • 6:00 - 9:00 pm

This is a session of *Fundamentals*, a 48-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. ***Enroll in the entire series or attend individual weeknight sessions as desired.*** *See page 6 for details.

This class will feature an interactive presentation by Sherrie Ober, our local Licensor from the Child Development Division Licensing Unit, on Vermont child care regulations and a discussion of how they are linked to developmentally appropriate practice. This engaging workshop will use case scenarios to help participants develop strategies to apply child care licensing regulations. ***Vermont home- and center-based providers are welcome.*** Presenter: Sherrie Ober, Licensor, VT Child Development Division Licensing Unit

10 Advanced Never Too Early (**Level II)

Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:30 - 8:30 pm

This is an early literacy training open to providers who have previously completed a Never Too Early/Early Birds and Bookworms series. It will offer an opportunity to deepen knowledge of early literacy gained from previous trainings as well as from experience. We will take a more in depth look at early childhood literacy, read and discuss several children's books, and explore extension ideas. Participants will receive a set of gift books for their program. The Vermont Humanities Council sponsors this training with support from A.D. Henderson Foundation. **See page 7 for Level II description. Presenter: Judy Witters, M.Ed. & M.F.A., Three Apple Storyteller & Vermont Arts Council Touring Artist

12 Positive Workplace Environments and Family Centered Practice and Fundamentals for Early Childhood Professionals Course Wrap Up (*Level I)

Howard Dean Education Center- Room B118, Springfield, VT • 9:30 am - 3:30 pm

This final session of *Fundamentals*, a 48-hour course providing a foundation of knowledge needed by early childhood professionals working with young children, birth to age eight. ***Saturday classes are restricted to those enrolled in the entire series.*** *See page 6 for details.

This class will focus on understanding the needs of adults and how to work successfully with peers and families. Family-centered practice will be defined; how adults change and develop will be addressed. The afternoon will be spent reviewing selected topics covered in previous modules, with an emphasis on reflection. Final course evaluations will be completed and collected. Bring a bagged lunch as there will not be a formal lunch break. Presenter: Lori Harris, M.S., Director, Dartmouth-Hitchcock Medical Center Child Care Center

7 Beyond Warm Fuzzies: Social Emotional Responsiveness in the Infant/Toddler Curriculum

Dartmouth-Hitchcock Medical Center- Fuller Board Room, Lebanon, NH • 6:30 - 8:30 pm

Healthy social emotional development is the foundation for learning in every other domain, and children are born into the world programmed to connect with caregivers. That provides us with the amazing responsibility and the beautiful opportunity to foster and nurture the social emotional development of young children. This workshop will explore the *what, why* and *how* of including social emotional responsiveness in your infant/toddler curriculum. There will be time for reflection on how you currently teach social emotional skills, discussion around what children are actually learning through our practices and interactions, and concrete examples of how to intentionally incorporate social emotional responsiveness across your curriculum. Presenter: Brenda Metzler, M.A., Parent Education/Family Support Specialist, The Family Place Parent Child Center

14 Resilience, Part 1: What Is It In Today's World and Do We Protect Our Children So Much They Have None?

Dartmouth-Hitchcock Medical Center Child Care Center, Lebanon, NH • 6:00 - 9:00 pm

We function in social groups, around other humans so have to be resilient. But what does it mean to be resilient? There are well documented attributes to resilience and we really know that building resilience in children helps them develop self regulation which in turn supports the development of other social skills. These social skills are essential to success in life and in school. We all want our children to be safe, but let's think about the phrase – “as safe as necessary, not as safe as possible.” This training explores both physical safety and emotional safety and the concept of finding the balance between protecting from harm and taking reasonable risks. *Attendance at both sessions, January 14 & 21 is highly recommended.* Presenter: Lori Harris, M.S., Director, Dartmouth-Hitchcock Medical Center Child Care Center

