

## Finding Evidence-Based Answers to Clinical Questions – Quickly and Effectively

I need:	Example:	Resources to consider:
<b>point-of-care resources or a practice guideline</b>	<p>What's the latest on the management of panic disorder?</p> <p>What's the best method of pain control in children?</p>	<ul style="list-style-type: none"> <li>• <a href="#">UpToDate</a></li> <li>• <a href="#">DynaMed</a></li> <li>• <a href="#">National Guideline Clearinghouse</a></li> <li>• <a href="#">PubMed</a> [use "practice guidelines" article type filter]</li> </ul>
<b>background information</b>	<p>What's the difference between depression and bipolar disorder?</p> <p>I have a new patient with sickle cell anemia; I need an overview of this condition.</p>	<p><i>Point-of-Care</i> resources (above) plus:</p> <ul style="list-style-type: none"> <li>• <a href="#">eMedicine</a></li> <li>• Textbooks (print or <a href="#">online</a>)</li> </ul>
<b>an answer to a narrower, focused clinical question</b>	<p>In a 70 year old woman with primary insomnia and a previous adverse reaction to hypnotics, can cognitive behavior therapy improve sleep quality and duration?</p> <p>In a toddler with croup, do glucocorticoids) reduce symptoms better than standard supportive care?</p>	<ul style="list-style-type: none"> <li>• <a href="#">PubMed Clinical Queries</a> [select <i>Clinical Queries</i> under "PubMed Tools"]</li> <li>• <a href="#">CINAHL</a> (nursing)</li> <li>• <a href="#">PsycINFO</a> (psychology)</li> </ul>
<b>drug information</b>	<p>What is the pediatric dosage of erythromycin for strep throat?</p> <p>What drugs have been approved by the FDA for the treatment of Alzheimer's?</p>	<ul style="list-style-type: none"> <li>• <a href="#">Clinical Pharmacology Online</a></li> <li>• <a href="#">Micromedex</a></li> <li>• <a href="#">Epocrates Online</a></li> </ul>
<b>evidence-based information about alternative therapies</b>	<p>Is melatonin safe and effective for treating insomnia?</p> <p>Does music therapy help surgical patients heal faster?</p>	<ul style="list-style-type: none"> <li>• <a href="#">PubMed</a> (use the "Complementary Medicine" subset and "Randomized Controlled Trial" article type)</li> <li>• <a href="#">Alternative and Complementary Medicine Research Guide</a></li> </ul>
<b>information to share with patients</b>	<p>Where can I find some nutrition information for my newly-diagnosed patient with diabetes?</p>	<ul style="list-style-type: none"> <li>• <a href="#">Informed Health Online</a></li> <li>• <a href="#">Cochrane Summaries</a></li> <li>• <a href="#">MEDLINEplus</a></li> <li>• <a href="#">Consumer Health Research Guide</a></li> </ul>

See also the Biomedical Libraries' [Evidence-Based Medicine Research Guide](#)



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