

**ALCOHOL AND ADDICTION MEDICINE:
SYMBOLS AND SUBSTANCE**
An Interdisciplinary Survey of Literary and Medical Texts

•
Dartmouth College
College Course 3
Dartmouth Medical School
Psychiatry 606

COURSE READER

SPRING 2007

TABLE OF CONTENTS

• Indicates required texts, videos, DVDs

INTRODUCTION

- 11 *The Varieties of Religious Experience.* William James. [Excerpt.] •

I. ALCOHOL AND INDIVIDUALS

Part A: Medical/Scientific Perspectives

- 17 What We Know: Drug Addiction Is a Brain Disease. Alan I. Leshner, Ph.D. [Excerpt.] •
21 "A Pharmacological Approach to Alcoholism." Stanley E. Gitlow, M.D. •
37 "BODY: The Neurological Nature of Addiction," from *Addiction and Grace*. Gerald G. May, M.D. •
45 Working Definitions: Alcohol Dependence.
47 "Is Alcoholism a Unitary Disorder?" in *The Natural History of Alcoholism*. George Vaillant, M.D.
51 "The Diagnosis of Alcoholism." H. Thomas Milhorn, Jr., M.D., Ph.D. in *American Family Physician*, June 1988.
59 "Alcoholism: Blocks to Diagnosis and Treatment," in *The American Journal of Medicine*, August 1981, Volume 71. William D. Clark, M.D.
71 "Early Recognition of Alcoholism and Other Drug Dependency." Richard O. Heilman, M.D.
77 "What to Say?" Rahn Fleming. Substance Abuse Specialist at Dartmouth 1988-1992.
79 "What is Motivational Interviewing?" from *Addiction Technology Transfer Centers*. Stephen Rollnick, Ph.D. & William R. Miller, Ph.D. (1995)
83 "The Society of Alcoholics Anonymous," in the *American Journal of Psychiatry*, Vol. 106, No. 5, November 1949. William G. Wilson. •
93 "AA's growing pains evident in revision of its Big Book," from *The Boston Globe*, December 26, 2001. David Mehegan.
95 "The Cybernetics of 'Self': A Theory of Alcoholism," in *Psychiatry*, Vol 34, February 1971.
111 "Treatment Outcomes." Don West, M.D.
117 "Alcohol and Women: An Overview," in *10th Special Report to the U.S. Congress on*

Part B: Literary/Humanities Perspectives

- 124 *L'Assomoir* [Chapter Thirteen]. Emile Zola.
132 List of Writers.
134 "Genius and Intemperance," in *Horizon*, December 1980. Barnaby Conrad. •
142 *The Thirsty Muse*. Tom Dardis. Introduction. •
152 "A Drunkard's Progress," in *Harper's Magazine*, October 1986. Elpenor.
160 "Where I'm Calling From," in the book *Where I'm Calling From*. Raymond Carver. •
170 "From Wall Street to Mean Street," in *The New York Times*. August 24, 2003. Geraldine Fabrikant. •
176 "The Sobering Life of Robert Downey Jr.," in the *New York Times Sunday Magazine* October 19, 2003. Mim Udovitzh.

Part C: Related course material

- The Bacchae*. Euripedes. •
Substance Use Disorders: A Practical Guide. Stuart Gitlow, M.D. [Selected chapters.] •
Alcohol and Poetry: John Berryman and the Booze Talking. [Pamphlet.] Lewis Hyde.
Clinical Manual of Substance Abuse. Second Edition. Jean Kinney. [Selected chapters.] •
"Alcohol and the Body," in *Loosening the Grip: A Handbook of Alcohol Information*. 6th Edition. Kinney.
"Routine Screening and Initial Assessment," by Patrick G. O'Connor, M.D. in *Clinical Manual of Substance Abuse*. 2nd Edition. Jean Kinney, M.S.W.
"Engaging the Patient in Treatment," by Patrick G. O'Connor, M.D. in *Clinical Manual of Substance Abuse*. 2nd Edition. Jean Kinney, M.S.W.
The Secret Life of the Brain. Episode 3: "The Teenage Brain: A World of Their Own." Public Broadcasting Service. • On reserve and available on course website.
Practicing Peace: Alcoholics in Recovery of Freedom. Excerpts from adapted version to be provided on request. Gail Carol (Nelson).

