**HEALTH PROFESSIONS PROGRAM: MEDICAL SCHOOL LIST**

***Applying to Medical School is such an involved, thoughtful, and competitive undertaking it is to your advantage to make sure the list of schools   
you apply to is relevant to you, both in terms your grades/scores, other aspects of your application, and personal preferences. On average, Dartmouth students have been applying to approx. 20 schools. By using the guidelines below, develop a list to give yourself the best chances, taking into account your overall application****.* \*\* If you have questions about your readiness to apply during this cycle, please touch base with Sarah Berger or Andy Welch.

* **Your list should be well researched and designed to fit your criteria. Everyone's list should take into account your:**

1. **grades and MCAT scores, b) your scholarly and extracurricular “credentials/experiences” and c) personal preferences**

* It's Essential that your list of schools be long enough, and that it have the competitive balance that matches you best.
* Develop a list of 25-30 schools from your research that we can use as a basis for discussion with you.
* Investigate demographics: location; class size; # of student in/out of state residency; median gpa/mcats+percentiles etc.
* Investigate the qualities of different schools: values, mission, curriculum, teaching styles, scholarship, community,

quality of student life, financial aid.

* How to do the research? Resources include:
* The AAMC's Medical School Admission Requirements (MSAR) (small fee for online account), and/or our NSS MSAR excel document.
* Go through individual schools' websites (can go to MSAR to find comprehensive list and links of all schools).
* Use Dartmouth MSAR: <http://www.dartmouth.edu/prehealth/applying/amcas/choosing.html>
* Use the Med School Questionnaire book in the Health Professions Program office (by DC grads after their first year at med school).

**USING THE CRITERIA BELOW, DEVELOP A LIST THAT IS REALISTIC FOR YOU, WITH THE ADDITION OF SOME REACHES AND DREAMS.**

1. **Use the worksheet (next page) to develop and divide up your list.**
2. **Be sure to include schools at which you have an advantage such as Dartmouth Medical School, and your state schools — even if they   
    are in your "should apply" list!**

# CRITERIA, PERSONAL PREFERENCES

*Identify your personal criteria for choosing schools you will apply to. Examples may include: geographical location; emphasis of curriculum; style of teaching; research focus; student life; public health/business or other facets; etc.*

**CRITERIA, GRADES/SCORES**

*The other criteria you need to assess are your grades and MCAT scores, to help you be realistic about your competitiveness at the different schools. Use the following "code" to create a combination of schools that is balanced and realistic for you.*

**C= COMPETITIVE**

*A school where you should be competitive based on your MCAT scores, GPA, experiences and "fit" AND “advantage” (as above)*

**R= REACH**

*This may be because of your scores/grades, your experience, the "fit," or, simply the high number of applicants to this particular school.*

**FR= FAR REACH**

*Even more of a reach than R. Perhaps a dream school, even if it seems outside the parameters.*

**S="SAFER"**

*remember, there are no actual “safety schools” in this process.*

**WORKSHEET: MEDICAL SCHOOL LIST *Send your worksheet to Sarah Berger for review—put "School List" +your name and application year in name of Document. Please include resume and, if you are an alum, a transcript.***

*\*You can add lines, change number of schools or proportion of types—this is a template.*

***Please Fill In:***

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| --- | --- | --- | --- | --- | --- |
| **Name** | **Class Year** | **Overall GPA** | **Approx Science GPA** | **MCAT Score V/P/B/W** | **Residence(State/Country)** |

Science GPA=courses in following departments Biology, Chemistry, Physics, Math, Neuroscience (if that name is in course title; no other Psych courses, though), Engineering

**1. TOP SCHOOLS OF INTEREST: Meet all or most of my criteria**

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| --- | --- | --- |
| **Name of School** | **Criteria for Interest** | **Category: C/R/FR/S ) as above)** |
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| **2. ADDITIONAL SCHOOLS OF INTEREST: Meet some of above criteria** | |  |  |  | |
| **Name of School** | **Criteria for Interest** | | | | **Category: C/R/FR/S ) as above)** |
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| **3. SCHOOLS I FEEL I “SHOULD APPLY TO”--even if not a top choice.** | |  |  |  | |
| **Name of School** | **Criteria for Interest** | | | | **Category: C/R/FR/S ) as above)** |
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