26 Television, Movie Ratings and Content: Oh My! An Adult's Guide to Navigating Media Choices for Children

Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:30 - 8:30 pm

So what does a PG-13 rating really mean anyway? Is there such thing as “educational TV” for children? Should you care about commercials? Does seeing smoking in a movie really matter? Recent research indicates that, on average, children in the United States spend approximately three hours a day watching television. This invited “guest” into our lives has the potential to significantly shape our children's development. Dr. Adachi-Mejia of the Hood Center for Children and Families at Dartmouth Medical School will lead an interactive workshop addressing media and its impact on child health. Topics will include how media is related to smoking and obesity, and how to access tools to assist with making media choices for young children. Come armed with your questions! Presenter: Anna Adachi-Mejia, Ph.D., Research Assistant Professor, Hood Center for Children and Families at Dartmouth Medical School

21 Resilience, Part 2: How Do We Build Resilience in Children When Our Own Resilience Might Be Somewhat Lacking?

Dartmouth-Hitchcock Medical Center Child Care Center, Lebanon, NH • 6:00 - 9:00 pm

People who work with young children “do” nurturing for a living. Even the most skilled, accomplished, experienced teacher/caregiver gets depleted from time to time. We know how critical it is to have physically and mentally healthy adults working with our youngest children, so what if you just don’t feel up to it today? We will talk about why this happens and explore strategies you can employ during your day to support your our resilience. *Attendance at both sessions, January 14 & 21 is highly recommended.* Presenter: Lori Harris, M.S., Director, Dartmouth-Hitchcock Medical Center Child Care Center

28 Through the Years, Part 1: Typical Childhood Behaviors and Meaning Making from a Developmental Perspective

Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:30 - 8:30 pm

Healthy childhood development happens in a sequence of achievements in cognitive, physical, social and emotional areas, and many of them occur during the first five years. Although there are individual differences in children’s personalities, activity levels and timing of developmental milestones, the principles and characteristics of development are universal patterns. The first session of this two-part series, will focus on cognitive, social and moral developmental principles. Participants will walk away with a deeper understanding of how children make meaning and interact with others. *Attendance on both evenings, January 28 & February 4 is recommended.* Presenter: Steve Atkins, Psy.D., Adjunct Professor, Dartmouth Medical School Faculty; Psychologist & School Consultant, SCA Psychological Services

4 Through the Years, Part 2: Atypical Childhood Behaviors As a Result of Disruptive Disorders

Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:30 - 8:30 pm

Although it is sometimes assumed that childhood and adolescence are times of carefree bliss, as many as 20% of children and adolescents have one or more diagnosable mental disorders. Disruptive Behavior Disorders involve consistent patterns of behaviors that “break the rules.” All children can be difficult sometimes, but children with disruptive disorders do not always respond to our care and concern, and often push away those who want to help. In the second session of this two-part series, Dr. Atkins will discuss the disruptive disorders and share strategies to help decrease acting-out behaviors in the child care setting. Practical applications and interventions will be offered to help ameliorate the struggles associated with Oppositional Defiant Disorder (ODD), Post Traumatic Stress Disorder (PTSD) and Depressive Disorders. *Attendance on both evenings, January 28 & February 4 is recommended.* Presenter: Steve Atkins, Psy.D., Adjunct Professor, Dartmouth Medical School Faculty; Psychologist & School Consultant, SCA Psychological Services

11 Moving Outside In

Dartmouth-Hitchcock Medical Center- Auditoriums C & D, Lebanon, NH • 6:30 - 8:30 pm

As we all know, it can be a struggle to get young children outside during the winter months. However, an hour of physical activity every day is an essential part of their health and well-being, and can help dispel cabin fever. This fun and inspiring workshop will provide a toolbox of indoor ideas to get you and the children in your care moving. Wear comfortable clothing and bring your energy! Cosponsored by Upper Valley Healthy Eating Active Living (HEAL), committed to promoting healthy eating and active living among NH children and parents. Presenters: Patty Akley-Warlick, M.A./OTR, Clinician, Health Care and Rehabilitation Services & Dance/Movement Therapist & Marla Ianello, M.S., Pre-K Consultant, HEAL