II. ALCOHOL AND FAMILIES

Part A: Medical/Scientific Perspectives

- 182 "Treatment Techniques and Approaches," from *Loosening the Grip: A Handbook of Alcohol Information*. Jean Kinney and Gwen Leaton. Illustrated by Stuart Copans, M.D.
196 "The Invisible Family Member: Children in Families with Alcohol Abuse," in *Children in Family Contexts*. Chapter by Stuart Copans, M.D. in book edited by L. Combrinck-Graham.
208 "Brief Overview of Fetal Alcohol Syndrome and Effects. "
212 "Prenatal Alcohol Exposure: Effects on Brain Structure and Function," in *10th Special Report to the U.S. Congress on Alcohol and Health*. U.S. Department of Health and Human Services. June 2000.

Part B: Literary/Humanities Perspectives

- 229 "My Mother's Unspeakable Illness," in *The Boston Globe*. Cynthia Gorney. •
231 "Your Fear Makes You Old." Tanya Schierling. [Dartmouth student author.]

- 233 "Monopoly." Dartmouth student author.
 237 "The Sorrows of Gin," in *The Stories of John Cheever*. John Cheever. •
 245 "What We Talk About When We Talk About Love," in *Where I'm Calling From*.
 Raymond Carver. •

Part C. Related course material

- The Broken Cord*. Michael Dorris. •
Long Day's Journey into Night. Eugene O'Neill. •
The Lost Weekend. Video/DVD/www.dartmouth.edu/~coco3 •
Traffic. Video/DVD •
When a Man Loves a Woman. Video/DVD/www.dartmouth.edu/~coco3 •
The New York Times, November 4, 2003. Photo. Courtesy of Dr. Ann P. Streissguth.
The New York Times, November 4, 2003. "Research Suggests Therapy Approach."
 Linda Carroll.
The New York Times, November 4, 2003. "Fetal Brains Suffer Badly From Effects of
 Alcohol." Linda Carroll.

III. ALCOHOL AND COMMUNITIES

1. CONTEMPORARY CULTURE

Part A. Medical/Scientific Perspectives

- 255 "Sociological Theories of the Etiology of Alcoholism," in *Alcohol, Science and Society
 Revisited*. Helene Raskin White.
 271 "Third World's Drinking Rate Rises," in *The Christian Science Monitor*, August 5.
 George D. Moffett III.

Part B: Literary/Humanities Perspectives

- 273 "Gritty Portrayal of the Abyss From a Survivor," in *The New York Times*, February 5,
 2001. Rick Lyman. •
 275 "Dealing in Reality: A Film's Depiction of Drugs; 'Traffic' Captures Much of Their
 Desperate World, People From the Battle Front Say," in *The New York Times*, January
 18, 2001. Alison Leigh Cowan and Christopher S. Wren.
 279 "Adjusting Drug Policy," in *The New York Times*, February 27, 2001. Editorial Desk.

Part C: Related course material

- Substance Abuse: The Nation's Number One Health Problem: Key Indicators for
 Policy*. February 2001. Prepared by the Schneider Institute for Health Policy,
 Brandeis University for The Robert Wood Johnson Foundation. Available through
 course faculty.

2. CAMPUS COMMUNITIES

Part A. Medical/Scientific Perspectives

- 282 "Urging College Alcohol and Drug Policies That Target Adverse Behavior, Not Use,"
in *Journal of American College Health*, Vol. 50, July 2001. David C. Lewis, M.D.
- 286 "Drinking." Dan Nelson, Ph.D. in *Dartmouth Alumni Magazine*, Jan/February 1980.

Part B. Literary/Humanities Perspectives

- 292 David Miller: *Animal House* Screenwriter," in *Fortnightly*, May 5, 1989. Meg Sommerfeld.
- 294 "Fill the Bowl Up?" in *Dartmouth Alumni Magazine*, May 1976. Norman R. Carpenter '53. •
- 296 "A Dean's Perspective on Drinking at Dartmouth." Dan Nelson, Ph.D.
- 302 "Dr. Bob's Nightmare," in *Alcoholics Anonymous*. Fourth Edition, 2001. •
- 308 *Dr. Bob and the Good Oldtimers*. [Excerpt.] Alcoholics Anonymous. •
- 314 "This Dark is Deep." Dartmouth student author.
- 316 "It's Another Friday Night." Dartmouth student author.
- 318 "Window of Opportunity," in *Alcoholics Anonymous*. Fourth Edition, 2001. •
- 324 "Addicted in Academe," in *The Chronicle of Higher Education*, May 3, 2002. [Author anonymous.]
- 334 "Saturday." Dartmouth Student Author.

