

Finding Evidence-Based Answers to Clinical Questions – Quickly and Effectively

I need:	Example:	Resources to consider:
<p>an overview of a particular disease, condition</p> <p>background information</p>	<p>What’s the difference between depression and bipolar disorder?</p> <p>I have a new patient with sickle cell anemia; I need an overview of this condition.</p>	<p>UpToDate</p> <p>Clinical Evidence</p> <p>eMedicine</p> <p>Textbooks (print or online)</p>
<p>a “synthesis” of best practice recommendations for disease management</p> <p>(critically-appraised topics)</p>	<p>What’s the latest on the management of panic disorder?</p> <p>What’s the best method of pain control in children?</p>	<p>UpToDate</p> <p>Clinical Evidence</p> <p>National Guideline Clearinghouse</p> <p>TRIP Database</p> <p>MEDLINE (Clinical Queries -> systematic reviews)</p>
<p>an answer to a narrow question that isn’t addressed in the synthesis resources</p> <p>(critically-appraised articles and unfiltered information)</p>	<p>In a 70 year old woman with primary insomnia and a previous adverse reaction to hypnotics, can cognitive behavior therapy improve sleep quality and duration?</p> <p>In a toddler with croup, does dexamethasone (or other glucocorticoids) reduce symptoms better than standard supportive care?</p>	<p>ACP Journal Club</p> <p>Evidence Updates</p> <p>MEDLINE (Clinical Queries -> clinical study categories)</p> <p>CINAHL (nursing)</p> <p>PsycINFO</p>
<p>drug information</p>	<p>What is the pediatric dosage of erythromycin for strep throat?</p> <p>What drugs have been approved by the FDA for the treatment of Alzheimer’s?</p>	<p>Clinical Pharmacology Online</p> <p>Epocrates Online</p> <p>Drug Facts and Comparisons (print) or USP-DI, et.al.</p> <p>MEDLINE for more specific information</p>
<p>evidence-based information about alternative therapies</p>	<p>Is melatonin safe and effective for treating insomnia?</p> <p>Does music therapy help surgical patients heal faster?</p>	<p>MEDLINE (limit to “Complementary Medicine” subset and “Randomized Controlled Trial” publication type)</p> <p>Alternative and Complementary Medicine Resources</p>
<p>information to share with patients</p>	<p>Where can I find some nutrition information for my newly-diagnosed patient with diabetes?</p>	<p>Informed Health Online</p> <p>Cochrane Summaries</p> <p>MEDLINEplus</p> <p>Other Consumer Health Resources</p>

See also the Biomedical Libraries’ [Evidence-Based Medicine Research Guide](#)