SA stands for Community Supported Agriculture. Members of the community become members of the farm by purchasing a “share of the farm harvest.” Members benefit by receiving fresh, pesticide free vegetables grown by people you know. The farmer benefits by having a predictable early source of income available to purchase seeds and supplies. The farmer can also spend more time farming instead of looking for places to sell their produce as they know in advance how much to grow for that season. This allows more concentration on the actual farm work leading to better crops. CSA’s help keep small farms farming and preserve local lands. CSA members have a relationship with the people growing their food and can see the techniques used to produce it. If you want to see the farm, you are more than welcome, just call ahead so we can be sure someone is here to show you around. We will also be having a once a month CSA member Potluck Sunday Brunch at the farm beginning in July! We will provide a seasonal Quiche or Fritatta, and we’ll see what else shows up! Sign up for our newsletter on our website, www.autumnharvestnh.com so you can keep up with all that is going on on the farm. We will try to get a rough idea of what will be in your share each week along with 2 recipes for items in your share! All our shares are self serve shares, which means you will be given a list of items and you can choose the size, shape & colors you like. Your share can be picked up at any of the markets we go to.

Family size Share

Our family share will be the same as our average share of last season. It is enough for a family of 4-5 average vegetable eaters. It also includes bread & eggs. This season our summer share is 20 weeks long and begins the week of June 1st and goes thru the week of Oct 12th. The cost is $500.00 which works out to $25.00 a week. We try to put an actual value in each box of a minimum of $25.00 up to as much as $35.00 depending on what is available that week. This year we will be changing up the egg & bread choices. We will offer an egg or vegetable choice and a bread or vegetable choice each week. If you ever want to order a specific bread you can do so by emailing me.

Single size Share

You asked & we listened. For the first time we will be offering a share for the single person. Just enough for one! This share will also include bread and eggs. The summer season will also run for 20 weeks from June to mid Oct. The cost will be $225.00 which works out to $11.25 a week. Actual share value will be from $11.00 to 16.00 a week. You will have a choice of bread or eggs or a vegetable each week so you can easily mix up what you are getting without it being too much! As this is a first for us we would appreciate any feedback you have to make this better for you.