23 Art Ingredients: Nourishing Creative Self-Expression in Pre-school Age Children

Dartmouth College Child Care Center- Grizzly Room, Hanover, NH • 6:30 - 8:30 pm

Join this hands-on workshop to play with some “yummy” materials, while exploring how to present them and their creative possibilities. Experienced and enthusiastic early childhood professional, Carol Wilson will provide affordable, familiar media, as well as some exotic materials and found and recycled stuff too. Sharing ideas will be encouraged and welcomed. Discussion will focus on general principles for fostering creativity, emphasizing process and discovery over product. Come dressed to play! Presenter: Carol Wilson, Lead Teacher, Dartmouth College Child Care Center

27 Mother Goose Cares About Math & Science, Part 1 (**Level II)

Dartmouth College Child Care Center, Hanover, NH • 9:00 am - 4:00 pm

Offered in collaboration with Vermont Center for the Book, this is a FREE college-level, 3-part training for anyone in early childhood education working with children from three to seven. Children are naturally compelled to explore the world around them. By providing tools and support for such active exploration, you can promote the development of mathematics, science and language and literacy learning. Mother Goose Cares About Math & Science will help you to: use math, science and literacy in your interactions with children; use picture books and investigations to promote conversations, language skills and higher-order thinking; engage children in hands-on investigations that help them explore math, science and literacy skills and concepts; find diverse ways to use picture books for all kinds of learning; and learn how to use math, science and language and literacy standards.

**See page 7 for Level II description. Mother Goose Cares About Math & Science information continued on page 19.

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Attendance on all three Saturdays, February 27, March 20 and April 17, is required. Each participant will receive an educator resource guide, 18 outstanding children's books and a set of materials valued at \$284; lunch is also provided. Optional undergraduate or graduate Keene State College credit is available for a fee. Space is limited to 20 people; priority will be given to those within the Child Care Project coverage area. Presenters: Jeff Robbins, M.S., Director, Dartmouth College Child Care Center and Dottie Bauer, Ed.D., Education Professor, Keene State College

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4 Never Too Early (**Level II)

Dartmouth-Hitchcock Medical Center- Fuller Board Room, Lebanon, NH • 6:30 - 8:30 pm

Take a journey into the world of children's literature... this lively, interactive workshop will offer an introduction to reading and sharing books and conversation with children. Participants will learn the importance and joy of sharing picture books and stories with even the youngest children. Through hands-on exploration of children's books, we'll explore early literacy and related developmental issues, learn ways to create a literacy-rich environment, and share practical ideas with others. We'll discover ways for making books come alive through animated readings, rhymes, and extension activities that encourage language development and communication. You'll take home ideas to use immediately in your program, along with a free set of gift books.

NTE is a two-part training together with Early Birds and Bookworms on March 11; please make sure you are able to attend both. Registration is open to family child care providers and center staff, with priority given to first time participants. The Vermont Humanities Council sponsors this training with support from A.D. Henderson Foundation. **See page 7 for Level II description. Presenter: Judy Witters, M.Ed. & M.F.A., Three Apple Storyteller & Vermont Arts Council Touring Artist

11 Early Birds & Bookworms (**Level II)

Dartmouth-Hitchcock Medical Center- Fuller Board Room, Lebanon, NH • 6:30 - 8:30 pm

This second part of the two-part Never Too Early training will deepen knowledge about early childhood literacy. Providers are encouraged to bring a parent (though not required) to join in the fun and become a partner in encouraging interest in sharing books with children. Parents attend for free and also receive a set of gift books. Participants will review the importance of reading with children, and share activities to bring books to life.