Part C. Related Course Materials

Alverson, Hoyt, Ph.D., Editor. "Ritual and Commensal Heavy Drinking at Dartmouth College." Student ethnographic research edited, introduced and commented on by Professor Alverson. Available online at www.dartmouth.edu/~coco3 •

3. RUSSIAN FEDERATION

Part A. Medical/Scientific Perspectives

- 339 "Russian Report: Alcoholism and rising mortality in the Russian Federation" in the *British Medical Journal*. Michael Ryan. •
- 343 "An Ailing Russia Lives a Tough Life That's Getting Shorter," in *The New York Times*, December 3, 2000. •
- 353 *Global Status Report on Alcohol*. World Health Organization, 1999.
- 357 "A Country on the Verge" in *The New York Times*, May 31, 2003. Murray Feshbach, Ph.D. •

Part B. Literary/Humanities Perspectives

- 359 "Letter from Moscow: The Russian God." Victor Erofeev. *The New Yorker*, December 16, 2002. •

Part C. Related course material

Moscow to the End of the Line. Venedikt Erofeev. •

Russia's Health and Demographic Crisis: Policy Implications and Consequences. [Selected chapters.] Murray Feshbach, Ph.D. •

4. DIVERSE NATIVE COMMUNITIES

Part A. Medical/Scientific Perspectives

- 368 "Cultures in Recovery," in *Tribal College*, Summer, 1992. Nancy Butterfield, Paul Boyer and Jennifer Gray Reddish.
- 372 "Columbian Peasants Seek Way Out of Drug Trade," by Diana Jean Schemo in *The New York Times*, February 28, 1998. •
- 376 "I Have Come: Crazy February," in *Women and Alcohol in a Highland Maya Town: Water of Hope, Water of Sorrow*. Christine Eber.

Part B. Literary/Humanities Perspectives

- 388 *Papago Woman*. [Excerpt.] Ruth Underhill.
- 394 *A Good Journey*. [Excerpt.] Simon Ortiz.
- 400 *Ceremony*. [Excerpt.] Leslie Marmon Silko.

Part C. Related course material

- The Scalpel and the Silver Bear*. Lori Arviso Alvord, M.D. and Elizabeth Cohen Van Pelt. [Chapter 5.] •
- Appeals to Santiago*. Video. On reserve.
- For the Honour of All*. Video/DVD. On reserve. •
- "Native Americans," in *Clinical Manual of Substance Abuse*. Jean Kinney, M.S.W.
- Smoke Signals*. Video/DVD. On reserve.

5. ALCOHOL AND PHYSICIANS

Part A. Medical/Scientific Perspectives

- 415 "Barriers to Improving Education and Training in Addiction Medicine," *Psychiatric Annals*, Volume 31, Number 11. November 2001. Norman S. Miller, M.D.; Lorinda M. Sheppard, M.A.; and Jed Magen, D.O.
- 423 "Treatment for Addiction Meets Barriers in the Doctor's Office in *The New York Times*, October 21, 2003. Howard Markel.

Part B. Literary/Humanities Perspectives

- 425 "'White Rabbit?' A Doctor Describes Her Own Drug Addiction," in *The Valley News*, February 1989. Sandy Rovner.
- 427 "Did You Hear About Doc Ogden?" Michael Winerip. *The New York Times Magazine*, May 5, 2002. •
- 441 "Diagnosis." Lisa Sanders, M.D. *The New York Times Magazine*, November 24, 2002. •

Part C. Related course material

- The Tennis Partner*. Abraham Verghese. •
- Missed Opportunity: National Survey of Primary Care Physicians and Patients on Substance Abuse*. Conducted by the Survey Research Laboratory, University of Illinois at Chicago. April 2000. CASA [National Center on Addiction and Substance Abuse at Columbia].