<table>
<thead>
<tr>
<th>I need:</th>
<th>Example:</th>
<th>Resources to consider:</th>
</tr>
</thead>
</table>
| **point-of-care resources or a practice guideline** | What’s the latest on the management of panic disorder? What’s the best method of pain control in children? | • UpToDate  
• DynaMed  
• National Guideline Clearinghouse  
• PubMed [use “practice guidelines” article type filter] |
| **background information** | What’s the difference between depression and bipolar disorder? I have a new patient with sickle cell anemia; I need an overview of this condition. | **Point-of-Care** resources (above) plus:  
• eMedicine  
• Textbooks (print or online) |
| **an answer to a narrower, focused clinical question** | In a 70 year old woman with primary insomnia and a previous adverse reaction to hypnotics, can cognitive behavior therapy improve sleep quality and duration? In a toddler with croup, do glucocorticoids reduce symptoms better than standard supportive care? | • PubMed Clinical Queries [select Clinical Queries under “PubMed Tools”]  
• CINAHL (nursing)  
• PsycINFO (psychology) |
| **drug information** | What is the pediatric dosage of erythromycin for strep throat? What drugs have been approved by the FDA for the treatment of Alzheimer’s? | • Clinical Pharmacology Online  
• Micromedex  
• Epocrates Online |
| **evidence-based information about alternative therapies** | Is melatonin safe and effective for treating insomnia? Does music therapy help surgical patients heal faster? | • PubMed (use the “Complementary Medicine” subset and “Randomized Controlled Trial” article type)  
• Alternative and Complementary Medicine Research Guide |
| **information to share with patients** | Where can I find some nutrition information for my newly-diagnosed patient with diabetes? | • Informed Health Online  
• Cochrane Summaries  
• MEDLINEplus  
• Consumer Health Research Guide |

See also the Biomedical Libraries’ Evidence-Based Medicine Research Guide

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