After NTE/EB&BW, you can host a book sharing "Open House" for the parents in your program to share free books and activities with each family. Hosts receive a stipend and a resource activity book. Or, share the excitement with parents by hosting free "Read With Me" workshops led by a guest VHC leader – also with gift books. *EB&BW is a two-part training together with Never Too Early on March 4; please make sure you are able to attend both.* The Vermont Humanities Council sponsors this free training with support from A.D. Henderson Foundation. Presenter: Judy Witters, M.Ed. & M.F.A., Three Apple Storyteller & Vermont Arts Council Touring Artist

23 Promoting Social and Emotional Development: Building Relationships & Creating Supportive Environments, Part 1 (Level II)**

Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm

This four-part mental health series is aligned with the teaching pyramid model for supporting social competence and preventing challenging behavior in young children. The research based workshop modules build upon each other to create a strong foundation that supports all children. This series is based on training and tools provided by the Center on the Social and Emotional Foundations for Early Learning (CSEFEL), Preschool Modules 1 and 2.

This training addresses strategies for preventing challenging behavior through building positive relationships with children, families and colleagues; designing environments, schedules and routines; implementing activities that promote child engagement; modifying and adapting materials and activities to meet individual needs of children; and providing encouragement and positive feedback. Effective strategies, ideas and resources to help will be discussed. **Attendance on all four Tuesdays, March 23, March 30, April 13 & April 27 is required.** **See page 7 for Level II description. Presenters: Jackie Sprague, Early Childhood Special Educator for Caledonia North SU & Adjunct Professor and Jan Crow, Director, Windsor Southeast Supervisory Union Early Childhood Program

20 Mother Goose Cares About Math & Science, Part 2 (Level II)**

Dartmouth College Child Care Center, Hanover, NH • 9:00 am - 4:00 pm

See full description under February 27. **Attendance on all three Saturdays, February 27, March 20 and April 17, is required.** **See page 7 for Level II description. Presenters: Jeff Robbins, M.S., Director, Dartmouth College Child Care Center and Dottie Bauer, Ed.D., Education Professor, Keene State College

25 NEW Advanced Never Too Early, Part 1 (Level II)**

Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:30 - 8:30 pm

This early literacy training is open to providers who have previously completed a two-part Never Too Early/Early Birds and Bookworms series; priority is given to participants from prior program years. It offers an opportunity to deepen knowledge of early literacy gained from previous trainings as well as from experience. This revised training will focus on socio-emotional development: building on the Never Too Early foundation, providers will learn how to use children's literature to nurture empathy, compassion, cooperative play and effective communication – emotional literacy – as they nurture early literacy. Participants will receive a “Peaceable Stories” resource manual (developed by the Maine Humanities Council) and gift books for their program. **Attendance on both evenings, March 25 & April 1 is required.** The Vermont Humanities Council sponsors this training with support from A.D. Henderson Foundation. **See page 7 for Level II description. Presenter: Judy Witters, M.Ed. & M.F.A., Three Apple Storyteller & Vermont Arts Council Touring Artist

30 Promoting Social and Emotional Development: Building Relationships & Creating Supportive Environments, Part 2 (Level II)**

Dartmouth-Hitchcock Medical Center- Auditorium F, Lebanon, NH • 6:00 - 9:00 pm

See full description under March 16. *Attendance on all four Tuesdays, March 23, March 30, April 13 & April 27 is required.* **See page 7 for Level II description. Presenters: Jackie Sprague, Early Childhood Special Educator for Caledonia North SU & Adjunct Professor and Jan Crow, Director, Windsor Southeast Supervisory Union Early Childhood Program

1 NEW Advanced Never Too Early, Part 2 (Level II)**

Dartmouth-Hitchcock Medical Center- Fuller Board Room, Lebanon, NH • 6:30 - 8:30 pm

See full description under March 25. *Attendance on both evenings, March 25 & April 1 is required.* **See page 7 for Level II description. Presenter: Judy Witters, M.Ed. & M.F.A., Three Apple Storyteller & Vermont Arts Council Touring Artist

10 Child Care Project Annual Early Childhood Conference

Dartmouth-Hitchcock Medical Center, Lebanon, NH • 8:30 am - 3:30 pm

The Child Care Project's annual day-long conference will take place at Dartmouth-Hitchcock Medical Center in Lebanon, NH. In addition to hearing our featured keynote speaker, participants choose morning and afternoon workshop sessions from a variety of topics of interest to the early care and education professional. A small fee is charged, and includes a continental breakfast, lunch and chance at door prizes. Watch for more information, including a registration form, in early spring.

