



# Benefits Contacts

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## DARTMOUTH BENEFITS OFFICE

For questions on enrolling in your benefits.

**Phone:** 603.646.3588

**Website:** [dartgo.org/benefits](http://dartgo.org/benefits)

**Email:** [human.resources.benefits@dartmouth.edu](mailto:human.resources.benefits@dartmouth.edu)

**Fax:** 603.646.1108

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## HEALTH AND WELFARE BENEFITS

### CIGNA — Medical

**Phone:** 855.869.8619

**Website:** [www.cigna.com](http://www.cigna.com)

**Account login:**

[www.mycigna.com](http://www.mycigna.com)

### CIGNA — Eye Exam

**Phone:** 888.353.2653

### CIGNA — Global Health Medical Benefits Abroad

**Toll-free:** 800.243.1348

**Direct (Collect calls accepted):**  
302.797.3535

**Website:** [www.cignaenvoy.com](http://www.cignaenvoy.com)

### EXPRESS SCRIPTS — Pharmacy

**Phone:** 877.788.5766

**Website:** [www.express-scripts.com/Dartmouth](http://www.express-scripts.com/Dartmouth)

### SENTINEL — Flexible Spending Accounts

**Phone:** 888.762.6088

**Website:**

[www.sentinelgroup.com](http://www.sentinelgroup.com)

**Claims fax:** 781.213.7301

**Claims address:**

100 Quannapowitt Pkwy, Suite  
300 Wakefield, MA 01880

### ONE MEDICAL AT DARTMOUTH — Primary Care

**Phone:** 603.738.1164

**Website:**

[onemedical.com/dartmouth](http://onemedical.com/dartmouth)

**Email:** [dartmouth@onemedical.com](mailto:dartmouth@onemedical.com)

### NORTHEAST DELTA DENTAL — Dental

**Phone:** 800.832.5700

**Website:** [www.nedelta.com](http://www.nedelta.com)

### VSP — Vision

**Phone:** 800.877.7195

**Website:** [www.vsp.com](http://www.vsp.com)

### FIDELITY — Health Savings Account

**Phone:** 800.544.3716

**Website:** [www.fidelity.com](http://www.fidelity.com)

**Account login:**

[www.netbenefits.com](http://www.netbenefits.com)

### LINCOLN FINANCIAL GROUP — Short and Long Term Disability, Life and Travel Insurance, Beneficiary Support and Funeral Preparation Services

**Phone:** 800.210.0268

**Website:**

[www.lincolnfinancial.com](http://www.lincolnfinancial.com)

### Faculty/Employee Assistance Program (F/EAP)

**Phone:** 844.216.8308

**Website:**

[www.guidanceresources.com](http://www.guidanceresources.com)

**Company ID:** Dartmouth

### WELLNESS AT DARTMOUTH — Wellness Benefit Options

**Phone:** 603.646.3706

**Website:**

[dartgo.org/wellness](http://dartgo.org/wellness)

**Email:** [wellness@dartmouth.edu](mailto:wellness@dartmouth.edu)

### CIGNA — Voluntary Benefits

**Phone:** 800.754.3207

**Website:** [www.mycigna.com](http://www.mycigna.com)

(account)

[SuppHealthClaims.com](http://SuppHealthClaims.com) (claims)

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## RETIREMENT BENEFITS

### TIAA — Retirement

**Phone:** 800.842.2252

**Website:** [www.tiaa.org/dartmouth](http://www.tiaa.org/dartmouth)

### FIDELITY — Retirement

**Phone:** 800.343.0860

**Website:**

[www.netbenefits.com/dartmouth](http://www.netbenefits.com/dartmouth)