

Follow 6 simple steps by March 22nd and earn \$100

Step 1: Visit www.mycigna.com and click "Register Now"

The screenshot shows the myCigna.com login page. At the top, there are three tabs: 'LOGIN / REGISTER', 'HOW TO REGISTER', and 'SITE BENEFITS'. Below the tabs, the text 'Login to myCigna.com' is displayed. There are input fields for 'User ID' and 'Password', followed by a 'LOGIN' button. Below the login fields, there are links for 'Forgot User ID', 'Forgot Password', and 'Login Help'. At the bottom, there is a section titled 'Don't have a User ID and Password?' with two buttons: 'REGISTER NOW' (circled in red) and 'REGISTRARSE EN ESPAÑOL'. Below this, there is a section titled 'Registering to take the Health Assessment?' with text explaining that users must register separately and then log in with their own User ID and Password.

Tip: You must register on mycigna.com before taking your Health Assessment

****Remember,** Dartmouth College will not see any of your personally identifiable health information.

Step 2: Register

The screenshot shows the Cigna Registration page, Step 2: Confirm Your Identity. The page has a progress bar at the top with four steps: 'ENTER PERSONAL DETAILS', 'CONFIRM YOUR IDENTITY' (current step), 'CREATE USER ID', and 'REVIEW & SUBMIT'. The main heading is 'Confirm Your Identity'. Below this, there is a sub-heading 'Please choose one of the following options to confirm your identity:'. There are three options: 'Option 1: Enter Your Cigna ID', 'Option 2: Enter the Subscriber's Social Security Number', and 'Option 3: Take the Personal Questionnaire'. Each option has a brief description and a 'Start Questionnaire' button. At the bottom, there are links for 'PREVIOUS', 'NEXT', and 'CANCEL'. The footer includes the Cigna logo, 'myCigna.com Tour', 'Privacy', 'Legal Disclaimer', 'Help', and '© 2012 Cigna. All rights reserved.'.

Tip: Have your Social Security Number or Cigna ID available

- Your Cigna ID is the 9-digit ID number beginning with a "U" typed across the front of your Cigna card

Step 3: Create User ID and password

The screenshot shows the Cigna Registration page, Step 3: Create User ID and Password. The page has a progress bar at the top with four steps: 'ENTER PERSONAL DETAILS', 'CONFIRM YOUR IDENTITY', 'CREATE USER ID' (current step), and 'REVIEW & SUBMIT'. The main heading is 'Create User ID and Password'. There are input fields for 'User ID' and 'Password'. Below the 'Password' field, there is a 'Confirm Password' field. There is also an 'Email (Optional)' field. Below the email field, there are two 'Security Question' dropdown menus, each with a 'Your Answer' field. At the bottom, there are links for 'PREVIOUS', 'NEXT', and 'CANCEL'. The footer includes the Cigna logo, 'myCigna.com Tour', 'Privacy', 'Legal Disclaimer', 'Help', and '© 2012 Cigna. All rights reserved.'.

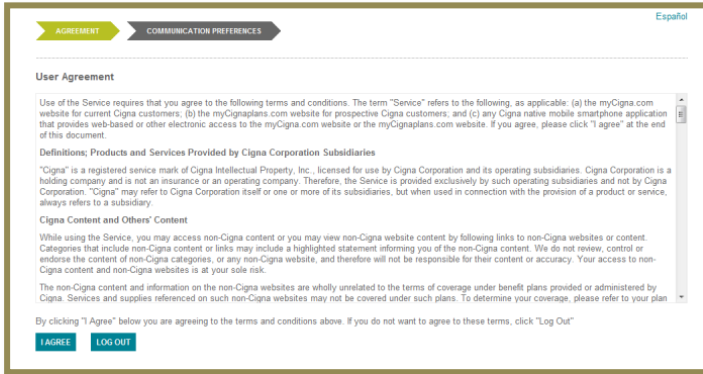
Sample user ID: Earn100dollars

Tip: Your User ID must be at least four characters long and should contain at least one number and one letter

Sample password: Good4you2

Tip: Your password must be at least six characters long and should contain at least one number and one letter

Step 4: Accept the Cigna User Agreement



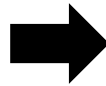
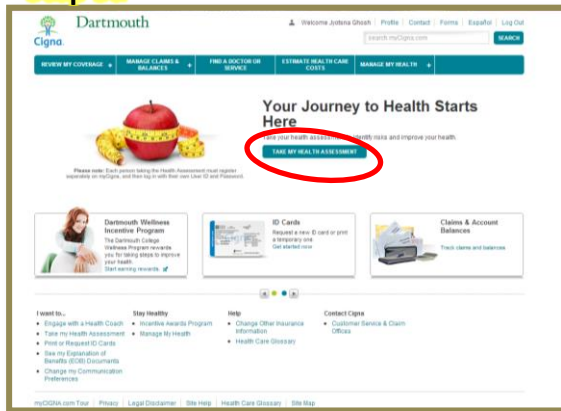
**Addressing some common concerns:

Completion of the Health Assessment will never:

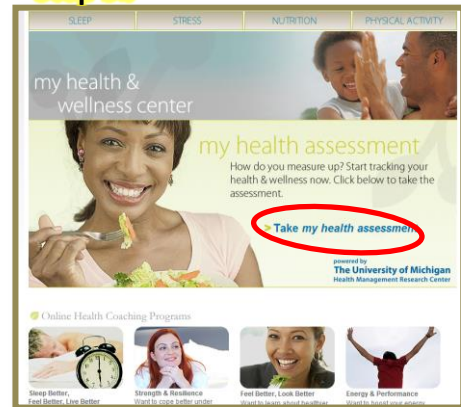
1. Affect your ability to get health insurance now or at any future date
2. Cause an increase in your insurance rate or cause your insurance to be canceled
3. Be used to determine whether a claim will be paid or denied

Step 5: Click "Take My Health Assessment" and begin!

Step 5a



Step 5b



Step 6: Confirmation of Completion



Tip: You can be sure that you've completely finished the Health Assessment when you see this confirmation screen

You're done! You will receive your \$100 incentive in your paycheck in approximately 2 pay cycles.