13 Promoting Social and Emotional Development: Building Relationships & Creating Supportive Environments, Part 3 (Level II)**

Dartmouth-Hitchcock Medical Center- Auditorium C, Lebanon, NH • 6:00 - 9:00 pm

See full description under March 16. *Attendance on all four Tuesdays, March 23, March 30, April 13 & April 27 is required.* **See page 7 for Level II description. Presenters: Jackie Sprague, Early Childhood Special Educator for Caledonia North SU & Adjunct Professor and Jan Crow, Director, Windsor Southeast Supervisory Union Early Childhood Program

15 Addressing Disruptive Behaviors in Young Children

Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:30 - 8:30 pm

Description to follow soon. Presenter: Brian Denietollis, Predoctoral Intern in Clinical Psychology, West Central Behavioral Health

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17 Mother Goose Cares About Math & Science, Part 3 (Level II)**

Dartmouth College Child Care Center, Hanover, NH • 9:00 am - 4:00 pm

See full description under February 27. *Attendance on all three Saturdays, February 27, March 20 and April 17, is required.* **See page 7 for Level II description. Presenters: Jeff Robbins, M.S., Director, Dartmouth College Child Care Center and Dottie Bauer, Ed.D., Education Professor, Keene State College

27 Promoting Social and Emotional Development: Building Relationships & Creating Supportive Environments, Part 4 (Level II)**

Dartmouth-Hitchcock Medical Center- Auditorium C, Lebanon, NH • 6:00 - 9:00 pm

See full description under March 16. *Attendance on all four Tuesdays, March 23, March 30, April 13 & April 27 is required.* **See page 7 for Level II description. Presenters: Jackie Sprague, Early Childhood Special Educator for Caledonia North SU & Adjunct Professor and Jan Crow, Director, Windsor Southeast Supervisory Union Early Childhood Program

29 Understanding and Responding to Sexual Behavior of Children

Dartmouth-Hitchcock Medical Center- Auditorium E, Lebanon, NH • 6:00 - 9:00 pm

This Prevent Child Abuse Vermont training is designed to promote adult understanding of children's sexual behavior, as well as teach appropriate adult responses in order to intervene earlier in the development of sexually abusive patterns. The training is particularly relevant for professionals who interact directly with children, those who advise parents in regards to their children, and caregivers of children known to be at risk of sexual behavior problems. The information and strategies given are the result of two years of study by a group including juvenile sexual offender treatment providers, educators and early childhood specialists with a stated purpose to prevent the development of juvenile sexual abusers. Participants will learn to identify normal sexual behaviors of children; identify abusive patterns of sexual behaviors in children; increase their knowledge about unhealthy aspects of child sexuality; and improve their ability to respond to children's sexual behaviors. Presenter: Robin Castle, M.A., Child Sexual Abuse Prevention Manager, Prevent Child Abuse Vermont

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4 Telling Stories with Puppet Friends and Play-full Props, Part 1

Dartmouth College Child Care Center- Multipurpose Room, Hanover, NH • 6:30 - 8:30 pm

Using a puppet to tell a story is a wonderful technique that can lead children to discover the joy of literature and learning. Puppets can be used anyway, anywhere and anytime to spark young imaginations. It doesn't take a professional puppeteer or expensive props to make storytelling with puppets "work." This two-part training will explore making stories from around the world come alive... with puppets, strings, sign language, thumb pianos and more props. Patrice was part of the "professional" storytelling circuit doing residencies in schools until she became a full time educator integrating not only storytelling but many art forms into her daily teaching techniques with passion. *Attendance on both Tuesdays, May 4 & 11 is required.* Presenter: Patrice McDonough, Early Childhood Educator and Storyteller

6 **Productive Relationships with Families, Part 1 (**Level II)**

Dartmouth-Hitchcock Medical Center- Borwell 758W, Lebanon, NH • 6:00 - 9:00 pm

Working effectively with parents and guardians is an important contribution to young children's healthy development. Using the Zero to Three Preventing Child Abuse and Neglect Curriculum, this 12-hour, four-part series focuses on supporting all families and creating a family centered program.

Session one focuses on supporting the building of collaborative relationships with families by helping providers to define and practice active listening skills, and understand the concept of parallel process and reflection in relationships. **Attendance on all four Thursdays, May 6, May 20, May 27 & June 3 is required.** **See page 7 for Level II description. Presenter: Maureen Young-McCarthy, M.Ed., Coordinator, VT Northern Lights Career Development Center & Early Childhood Mental Health Clinician, CUPS

11 **Telling Stories with Puppet Friends and Play-full Props, Part 2**

Dartmouth College Child Care Center- Multipurpose Room, Hanover, NH • 6:30 - 8:30 pm

See full description under May 4. **Attendance on both Tuesdays, May 4 & 11 is required.** Presenter: Patrice McDonough, Early Childhood Educator and Storyteller

13 **Cooperative Games for School-Agers**

Dartmouth College Child Care Center- Multipurpose Room, Hanover, NH • 6:30 - 8:30 pm

Participants of this workshop will be on the move learning new cooperative games to introduce to their school-agers. Work with a small or large group? Come to this interactive training and find out how to enrich, engage and entertain a group from 2 to 200. A variety of fun and exciting games will be taught and played. Tips on how to promote a cooperative atmosphere, choose teams creatively and help groups establish game rules will be shared. Plan to walk away with loads of fresh ideas. Cosponsored by the Vermont School Age Care Network (VSACN). Presenter: Tami Stagner, Coordinator, Springfield School District's All-4-One Programs Coordinator & VSACN Trainer

20 **Productive Relationships with Families, Part 2 (**Level II)**

Dartmouth-Hitchcock Medical Center- Borwell 758W, Lebanon, NH • 6:00 - 9:00 pm

See full description under May 6. A child's temperament influences their style of interaction, and the way they experience the world around them. Session two introduces the concept of temperament, key temperament traits and ways that both parents and providers can better understanding and support each child's unique temperament. **Attendance on all four Thursdays, May 6, May 20, May 27 & June 3 is required.** **See page 7 for Level II description. Presenter: Maureen Young-McCarthy, M.Ed., Coordinator, VT Northern Lights Career Development Center & Early Childhood Mental Health Clinician, CUPS

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27 Productive Relationships with Families, Part 3 (**Level II)

Dartmouth-Hitchcock Medical Center- Borwell 758W, Lebanon, NH • 6:00 - 9:00 pm

See full description under May 6. Providers have a unique window into families' strengths and challenges. Session three will explore ways to support warm and nurturing parent-child relationships. Participants will reflect on their thoughts and feelings when witnessing troubled parent-child interactions, and examine strength-based strategies that can be used to reduce potentially harmful parent-child exchanges and support positive parenting. *Attendance on all four Thursdays, May 6, May 20, May 27 & June 3 is required.* **See page 7 for Level II description. Presenter: Maureen Young-McCarthy, M.Ed., Coordinator, VT Northern Lights Career Development Center & Early Childhood Mental Health Clinician, CUPS

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3 Productive Relationships with Families, Part 4 (**Level II)

Dartmouth-Hitchcock Medical Center- Borwell 758W, Lebanon, NH • 6:00 - 9:00 pm

See full description under May 6. In order to create a program culture that is supportive and caring towards families, staff must feel supported as well. This last session will explore the characteristics of relationship-based organizations. Topics will include leadership assessment, supportive supervision, problem-solving and establishing policies and procedures concerning how and when to report suspected abuse and neglect. *Attendance on all four Thursdays, May 6, May 20, May 27 & June 3 is required.* **See page 7 for Level II description. Presenter: Maureen Young-McCarthy, M.Ed., Coordinator, VT Northern Lights Career Development Center & Early Childhood Mental Health Clinician, CUPS

5 Children and the Natural World: Digging Deep

Dartmouth-Hitchcock Medical Center- Auditorium C, Lebanon, NH • 9:00 am - 12:00 pm

Experiences outdoors intrinsically nurture a child's physical, cognitive and emotional development. Along with parents, teachers and professionals play a powerful role in what opportunities are available for children to develop their understanding of playing in and caring for green spaces as stewards of a new generation. Enhance your outdoor spaces, play experiences and knowledge of the natural world. Join us as we explore opportunities for digging in together! Presenter: Heather Duhamel, Child Development Specialist, Early Childhood Professional Discovery Vermont

Important Numbers & Web Sites

New Hampshire

Child Development Bureau

(603) 271-4451

(800) 852-3345

www.dhhs.state.nh.us/dhhs/cdb

Bureau of Child Care Licensing

(603) 271-4624

(800) 852-3345 x4624

www.dhhs.state.nh.us/dhhs/bccl

Child Care Food Program

(603) 448-5168

Jen Williams, Children's Center of Upper Valley

Child Care Assistance: Family Assistance

(603) 542-9544

(800) 982-1001, then press 1

www.dhhs.nh.gov/dhhs/cdb/eligibility

Child Abuse/Neglect Reporting: Concord

(603) 271-6556 • (800) 894-5533

911 after-hours, weekends & holidays

www.dhhs.nh.gov/dhhs/bcp/report-abuse.htm

Early Learning NH

(603) 226-7900

www.earlylearningnh.org

NH Community Loan Fund

(603) 224-6669 x215

www.nhclf.org/programs/facilities/childcare

NH Child Care Resource & Referral Network

(603) 543-4295 • (877) 212-7267

www.nhcrr.org

Child Care Project

(603) 646-3233

(800) 323-5446

www.dartmouth.edu/~ccp

Vermont

Child Development Division

(802) 241-3110

(800) 649-2642

<http://dcf.vermont.gov/cdd/>

Bright Futures Child Care Information System

www.brightfuturesinfo.org

Child Care Food Program

Central VT Community Action Council

(802) 479-1053 • (800) 639-1053

<http://vtchildcarefoodprogram.org>

Child Care Financial Assistance: The Family Place

(802) 649-3268

(800) 639-0039

www.the-family-place.org/cces.htm

Child Abuse/Neglect Reporting:

24-hour Child Protection Line

(800) 649-5285

http://dcf.vermont.gov/fsd/reporting_child_abuse

Child Care Consumer Line

(802) 241-2367 • (800) 540-7942

http://dcf.vermont.gov/cdd/families/consumer_line

Northern Lights Career Development Center

(802) 828-2800 • (802) 828-2876

<http://northernlights.vsc.edu>

STARS- SStep Ahead Recognition System

(802) 479-5261

www.starsstepahead.org

Vermont Community Foundation

(802) 388-3355

www.vermontcf.org

VT Association of Child Care Resource & Referral Agencies

info@windhamchildcare.org

www.vermontchildcare.org



Child Care Project
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Hanover, NH 03755

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The Child Care Project is an Upper Valley United Way partner agency. Child Care Project training is sponsored, in part, by the Child Development Division, Vermont Department for Children and Families.



Child Care Project Training Calendar 2009-2010

Professional Development Opportunities for Early Childhood Professionals

Save this calendar!

Questions? Sign-ups? Contact us:
(800) 323-5446 • (603) 646-3233
child.care.project@dartmouth.edu
www.dartmouth.edu/~ccp

Please note the fine print...

- Unless otherwise specified, all workshops are free and open to all child care and education professionals.
- Pre-registration is required, beginning the month prior to each class.
- A minimum of six people is required to hold a training. If filled to capacity, a waiting list may be created.
- If plans change and you cannot attend a workshop for which you have registered, please contact our office.
- If we need to cancel or reschedule a class we will contact all registered participants. A message will also be left on our answering machine; so if in doubt, you may call for information regardless of the time.